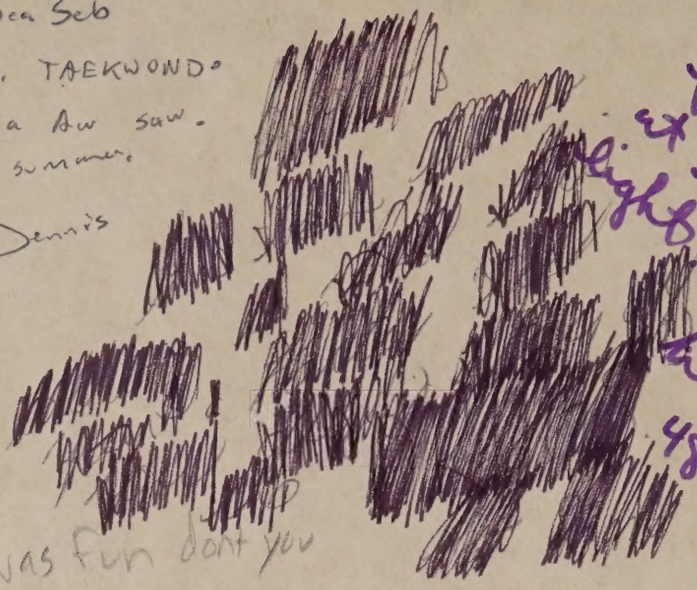
Glory Days

TALON
1991

Seb-Jeb-Seb-a Seb
It's been fun. TAEKWONDO is awsome. Kia Aw saw. Have a killer summer.
Dennis



Brian,
Occanography was fun dont you Think? Remember There are 800 seats in The auditorium. Have fun in Latin next year. See ya during Lifting & football Season.
Greg

Brian,
I'm glad you started lifting. Thanks for all the help in Latin. We had so much fun in that wonderful class. It's a shame we won't be there next year. See ya in Feb.
John

Brian,
We are done! Try not to get Killed in F-ball and keep eating needles, "One of these days I'm gonna change my evil ways, 'till then I'll just keep Ridin On" -AC/DC
Joe
481-5934

Brian,
It's been cool seeing you at Christi's locker. You'll probably be one of the few who won't knock me on my ass.
Jeff Stine

Brian,
It's been a great year in Band/Health. You have been a great friend. You'll remember close to me so I see you during the summer, But anyway Lets go out and party sometime. See ya during the summer.
Party Hardy
Peace
Casey

Brian,
Let's see where I start well first I guess I could say thank God this year is over and it's time for the real fun to start. I'll see you at lifting and football. Take it easy.
Seb-Jeb-Seb
486-2786

Brian,
Guess what, what? Guess who, who? Roses are green? Blue are diamonds? I stay drunk?
Jeff

Brian

Even though your a chinese man in disguise, We had fun joking John B. lunch, joking. Good luck next year making the football team.

Randy

Don't get caught talking out your boat.

BRIAN, 496-3399

WE LIVED THROUGH ANOTHER YEAR OF HELL ONLY TWO MORE LEFT. YOUR GONNA GROW A AFRO THIS RIGHT, I'M GONNA GROW ON GFT TALL. DONT SMOKE TO MUCH AND I WANT INHALE TO BUTANE. (-YA NEXT YEAR SAME PLACE SAME TIME. SHAABB-JAB-A-SAB-JAB)

HENRY 460-9707

Brian,
your brothers real cool. Just kidding Now that he'll be gone you can really make a name for yourself. call me this summer

Elliot
Lyon

-Brian-
Well, drama has been fun. Hope ya have a great summer & Best of luck in the future!

Lauren Green

Glory Days

Brian,
Hey dude - I'm not going to say stupid generic things like I'll see ya next year. Besides, I'll see you at DAZE (especially at DAZE) so generic. Best of luck in drama II, Ernest. We still have another year of drama, have another year of keeps pregnant cows and then Brian, pregnant cows and then we're done. keeps Howdy butthead It was the nice buttocks yours in shape. cool meeting you this summer (or did I someone But I quit. Maybe we'll get together smacked it next over the summer. year & I'll beat it. Stay sweet. Bye, Megan

yo Brian

get a haircut!

HA HA

Best of luck next year

E J

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496-0733

Aaron Kruzicki
(Roachclip)

Football
Workouts
5-7:30 pm
Mon-Wed-Fri.

Brian,
Ha-Ha! you've got two more years! I'm outta here. I hope you have a terrific life.

Sarah Lindenie 191
COX CROSS COUNTRY #1!

Part II

As Jabi pulled back the giant bronze knocker on the door of evil King Eric's castle, he adjusted his stuffed bra and fixed his hair.

"Heellllooo," said the 7-foot Lurch-looking doorman.

"Hello," said Jabi in his well-practiced female voice, "I'm Lady Dee's new nursemaid. I was told to come over right away."

"At 2 o-clock?," the doorman said.

"Said she was...," Jabi searched in his mind, "having chest-pains. Yeah, and I need to examine her."

"Right this way, madame"

The door shut behind them and the doorman started up a stone staircase. Jabi followed, already getting excited. At the top of the stairway, the doorman stopped. They were looking down a dark hallway that appeared to not end. The doorman pointed down the hallway, said nothing and turned back down the stairs. There was Jabi all alone.

"37 years old and still no maidens for me. Maybe now I'll get some." He began to take off his costume.

T.B.C.

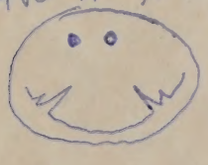
BRIAN;

Arthur Dent, Assassin extradoirdinare (sp.) [and pheasent plucker], was at this moment, Romantically entangled with a young blond guirella named-we'll call her Candy to protect the innocent-.

At this point, you must be scratching your head saying- "what the hell is this". Well, If your not so Now.. so I ~~can~~ will be correct... I'll wait ..... okay, thankyou. Anyways there I merr... He was, when all of a sudden ~~Ca~~ Patric- Candy let out a horrid yelp. "YEEEE LLL P".

BUT- SINCE This has nothing to do with your yearbook, I'll drop it. By Now, YOU MUST be totally confused. Good! That's one thing you'll know well before (if) you graduate. I have to go Now, its time to start Geometry (NOT).

HAVE A NICE LIFE



LATER

YOUR PAL

Nice word

Jeremy
499-2431

Glory Days

Talon 1991 Volume 30

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2425 Shorehaven Drive
Virginia Beach, VA 23454

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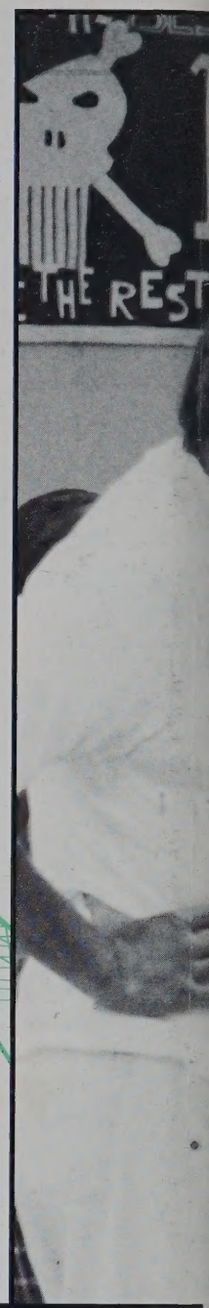
Brian V
Hey it's been real, you know, interesting in Latin w/ the pregnant cow!! I hope you're taking AP cuz we need some fun people in that class!! Don't forget to start bringing the pasta again! Have a great summer & C-Ya next year!

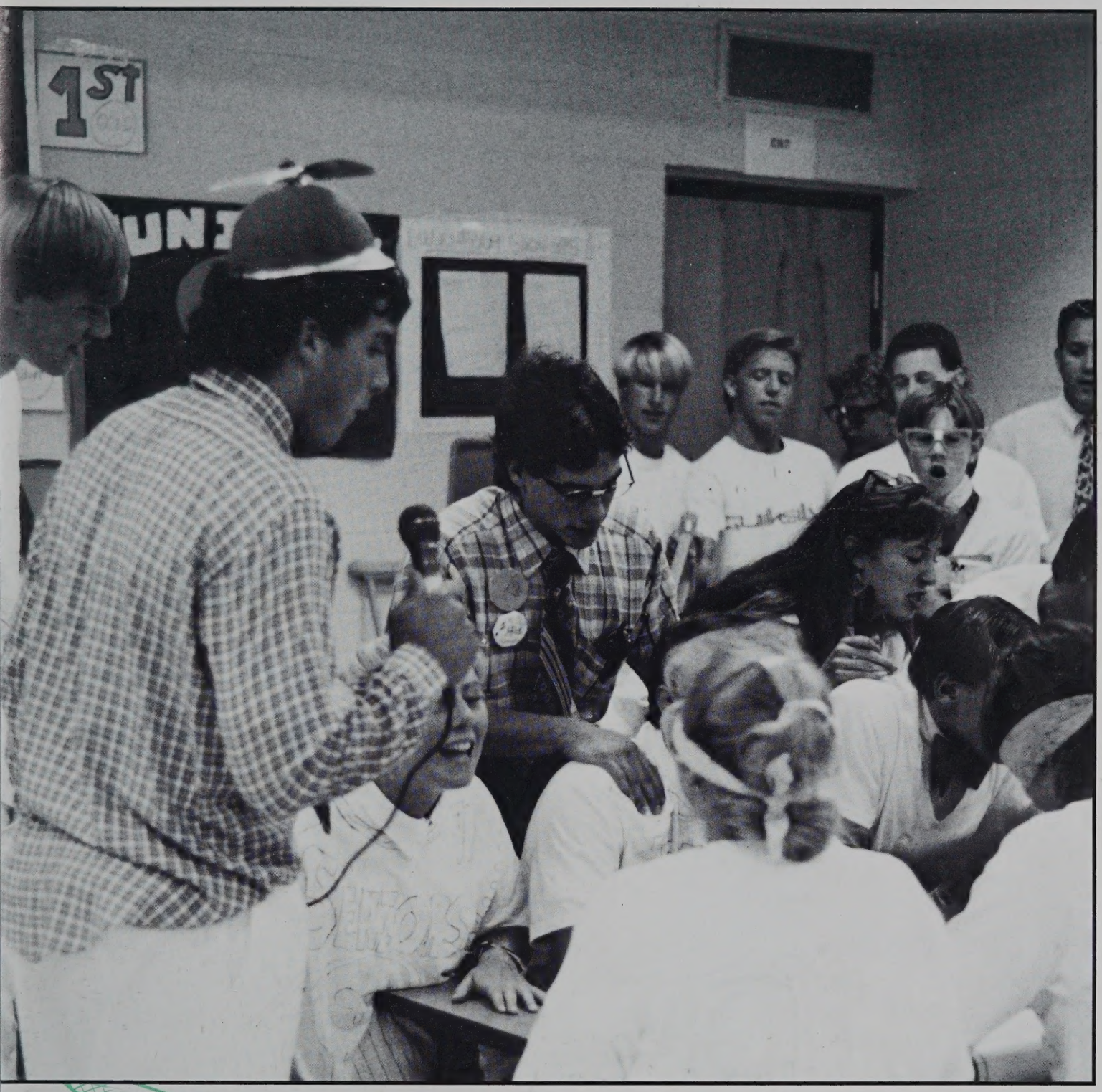
♡ Ya,
Caily

Glory DAYS

Brian-
Hey! It's been a wonderful year in Latin (NOT). Just think - you only have to see Hyman 1 more time. I hope you have a great summer. It's been fun.. having ya drive. See ya. And happy Birthday when war is our only solution, there is no hope for peace.
XXIT
Love - Colleen
16 Rock



The best term to describe the year was "glory days." Glory days were the days when you knew that nothing could be better than what you had. Glory came in various ways. The football team won more games than they had in the past six years. We won several championships, including the second field hockey state championship in a row. Seniors finally reached the summit of their high school careers with graduation, and bounded ahead preparing for the new challenges that awaited them. Never had the Falcons been so spirited. They constantly expressed enthusiasm for these fleeting but wonderful glory days.



For the first time during Spirit Week, lunch room activities were held. During fourth bell lunch, Spencer Miller oversees the banana eating contest.

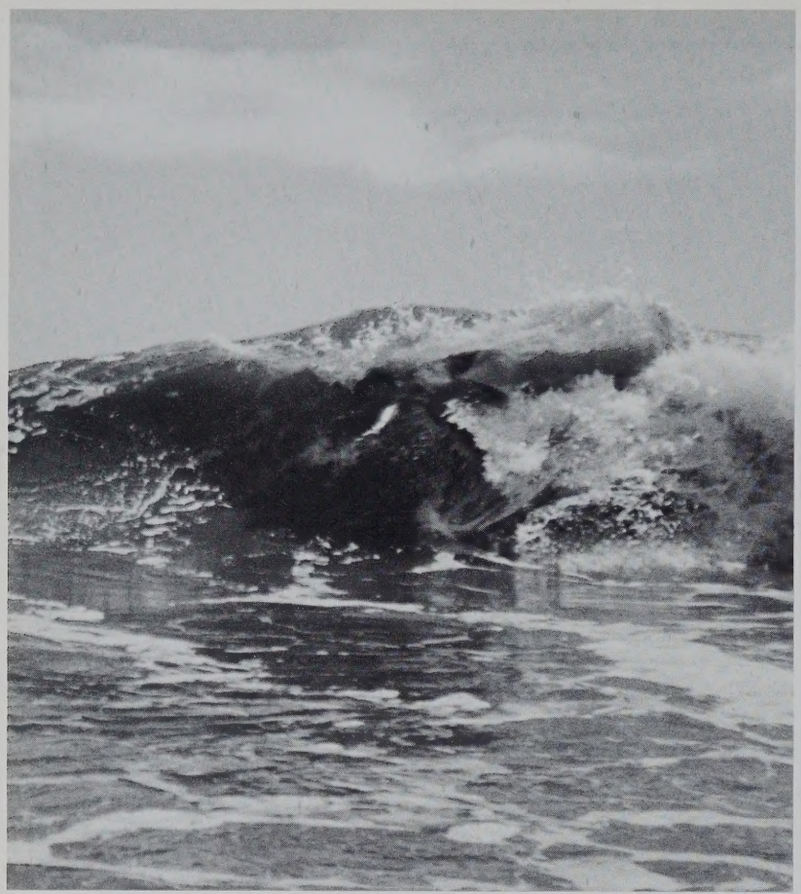
The cheerleaders show their pride in Cox and in the football team with a spirit banner at Homecoming.

During an Oceanography field trip, Wendy Dearing, Danny Lasmarias, and Jennifer Sexton gather samples.

For the students going up to get their diplomas, graduation day was the greatest glory day of all.

DAYS OF *Glory*

Every day was a day of glory for the students at Cox. Ring Dance, Prom, and Graduation brought glory in the year past; and the new year brought an enthusiastic Spirit Week, Homecoming, and Fashion Show. The Miss and Mr. Cox Pageants provided us with two evenings filled with magic and excitement. Homecoming gave us a king and queen, Nate Smith and Julie Soderberg. The fall play, "Tons of Money," was hilarious, and we laughed until we cried; but we didn't need a special event to make our lives complete. For Cox students, every day was special.



Ah, those glorious summer days! Jason Reaper takes advantage of a beautiful wave at Hatteras.

-Brian-
Hey - guess what a
whirld! Well it has
been year with a bag!
Surfing around fun! Hang
Sweet! Nice. Cute! Well maybe
we will surf over the summer!
Love
Beth

SPRING AND SUMMER 1990

Believe it or not, there was life before the Falcons came for the new school year. In the spring of 1990, the Thespians put on the musical "The Boyfriend." A new Miss Cox and Mr. Cox were crowned. Ring Dance and Prom had the Falcons celebrating summer's arrival, and graduation brought thoughts of the future. Summer vacation brought days filled with surfing, beach parties, and trips that would never be forgotten. The freshmen and sophomores looked forward to their advanced status in the school, and the juniors couldn't wait until they were seniors at last. The graduating seniors prepared to go out into the world with enthusiasm for the life ahead of them. These were the glory days of yesterday, and they will not be forgotten.

Allen Jones, Eric Witcher, and Andy Grant enjoy the music at Ring Dance.

The girls in the chorus of "The Boyfriend" share news at the masquerade ball.

"That Certain Thing Called The Boyfriend"

"We've got to have, we plot to have, for it's so dreary not to have, that certain thing called 'The Boyfriend'." Love was in the air as the cast rehearsed the spring musical, "The Boyfriend." Under the direction of Mr. James Garrett and vocal guidance of Mr. William Boyll, performers stunned the audience three nights in a row with their spectacular singing, dancing, and acting abilities.

The show is set in the 1920's on the French Riviera at Mme. Dubonnet's finishing school. The young ladies at the school anxiously anticipate an upcoming masquerade ball. Only one girl, Polly Browne, played by Stephanie Griffin, doesn't have a date. When she meets Tony, a delivery boy from the costume shop, it is love at first sight. From this evolves a charming and complicated love story.

Fine performances were given by junior Ray Ayres as Tony, senior Tara Staehle as Mme. Dubonnet, and senior Matt Lee as Percival Browne. Juniors Todd Rutherford, Nancy Pillow, and Diane Cheshire also appeared. John Ward gave a hilarious performance as Lord Brockhurst, an old man with a penchant for young ladies.

Though the Thespians worked hard to put on an excellent performance, the cast would have been lost without those working behind the scenes. Senior Kelly Johnson provided flawless choreography, and even had to fill in for a sick cast member one night.

The job of student director was expertly filled by senior Diana Myers. "Diana was a great student director," said Diane Cheshire, who played the maid, Hortense. "There were times when I was afraid it would all fall apart, but Di kept it together."

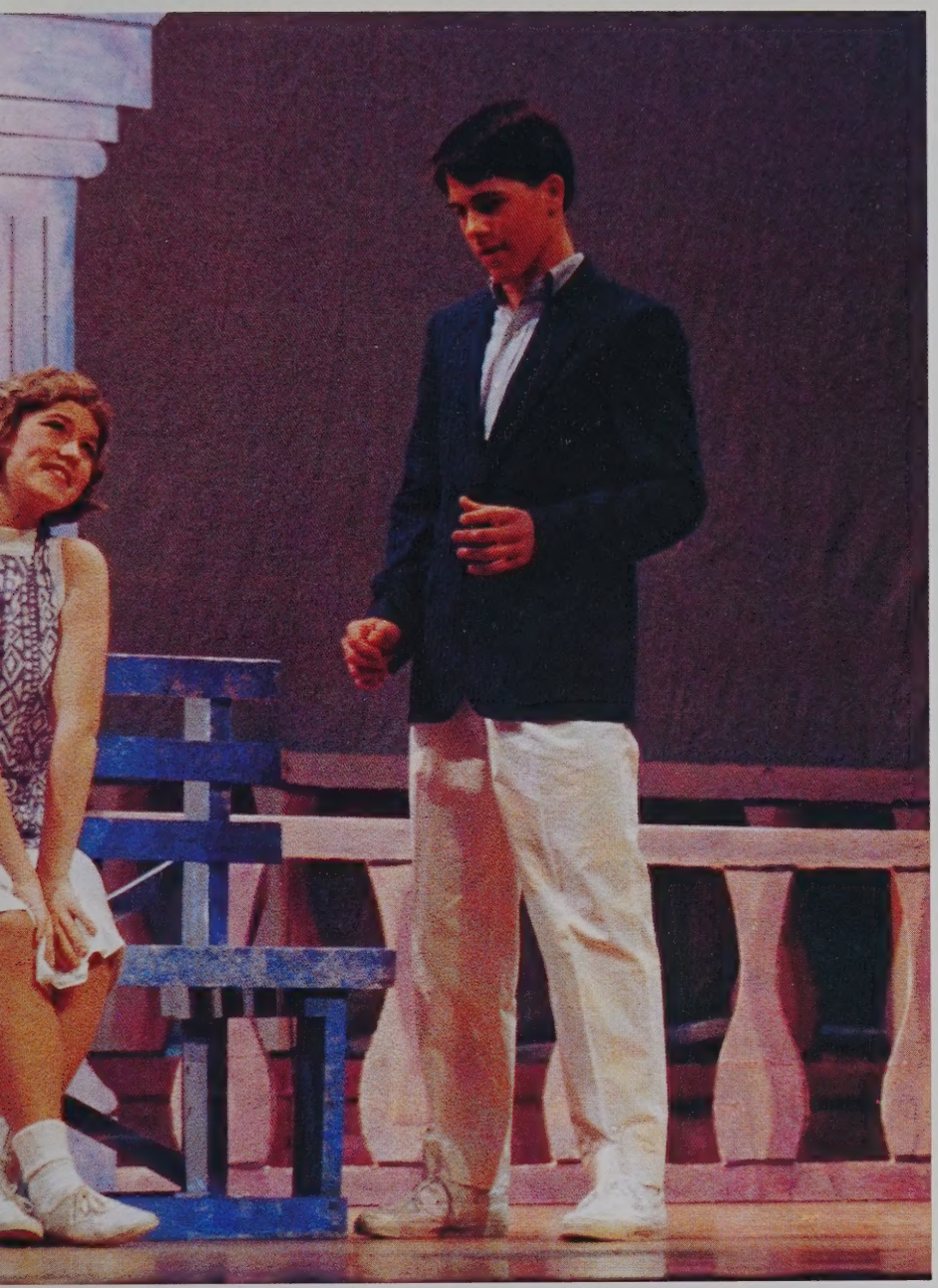
Also crucial were the musicians themselves. This was the first year that the musical had an orchestra to accompany the band. Another first was the pianist, sophomore, Vicki Tsui, who played the numbers flawlessly.

Thanks to the cast and crew of "The Boyfriend," the show was a great success and a truly spectacular event.

Liz Wolf shows off her own "boyfriend" Dave Shockley during an ensemble of "The Boyfriend."

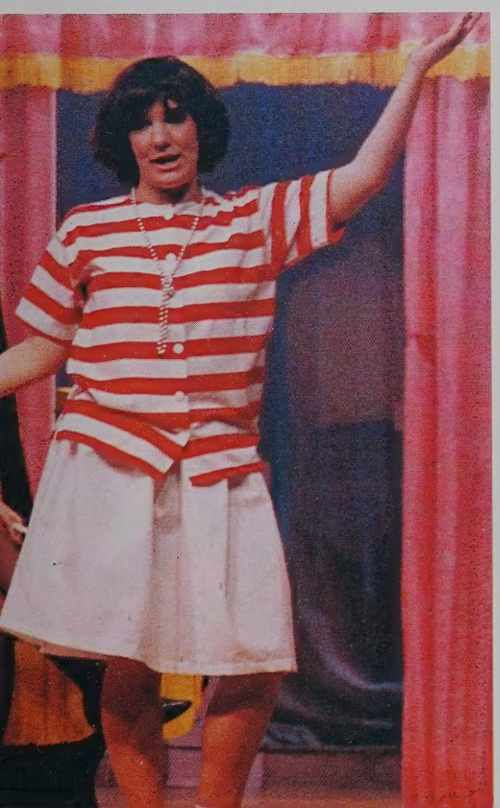
"I've got the 'You-Don't-Want-To-Play-With-Me Blues!" Tara Staehle pouts when Matt Lee won't go for a swim.

"We're perfect young ladies preparing to take our places among the noblesse." Tymberlee Hill and Becky Wolf demonstrate how "Perfect Young Ladies" should act at the boarding school.



"All we want is a room in Bloomsbury." Polly and Tony, played by juniors Stephanie Griffin and Ray Ayres, dream of a pleasant future together.

Singing that there is "Safety in Numbers," Nancy Pillow surrounds herself with the boys in the chorus.



? What was working on the musical like?

"The Riviera" took five years off my life."
— Mr. James Garrett, director

"It was a wonderful experience, and it brought all of us together."
— George Staehle, sophomore, chorus

"The energy of the show and the friendships created will never be forgotten."
— Ceci Corley, senior, chorus

"We learned a lot about ourselves and working together while having a lot of fun."
— Becky Wolf, senior, chorus

After being crowned Miss Cox 1990, Jennifer Sexton is all smiles.

Singular Sensations

Miss Cox and Mr. Cox 1990

Tension mounted as the hostess opened the envelope, and silence swept over the crowd. Each contestant glanced at the opponents, anxiously awaiting the announcement of the winner. This was the senario at both the Miss Cox and the Mr. Cox pageants of 1990.

"The new Miss Cox is . . . Jennifer Sexton!" exclaimed Kieran Sherlock, the mistress of ceremonies. The audience roared, and Amber Medlin, Miss Cox 1989, crowned her successor. The whole pageant had been an unforgettable event from the opening number where all contestants danced to Roxette's "The Look," to the crowning of the new princess. The talent segment included such acts as Laura Reeves dancing to "Opposites Attract," Ashley London dancing her way into the second runner up position, and Sarelle Lamagna delivering a moving monologue. Fiona James performed a Scottish highlands dance which led her to be the first runner up. Ashley London also was awarded Miss Congeniality.

"I want to be remembered . . . ," sang John Brooks, the new Mr. Cox, during his interview. Everyone agreed with the judges' decision of awarding John the crown. Other great performances such as Blake Thompson's Metallica-style piano playing, Chris Prichert's baton twirling, Sean McKenzie's Bruce Lee imitation, and the great ballerina act by John Brooks were other highlights of the night. Sean McKenzie and Tom Weiss were the recipients of first and second runner up, and Chris Prichert won the Mr. Flex award.

The two unforgettable events provided evenings of excitement, and gave Cox two new "Singular Sensations."

As John Brooks sings that he wants to be remembered, hostess Nancy Pillow looks on. By the end of the evening he was remembered for his spectacular ballet and singing skills.

Sitting on top of the piano, Blake Thompson begins his performance of what could be called Metallica's Concerto No. 1.

? If you could be a judge in the Mr. or Miss Cox Pageant, what question would you ask?

"Who is your favorite New Kid on the Block, and why?"

— Todd Rutherford, senior.

"If you were a vegetable, what kind would you be, and why?"

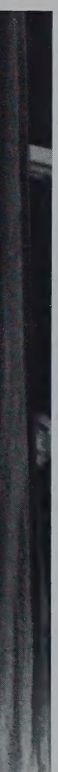
— Maggie Cho, junior

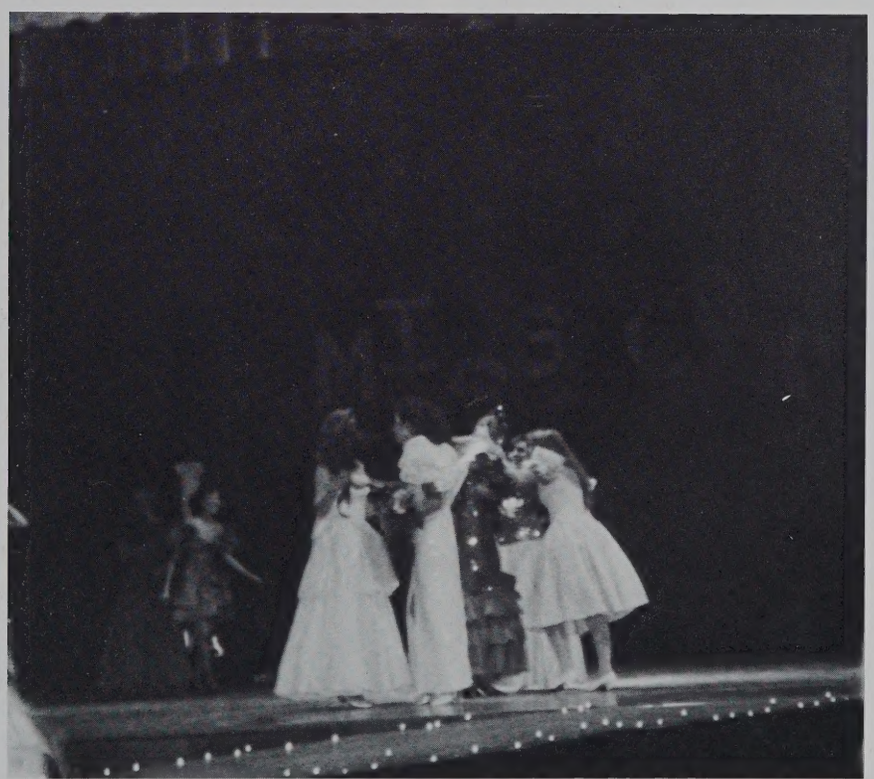
"Have you ever thought about torturing an insect? Explain your answer."

— Yasi Ayat, senior

"If you were able to control your fate, what would you accomplish?"

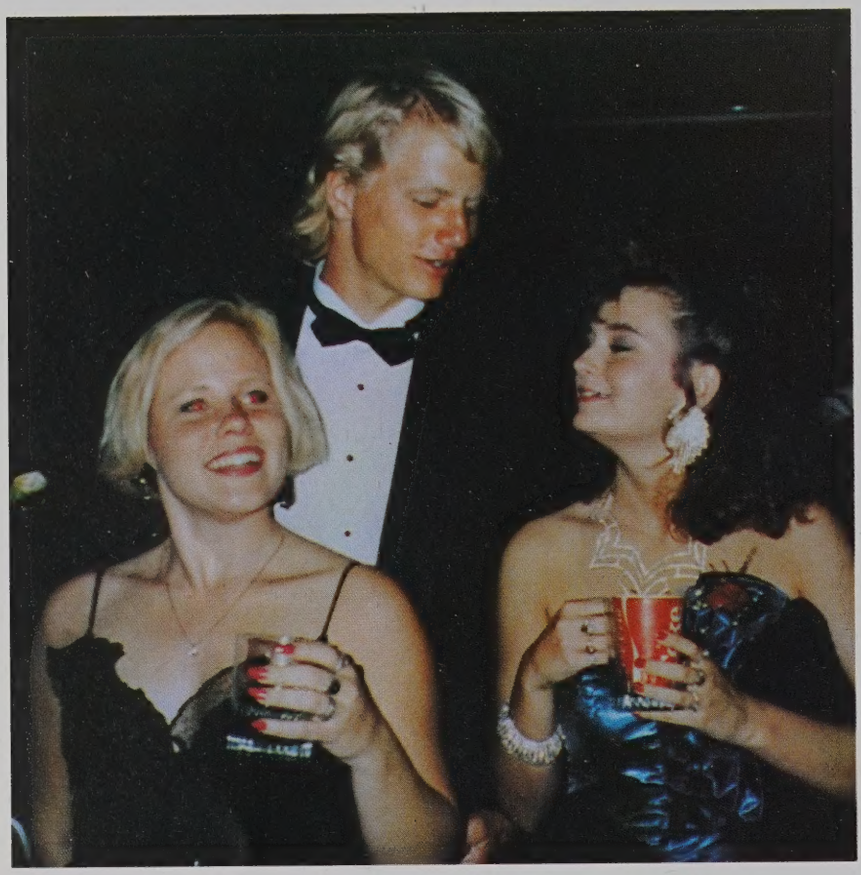
— Geoff Akins, senior





The contestants of the Miss Cox Pageant come out to congratulate the new winners, Fionna James, Ashley London, and Jennifer Sexton.

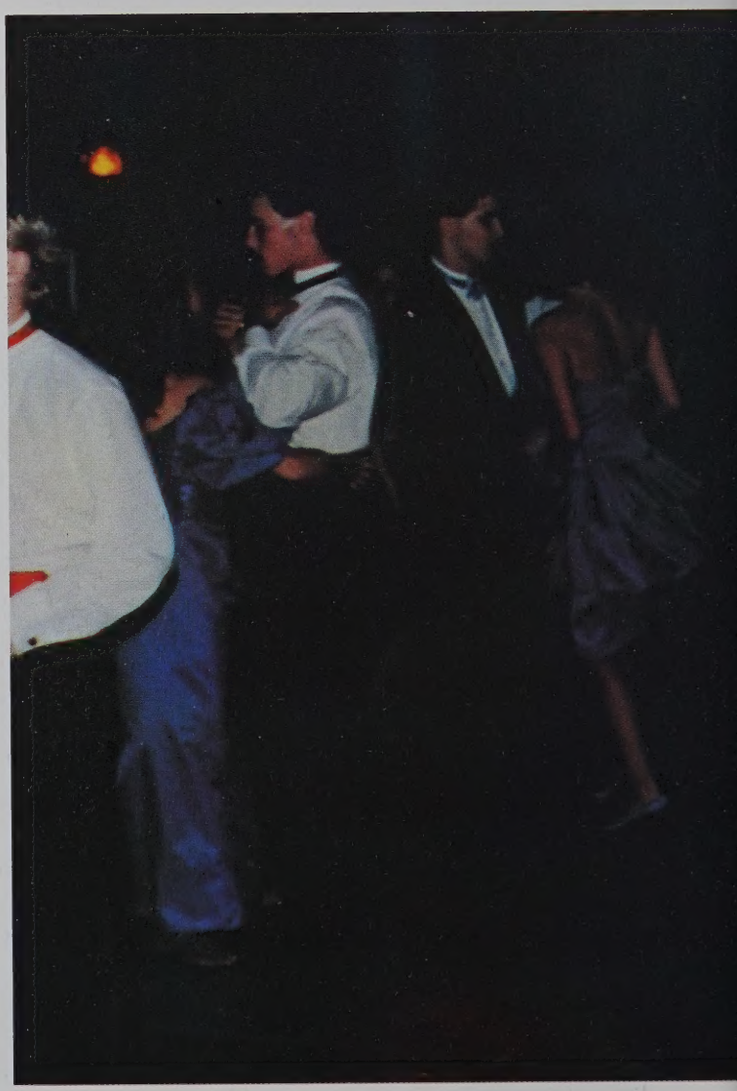
Enjoying the social atmosphere, Jeff Kole, Erin Truxel and Angie Childress go to get their ring dance glasses.



It is a necessity that every junior have his ring turned 91 times. Jay Davis makes the first turn on Vivian Gilbert's ring.

Living it up at Ring Dance, Brian Dexter, Nancy Pillow, Frank Marcoccio, and Heather Kennedy watch their friends cross the arch.

Jen Scofield and Tracy Drye get into the groove at Ring Dance.



A Stepping Stone

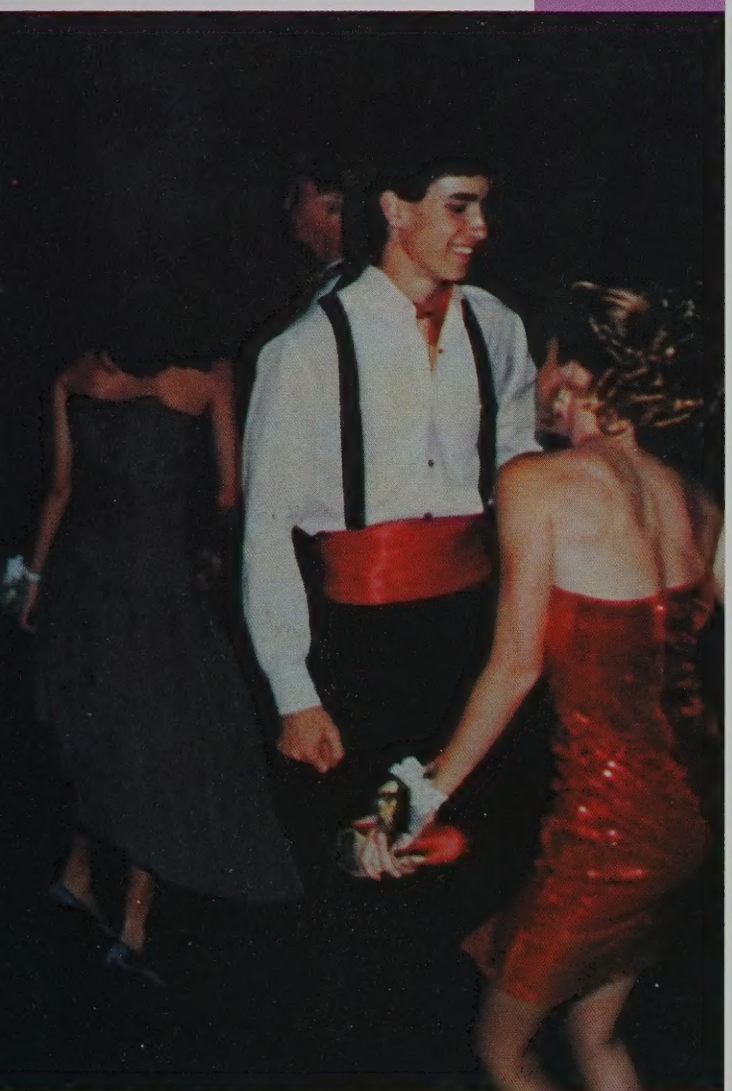
Juniors Take Part in Tradition

The junior class had waited all year for Ring Dance. The girls had purchased their dresses months in advance, and the guys had carefully planned out who to ask. There was much to do in preparation the month before the Big Day. The guys had to reserve a limousine (or ask their parents for the Cadillac), get a tuxedo, order a corsage, and make dinner reservations.

The class officers spent months raising money. They held fundraisers such as selling sno-cones and balloons at football games, Data-Match, and Pictures with Santa. Reservations were made at The Sheraton Beach Inn. It was a great location for such an important evening.

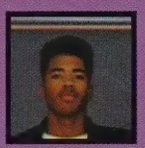
Finally the night arrived. The guys arrived at their dates' houses where they were greeted by parents. Rolls of film were used as mothers insisted on taking hundreds of pictures. When they finally escaped, they drove off in the limousine (or family truxter) to the restaurant. Some of the most popular restaurants included Tandom's, The Lighthouse, Le Chambord, Alexander's and Three Ship's Inn. When the couple finished dinner, they proceeded to the dance at the Sheraton. There they met friends and danced while waiting for their names to be called to receive their rings. The magic moment arrived and, following tradition, the couple crossed the bridge and kissed before receiving their rings. When the night was over, the classmates bade each other goodnight, for they knew they had but one year left until graduation.

Conforming to tradition, Matt Foreman, and Amy Gaskins cross the bridge to receive their rings.



? Why are you looking forward to Ring Dance?

"To get dressed up, go out, and have a good time."
— Tiffany Litz, sophomore



"It's one of the biggest events of the junior year."
— Pat Ellis, junior

"It's a chance to be with the entire junior class instead of just your friends in the junior class."
— Vanessa Farmer, junior

"So I can stay out past nine o'clock."
— Jeremy Beech, junior

The Last Dance

Seniors Dance the Night Away

The Senior Prom was full of surprises. After the disappointment of finding out that the state soccer tournament coincided with Prom, the boys showed their spirit by defeating Osbourne Park 5-3 to win the State Title. The announcement of the victory at the dance made the evening even more memorable.

Earlier elections were held for Prom King and Queen. April Talbott was announced as Queen, but when it came time to announce the Prom King, there was one problem . . . John Friedsam was in Northern Virginia with the soccer team. The prom committee crowned Scotty Scott instead. A few of the soccer players, including Garrett Campbell and John Friedsam, arrived to an enthusiastic welcome. John was offered the crown and shared it with Class President Scotty Scott.

Everyone was surprised to see the Grand Affairs so elegantly decorated. The music of Katz Gone Krazy helped keep the place rockin' into the night. As the couples left, they realized this was their last big dance before graduation.

Living it up at Prom, seniors dance to the beat of Katz Gone Krazy.

Before the next dance seniors watch the crowning of the new Prom King and Queen.

Hostesses Ceci Corley and Ginger Anderson, give out favors to the departing seniors.

? What is your idea of a perfect prom?

"Where my date wears a high cut bottom and a low cut top!"

— Tim Howard, Senior

"A night of romance, excitement, and fun."

— Sarah LaVier, Freshman

"A memorable party night where you can remember all your friends for the rest of your life."

— Kathleen Trotter, senior

"To go with Christy Brinkley."

— John Foster, senior

Loosening their ties, Addison Hagan and Scotty Scott prepare for the festivities that lie ahead.

Powdering their noses, a group of prom guests including DeeDee Hill, Stephanie Brown, Hunter Tynes, Vanessa Perez, and Christy Leeder get ready for the fun that lies ahead.

Pass Exams, Get a Diploma, and Proceed to Life

In two hours, a quarter of the student body proceeded into the real world. This culminating ceremony was synonymous with green caps and gowns, instructions about the "line up" and "no gum or tennis shoes," a special guest speaker, and the actual diplomas.

As students assembled in the meeting rooms and followed directions from the Graduation Committee, many remembered the admonitions about bringing #2 pencils for a quiz, the insistence on format for research papers, and, perhaps, the warning letters just before exams. However, led by the Marshalls, the graduates eventually entered the Pavilion. Some saw tearful relatives and all were respectful as the Honorable Owen B. Pickett of the U.S. House of Representatives delivered the major address. Honor graduates began to assemble at the side of the podium. The administrators, in tuxedos, announced the full names of the graduates. Miss Tilley, assisted by Mr. Walter Carroll, our first principal, actually distributed the diplomas. After the recessional, students and their families took lots of pictures and hurried away to meet their dinner reservations.

With diploma in hand, Cory McCallum is relieved to be on his way to VMI.

? What are your plans after graduation?

"To broaden my horizons, go to college, and learn to enjoy life."
— Trish O'Donnell, senior

"I better make it there first."
— Blake Thompson, senior

"By the time I get there it won't matter!"
— Billy Baldwin, senior

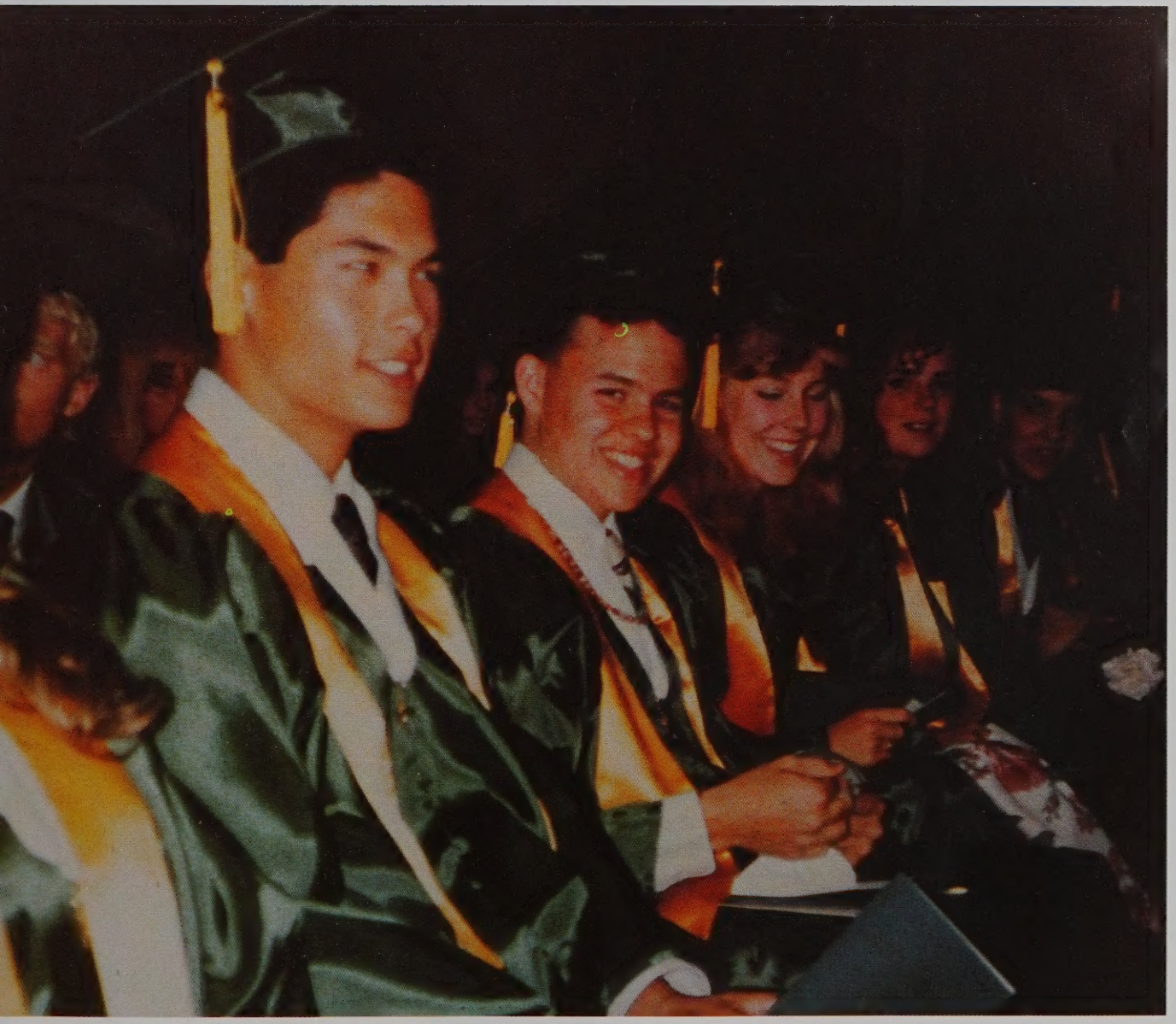
"To marry a rich guy and do whatever I want to do."
— Heather Eggleston, junior

Looking into the crowd, Jason Call anticipates his parents' congratulations.

Listening to the valedictory speech, April Talbot, Lee Taylor, Dru Tomlin, Kara Urbanski, and Jenn Venable think about their futures.

Anxiously waiting to approach the stage, Sean McKenzie and Amber Medlin glance at their fellow classmates.

Entering the Pavilion, Rich Ronan, Tracy Russell and Kristin Rohdenburg look forward to receiving their diplomas.



Our Day in the Sun

Summer Fun

From September until June students counted the days until summer vacation. It arrived not a moment too soon for most. Students were ready to forget the pressures of school and begin surfing, bodyboarding, tanning, and partying. Whether they were going on vacations or getting summer jobs, most students agreed that summer was the best time of the year.

Going out of town was a big part of many people's plans. Students went to various places from New York to Fiji. The Caribbean was a popular vacation spot, but many students stayed at home.

Concerning themselves with where to surf, which party to go to, and with whom they should go out, students found ways to occupy their summers. Hatteras and Croatan were heavily populated with surfers daily, but many students stayed and went to local beaches to work on their tans. Or, some worked as lifeguards and got tans at the same time. Others took jobs at places like Farm Fresh, McDonald's, or Burger King. Working over the summer wasn't most students' idea of a good time, but they earned money for college, cars, or clothes.

At the end of August, students wondered where the summer had gone. The vacation they had waited for all year had flown by, and it was time to go back to school. With a sigh, they went into their first classes and counted the days until June.

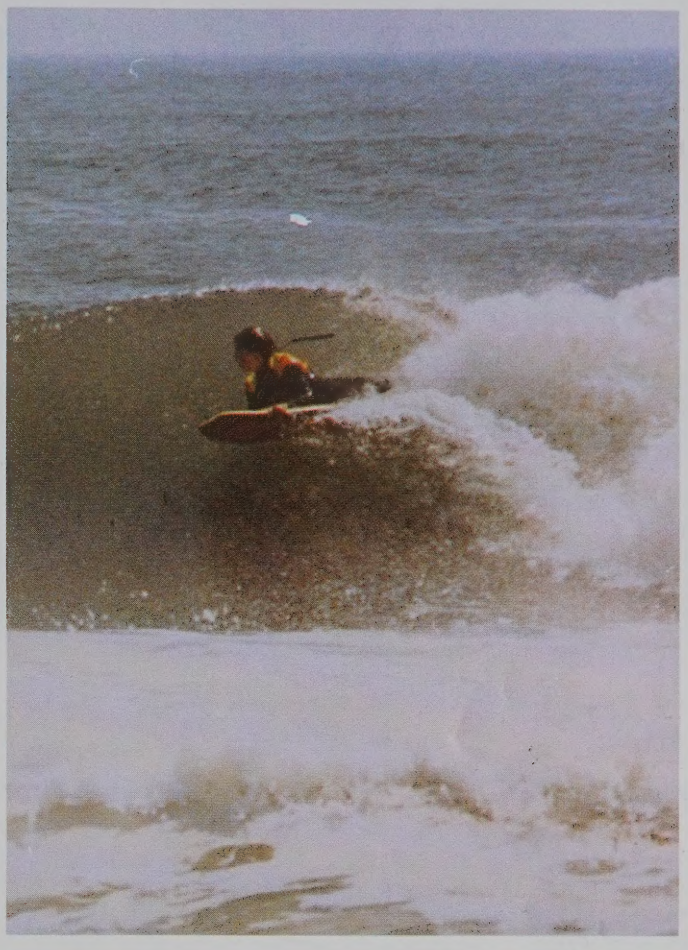
In St. Martin, Danny Cheshire learns to parasail.

Amy Fink, Sean Caffrey, Sarah LaVier, and Jamie LaVier soak up the sun in Nags Head.

At Jockey's Ridge, Trey Davis has a summer sandboarding session.

At 79th Street, Mike and Todd Rutherford, Travis Lester, and Jason Call pelt other beach-goers with water balloons.

While in Hatteras, Adam Krop carves down the face of a wave.



? What is your idea of the perfect summer?

"Having a nice, well-paying job, working few hours, spending a lot of time diving in the ocean, parties on the weekend, and road trips with friends." — Brian Bennett, senior

"Having a free car, lots of gas money ,and a cool stereo system."

— Sam Hill, junior

"Chillin' out with the Rastas in Jamaica."

— Mike Copeland, sophomore

"Lying on a private beach day and night unless it was too hot; then I'd lay under a tree in the shade."

— Gwen Span, freshman

Setting the table for the play, Tiffany Ricardo expertly portrays a maid in "Tons of Money."

Brian,

I'm glad this year is finally over! I'm really glad I got to know you. You R a real sweet heart! English was a real trip! Not! I hope to see you over the summer! Maybe at Rave Daze or the b[illegible] Keep in touch! 481-4839! If I don't see ya have a good one! To bad you quit[illegible] your job! I wish you all the luc[illegible] in the world! Hope to see y[illegible] in my classes next year!

Love always

Brandy

Buckle[illegible]

FALL AND WINTER 1990-1991

Coming into the new school year students' thoughts were on the excitement that would come. Spirit Week was highlighted by creative costumes, class competitions, lunch room activities, and the Homecoming pep rally. Seniors came out of Spirit Week as the winners of the class competition, and juniors took first in the float competition with their float representing the circus. Homecoming was a huge success. Though we lost the game, the team played well; and spirit soared through the crowd. The Thespians put on a brilliant show as usual with their hilarious performances in "Tons of Money." The fashion show was a spectacular event as well. These events and more were important in making the new year better than ever.

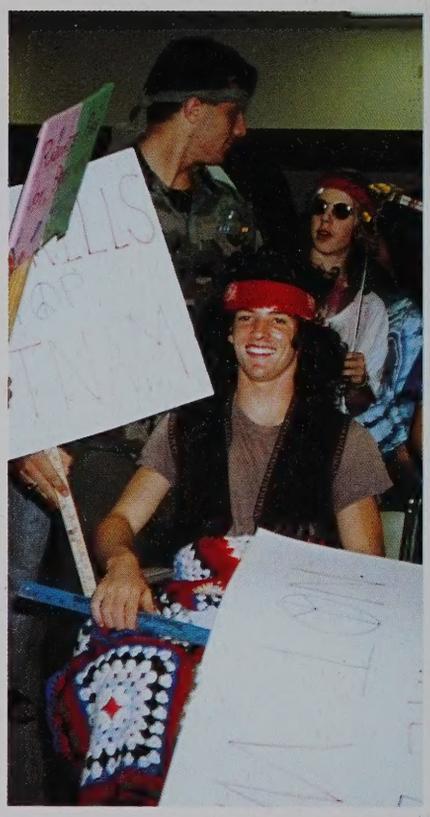
Surprised to find herself in the land of Oz, Carolyn Hurwitz decorates the stage for the SCA Leadership Workshop.

On Green and Gold Day the football team gets psyched up for the battle ahead of them.

Spirit Invades Cox

Falcons are InCOXicated

Spirit week was the most exciting time of the year. The dress up days included Nerd Day, Hippie Day, How You See Yourself in Twenty Years Day, and, of course, Green and Gold Day. As usual, Green and Gold Day was a hit. People's outfits varied from a Cox sweatshirt to painted faces and dyed hair. Each morning there were contests in the cafeteria foyer to see whose was the best costume. During lunch classes battled to see who was the best. The contests ranged from Tug-of-War to messy ones such as stuffing bananas into their mouths. The seniors came out on top and won the spirit award, but everyone was incredibly enthusiastic!



Supporting their anti-war position, Ted Klima and Brett Matthews picket on Hippie Day.

Wearing his daily attire, Johnny Soroka portrays a perfect nerd.

Showing their spirit on How you See Yourself In Twenty Years day, Chad McPhatter, John Foster, Elden Cortes, Clay Wise, and Eric Rivera pose as rock stars.

Green and Gold Day participants Jeff Reichert and friends have a pep rally of their own.

Sophomore Lew Crenshaw celebrates his victory after stuffing his face with bananas.

? What did you like best about Spirit Week?

"Nerd Day because a lot people didn't need to dress up."

— Matt Foreman, senior

"Hippie Day was the best because everyone got to experience the feeling of the sixties."

— Stacey Buckley, junior

"Hippie Day because it brought the spirit of the sixties back to life, and everyone looked really cool."

— Kim Gianfagna, sophomore

"I liked Green and Gold Day because everyone participated."

— Julie Word, freshman

The freshmen "rise to the challenge" as they depict their future occupations.

As Courtney Wilson crowns Julie Soderberg, Mr. Paul Soderberg shows his pride for his daughter.

Presenting the 1990 Homecoming Court: Danielle Carson, senior; Kelly Halloway, junior; Leah Word, junior; Julie Soderberg, senior; Ginger Anderson, senior; Meghan Dewey, freshman; Tiffany Litz, sophomore; Scarlett Jingst, senior; Sarah Lavier, freshman; Athena Meredith, sophomore; and Yasi Ayat, senior.

Charging onto the field, the football team rips through the cheerleaders' banner.

Rising to the Challenge

Homecoming 1990 is a Spectacular Event

Escorted by her step-father, Danielle Carson enters the field before the halftime ceremony.

It was a dark and stormy evening. Chairmen Julie Inman and Emily Roberts waited nervously, unsure if the rain would stop. After months of planning, they wondered if their plans would be ruined. Finally, an hour before kickoff, the weather cleared up, and the game was ready to begin.

When halftime came, everyone was fired up and ready for the float competition. The floats and cars were lined up, and members of the court were ready to proceed with the ceremony. The parade included the National Honor Society who rode bikes to conserve energy and the Science and Ecology Club who pushed their car for the same purpose. Though all of the floats were great the junior class float, "The Greatest Float on Earth," outshined them all. Complete with trapeze artists, elephants, and tightrope walkers, the float was quote a show. The seniors came in second with their float resembling a hot air balloon. The floats were judged by Mrs. Gallhegher, Mr. Hurley, Mrs. Frost, Mr. Ingram, and Mrs. Jenkins.

The Homecoming Court followed the floats and proceeded to the field for the ceremonies. Seniors waited anxiously to find out who would be the new queen. Courtney Wilson, the previous queen, crowned her successor, Julie Soderberg. After the game, the new king, Nate Smith, was crowned. Thanks to wonderful planning, a great parade, and a terrific court, the evening was a success.

? What did you like most Homecoming?

"Homecoming this year was the best, and I was really honored to be our queen."
— Julie Soderberg, senior

"I liked the school spirit that everyone showed all week. It was fun to see everyone dress up."
— Leah Word, junior

"Having my sister come home from school."
— Brian Wilson, sophomore

"My sister getting crowned queen."
— Mark Soderberg, freshman

The Great Pumpkin Arrives

Students Transform to Celebrate Halloween

Do you remember the story that Linus of the Peanuts gang used to tell about the "Great Pumpkin?" Obviously his story was true. Otherwise what could account for the strange transformation that occurred to Cox students on October 31? Suddenly normal students turned into animals, monsters, and ballerinas.

Students forgot about school for a night and donned costumes for parties or to scare the trick-or-treaters who came to their doors. Many went to parties to celebrate the arrival of the "Great Pumpkin." At the parties, prizes were given for the most original costume and for the various other contests. Candy was eaten by the barrel; and, of course, there were haunted houses that had some people scared stiff.

Throughout the neighborhoods an occasional Cox student could be found roaming the streets hoping to find a gullible old lady who would believe that he was young enough to be trick-or-treating. Others ran around with younger siblings, or they went around to kids to spread the word about the "Great Pumpkin." No matter what they did on this important night, however, all of them had a great time celebrating Halloween.

Sporting a fireman's costume Billy Lloyd shows his excitement about Halloween.

Enjoying the spirit of the occasion, Tiffany Litz watches the fun and games.

French Club members enjoy all the Halloween goodies at their party.

Tying a bandana around a friend's head, Julie Inman gets her ready to break a pinata.

? What was your most original costume?

"I dressed up in a sheet with four other people as a flamer."

— Marissa Vrooman, senior

"I was the devil."

— Crissy Walsh, senior

"One year I was Miss Goodbar."

— Heather Criswell, junior

"I dressed up as a composite of my favorite movie heroes."

— Libby Rasnick, sophomore

At a party Tiffany Litz tries to find the perfect place for the pumpkin's nose.

Tons of Money

Lifestyles of the Not So Rich and Famous

What does the color green mean to most people? It can symbolize Saint Patrick's Day or jealousy, but most people think of money. This was the case in the Thespians' production of the hilarious farce "Tons of Money."

The plot of the show revolved around Aubrey Henry Maitland Allington III and his wife, Louise. The two of them live in a beautifully decorated but unpaid for house. They receive the news that they were inheriting "tons of money" from Ms. Jane Chesterman, the lawyer played by Liz Wolf, and wonder how they can keep the money from their creditors. Louise, played by Ceci Corley, tells Aubrey to die by exploding himself in his workshed-well, not really — and so begins this humorous rags to riches tale.

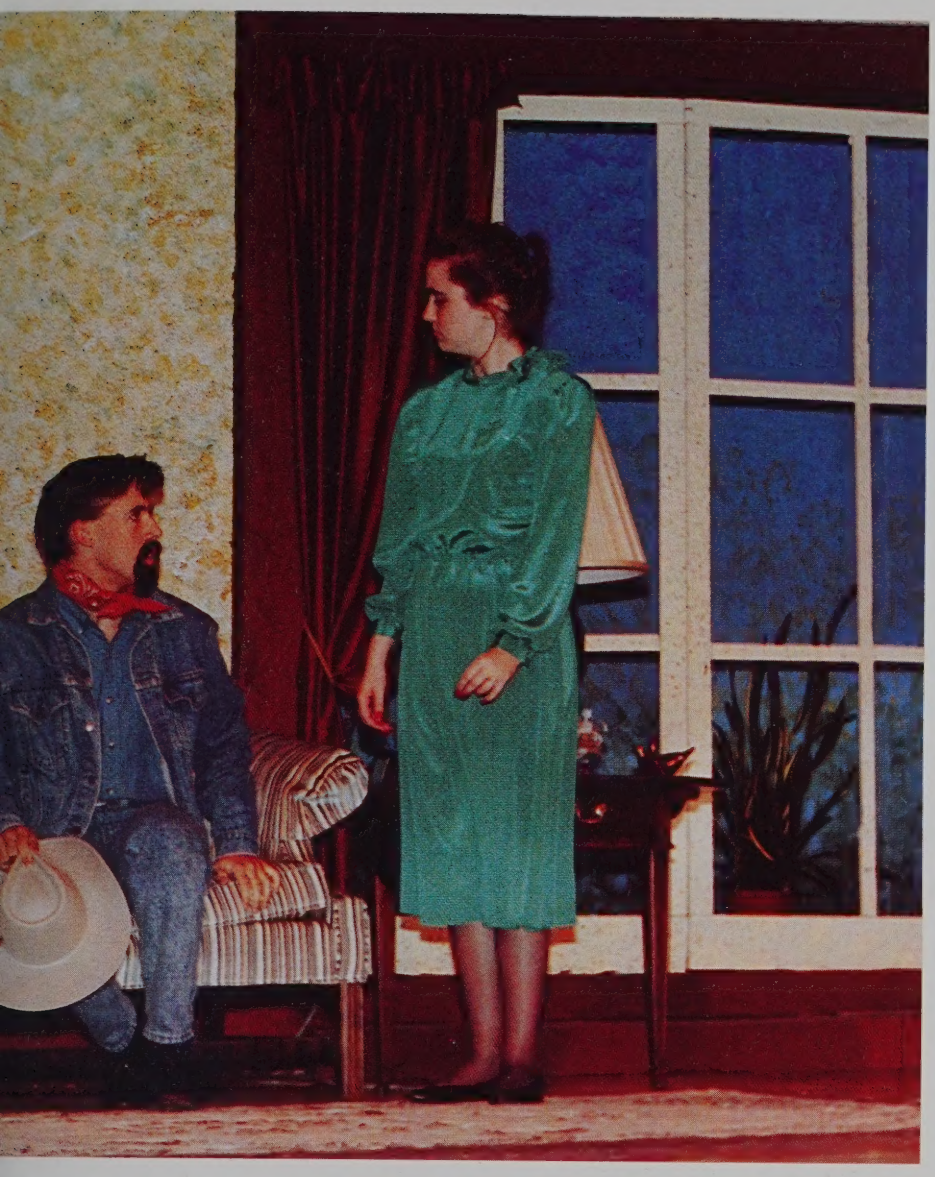
Todd Rutherford expertly performed the role of Aubrey who returns after his "death" as his cousin George Maitland who is to receive the money when Aubrey dies. At his return a string of complications arise. First, Sprules, the butler played by Jon Ahart, has arranged for his brother to come as George Maitland and claim the money. Then Maitland's wife, Jean, performed by Diane Cheshire, arrives. Fortunately for Aubrey, she hasn't seen him for five years, but Louise is not too happy about it. The next problem is that Louise learns that she is next in line for the money and that Aubrey didn't have to come as his "late" cousin George; so he dies again, returning the next day to find yet another "George Maitland." The same day the real George shows up resulting in an intense fight between Eric Frenck, the real George, and Dave Shockley, Sprules' brother Henery.

The play was a tremendous success. The talented cast and crew worked together to provide what several audience members said was "the best play I've ever seen!"

The butler's brother, sophomore Dave Shockley, turns up disguised as George Maitland and arouses the suspicions of Louise, senior Ceci Corley.

Believing that he has lost his memory again, Jean Everard, played by senior Diane Cheshire, comforts senior Eric Frenk, her real husband.

Back again. This time, as Brother Brown, Todd Rutherford makes his opinions clear.



Disguised as his late cousin, Todd Rutherford has a surprising effect on Diane Cheshire as Ceci Corley explains the situation.

"Your brother's last action was to die, Mr. Allington." Liz Wolf explains his brother's will to Aubrey, senior Todd Rutherford.

? What was your opinion of the fall play?

"It was the best show I've ever seen. It was well produced, acted, and directed, but I'm not biased or anything."

— Stephanie Griffin, senior

"It was really funny. I never knew we had such talented actors at Cox."

— Julie Inman, junior

"It was a very funny show, and the acting and set were incredible."

— Kathy Barba, sophomore

" 'Tons of Money' was really good. It's too bad it's not more well known."

— Hope Griffith, sophomore

At the SCA Christmas movies, Allen Jones settles in with his blanket and pillow.

Getting into the Christmas spirit, Greg Scovel decorates his house.

After putting their decorations up, Jamie and Sarah Lavier admire their wreath.

? What is your favorite part of Christmas?

"Going to Georgia to see my family and friends."
— Liz Hark, junior

"Watching Kenneth tear into his presents."
— Shawnette Harris, senior

"Playing in all the snow here in Virginia Beach."
— Ron Tesnow, junior

"Going out to California to get a tan."
— Eric Geshekter, junior

Examining a Douglas Fir, Chip Ellis discovers the perfect Christmas tree.

Deck the Halls

Students Get into the Christmas Spirit

'Twas the month before Christmas
And all through the school
Many things were happening;
The weather became cool.
Ski trips were approaching fast;
It was the season of joy and good-will at last.
In the foyer Mrs. McBride began to decorate,
And students thought of their holiday dates.
The Christmas desserts turned us into hogs,
But everyone enjoyed lots of eggnog.
The basketball and wrestling seasons kicked off,
And everyone knew they wouldn't be stopped.
As Christmas day neared, all began to rest;
No one worried about reading the text.
Christmas was spent with their most dear,
Then no one could wait to kick off the New Year.

Students get into the Christmas spirit at the SCA's showing of "It's a Wonderful Life" and "How the Grinch Stole Christmas."

What Time Is It?

It's time for Young Life!

Young Life? What is Young Life? This is a common question with a simple answer. Young life is a place where all are welcome to come sing songs, participate in the famous Young Life Minutes, be with friends, and as Young Life leader Scott Hamilton puts it, "participate in a plethora of events."

"Minutes?" you ask? Well, it's a contest between unsuspecting victims chosen by the "Young Life computer" that sometimes — well, most times — turns out rather messy! Such events are cleverly chosen by our own Young Life leaders Sarah Bounds and Scott Hamilton. We owe a lot to these two for their hard work in making Young Life such a success.

After the mess of minutes is cleaned up, the participants learn about meaningful things that pertain to daily life and the Christian way of living. Then the gang head out to . . . Burger World? No, Scott, it's Burger King!

All of this activity takes place from 7:30 p.m. to 8:30 p.m. at a different student's house each week. In addition, to this, Young Life also has All-City night where members from all schools unite for an activity filled evening. Also, there is Field Day, when participants compete against these same schools for a trophy, Fall Weekend at Lake Gaston, annual ski trip, and Summer Camp. Young Life is a great break from the monotony of everyday school life.

? What do you like about Young Life?

"It is fun because everyone was laid-back and didn't worry about what other people would think."

— Ashley London, senior

"It's open and clean, . . . and it's a good subject, and we get to put our faces in oatmeal."

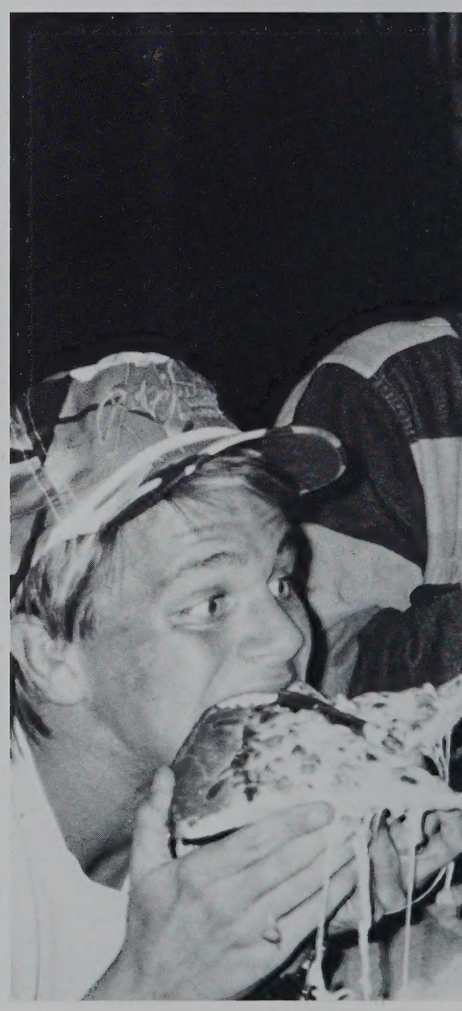
— San Wright, sophomore

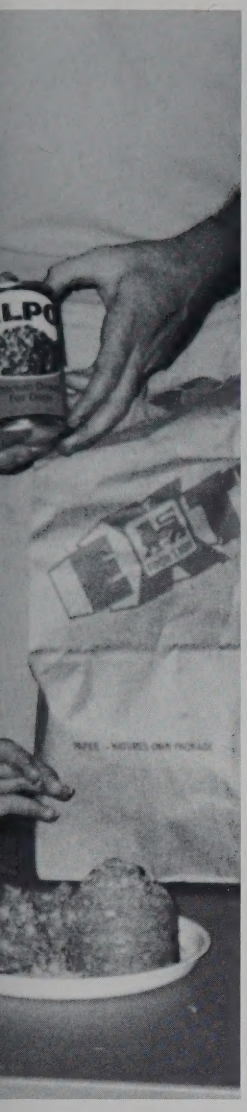
"It's a riot and it's something to do on a weeknight."

— Bridget Look, freshman

"It's a good place to come together with friends, and it's nice to see everone having plain fun."

— Melissa Neidrauer, senior

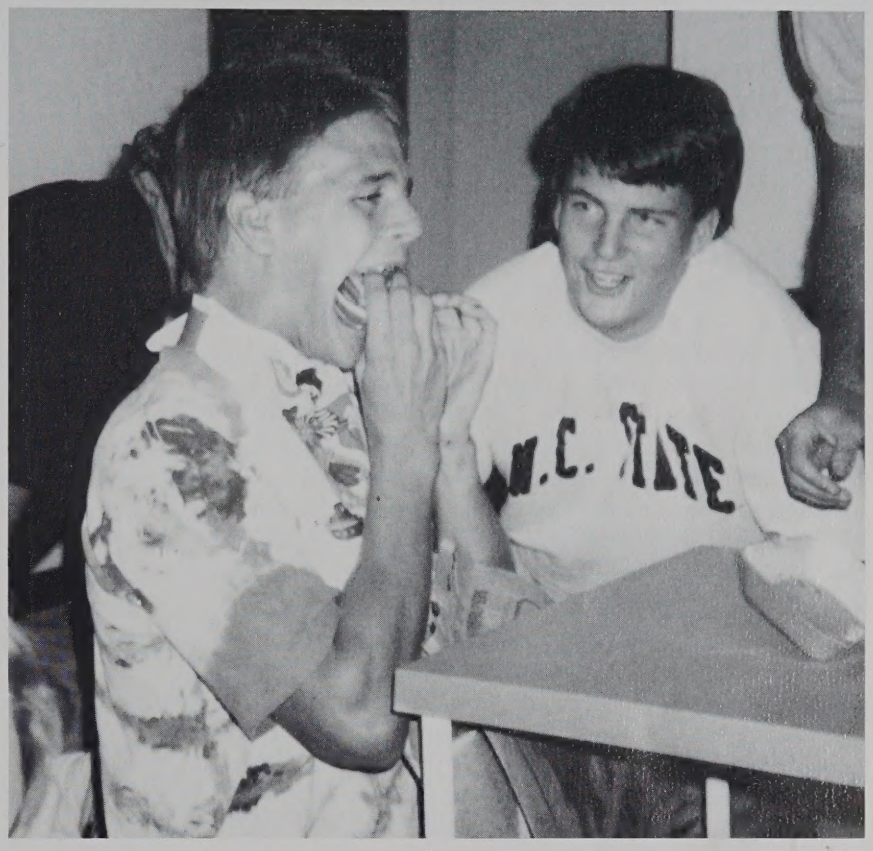




"Claire, eat that food!" A memory that all "dog food" eaters of America will remember, and so will we!

Just by the expression on her face, Toni Lewis is not enjoying the Famous Young Life Minutes.

Will he do it? Yes! Chris Richards succeeds in his attempt to eat a Big Mac in three bites.



"Mmmm good . . . PIZZA," mumble Chris Richards, Ryan Cool, Jennifer Bellomo, and Chris Faison while scarfing it down.

"Stroke, stroke!" yells Jay Cornwell to his band of fellow canoers Nikki Bardell, Erin Truxell, and Jack Reed.

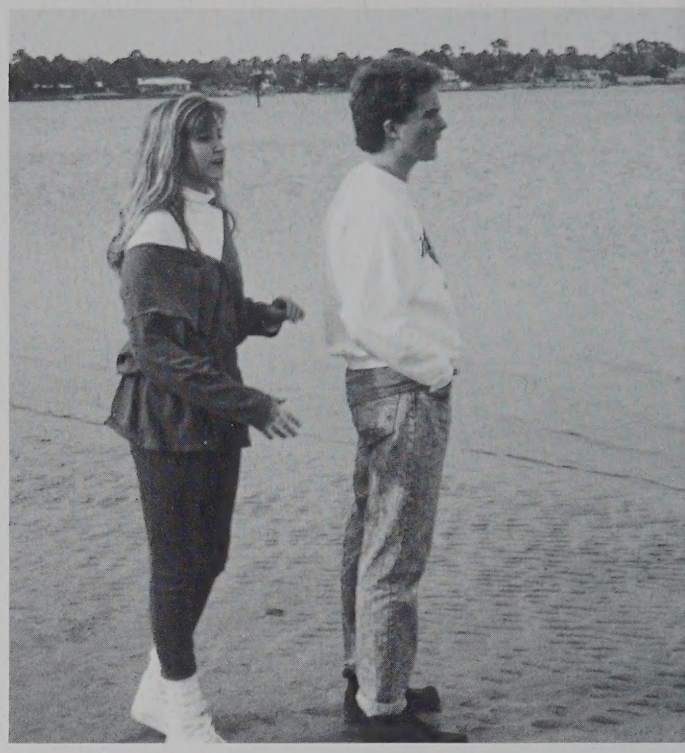
Spring?
Winter Was Hot

" 'A cold and snowy winter,' experts say" read a *Virginian-Pilot* article. But unless you were one of the lucky few who traveled to other states to ski, you probably didn't see much of the white fluffy stuff.

The few resorts in Virginia had trouble keeping snow. Wintergreen averaged only four slopes throughout the year, so many students traveled to Snowshoe, Seven Springs or maybe even one of the many northern resorts. Others spent the frequent warm days enjoying the outdoors, playing volleyball and basketball. Some diehard beachboys even hit the surf for a mid-winter surf session.

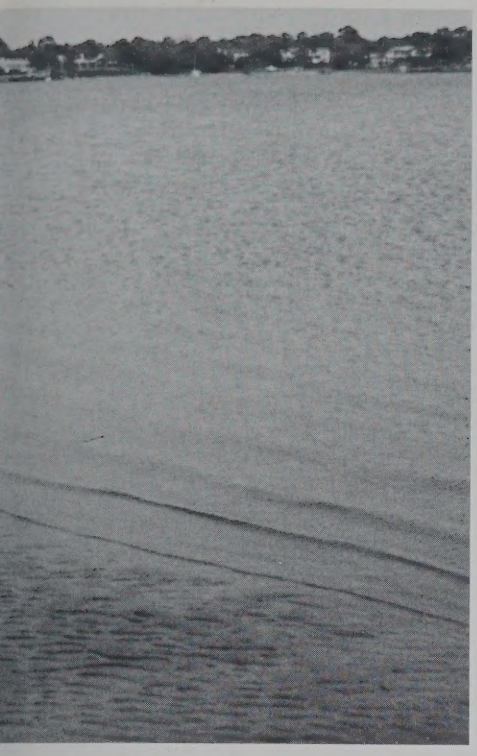
The development of Operation Desert Shield captured the interest of many students as their relatives went off to the Persian Gulf. Those at home remembered them in various ways. Some tied yellow ribbons on their antennas. Others participated in the "Living Flag" at Mt. Trashmore, sponsored by Tommy and the Bull of FM99 WNOR. Over 40,000 people attended the spirited event which was publicized around the world. Many students also wrote to servicemen overseas to help keep the troops' spirits up.

After a dramatic and successful air attack and a short ground war, Operation Desert Storm was an unconditional success. The President's announcement about a cease-fire was one of the most important and memorable events of the winter.



In honor of the soldiers in the Persian Gulf, Jamie LaVier hangs a yellow ribbon. Yellow ribbons and American flags were a familiar sight throughout Hampton Roads during the war.

A familiar sight in the winter, Chris Faison launches a front side air at his favorite ramp.



Looking forward to the summer ahead, Sarah Lavier and Mark Rudolk anxiously watch Broad Bay for signs of warm weather.

Skiing at Massanutten, Brian Genzler takes advantage of the rare snow in Virginia.

? What's your favorite thing about winter?

"Hittin' the slopes and tho's."
— Scott Parker, senior

"It's the best time to skate the B.B. ramp with the B.C.D.'s."
— Trey Stafford, junior

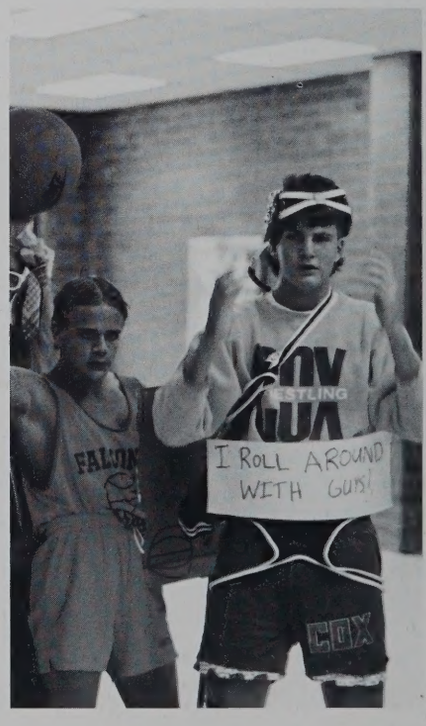
"I love hating people that can't ski."
— Aaron Wilner, senior

"I like girls with nice form, I like girls to cuddle up with and keep me warm."
— Pat Scoggins, junior

Friends . . .
A High School Necessity

Although some friendships end up meaningless and disappointing, most students develop a close group of friends during high school. A true friend can seem as indispensable and irreplaceable as a sister or brother. A friend is necessary and understanding during difficult times. A friend is someone to laugh with during times of joy. It is important to know that you can depend on a friend, and that a friend can also count on you. It is essential to have a friend to talk with about problems and lean on during a tragedy. Perhaps the most important aspect about being a friend is making time to spend together, despite jobs, school work, and other commitments. Blake Thompson, Jamie LaVier, Sam Eubanks, and Chris Faison find time to go to a Christmas movie together. Other friends have fun chomping on food after school, staying at home playing Nintendo, or going out to parties and concerts together. Many friends have the most fun on weekend trips together. Many students spend time visiting friends who are already in college. Beth and Julie Inman, Christin Brown, and Stephanie Griffin enjoy spending weekends at the Inmans' house in Sandbridge.

Friends are an implicit part of life in high school. Life would not be complete without the support and fun that friends provide.



Impersonating each other, Chris Richards and Jeff Reichart express their mutual respect.

Showing their friendship, Ashley Allen and Elaine Inman hug one another before going out on the town.

During a Christmas movie at school, Sam Eubanks, Jamie LaVier, Chris Faison, and Blake Thompson didn't end up needing that pillow after all.

Preparing a feast fit for a king, Stephanie Griffin, Beth Inman, Christin Brown, and Julie Inman fix dinner while weekending at the Inman's vacation house in Sandbridge.

? If you could be friends with anyone in the world, who would it be?

"Me, because I'm so very . . ."
— John Cistola, junior

"Donald Trump so I could leech off his money."
— Mike Valerio, senior

"George Jetson because I could ride around with him in his neat little car."
— Toni Lewis, junior

"Sylvester Stallone because I like Rocky. I've always liked Rocky."
— Claire Gunter, freshman

Expressions

Expressing an Interest in Fashion

As Mr. David Rhodes announced the opening number of "Expressions," the models paraded onto stage in black catsuits and wild accessories. The fashion show had begun, and the audience would be treated to a display of hot dancing and clothes. The most intriguing part of the show for both the models and the crowd was the fun involved in choregraphing and performing the routines. Harry Squire particularly enjoyed "hearing other people scream and dancing." Eric Witcher found satisfaction in "being able to challenge Mooky to a dance — and winning." Perhaps Jenny Carley summed up the feelings best. She said that the best part about the show was "being able to get up there and have fun with everybody watching." In addition to the good times involves, the participants worked hard to develop the dances that would best show off the fashions. Many local retailers, including All The Rage, the Bahama Shop, the Gap, and Dan Ryan's graciously contributed clothing, making the show seem professional. Marissa Franzitta said that "it was nice to see people wearing clothes that would otherwise be banned from school."

Part of what made this fashion show unique was the participation of faculty members. Mr. Glenn LaFerriere said that his favorite part of taking part in the show was "doing student-faculty things together — getting to know people that aren't in my classes and having fun with them."

The annual fashion show, sponsored by the Marketing Department, was truly expressive. After blanketing the school corridors with glittering posters which created a great deal of anticipation, the organizers knew it was a great success by the thunderous applause from the sold-out audience.

Blake Thompson prepares to spin Miss Pam Pearsall in a pretzel, a great crowd-pleaser.

Following this mock proposal from Mr. Glenn LaFerriere, Miss Shaula Jenkins summarily rejects him.

? What did you like about the fashion show?

"See through clothes are definitely in!"
— Nick Psimas, junior

"Having everybody scream, and yell people's names at the night of the show."
— "Mook" Squire, junior

"I thought that the dance choreography was excellent."
— Beth Inman, senior

"The fact that teachers are able to cope with students outside of class is commendable."
— Spencer Miller, senior

Preparing to begin his dance, Mr. Tom Fisher watches as Emily Roberts leads the way.

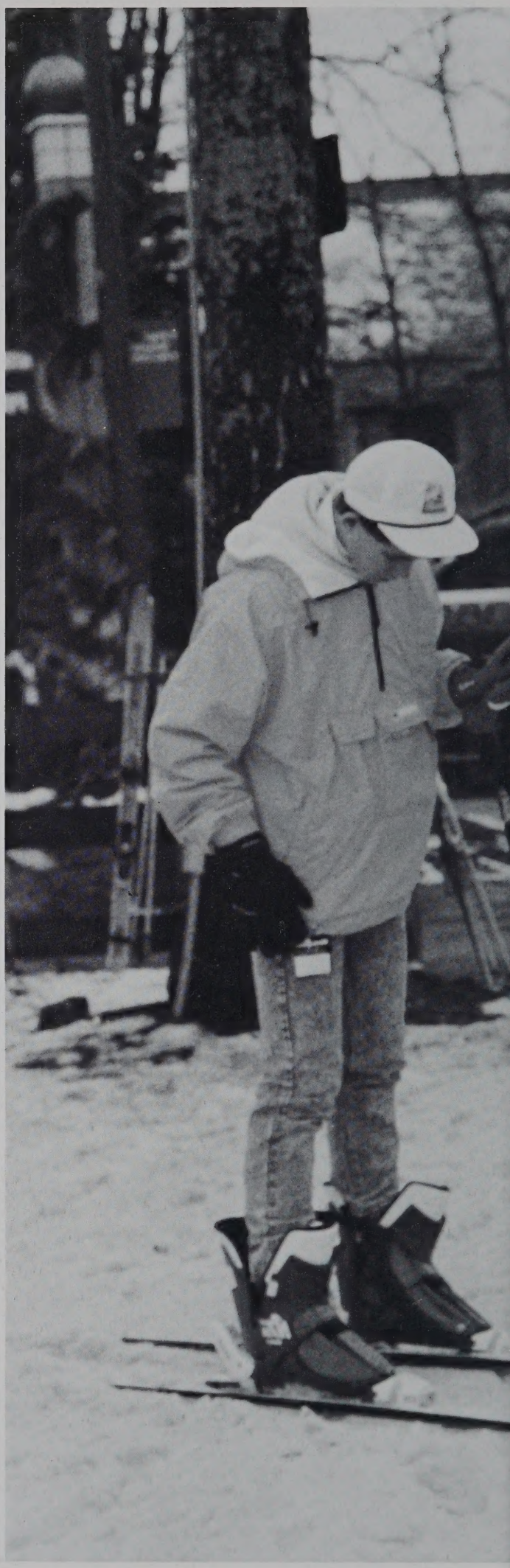
During the formal scene, Coach Jim Prince gives Julie Soderberg a look at the crowd from a different perspective.

What's HOT . . .
What's NOT . . .

From the invasion of Kuwait to the secret of Milli Vanilli, it was an interesting school year. The year saw the downfall of many stars and the arrival of others. Pete Rose, the all-time lead hitter in baseball, saw his fame destroyed when he was convicted of tax-evasion. This year also saw the return of Ben Johnson who was banned from the 1988 Olympics for the use of steroids. Here are a few of the hot and not so hot people, places, and things of the 1990-1991 school year:

HOT!	NOT!
Public Enemy	DJ Jazzy Jeff (and the Fresh Prince)
Bart Simpson	Roseanne Barr
Nintendo	Atari
4x4 trucks	low-riders
Faith No More	New Kids on the Block
Kuwait	Saddam Hussein
leggings	parachute pants
oversized sweaters	skin-tight shirts
"Cheers"	"Cosby Show"
Julia Roberts	Molly Ringwald
Kevin Costner	Tom Cruise
Steven Segal	Ralph Macchio
suede	polyester
leather jackets	"Members Only" jackets
Cincinatti Reds	Cleveland Indians
John Major	Margaret Thatcher
Black Crowes	Milli Vanilli
Famous Uncle Al's	McDonald's
Quicksilver	Ocean Pacific
The Gap	K-Mart
The Boathouse	Zoids
Michael Jordan	Pete Rose
long hair	bee-hives
John Lennon	Elvis

With its awesome season, our football team is definitely hot. For the first year in several years, our players came out of the season with a .500 record.



At Wintergreen, Dan Cheshire prepares to partake in a sport that is very hot — skiing. Unfortunately the winter was hot as well and only three slopes were open.

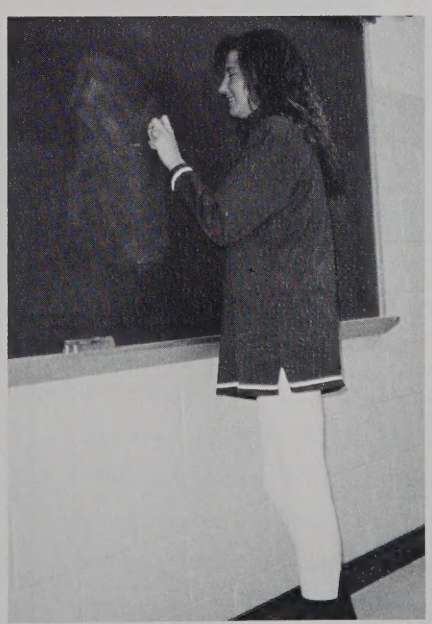
? What's the biggest trend of this year?

"Rollerblades because they're hot and roller skates are not."
— Mike Lawrence, senior

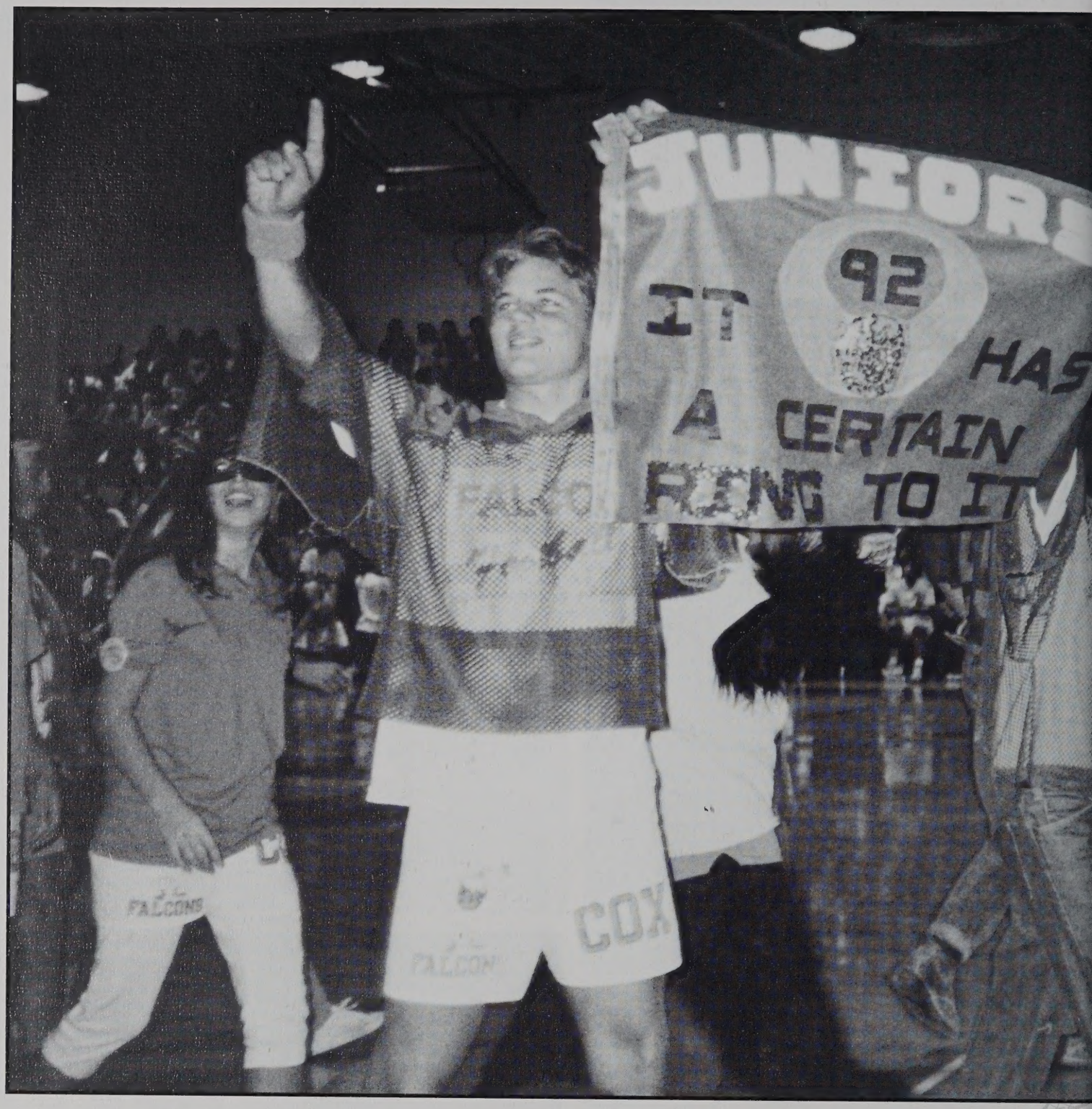
"Leggings because everyone wears them."
— Maria Lopez, freshman

"Argyle socks because they're neat-o!"
— Danny Cheshire, sophomore

"Big! Everything's gotta be BIG!!"
— Jen Carley, senior

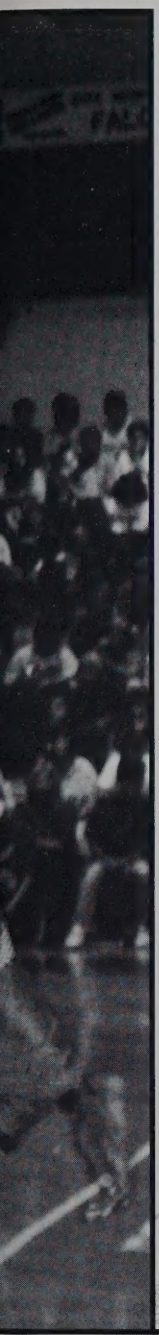


Illustrating the "in leggings, Monica McFerrin stands ready to explain the Nuclear Regulatory Commission to her government class.



Trying to convince the crow
that juniors are the bes
Taylor Vann and Mook Squi
hold up the juniors' spirit fl
at the homecoming pep rall

Proudly representing h
class on the Freshman Hom
coming Float, Elaine Inman
an artist of the future.



CROWNING

Glory

Spirited rivalry teamed with camaraderie and friendship provided for exciting competition between the classes during Homecoming Spirit Week. Freshmen made new friends and became accustomed to the fun and hard work. Sophomores proudly posed for the pictures that appeared on their long-awaited driver's licenses. Juniors eagerly anticipated Ring Dance where they received the class rings they so carefully selected in the fall. Seniors finished out their four years by partying at prom and by receiving the crowning glory — a diploma — at graduation.

And Now A Word From Our Seniors . .

To the Special Ones:
Kel, Miss ya! Mom, Dad, Mizzy, Breakfast Club, and especially Darrin D. Westphal, I love you!
Ann Catlett

Coquettes —
Thanks for everything! I love you all — Good Luck! Trish T.D.D.U.P. I'll miss everyone. Smile.
Jen Carley ILD

To Dad:
Hi. I've really missed you here this year, but I love you and I believe in what you're doing.
Karen

To Andy, my "little" brother:
I hope you have much success in you sports. GL at Cox. Amy & Tina GL at MWC & DePaul.
Kendra

To The Girls:
Thank you all for being such good friends — loved those dinners — Good luck next year — I will miss U!
Nikki

To My Best Friends:
Trin — You're the best! Scott — You're crazy but I love you anyway! Rob, Flo Lisa, Damon, Jimmy — Thanks!
Barbi

To Shawnette:
We've been so close for so long. Thanks for always being there. We could never forget . . . Luu
April

To EM, C.C., and the UVA Crew, EM, than for being my bestest friend! C.C. — You R Cheeky Monkey. C.B., B.I., R.T. — See yo at UVA!
DEC

To My Parents and John:
Thanks for all your love and support. I would not have made it without your help. I love you guys!
Missy

To Jason, Jonathan, Tim, Di, Tara, Mike, Travis, John, Scotty, Beth, Christin, Steph, Diane, C.C.:
WE ARE OUTTA HERE!
Mitch and Bob

To John, Mike, JoJo, Bobby, David, Bob, Jackie:
I will never forget all the great times we had! Thanks!
Missy

Long live the amigos and cool cats!
R.C., M.G., N.P., J.B., and T.S. —
Keep the school partying next year.
Faiz

To Colleen:
Thanks for being a good friend to both of us and never forget all of the hilarious times we had!
April-Shawnette

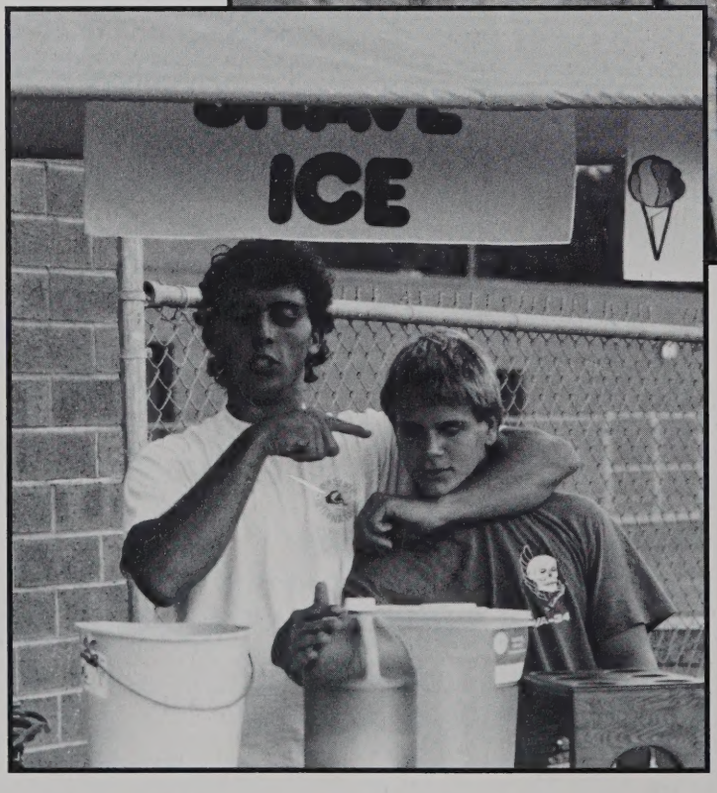
To Tonya:
. . . And with this ring I promise that one day
I will marry you. I love you!
Tim

To April:
Thank you for being such a great friend. Friends don't exist any better than you, my best friend.
Shawnette

To Barbi:
Well, it's finally over. Good luck in college.
Damon

Cheering the senior relay team on to victory during the Homecoming pep rally are Cathy Cummings, Julie Soderberg and Christin Brown.

Looking like professionals, senior class officers Spencer Miller and Chris Richards consider a career in snow cone production.



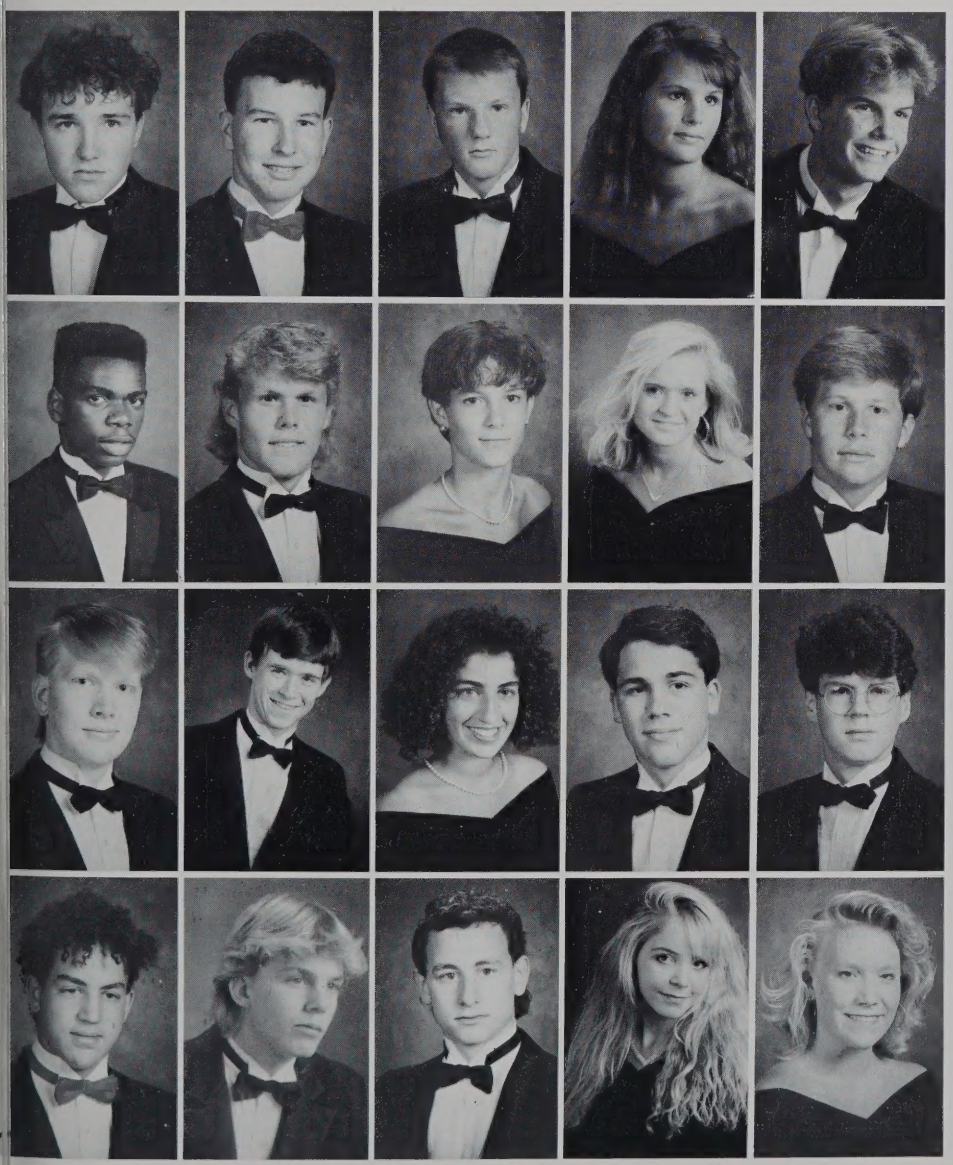
SENIORS

Architects of Fate

Class activities were a part of what made our senior year the best yet. Through working together and putting on various events and fundraisers throughout the year, the class officers promoted enthusiasm and class unity and pride. While some events were traditional senior class activities, others were unique and original. However, all were designed to raise money for prom and graduation. In the fall, the senior class sold snow cones at the home football games, using equipment borrowed from math teacher Mr. Shoaf. Our Homecoming float came in a close second, but we won first prize overall in the Spirit Week competitions. These included dress-up days, lunchtime games, and pep rally relay races, in which the class of 1991 proved that it is indeed the best. In December, the Dating Games was a tremendous success. In the spring, the whole class waited in eager anticipation for Prom, and killed time by taking the senior picture and buying our class T-shirt. Graduation was a final celebration, in tribute to the hard work and fun we've had together in the past four years.

What's the best part about being senior class president? "Having my own mailbox in the teacher's mailroom!"
– Spencer Miller

Senior Class Officers: Treasurer Ray Ayres, President Spencer Miller, Vice President Julie Soderberg, Secretary Molly McGinness, and Reporter Chris Richards.

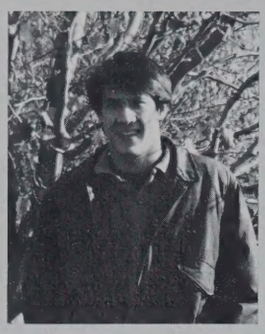


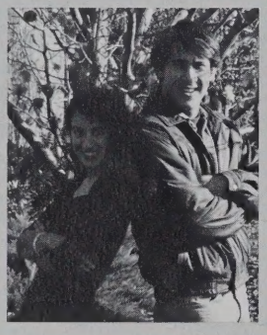
Andrew Lewis Adkins, Jr. "Be all you can be. If someone tells you different tell them to shut up!"
Troy Jon Ahart
Geoffrey Bryan Akins "The clearest way into the universe is through a forest wilderness." John Muir
Amy Elizabeth Allan "Only as much as you dream can you be."
Robert David Allen

Wallace Alston
Gregory Lawrence Ames
Britta Kristen Anderson "WHATEVER."
Ginger Lee Anderson "Don't pay the ferryman until he gets you to the other side."
James Scott Anderson "Oh!" What did you say? School is over? Wait I just got started!

Jeremy Aaron Arnold "Grin and destroy it!"
Franklin Delano Ashbrook
Yasaman Ayat "He spoke. And drank rapidly a glass of water." e.e. cummings
Raymond Paul Ayres III "If you bang your head against the wall and get bumps on your head, stop."
Jason Bennett Ayscue "I am the Lizard King. I can do Anything." James Douglas Morrison

Haissam Medhat Badawi "If you wear a mask for too long you'll probably forget you have it on."
Michael Wayne Bailey "What next?"
William Fergason Baldwin
Jennifer Lynn Ballard "Best of luck Wendy and Stephanie . . . luv, Jenn."
Diana Lacey Banks "Your smile is your personal piece of sunshine." unknown





MOST LIKELY TO *Succeed*

Matt Chang
Yasi Ayat

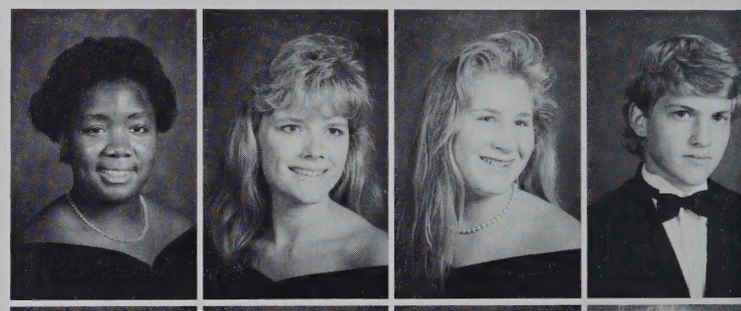
Thrills and Chills
College Visits and Applications

It was a privilege to be a senior! Or was it? There was prom and, of course, graduation. There was the fact that it was the end of thirteen years of grueling schoolwork and the promise of a bright future. It seemed like the best year of school ever, but the responsibilities and deadlines piled up. Early decision applications had to be sent in by November 1, and the rest of the deadlines fell at the beginning of 1991. Those essays! Favorite cultural experience? Favorite intellectual experience? (Is that possible?) Why not ask what your first spoken word was? It has to do with achievement, doesn't it?

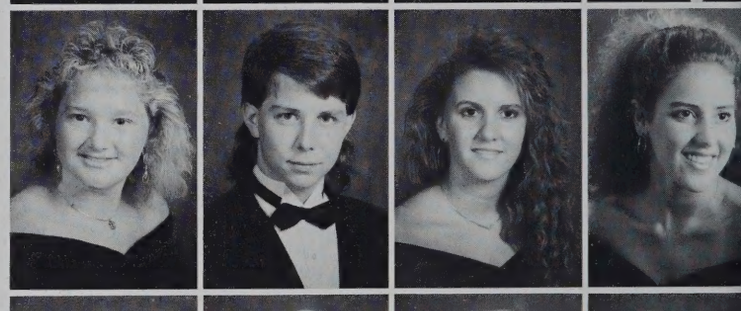
What are you looking for in a college?
"The opposite sex and educational value!"
– Eric Silverio

After the applications and SAT scores and ACT scores and Achievement scores and transcripts were sent, it was time to visit the school of your choice. A popular option was to drive up with a group of friends and stay in a dorm, while the worst case scenario involved making the trip a family vacation. Either way, those tours and information sessions were just plain boring.

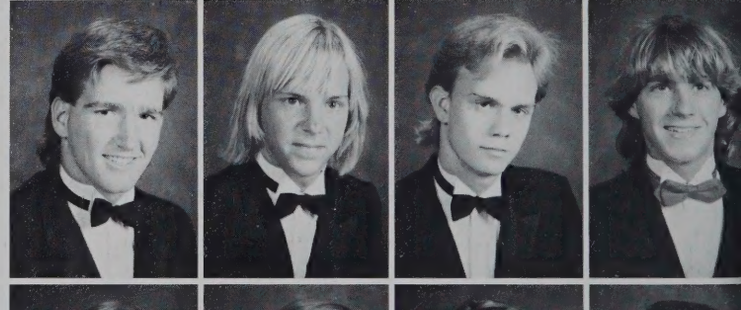
When April rolled around, we waited in eager anticipation for the letter that would determine our futures. And the rest is history . . .



Karla Yvette Barnes "Success is gained not by the color of my skin, but with my intelligence."
Christy Renee Barnwell "It's the people we meet that shape our lives. Thanks Mom, DDS, ADB, and doc."
Jennifer Serene Barrett "Cuz I'm a blonde yeah yeah" Julie Brown
Kyle Francis Bartol "Imagine all the people, living life in peace." Lennon / Cutmen Always



Christina Marie Barton "Enthusiasm is the key to all great successes."
Christopher David Baum
Jennifer Bellomo "I'm in a New York state of mind."
Brooke Anne Benke "Together we stand, divided we fall." Pink Floyd



Brian Hampson Bennett "3 things needed to be a champion: heart, guts, and the eye of the wolf."
Jonathan Walter Bergdoll
Peter Edward Bergstrom "All who wander are not lost."
Barry Lamar Beshears

Stephen Christopher Blackmer
Ashley Dawn Bolen "If better is possible, then good is not enough." Thanks NCF, LRB, ILY Kevin
Stephanie Leanne Bradley "There is never a wrong time to do the right thing" . . . YaChaCha — G.N.O.!!
Jeffrey Michael Brashear

While taking a summer trip to prospective colleges, Beth and Julie Inman eat lunch on the campus of James Madison University.

Sarah Gilbert, Meg Cralle, and Yasi Ayat enjoy themselves while attending Governor's School at the University of Richmond.

Lisa Jeanette Bray "I discovered the square root of infinity. It was 31."

Christin Michele Brown "Without adventure, civilization is in full decay." A.N. Whitehead

Teresa Shacola Brown

Jennifer Diana Bull "Ray and Relle — We must struggle in order to find happiness."

Jeffrey Brendan Burke "It ain't over 'till it's over." — Yogi Berra

Todd Waller Burket

Adam Russell Burns "All in all it's just another brick in the wall." Pink Floyd

Gary Stephen Burr "It you're before it's over, you're on time." James Walker

Robert William Busching

Matthew Weston Butler "In this great future you can't forget your past so cry a tear I say" BMW

Sean Caffrey "Oh, that's a Beaut!"

Laura Alison Callan "I did it, I'm done, so don't bother me."

Jennifer Jo Carley "At 17 everything is possible and tomorrow looks friendly."

Brandi Lynn Carraway

Danielle Leigh Carson "It was never quite like this before not one of you is the same." SMITHS

Daniel Thomas Cash "To all my friends who knew me well, our final year Farewell."

Ann Jhonett Catlett "Love comes once in a lifetime, Darrin you are my lifetime. I love you!"

Andrea Chamberlain

Nancy Ellen Chandler "Invictus"

Matthew You-Min Chang "I must be travellin' on now cause there's too many places I've got to see."

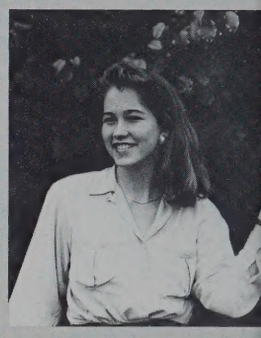
Christopher Wayne Chatelain "Your home is the earth; ours is the world of ideas." Hesse

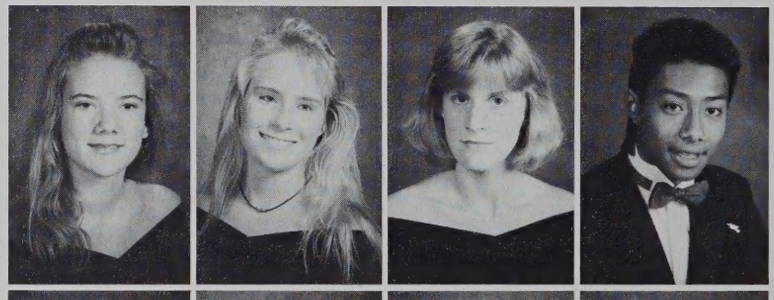
Laura Anne Check

Diane Elisabeth Cheshire "I'd rather have 30 minutes of wonderful than a lifetime of nothing special."

Angela Michelle Childers

Chris Richards demonstrates his talent of simply "being" with Carolyn Hurwitz.



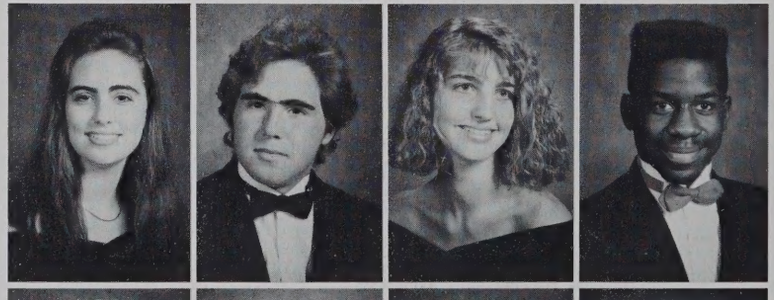


Rebecca Sunshine Clark "Peace and trust can win the day."

Ginger Marie Collier

Katherine Amanda Conner "Whether you believe you can do a thing or not, you are right." H. Ford

Patrick Convin "A penny saved, ain't . . . much!!"

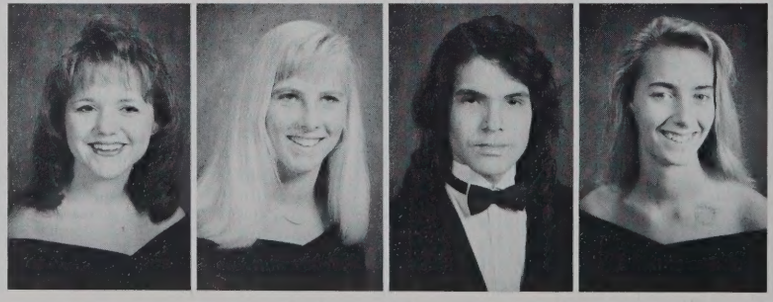


Ceci Lynette Corley "I might not be perfect . . . but at least I'm biodegradable."

Michael Howard Cover

Meg Julianne Cralle "Isn't it pretty to think so?" Hemingway

Voris Crooms



Cherie Grant Crouch "Me and Tommy . . . The never-ending story."

Cathleen Ann Cummings "All you need in life is ignorance and confidence, and then success is sure."

Michael Daren Cummings "Sing loud for the sunshine, Pray hard for the rain." Led Zeppelin

Esther Elaine Dabney

MOST

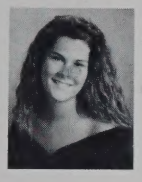
Talented

Todd Rutherford

Stephanie Griffin

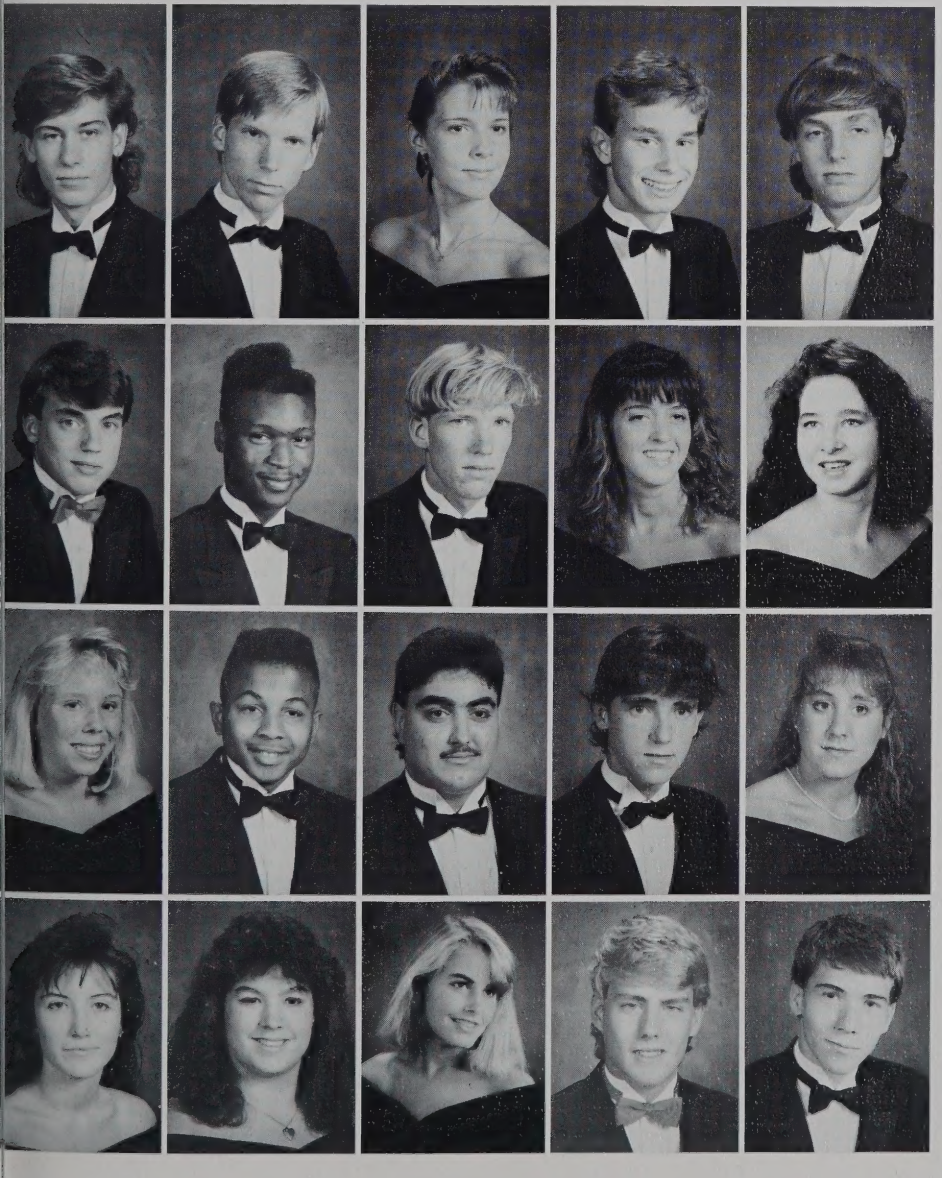
Unique Talents
Seniors Display Their Individuality

Searching for those individuals possessing personal lents, we were pleased to nd the class full of students ith especially unique talnts. Trying to fit school life nto his busy hedule, Nate nith has develped the ability to eep *anywhere* it necessary. Also busy student, imberly Lipscomb finds e must combine personal giene with athletic train-g by juggling three basket-lls while singing in the shower. Besides being trilingual, Anny Lee can "bend her pinky backwards." A prospective performer, Matt Foreman claims to know the lyrics to every Beatles song produced. What an individual! Chris Shea, a faithful "Sesame Street" watcher, has perfected his Big Bird imitation. Diane Cheshire, a girl of too many talents, is extremely qualified in "stressing out." AP English student Reena Talreja has a talent for using sound effects in the explication of poetry. Because of the incredible number of talented students, it is impossible to name every one. But, as one student mentions, you may find some of these "artists" in classes such as underwater basket weaving and ceramics.



If you could possess one talent, what would it be?
"Mindreading."
– Trish O'Donnell

An especially talented individual, Anny Lee can "bend her pinky backwards."



John Christopher D'Acquisto "I become a transparent eyeball." Emerson
Stephen William Daignault "All anyone can ask for is a few good friends, I'm glad I have them."
Mary Ann Daniel "The man who fears suffering is already suffering from what he fears. M.D.M."
Stephen James Daniel, Jr.
Justin Ryan Danner "One good thing about music, where it hits you you'll feel alright." BMW

James Leroy Davis "If you can't run with the big dogs, stay on the porch!" Davis Proverb
James Nathaniel Davis "I can do all things through Christ who strengthens me." "JND"
Trey Davis "I love my house, I love my nest, In all the world my nest is best."
Jennifer Elizabeth Dean "Tell me who has won when nothing remains." Corrosion of Conformity
Wendy Shannon Dearing "To everything there is season."

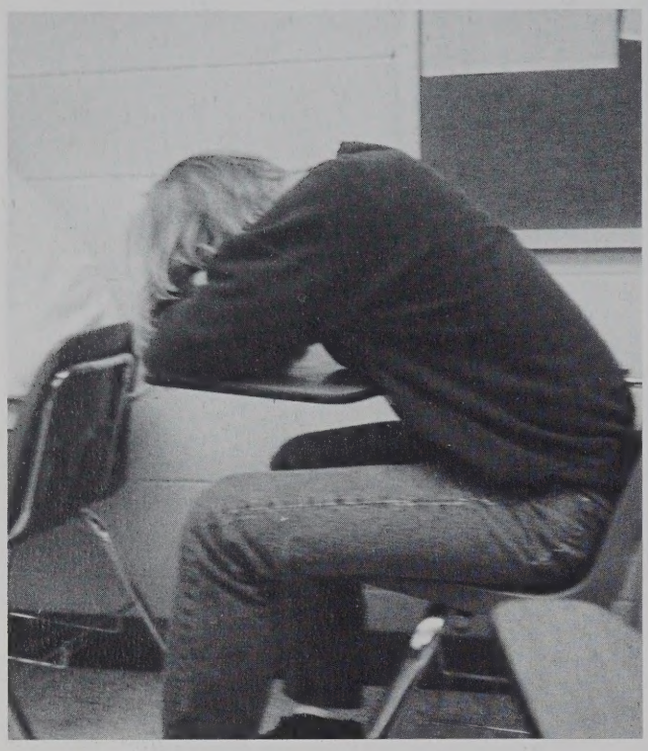
Susan Drew Delhomme "We're not cocky, we're just good!" . . . Girl's Tennis '90
Billy Antone Dingle
Sepehr Djalaly
Kevin Patrick Doherty
Becky Marie Donato "They say cheaters never win . . . they lied."

Jana Marie Dorn "Every place that you set your foot, I have given to you." JOSH 1:3
Michele Marie Dutcher "I luv you C.P.S. Good luck to CS, JK, MW, GD, Best wishes and have fun with life!!!"
Mary Helen Dye
Charles Franklin England "How should I know?"
Judson Cooper Epperly "The law must be stable, but it must not stand still." Roscoe Pound

Senioritis

"Mom, I have senior slump!"

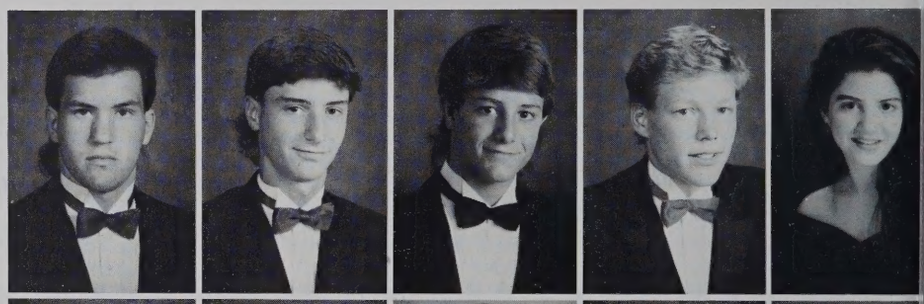
One typical senior characteristic is to never get enough sleep. Jonathan Bergdoll takes advantage of a filmstrip in Government to catch a quick nap.



"Senioritis: A malady, often used by students in their last year of high school as an excuse for attitude problems, lack of motivation, and devious behavior. Symptoms include fatigue, a knot in the stomach (caused by stress from receiving acceptance and rejection letters), circles under the eyes, sarcastic responses, and general apathy."

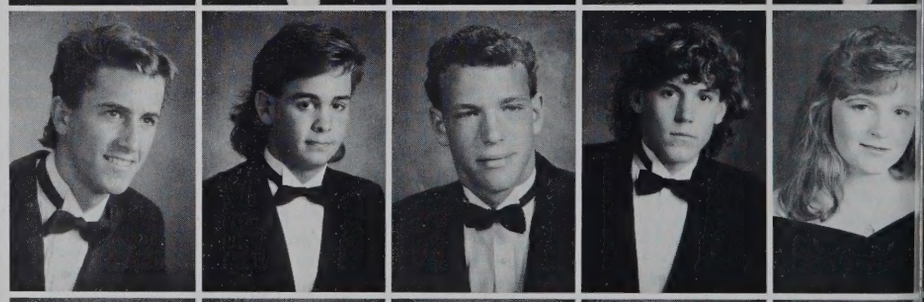
Parents, teachers, and students alike dread the last year of high school. No matter the effort put forth to prevent it, "senioritis" is inevitable. It can occur at any time in a senior's high school career. In fact, signs may become evident at the end of the junior year. The once notoriously healthy student becomes chronically absent due to strange illnesses. This is the first warning sign. The student who would so dutifully keep up with curr events and was so enth astic about finding velocity in relation to g ity is now consister fatigued. Sadly, noth can be done cure for this yet to be disc ered. This in plicable, per tent, and pot disease cannot treated, although it plagued American edu tional institutions si they were begun. Until course, the student lea home for college.

What senior privilege do you wish we had?
"Be able to go out for lunch!"
– Eric Frenck

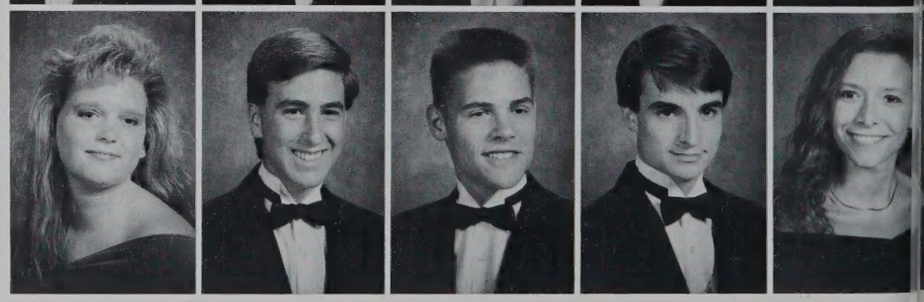


James Frederick Estes
Sam Elvis Eubanks III "Elvis lives!!"
Christopher Garrett Faison "Hey guys, let's be blood brothers!"
Ivan Bret Fanton "It's not the size of the dog in the fight it's the size of the fight in the dog."
Amanda Claire Fawcett "Beneath our civilized glazing we are all deviants all alone and all peculiar."

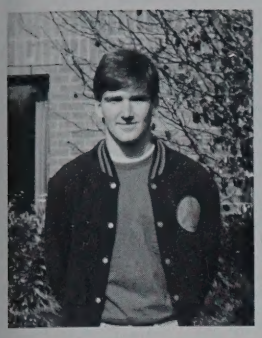
Jennifer Sue Fay "We are tomorrow's past." Mary Webb
Richard Eric Featherer "Be careful what you ask for, for you might just get it."
Nikkol Danielle Ferris "The spirit of dreams are hollow without the courage to act upon them." N + C
Tisha Figgs
Richard Bryan Finger III "Wisdom is found in the simplest of places in the nick of time." B Wailer

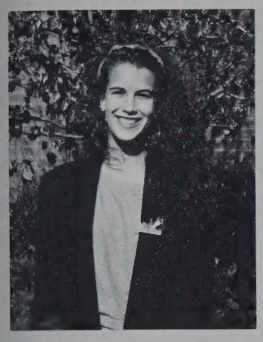


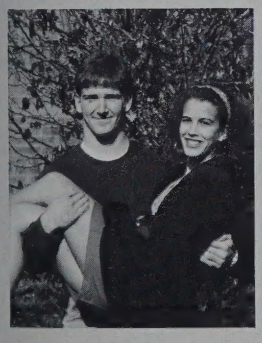
Heath Ryan Flohre ". . . dreams come bouncing in your head pure and simple every time." — tLs
Matthew David Foreman "You see things differently when you're the Best."
John Herbert Foster "I can't do nothin' for you man" — Flavor Flav —
Kevin Ashley Foster "If you're afraid of your shadow, then you'll never shine in the light!!!"
Vanessa Kate Fox "All men of action are dreamers." — James G. Huneker



Audra Michelle Foxwell "The feeling is in the music, the rhythym's in your mind. R.R. Let's dance."
Thomas Robert Francavilla
James Alan Frangenberg "Commitment transforms a promise into reality." Susie + Jim Forever
John Richard Fraser
Susan Frasher "Cherish yesterday, dream of tomorrow, live for today."





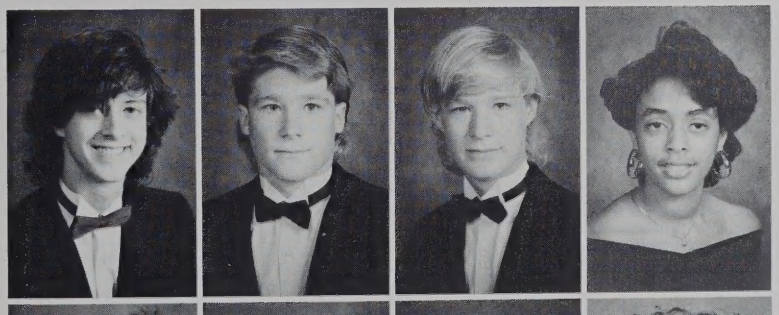


BEST Looking

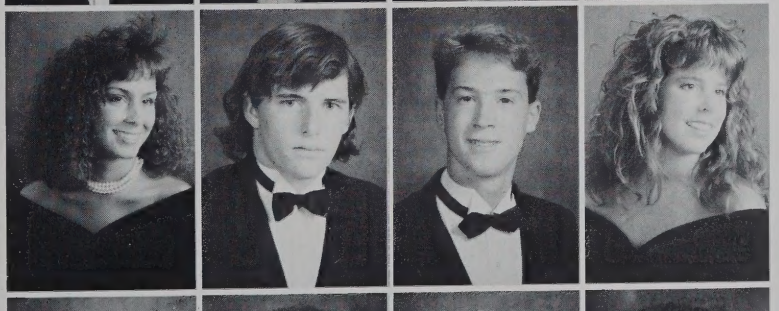
Brian Bennett

Scarlett Jingst

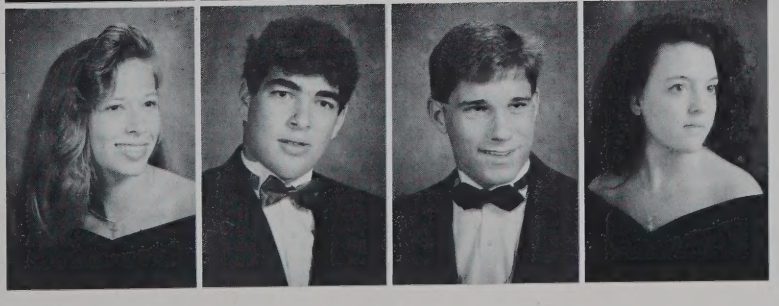
Exercising their senior privilege, Don Michels, Meg Cralle, Sarah Gilbert, Reena Talreja, and Yasi Ayat enjoy having third bell lunch. They were unable to have a regular lunch bell due to schedule conflicts.



Eric Allen Frenck
William Sloan Frey
David William Frohlich
Ayanna Kai Gandy "The only limits of tomorrow are the doubts of today!"



Sheri Leigh Gardiner
Eric A. Garner "Socrates said no man is ever truly free. Socrates never skied"
Keith Randall Garrison
Amy Gaskins "Singing in the sunshine, laughing in the rain."



Catherine Anne Gaut "I'm living in the valley of lost souls." Poison
Bryan Charles Genzler "There is only one line to follow in life, the fall line."
Kenneth Dean George
Nancy Ann Gianni

While living in Hawaii, Diane Cheshire masquerades in traditional Japanese clothing with a friend from her elementary school.

On the last day of school at Trantwood in sixth grade, Wes Highfill, Robert Steele, and Andy Grant ham it up for the camera along with friends Brian Ohla and Nathan Ripple.

Bradley Wayne Gibbons "Freshmen remind me of toilets — and I'm the mighty plunger."

Sarah Duncanson Gilbert "The greatest thing in the world is to know how to be one's own montaigne."

Vivian Marie Gilbert "The only way to have a friend is to be one."

Christopher Robert Glover

Terry Lee Glover "You have to use fantasy to show different sides of reality." J.H.

Kimberly Ann Grandstaff "You say it's gonna happen now, well, when exactly do you mean?" Smiths

Andrew Howard Grant "You gotta break the chains that hold you down." Suicidal T. — DLS!!

David Sean Gregory "Tighten up, not until you cry, but until you die." Dave Pasanella

Stephanie Denise Griffin "I'm sure that I could be a movie star if I could get out of this place." Billy Joel

Jason Cory Griffith

Jocinta Kristen Grigsby

Jason Tige Grochowski

Paula Christine Gunter "Life is but a drop in the ocean of eternity." Scott Cohan

Kristen Elizabeth Hall "A cord of three strands is not quickly broken." Ecclesiastes 4:12

Stephen Jon Hall "The very substance of the ambitious is merely the shadow of a dream." WS

Douglas Hamm "Success favors the bold. I'm learning to fly."

Christina Gay Harrell "If you are already skating on thin ice, you might as well dance."

Shawnette Renae Harris "Sharing your life with a baby is like being on the top of the world — 4 kws"

Wendy Ellen Harris "Someday we'll look back on this moment and plow into a parked car." Davis

Kristie Suzanne Hartley "What you are is God's gift to you; what you become is your gift to God."

Robert Carlisle Harvey "Ready for a burnin' summer?"

Brian Haseman

Catherine Erin Haws "When God made man she was only joking!! — love you Parker and Heather LH

Heather Marie Haws

When Life Was As Simple As ABC

Life was simple in Elementary school. There were no cliques, no responsibilities, and very few homework assignments. School consisted of reading groups, snack time, and playing kick ball. No one thought of graduating or going to college way back then. Our only worries were what game we should play during free time and who we should sit by on the bus ride home.

Of course, there were a few snags. Bed time was strictly enforced, and there were rules as to how far down the street you could go by yourself. But lenient babysitters would let you stay up until at least eleven, and there were ways of getting to where you wanted to go if it was absolutely necessary. We all have our stories about how we tricked Mom and Dad, but most of the time we were found out.

What do you miss most about elementary school? "No worries!"
– Jennifer Scofield

Generally, life in the "olden days" was pretty great. Who wouldn't miss sleeping until 9:00 and then taking a nap midday? Kool-Aid, Barbie dolls, bedtime stories, and letter people weren't too bad, either. Sometimes we would like to go back and relive a few of those carefree moments. However, most of us are ready to move on–can you imagine growing up all over again?

Aimee Lee Hayes "You usually meet your destiny on the path avoiding it."
Wendy Alexandra Hebert "Only few experience love, but with you I've had it a million times over."
Stuart Wesley Highfill "There is nothing more for me, need the end to set me free." Metallica
Troy Wilson Hines "True friends walk beside you, while others pass you by."

Linda Brook Hirchert
Amy Kathryn Hobart "We'll never see ourselves in the mirror with our eyes closed." TMBG
April Linn Hoffman "Jeffrey — Thanks for unconditional love and caring . . . I love you always -A-"
Pamela Shavel Holt "Friends are hard to find so be careful. Peace I'm outta here!"

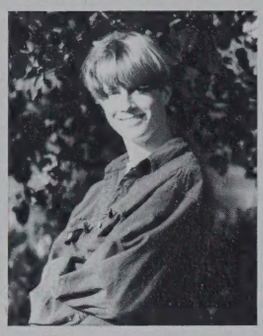
Amanda Muriel Holtz "I am but a piece of kindlewood in the fire of knowledge."
Melissa Anne Horsemanko "He who knows little soon tells it." — CON
Iona Niven Hough "Only the strange feeling of slipping without falling." Eric Serra
Timothy Andrew Howard "Action is Action."

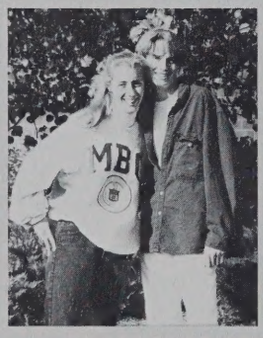
Scott Edward Hurt "Women, you can't live with them; pass the beernuts." Norm Peterson
Carolyn Marie Hurwitz "Off I go into the wild blue yonder" — U.S.A.F. Dream Forever — CNR SBM NCF
Nathan Jeremy Hutchinson
Melanie Sue Imo

MOST Involved

Spencer Miller

Carolyn Hurwitz



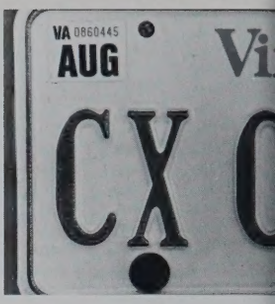


MOST Laid Back

T.L. Glover

Esther Dabney

A Personal Statement



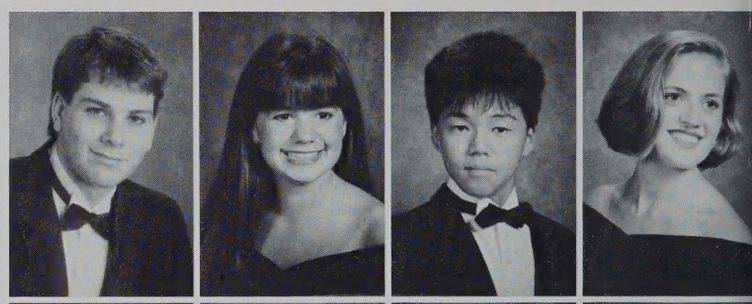
Defined by Webster's Dictionary as being simply a "plate or tag of metal attesting that a license has been secured and the user bears a registration number," license plates have become the symbol of driver's interests, activities, and sense of humor.

So here's the scenario: the school day is over and you're driving towards home. Suddenly, a personalized plate catches your attention. You can barely read the letters out of the corner of your eye, so you decide to maneuver your none-too-agile late model Chevy into the next lane to decifer the message. Glancing over your shoulder, you speed up and swiftly change lanes, holding your breath as you cut off the monster truck to the left. You finally figure out the meaning of the license plate and chuckle, wondering what kind of personalized plate would be perfect for you.

What would you get on your personalized license plates?

"NOCHNCE"
– Blake Thompson

Personalized plates seem to have become the thing to possess. Many people have paid extra money to individualize their cars. From silly to serious, license plates have become the trendiest thing since parachute pants.

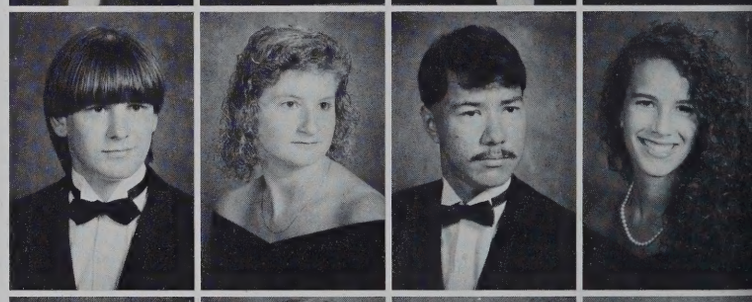


Jonathan Ingram

Elizabeth Christine Inman "Reality is the best fantasy." — SBM "Who watches over you?" — CMB

Yukihito Ito

Fiona Ellen James "To live in the hearts of friends is never to be forgotten." thanx SJ, MN, and AL

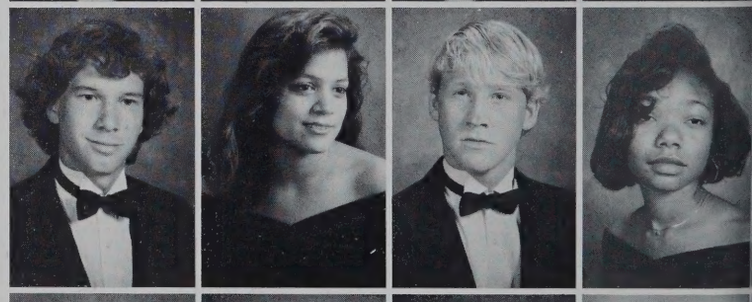


Gary Nelson James II "Time is on my side! Yes it is!"

Jennifer Jarman "Well I am outta here, I hope you enjoy it Sandy. Maury #1 BFF S, J, T

Timothy Jarvis

Scarlett Leslie Jingst "Sometimes a smile happens in a flash, but its memory can last forever."

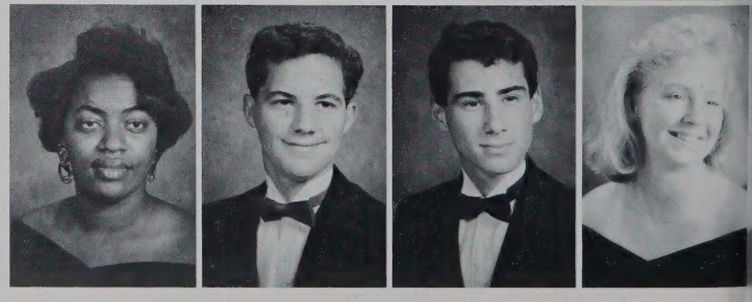


Christopher Brian Johnson "I think I'm going bald." Rush

Yvonne Renee Johnson "We are the generation to make the dream of peace become reality."

Allen Andrew Jones "What are you looking at?"

Vita Renee Jones "Smile, it makes people wonder what you've been up to!"

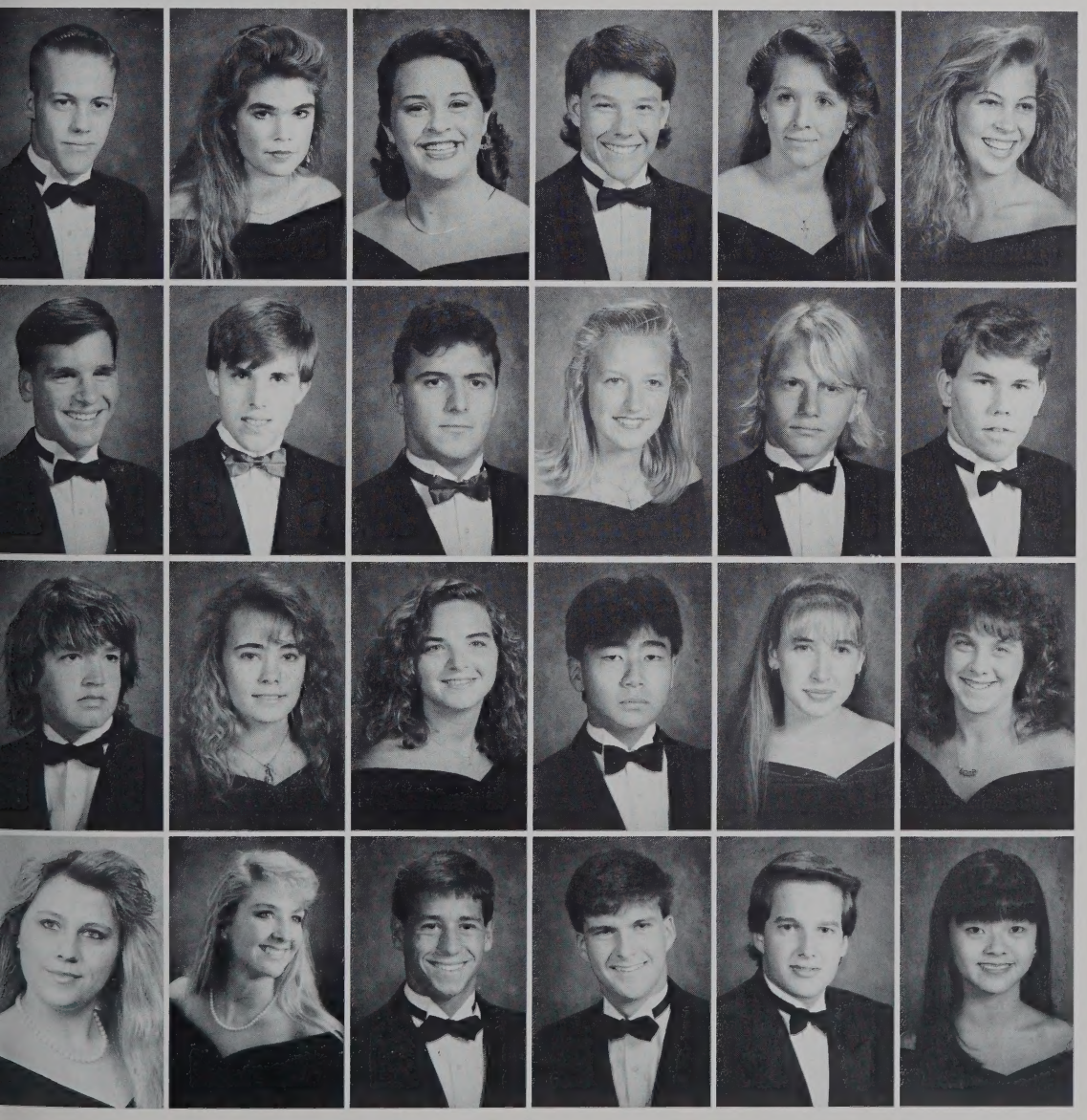


Tamara Chandel Joyner "Martin, Malcolm, Adam and Huey — There's a party at the crossroads. X-clan"

Walter Nelson Kaer IV "Time may change me, but I can't change time."

Shaun Philip Kaiser "SlowlyGentlyNightUnfurlItsSplendor GraspitSenseItTremulousAndTender" OG

Meredith Irene Keegan "No one will ever get through life by saying 'I can't'" — T.D.



John Alan Keffer "Thought as deranged, often estranged, but never enraged."

Heather Ann Kennedy "Love is a feeling that lasts forever and will never be forgotten."

Tammy Deloris Kerns "Should we put this on rewind or put our brain on pause?"

Brandon Miles Kessinger "I am the mini-van man. Catch me if you can!"

Judith Alicia Keyser "I finally made it, Mom and Dad. Thanks A.R. and J.S. for being there, Luv J.K."

Karen Joan Kidwell "The happiest days of our lives." Pink Floyd The Wall

Michael James Kimener Jr.

Donald Lee King

Kenneth Theodore Klima "I will strive, I will persevere. Thanks J.P., G.H., and Dad. Farewell Frank W."

Judith Koks "Ze is niet vreemd ze is Nederlands = she is not weird she is just Dutch."

Jeffrey Marcus Kole "And under no conditions will i an i stop! — H.R."

Timothy Patrick Kroha "If two wrongs don't make a right, try three. Laurence J. Peter

Adam David Krop "People who tell you not to take chances are missing what life is about."

Denise Carolyn Kuhn "Jumpy — I will never let you go. K-lalala. Memory of Tracy. ITMFAPAFMNL."

Jennifer Irene Kurek

Yuichi Kusumoto "Great words by men of pride bring greater blows upon them. — WeeJee"

Elisa Paige Laird "Happiness is a by-product of an effort to make someone else happy."

Sarelle Lamagna "We need only wings and our desire to fly beyond the confines of today!"

Deanna Janell Lane

Jennifer Elizabeth Lane "God never gives us a dream without giving us the strength to carry it out."

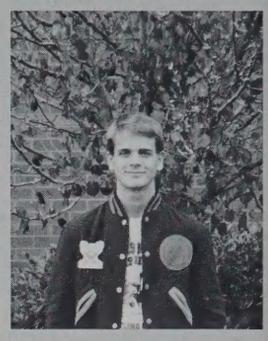
James Marion LaVier "Man in his ignorant state, has signed and sealed his own fate." S.P.

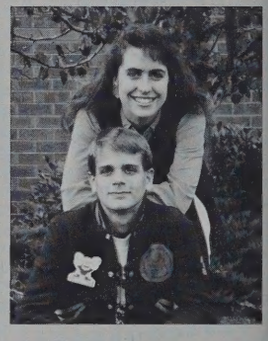
Michael Robert Lawrence

Timothy B. Lecky, Jr. "Smile, it makes you look better. Hey Tonya, thanks for the advice!"

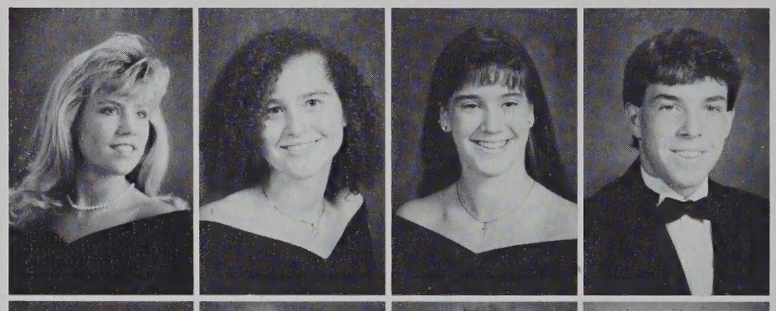
Anny Lee "We're looking for a few good men!" Hee-Hee

French students vacationed in France on spring break. Ginger Anderson, Ashley London, and Meg Crallé enjoy Paris.

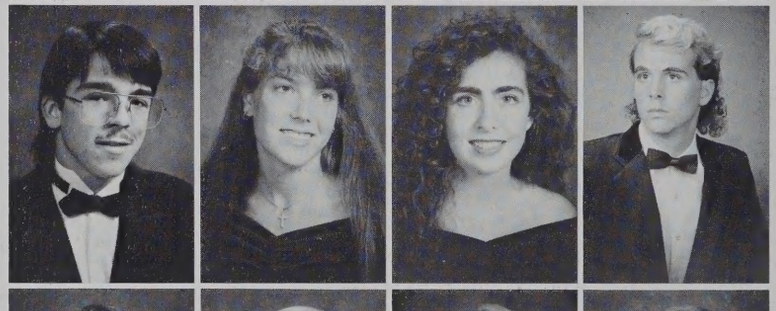




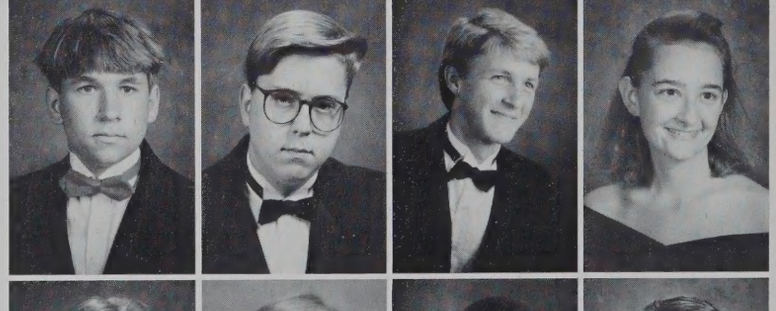
Christine A. Leeder "It's not how much you have that makes you happy it's how much you enjoy."
Emily Irene Levenson "So be it." Christian Slater (HHH)
Kimberly Lyn Lipscomb "Everything in life is what you make it — Don't just dribble, slam dunk!"
William Hunter Lloyd



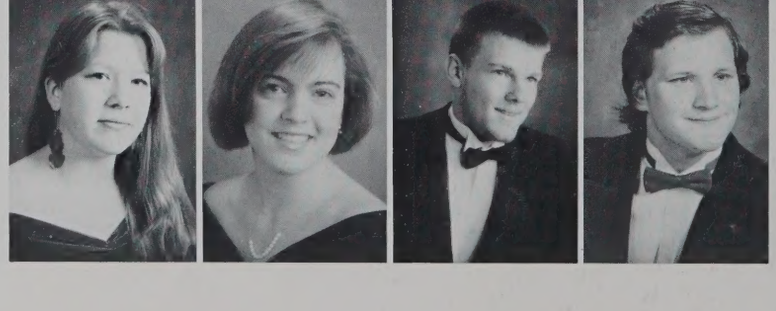
John Chalmers Lohry "The road of life is now open to us, just watch out for the potholes."
Sarah Phipps Londeree "Eternal thanks for the piece of your soul."
Elizabeth Ashley London "Love is only chatter, friends are all that matter. Word up!"
Brandon Sterling Long "Life is one big road with lots of signs" Together Forever — The Crew T.W.-P.C.



Damon Nelson Look "Fast cars, loud music, and hot women — that's the life for me."
Eric William Loulies "Its not a case of doing what's right its just the way I feel that matters."
Todd Vincent Luck "No one here gets out alive." Jim
Barbara June Lunn "If you're there before it's over, you're on time."



Hylton Hughes MacEachern
Kimberly Darden MacIver "Nothing is a waste of time that makes a memory."
Carl Christenson Mackey "All I ever wanted was the ball and my picture on the wall." McKenzie
Christopher John Madigan



MOST SCHOOL Spirited

Chris Richards

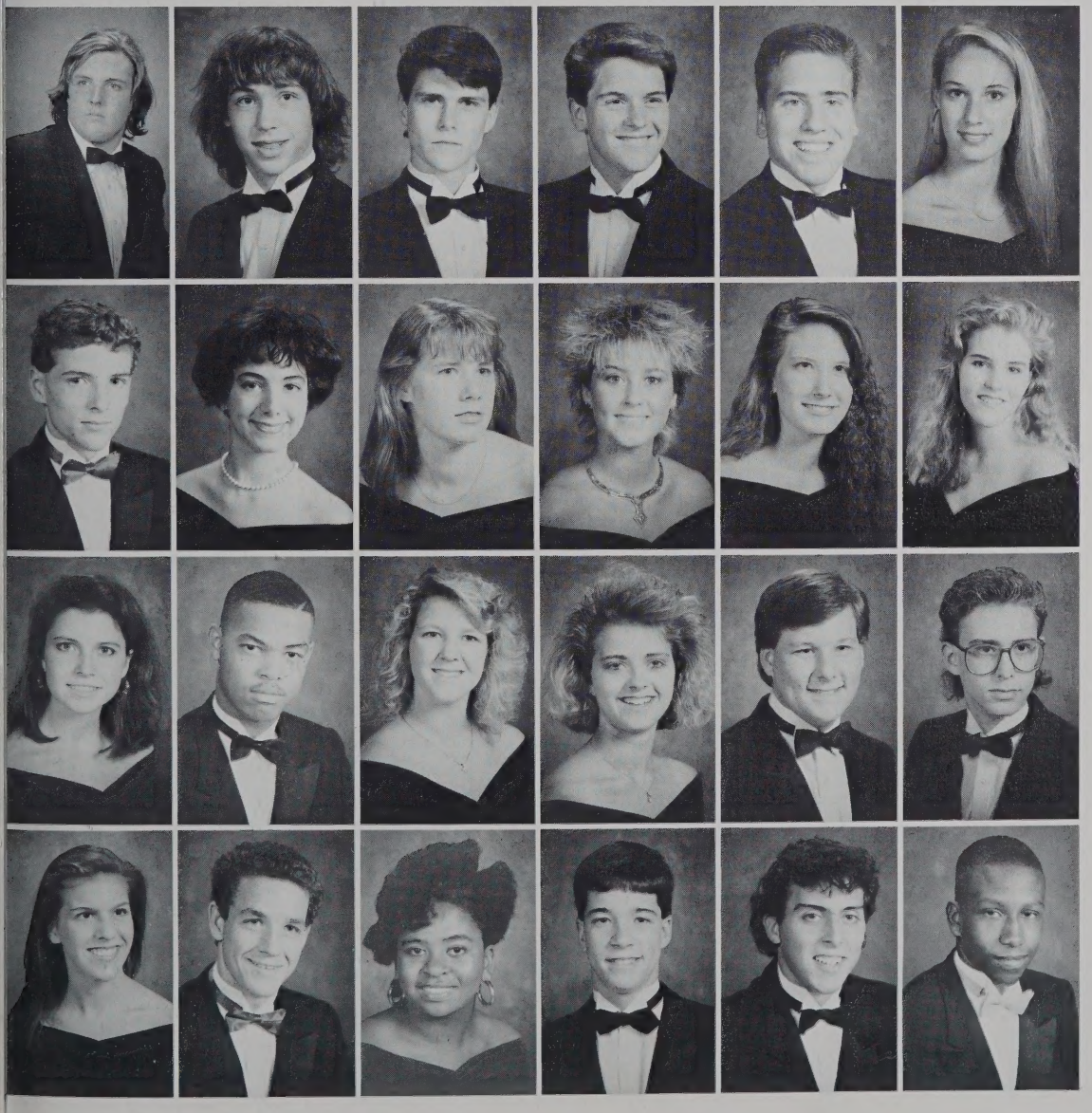
Nancy Pillow

In Paradise
It's a long way away

Have you ever experienced a family trip that seemed just like a scene from *National Lampoon's Vacation?* Dad acted just like Chevy Chase (minus the dip in the pool with Christie Brinkley and the death of a family member) and took pictures of anything that would stand still long enough. Mom screamed at Dad and purchased every tacky mug, T-shirt, poster, and pennant available. Your brothers and sisters screamed at you, screamed at each other and threw up in the back seat. After you got home, the eight-hour slide show seemed pretty funny the first time, but lost its charm the hundredth time around. It was presented to every relative on the extended family tree as well as every friend and neighbor stupid enough to get trapped into watching it. After a year or two, you might grudgingly admit to having had a moment or two of fun, but only after your parents have stopped repeating the same "remember when" stories to anyone who would listen. On the other end of the spectrum were those vacations that you spent with friends. These trips didn't require reservations or purchases from tourist-trap stores. Instead of waking up early to catch the opening of Disney World, you slept until noon and the laughs never seemed to end.

If you could vacation anywhere in the world, where would you go?
"Jamaica"
–Erin Truxell

While vacationing in Europe over the summer, Susan O'Brian tours the Tower of London.



David Carmen Maglicco "Places to go, Minds to blow."
Jason Andrew Mailand ". . . in a way, you know for us these are the days." J.A.
Robert Aric Marshall "And the sea may look warm to you babe, and the skies may look blue." RW
Bryan L. Martin
Jeffrey Alan Mason "The elements so mixed in him that nature might stand up and say 'This was a man!'" W.S.
Geneice Christine Mathews "I pulled it up in one hard stroke. It was my last, and yes, it broke."

Brett Patrick Matthews "Be the athlete; he who never tires.: — GDP
Lauren Elizabeth Maturo
Amy Lee McCoy "When you wish upon a star, your dreams really do come true." Walt Disney
Tara Constance McCue "Need a haircut?"
Monica Lynn McFerrin "It's a beautiful day in the neighborhood." Mr. Rogers
Tracey Lee McGee "When patience and love work together, expect a masterpiece."

Molly Elizabeth McGinness "Don't let your mind wander — it's much too little to be out alone."
Germaine Andrew McKinnon
Christina Lynn McMannes "If u do what u want to and pursue it with all your heart u will succeed."
Robin Merrill
Donald Mackay Michels "What makes most people feel happy leads us headlong into harm." Smiths
Christopher G. Mickelson "I can neither confirm nor deny that but I do know the answer." Oliver North

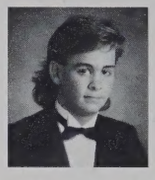
Veronica Elizabeth Miele "Give me some time to unlearn all I've learned." Concrete Blonde
Alexander Zachary Miller "Go positively in the direction of your dreams." Miller
Katrina Ann Miller
Michael Cary Miller "In the abundance of water the fool is thirsty." Bob Marley
Spencer B Miller
"IAmHeAsYouAreHeAsYouAreMeAsWeAreAllTogether" — Beatles THS, CMH, ECI, Mom + Dad
Terence Lamont Miller

"Work It, Baby!"

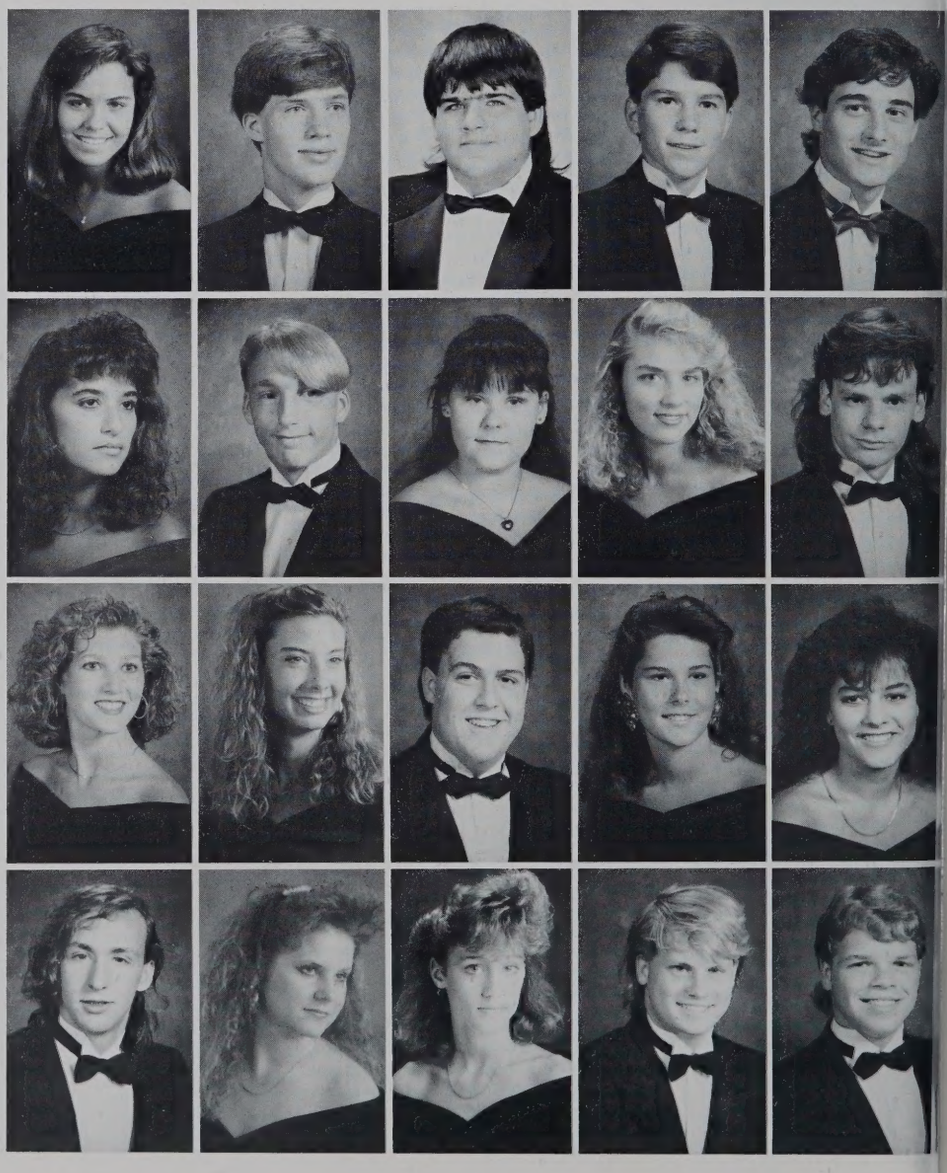
Seniors Get Jobs So They Can "Own It"

Many seniors found jobs in ice cream parlors or yogurt shops. Julie Soderberg fixes a waffle cone while working in TCBY.

As seniors in high school, often we were faced with the decision, "Should I get a job?" After weighing the pros and cons, many decided that they were too busy with school activities, sports, homework, applying to college, and making the most of their social lives. However, the question seemed to be a vicious circle. Often when a student worked he had no spare time to go out with friends. But on the other hand, without a job, many cannot afford the typical teenaged forms of entertainment such as concerts, movies, restaurants, or shopping. Birthday and Christmas presents became a major ordeal. It was a strain to pay $1.00 for lunch every day. Many were forced because of financial circumstances to work part-time. Some needed to make money for college, others were saving to buy a car. Some guys had t find a job to support thei expensive dating habits. Fo a high school senior, jo opportunities were seeming ly endless. Many chose t work in the loca grocery stores. Oth ers may find wor as retail clerks i small clothing bou tiques. Because o the high tips, man students waited tables i restaurants. Though ther are disadvantages and incon veniences in part-time work the advantages were ofte made clear on payday.



What is the worst job that you've ever had?
"Bagging groceries at a grocery store."
–Matt Foreman

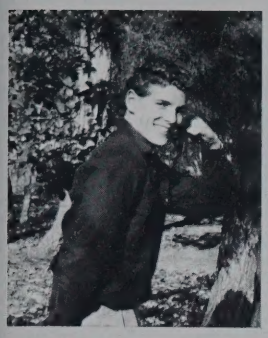


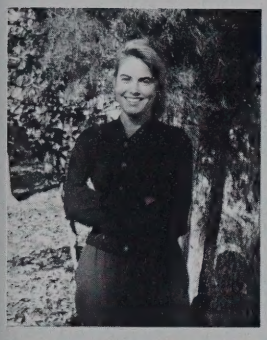
Casey Erin Mills "I spent four years prostrate to the higher minds, got my paper and I was free."
Paul Vincent Minkowski
William Eric Modlin
James Alexander Moore
Mark Edward Mulroy "If u criticize our mistakes, then u must also acknowledge our successes."

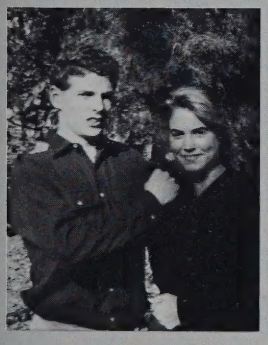
Melissa Monee Neidrauer "We can't all be shining examples, but we can at least twinkle a little."
Eric Dean Nelson
Jennifer New
Emily Katherine Norman "Oh, How I do love having birthday cake for breakfast! How I do!" Henley
Charlie Norris

Susan O'Brian MST, "Let me have a half of your whole; Let me keep it for myself awhile."
Wendy Ocamb "Somebody help! Get me through Mr. Smith's Government class!!!"
Christopher Edward O'Donnell "The years go by but the memories stay." Al Yancovic
Patricia Margaret O'Donnell
Shannon Marie Ogden "Love is to give and life is to live." Pato Banton

Joel Michael O'Neal "Abracadabra, catch me if you can . . . Steppin' out!" Steel Pulse
Misty Elaine Palmer
Melissa Ann Palmitesso
Ronald Scott Parker
William Norman Partin





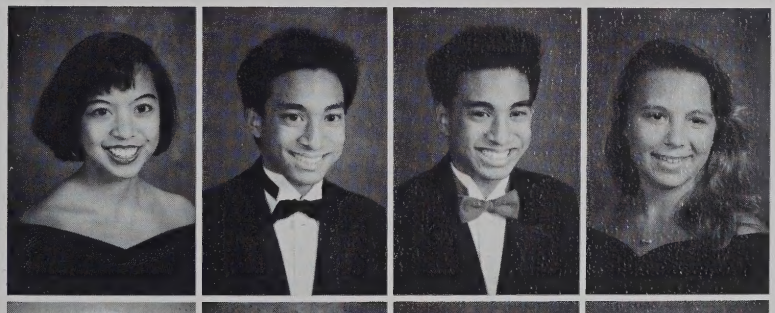


MOST Athletic

Brett Matthews

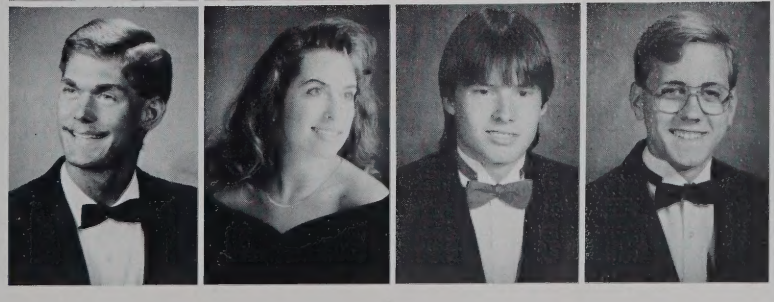
Mary Dye

Many seniors also found jobs in grocery stores as cashiers, baggers, or stockers. Sarelle Lamagna scans groceries as a cashier at Food Lion.



Angela Jean Pascual "Don't let the everyday become your reality."
Francis Ray Pascual "I am the better looking twin."
Ian Mark Pascual "You win some and you lose a lot."
Jennifer Gail Paske "Either I will find a way or I will make one." Philip Sidney

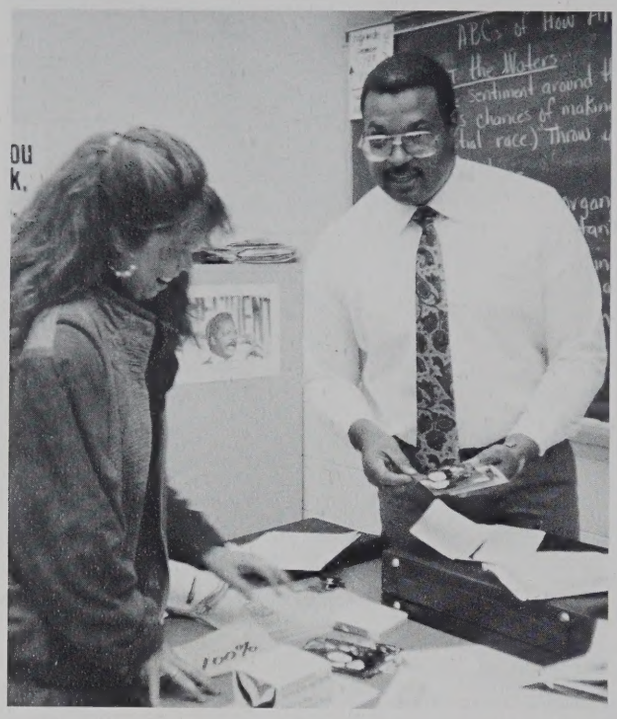
Terry Ellen Penner
Selina Margarita Perez "Learn to enjoy life — there are so many of them."
Donnita Perkins "Life is short don't wait until tomorrow do it today!!"
Chad David Phillips



Howard Wayne Pickrell, Jr. "The 'way' means to be one with the will of God and practice it. 'AIKIDO'."
Nancy Bryant Pillow "Success begins with a fellow's will, it is all in the state of mind!"
Charles Jody Pleacher
James Michael Pohl "Beam me up, Scotty I'm out of here" Thanks for the time JAP

Mr. Smith is the seniors' choice for favorite teacher due to his friendliness towards students and his interesting government class. Here, he shows Amy Gaskins some pictures from the class trip to Washington, D.C.

One of the top two choices for favorite college was UVA. While talking to Julie Soderberg and Jamie Daniel, Mike Lawrence's sweatshirt reveals his agreement with the seniors' choice.



James Robert Porter "You've got to lose to know how to win." Aerosmith

Christine Theresa Poslusny "Laughter makes the world go around. Hey Rikki, let's go for another spin."

Robin Gillbette Pouliot "Don't get caught with the world and its thoughts." Peter Murphy

Kevin Christopher Poulston

Lisa Ann Pruitt "Don't dwell on the past; live for today and tomorrow will be a better day."

Laura Elizabeth Quinn "In this great future you can't forget your past." BM

Heather Danielle Ragan "Just when life looks like easy street there's danger at your door." GD

Amy Dawn Ranard

Jennifer Lynn Rawlings "Hello!" he lied. — unknown comedian on a salesman

Christopher John Reed "In a hundred years, who will know?"

Jack Franklin Reed III "My foot is on the ROCK AND my name is on the ROLL."

Jeffrey Walter Reichert "Want to play one-on-one?"

Christopher Neal Richards "If winning isn't everything, why keep score? Thanks Carolyn — Amigos"

Maria Teresa Ripoll "I want to be famous to sticky children in grocery lines, famous as the one who smiled back."

Raymond Adrian Rivera "To sail the seas, I sail to be."

Dorothy Rita Rivers "Evil follows good as night follows day."

Emily Christine Roberts "Soup is good food!"

Aimee Mier Rockefeller "Love makes fools of everyone all the rules we make are broken." Aspects

Wendy Michelle Rohlfs

Eric Christopher Rough

Mark Ryan Rudolf

Christa Marie Russell "Don't let your dreams be clouded, aim your sights high, reach for the sky."

Todd Stuart Rutherford "Living is easy with eyes closed, misunderstanding all you see" Beatles

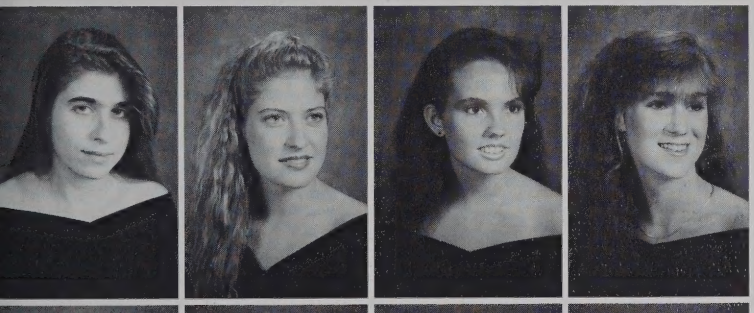
Jacqueline Renee Sabatino "U can take back things u give but u can't take back the days u live."

"These Are A Few of My Favorite Things"

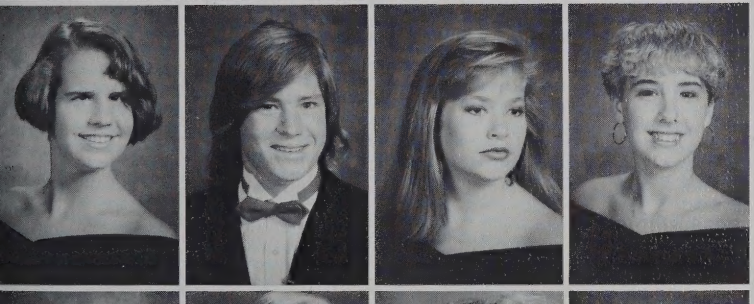
Every senior has his own opinion about controversial topics such as the crisis in the Middle East or capital punishment. Although we didn't ask any questions quite that involved or significant, the responses that we received were just as diverse as if we had.

What's your favorite kind of car?
"A convertible BMW, because they're smooth and dependable!"
– Nikki Ferris

Being seniors concerned with "higher education," many college enthusiasts claimed their favorites as being Virginia Tech and UVA. Other popular options were TCC and "Pungo University." Appreciative of the faculty, students chose Mr. Smith and Mr. Mullarney-Yano as their favorite teachers. Students were seemingly uninterested in history, since favorite historical figures were "Bill and Ted." A close second was Jimi Hendrix. Sports enthusiasts chose Michael Jordan as favorite athlete by a landslide. Many admired Bart Simpson, the favorite hero. Those who were lucky enough to travel chose vacation spots in Florida, the Bahamas, and all-time favorite Hatteras. Movie critics' favorite lines were "Go ahead, make my day," and "Frankly, my dear, I don't give a damn." Other favorites included "I gave her my heart and she gave me a pen," from *Say Anything* and "Strange things are afoot at the Circle K," from favorite historical figures Bill and Ted.

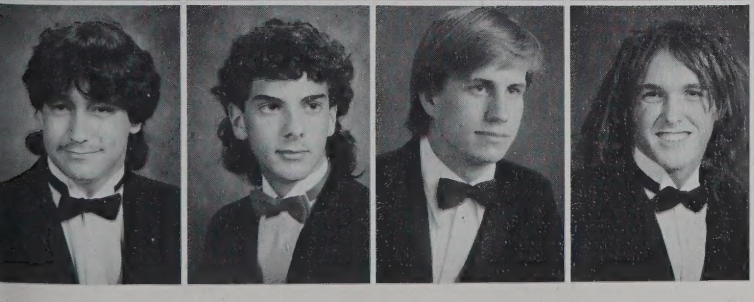


Xanthia Samaropoulis "If you ask a fish about his world the last thing he can describe is water."
Sashin Anique Sardot "Ciao bella"
Tina Michelle Sawyers "Winning isn't the most important thing, it's the only thing." B.V.
Kathleen Anne Schaefer "Tell me, I wanna laugh."



Ridgely Yarbrough Schantz "Even real sounds like a zero to a brain in lip sync." Peter Murphy
Jason Andrrew Schatti "Misty nights rule!"
Karen Anne Scheffler "Live fast, die young, and have a good looking corpse."
Erica Carol Schlosser "Resolution of happiness things have been dark for too long." M.H.

Cathy Lynn Scilingo "Happiness is success even through the tough times."
Jennifer Elizabeth Scofield "I made you leave and I gave you my heart. Will I ever love again?"
Nicole Anne Sebastian "Bryan I love ya. Remember all those wild and crazy times. Rio let's dance."
John Hanse Severin "I have finally found a way." E. Clapton



Willy Shay "So far, So good, So what."
Christopher Michael Shea "Today was tomorrow yesterday . . . Funny how time can slip away." Osbourne
Jason Matthew Shedlock "If life is so short then why is school so long?" C.W.
Jason Brady Shelton "Everything in life got its purpose. Find its reason." Robert Onesta Marley

BIGGEST Flirts

Chris Faison

Erin Haws

Funniest

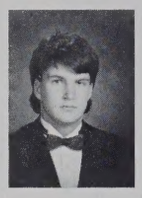
Eric Witcher

Aubra Wilson

Party Time!

Seniors Live For Weekends

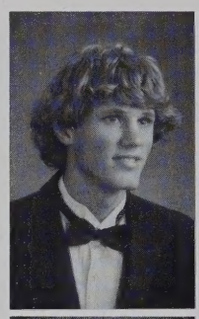
All week, seniors anticipated the relaxation and fun the weekend would bring. Although two days weren't much to recover from the stress and pressure weekday activities caused, the weekend helped to alleviate a little of the strain. Seventh bell on Friday seemed to last forever, and when the bell finally rang, seniors rushed out of school ready to start the weekend as soon as possible. Going to parties was the most common thing to do on a weekend night. Dates were also an important activity, especially for those with steady boyfriends or girlfriends. Many career-oriented seniors made their jobs a priority. Although the paychecks reflected their hard work, most wished for a little more free time to relax. Many students took advantage of the weekend to take trips to visit friends in college and party there. When it was warm enough, the beach was definitely a favorite place to surf, tan or just play. Especially around Christmas, students used the weekend to go shopping, and many took advantage of the free time to work out or play sports to stay in shape. The more dedicated students spent the weekend studying or catching up on homework, although this is not a recommended stress reliever!



What do you look forward to the most about weekends?

"Not getting into trouble with the police!"

– Jeff Reichert

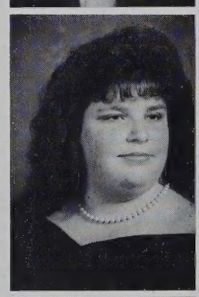


Michael Steven Shugrue "No matter where I'm at when I'm in the water I feel at home. RJC + MSS

Lori Beatrice Sike "Listen and follow your heart. That's what I do. L.Y.M. Thanks Dad, Mom."

Eric Stephen Silverio "Life is a game and I'm a pawn. I just passed go so give me my money."

Kimball Loring Skinner "If you can't go fast, stay home!"

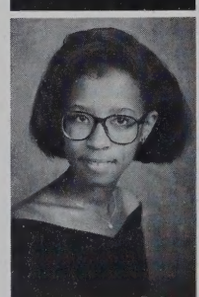


Colleen Roseanne Smith "Believe in yourself; the person u r. If you can do that u can do anything!!"

Donnell Deleon Smith

Mary Smith

Nathaniel Thomas Smith "To achieve great things, we must live as though we were never going to die."

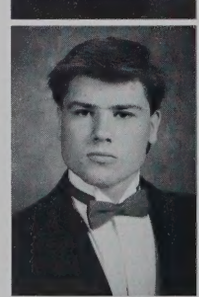


Rachel Elizabeth Smith "For the world is hollow and I have touched the sky."

Randall Scott Smith "The only easy day was yesterday."

Johnny Ray Snyder "Over finished done, done out! See ya! — Anthrax! Keep going James and Sam Bye."

Julie Kristine Soderberg "If you don't stand for something, you'll fall for anything."



John Michael Soroka "All work and no play makes Jack a good boy." The Shining

Michele Renee Stams "Ti's easier to forgive an enemy than a false friend."

Traci Lynn Stanford "Who me? No way! You've got to be kidding!"

Sean Alan Stanley "Everybody is just another brick in the wall." Pink Floyd

A popular weekend activity during the fall was going to football games. John Foster, Elden Cortes, and Jamie Daniel cheer the team on to victory.

When the weather was warm enough, a favorite weekend trip seniors made was down to Hatteras. Christa Russell and Cecelia Wingfield enjoy the warm beach day.

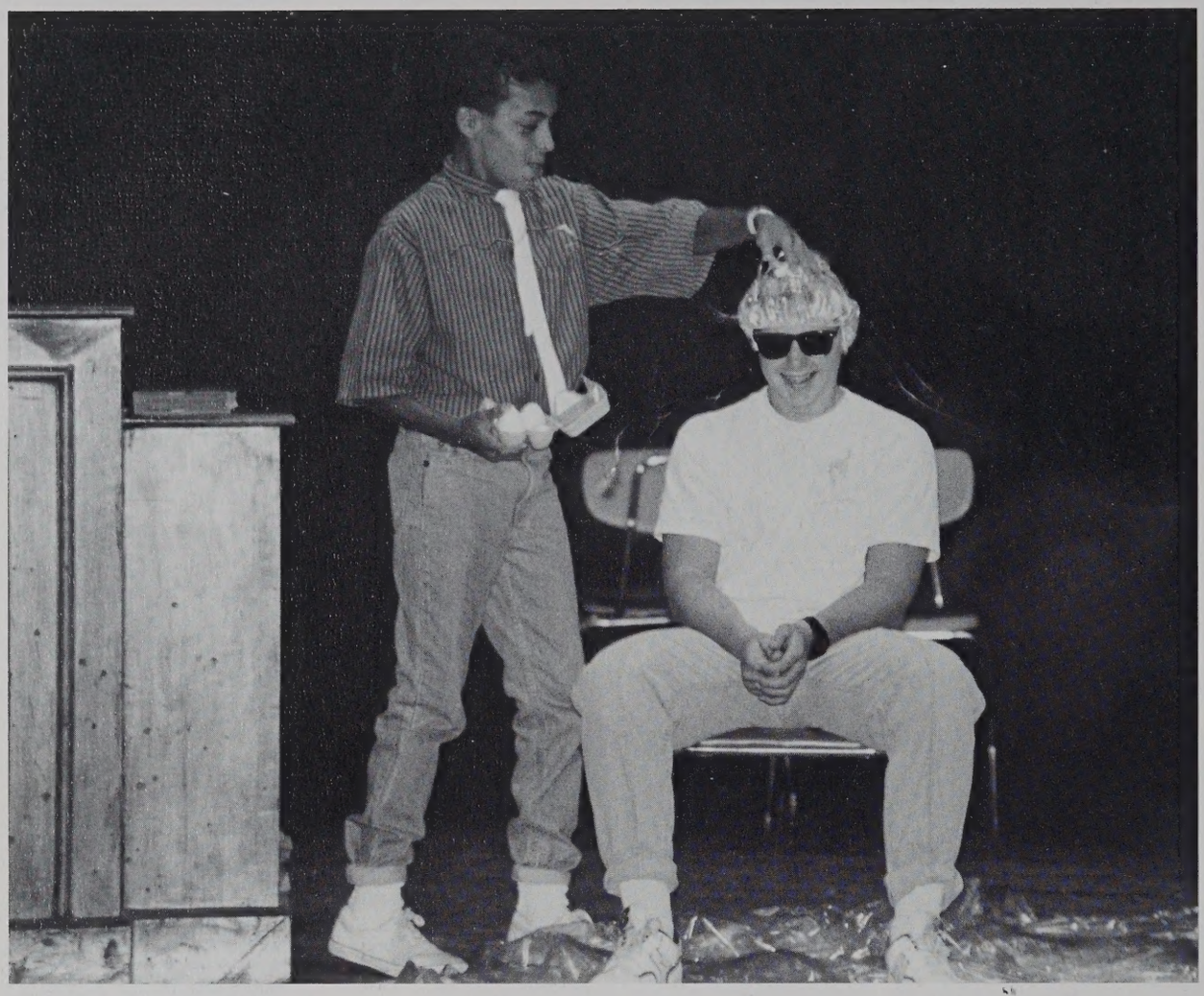
Robert Saunders Steele "CUTMEN-ALWAYS! United we stand, together we fall Thanx-Cheddar, Cheefer
Clifford J. Strohofer
Gail L. Sulser
John Lawrence Suter
Adam Kendall Sutton "At last I venture into an unknown realm of reality."
Karen Renee Swigart "Before we end and then begin, lets make a toast to how its been."

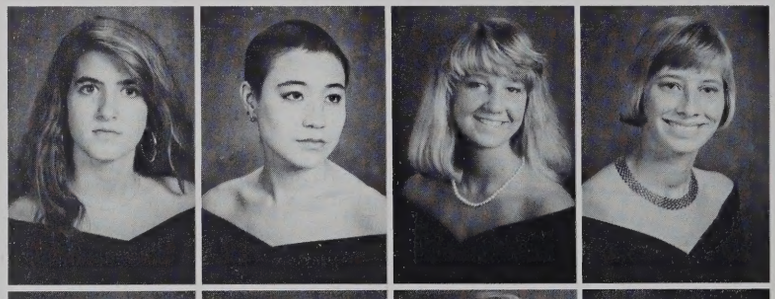
Reena Roshan Talreja "The fly sat upon the axle of the wheel and said, what a dust do I raise!"
Edwin Ailaini Tanielu
Craig Steven Teri
Monica Ann Thomas "Clap if you believe in fairies." Peter Pan
Tracy Lynn Thomas "I've flown with the falcons but now I have to fly on my own!"
William Ross Thomas III

Blake Jerome Thompson "Not just parts . . . smarts."
Maureen Kelly Thompson "The times when we were happy were the times we never tried." J. Brown
Aimee Elizabeth Thorpe
Petra Helena Travis
Tamara Leigh Trent "In every game there is a higher contest to be won."
Kathleen Rosemary Trotter "Understand that change begins with the individual." R.E.M.

Erin Reed Truxler "Memories — Amigo, Alicat, Ogar, ERMER, big and little people, Stella, Flobie. So Long.
Elliot Shane Tyson
Juan Valdes-Martin
Mikael Julio Valerio "Pat, one of these days you will stop sweating them."
Jennifer Suzanne Verrault "John the world may be against us but do they know we have love on our side."
Kenneth John Visbeek "To my sister, I am only two years behind."

During our freshman year, Tim Howard ran for the office of President and won. For his campaign speech, he cracked eggs over Andy Grant's head to symbolize our feelings towards seniors at that time.



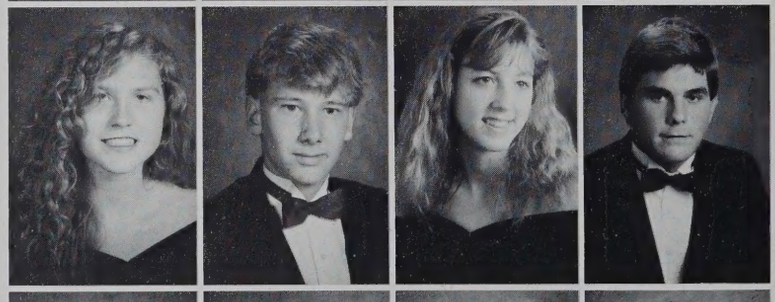


Marisa Marie Vrooman "Peace like a silent dove should be flying, but its only just begun.: S + C

Kristal Robin Waller "Once made equal to man, woman becomes his superior." Socrates

Christina Marie Walsh "For every minute you are angry, you lose sixty seconds of happiness."

Kendra Clarice Ward "The quality of a person is determined by the obstacles they overcome." JT

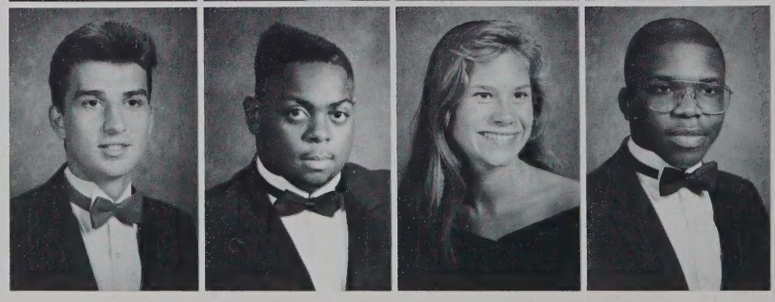


Kristy Renee Weiler "Give me freedom, day and night, no one to tell me what to do." INXS

Kenneth Edward Whitaker "If you can't see it, don't look for it!"

Catherine Jean Whitt "You can check out any time you like, but you can never leave." Eagles

Gary Michael Wight



Donald Lee Wilburn

Cedric Marc Wilkins

Alison Ann Williams "These are the seasons of my emotions, and like the wind they rise and fall."

Norman Clay Williams, Jr.

BEST All Around

Spencer Miller

Carolyn Hurwitz

Unforgettable High School Memories

Those were the best days of my life! The four years we spent in high school created many unforgettable memories. Through all of the hard work, stress, and anxiety, high school years were the most carefree and memorable times of our lives. Many events and people helped to create this tremendous overall picture of our high school years. We hope to bring back a few of those memories that you have forgotten or pushed to the back of your mind, so Remember When . . .

. . . Tim Howard broke eggs on Andy Grant's head to become class president?

. . . Adam Krop wore socks with his sandals?

. . . we had to wear those hideous gym suits?

. . . we bought the Cliff Notes the night before every novel test?

. . . the football team never won? (until we were seniors!)

. . . Stephanie Griffin did not star in the Spring Musical?

. . . Heather Kennedy was on the cover of *Teen?*

What is your favorite memory from high school? "Cheering, friendships, and, of course, Garrett!"
–Emily Roberts

. . . we had to rely on the school bus for transportation?

. . . Erin Haws' car caught on fire?

. . . Iraq invalided Kuwait?

. . . the cafeteria ceiling fell in?

. . . you could get change for a dollar when you bought a school lunch?

. . . Mr. Peng sang the "Soybean Song?"

. . . Diane Cheshire wasn't stressed out?

. . . Blake Thompson posed as Mr. Rodgers?

. . . there were no Deli Days?

. . . Todd Rutherford had short hair?

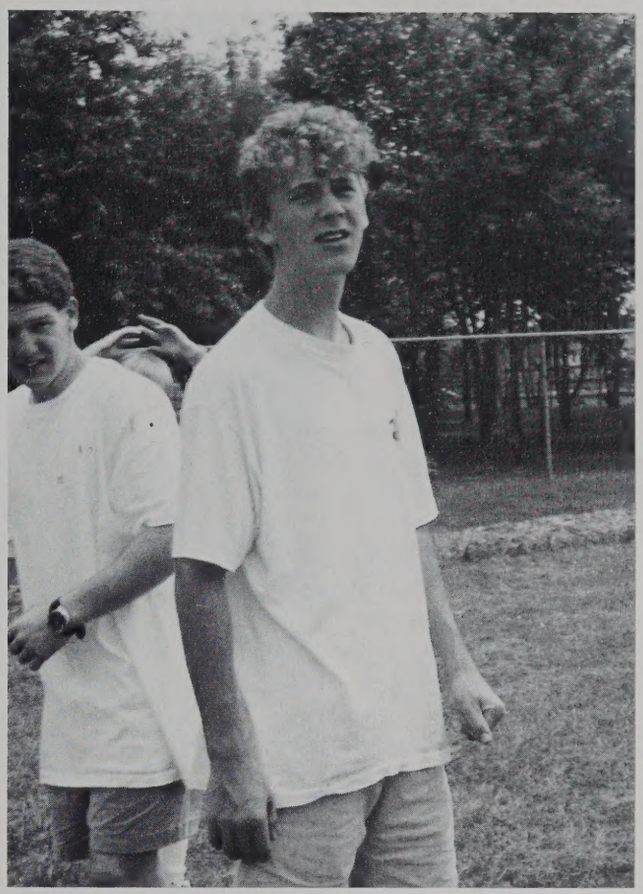
. . . we won the Central Fidelity Cup?

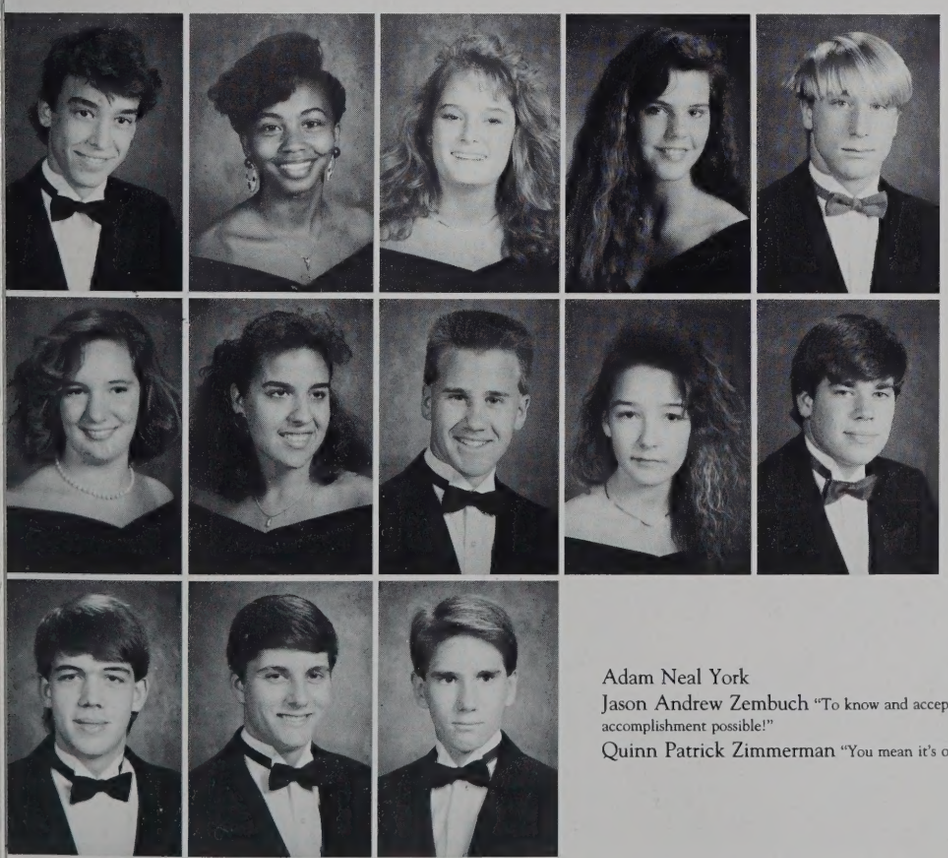
. . . we paraded past First Colonial during Homecoming?

. . . Nate Smith had a mohawk?

Both international events and individual personalities helped to create our unique and unforgettable high school years, and we will cherish these memories for many years to come.

Remember when Todd Rutherford didn't have long mop-like hair?





Aaron Meyer Wilner "I PLEDGE THAT I HAVE NEITHER GIVEN NOR RECEIVED HELP ON THIS ASSIGNMENT."
Aubra Devarn Wilson "And then there was Aubra."
Sherri Lynn Wilson
Cecilia Lynne Wingfield "We can discover the wonders of nature." The Grateful Dead
Eric J. Witcher "If you even dream of battling us you better wake up and APOLOGIZE!" DLS

Rebecca Kaye Wolf "Everyone is entitled to his own opinion, even if it's wrong."
Angela Loren Wool "When you go into the world, watch for traffic, hold hands, stick together."
Christopher Allen Workman "Having dreams, having visions" — Ziggy Marley
Denise Wright
Michael Andrew Yoder

Adam Neal York
Jason Andrew Zembuch "To know and accept who you are is the greatest accomplishment possible!"
Quinn Patrick Zimmerman "You mean it's over, but I just woke up!"

Juniors:
It Has A Certain Ring To It

The junior class had a lot of creative ideas and enthusiasm this past year. Not only did they get first place on their homecoming float, but they planned exciting things.

Receiving first place on the homecoming float was no surprise for the junior class. They took much time and pride in making their float, which was one to remember. The elephant/van pulled the winning float through the parade.

The float had a circus theme with a trapeze, a swing and a cage full of students dressed as ferocious animals.

The junior class also held a very successful fundraiser. They sold green and gold pompoms. The money raised will go to the annual ring dance.

The junior class, with their school spirit and determination, can make their ring dance, and the whole year one to remember.

At Homecoming, Emily Walker, Sisi Meade, Dina Frech, and Micah Wisecarver ride the juniors' float. Their float, which represented a circus, won first place in the float competition.

Pamela Adams
Angela Adkins
Angie Agar
Stacey Alexander
Todd Allred
Buddy Apostolis
Aury Armstrong
Samantha Arnette

Pat Artis
Allison Baer
Nonie Bailey
Sam Bailey
Jessica Baker
Jennifer Balisle
Ann Ballard
Tasha Bangert

Iske Barbe
Nikki Bardell
Chris Barnard
Robert Barnvero
Melissa Barton
Gretchen Baumann
John Beatty
Leah Begley

Brian Bennett
Brandi Bevitt
Josh Blancett
Michelle Blankenship
Ben Bowers
Dara Boyd
Heather Boyette
Ann Boylan

Sean Brady
Heather Brandis
Joel Brashear
Erin Brocon
Lafonda Brooks
Andrew Brothers
Derone Brown
Kenneth Brown

Stacey Buckley
Victoria Buesing
Brenna Bullen
Tonya Burke
Laverne Burrus
Melanie Bush
Michelle Bushell
Jonathan Caldwell

Liz Canfield
Cynthia Carpenter
Ryan Carr
Brian Carter
Diana Cashman
Tim Catania
Erika Caylor
Julie Cebrowski

Maggie Cho
Jason Chrisemer
Tonya Christian
Melissa Christoff
John Cistola
Scott Clark
Danielle Clear
Mike Clear

Chip Collier
Peter Collier
Richard Collier
Derrell Combs
Kelly Conedera
Cliff Conover
Matt Conrad
Ryan Cool

Amy Cooper
Matt Cooper
Casey Copeland
Anika Coppin
Jay Cornwell
Elden Cortes
Alice Cottle
Penny Crawford

Eric Creamer
Geoff Creighton
Heather Criswell
Jason Crooke
Bridgett Curry
Sheryl Curtsinger
Mary Cuttia
Natalie Dampier

Carin Davis
Jimmy Davis
Lynne Davis
Danielle DeCandia
Kurt Decker
Brian Dexter
Ned Dickenson
Ryan Dickerson

Jonathan Dietz
Hope Disbrow
Eric Dlubala
Chandra Dorr
Patrick Doyle
Jennifer Dubois
Joanna Duckworth
Tonya Dudo

Jerry Dumlad
Jason Dunn
Ryan Dunphey
Matt Dunsmore
Chad Edwards
Christel Edwards
Jeremy Edwards
Heather Eggleston

Pat Ellis
Jim Ellsworth
Stacy Emanual
Kim Espina
Keith Estes
Vanessa Farmer
Jennifer Faircloth
Bruno Ferreira

Troy Ferris
Matt Fisher
Scott Fletcher
Joseph Floroff
Anita Foslund
Dina Frech
Danielle Frey
Sam Friedman
Melissa Fuller
Clint Gadrim

Kim Garrison
Eric Geshekter
Jeremy Gibeault
Jessica Glover
Leigh Goldberg
Susie Golicic
Jose Gonzalez
Jason Gordon
Jeff Gorden
James Grace

Kelcey Graves
Tammy Gray
Stacey Grayson
Ranjeev Guliani
Matt Gunter
Mike Gurdzid
Karen Gurick
Amanda Hale
Brian Hamby
Minda Hancock

Kim Hanson
Jonathan Hanwit
Liz Hark
Chris Harrell
Matt Harrington
Laura Harvey
Mike Hawley
John Haworth
Karin Hazelwood
Tricia Hendershot

Kelly Henderson
Trent Herring
Jeff Highfill
Christina Hill
Sam Hill
Tymberlee Hill
Heather Hoehlein
Brandon Hoffman
Mandie Holcomb
Heather Hollenbach

Kelli Holloway
Kelly Hood
Jennifer Houle
Geoff Howard
Jennifer Iman
Maryann Ingham
Julie Inman
Angela Jackson
Talisha James
Anthony Jarvis

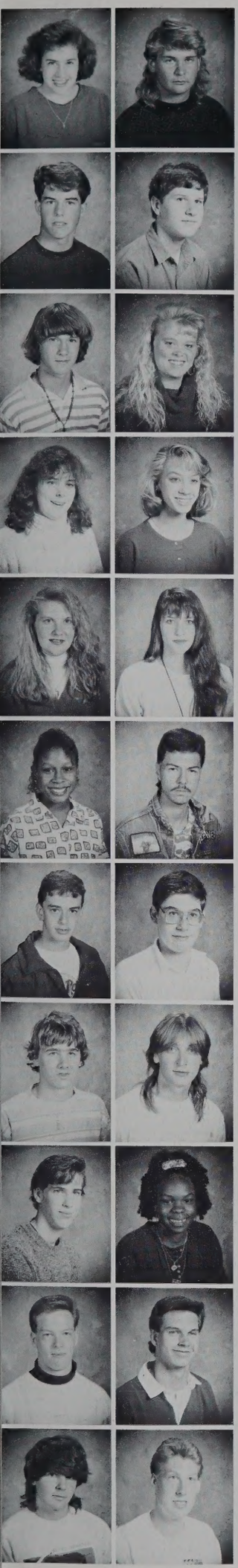
Brian Jennings
Jessie Johnson
Laural Johnson
Rodney Johnson
Darius Jones
Derek Jones
Billy Kachuba
Kimberly Kadlecik
Felix Kambou
Deha Karaoglan

Gayle Kavanaugh
Andrew Kellam
Wendi Kennamer
Ian Kibler
Brian Kimener
Bucky Kitchin
Amanda Klahr
Ronda Knudsen
Chris Kohl
Robert Krauss

Christin Kravchak
Kevin Kroha
Michele Kuczmanski
Kristy Kuykenda
Amber Laney
Jeremy Langlois
Heather Largent
Donna Larkin
Erick Larson
Elka Lashley

Danny Lasmarias
Drew Leban
Melanie Lee
Ming Lee
Matthew Legg
Steven Lewis
Teri Lewis
Toni Lewis
Chuck Lichtenhan
Aaron Lineberger

Susan Lloyd
Jojo Lompero
Chandra Long
Joyce Lyons
Michele Lyons
Elle MacEachern
Melissa Mack
Karl Majer
Tom Malabad
James Matton



Young Talent
A Glimpse of the Future

As children, our parents influenced us greatly, but as we grew and discovered our talents, we began to make our own decisions.

Even when he was young, Lamonte Still knew his true talent in life was football. After a serious injury occurred in junior high, he worked hard and became one of our best. Lamont was a prime recruit in the city of Virginia Beach. He hopes to have a successful professional football career.

Troy Ferris was the district champion in golf. He said, "Through hard work and discipline, I have become an above average golfer, but hopefully I can become an above average golf pro someday."

Beth Zonderak has been on the girls' tennis team since her freshman year. Beth was commonly found at the Virginia Beach Tennis and Country Club. Her playing was often described during the second bell announcements as "great tennis."

These three students have developed skills in high school which should prove beneficial in their careers.

Troy Ferris, number one on the team, practices at the Red Wing Municipal Course.

Anxious to receive a pass, Lamont Still is poised to set a rushing record.

Class Rings
The Highlight of the Junior Year

From our first year, 1963, to the present the value of the class ring has not changed. The students still wait for that day their class rings will arrive. The class ring is symbolic of the culmination of our school years. Of course, no one can wait to receive his class ring.

It was said at Cox in 1964, "A ring is a sound which reverberates from a body, as the memory of our class will continue to ring throughout the remaining years of our lives. To ring is to encircle — to give our class unity and distinction." The class ring is still defined in the same way . . .

"I believe that the class ring symbolizes friendship, hard work, and the time it took to get this far." — Heather L. Boyette

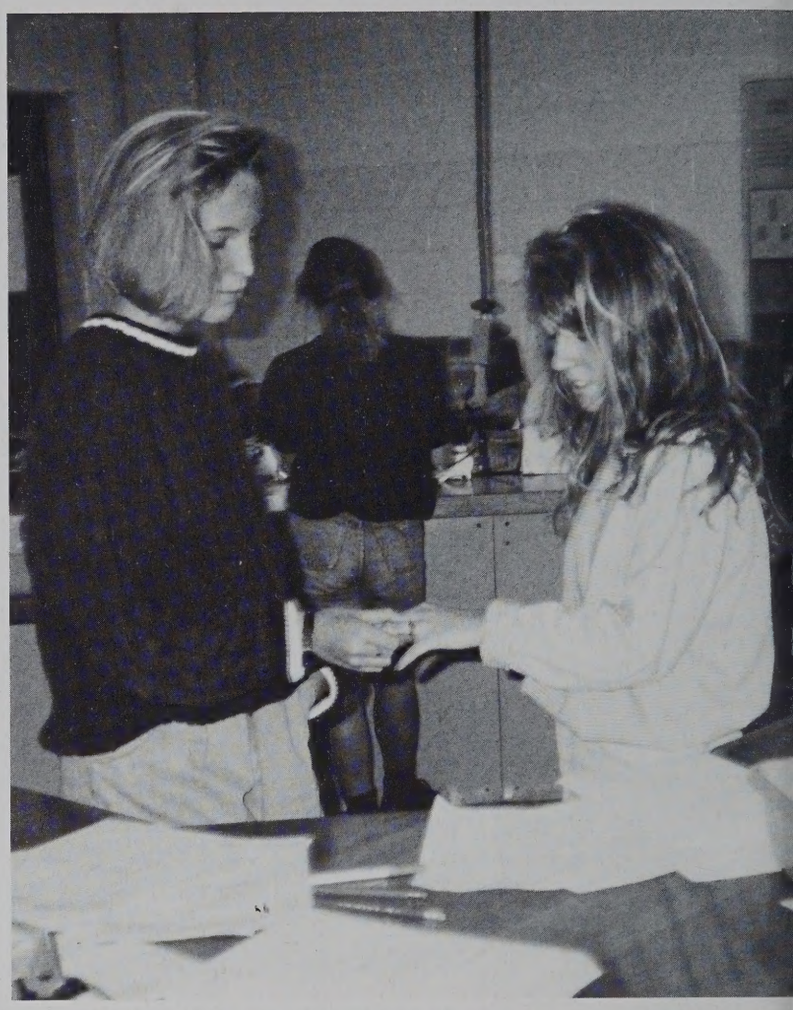
"The class ring symbolizes our high school years and the accomplishments we have made so far. It's a symbol of pride and achievement." — Tymberlee Hill

"Class rings are lifetime reminders of our involvement at Cox High." — Vanessa Farmer

"The class ring symbolizes our years of work, from reaching the highest point of education possible at our age, a memory." — Derek Jones

"The class ring is a symbol of achievement. It is also a reminder of our years in school. It helps us look upon the past as we move forward into the future." — Ronda Knudsen

Everyone had a similar feeling about the class ring, though expressed in slightly different words. Getting the ring was important for our junior class. It helped us recognize our significant achievements.



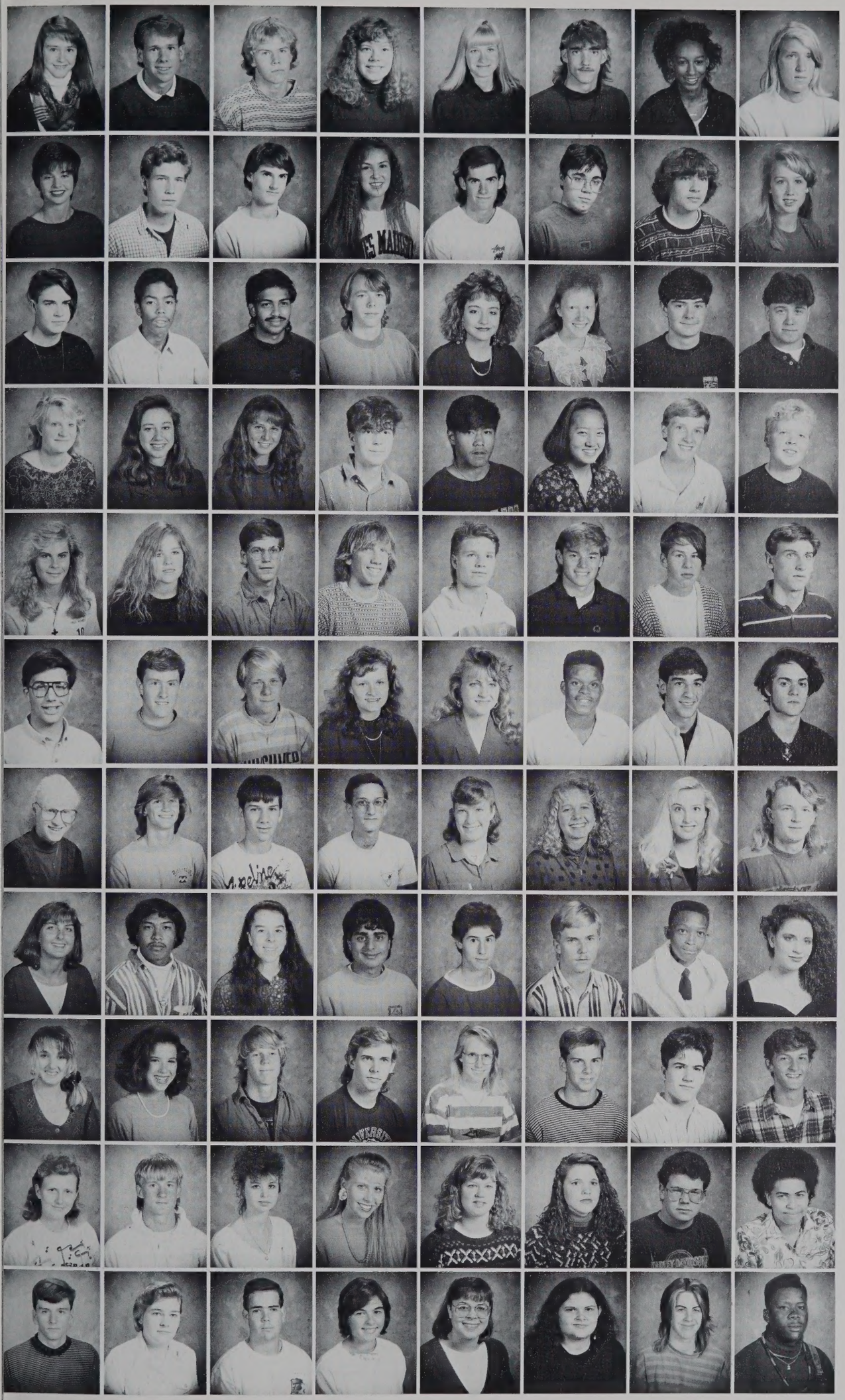
Conforming to the tradition of turning a class ring, Betsy Bartels helps to rotate Stacey Buckley's ring 92 times.

Cori Martin
Aaron Mason
Jim Mathers
Tamara Mathews
Vargis Mathews
Nicole Matson
Charlie Mayer
Reo Maynard

Amy McClenny
Eddie McCoy
Bryan McDonald
Greg McElveen
Danielle McKnight
John McLain
Bobby McNerney
Chad McPhatter

Bill McVines
Sisi Meade
Brad Medlin
Hannah Meshorer
Renee Miller
Lavinia Mills
Rachel Mills
Dave Mitchell

Ginger Mitchell
David Monger
Derek Montgomery
Alexa Moore
Robert Moore
Carly Moritz
Jonathan Morris
Kara Morrissette



Leigh Mull
Oliver Mullins
Chris Myers
Jennifer Nazar
Billie Jo Nelson
Ed Nelson
Kenya Newell
Bryan Noel

Amy Nussbaum
Happy O'Brien
Charles Odell
Suzanne Odum
Dustin O'Donnell
John Oliver
Mike Olson
Rebecca Oram-Smith

Travis Orr
Bernie Osorio
Anil Palat
Adam Parker
Catherine Patiniotis
Shena Payne
Richard Percefull
Jason Peters

Elaine Petrey
Cherie Phillips
Lori Phillips
Sean Pinnell
Randolph Pintac
Jennifer Pleacher
Scott Plum
Rachel Podkowka

Leigh Poore
Jennifer Posey
Curtis Price
Scott Pritchard
Rob Pruitt
Nick Psimas
Chris Qualtieri
Mike Raney

Graham Rashkind
Lee Ratcliffe
Shannon Reid
Kimberly Reynolds
Tiffany Ricardo
Donald Riddick
Eric Rivero
Jarrod Robbins

Adrienne Robertson
John Rodgers
Russell Rodriquez
Christopher Rokitski
Lynn Ronan
Rebecca Ross
Kristin Rough
Sam Rumsey

Sarah-Ann Rufe
Jeffrey Sabada
Kathleen Salemi
Ken Samtani
Steven Santapaola
Jason Santti
Dwain Saunders
Farah Sawyer

Krista Sawyer
Joanne Schenk
Paul Schwartz
John Schweitzer
Mary Sciortino
Pat Scoggins
Constantine Scordalakes
Gregory Scovel

Melissa Seigle
Robert Sereno
Lisa Serl
Jennifer Sexton
Courtney Shackleford
Brandy Shade
Ronnie Shay
Corine Shell

Bill Shellito
Robin Sherman
Richard Shoemaker
Ana Silva-Santos
Sharon Silverberg
Peyton Simpson
Ryan Sinclair
Rico Singleton

Morningitis
The Worst Part of the Day

It's part of the everyday routine. For some it's the most wonderful part of the day and others it's the most terrifying. What are those situations that affect a morning and make it unbearable for a person to live through the rest of the day? Some juniors shared their dislikes and events that make mornings dreadful and unlivable.

"Waking up early in the morning, just dreading another day of school."

— Anika R. Coppin

"Waking up after a concert like Jane's Addiction and actually having to think about doing school work."

— Heather Hollenbach

"Having to lift yourself off of a warm, cozy bed and having to drive to school and sit in a hard uncomfortable desk with a stiff back is not my favorite thing to do."

— Brian Hamby

"Getting up late almost every morning, rushing to get dressed, and getting to school with time to spare."

— Margo Villers

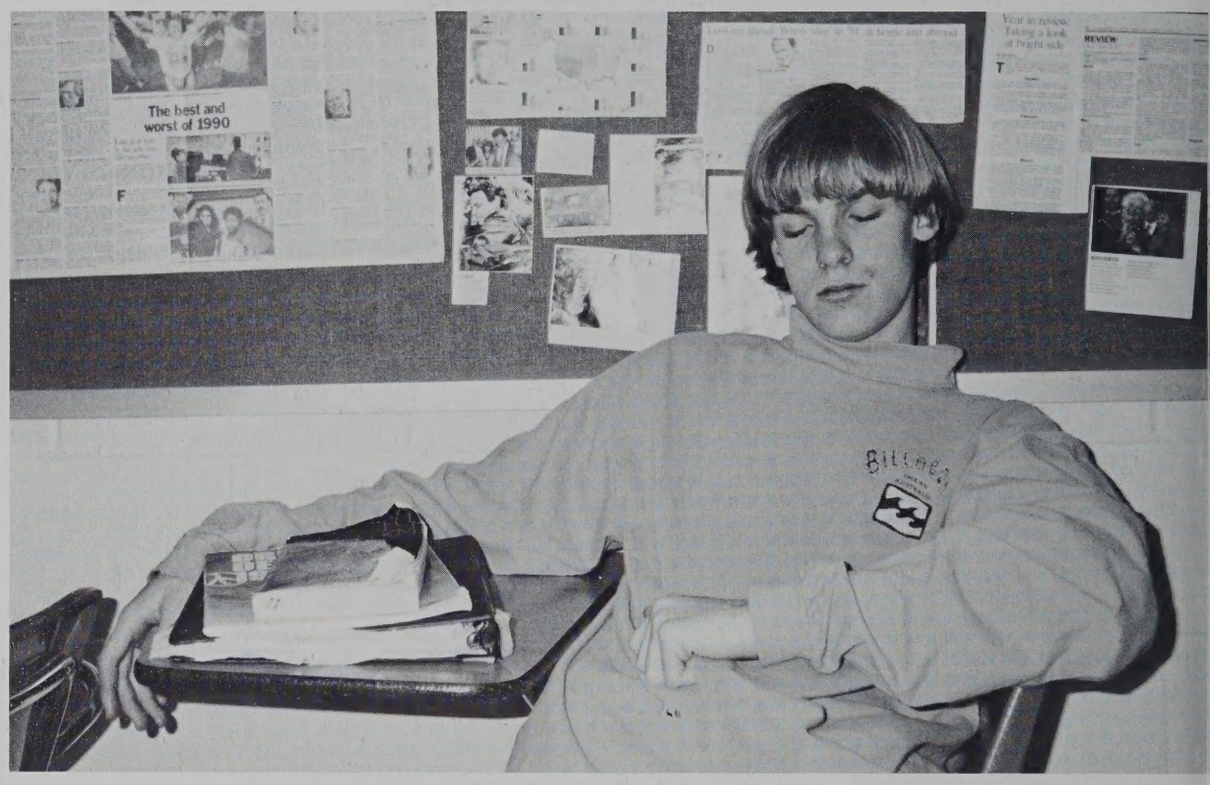
"I don't wake up until lunch, then after lunch I fall back asleep until the end of the day."

— Jennifer Nazar

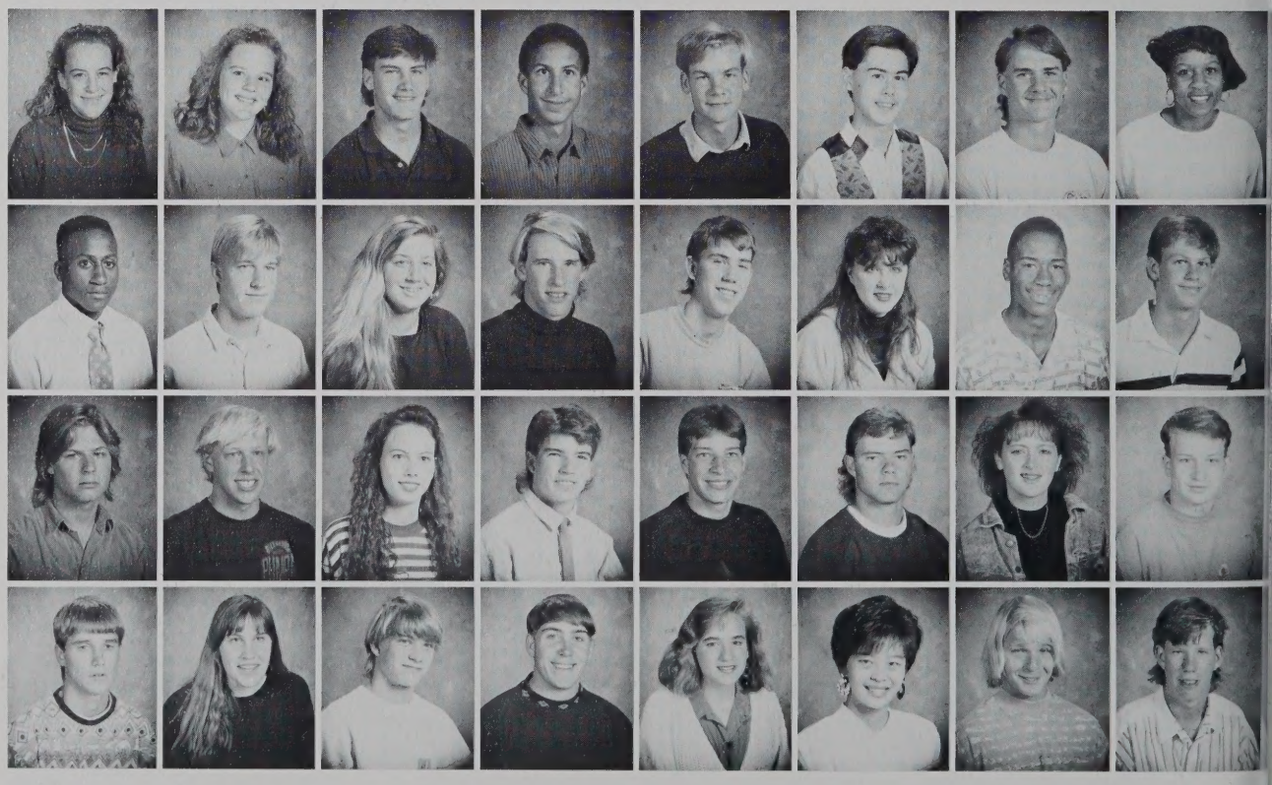
"When you realize you pressed the snooze button too much and only have a few minutes to get to school."

— Aaron Lineberger

Unfortunately, there is no escaping those dreadful mornings, but somehow we managed to survive until the afternoon.



Like many other students, Brian Finger decides to take a break from his work by supporting the International Relations bulletin board with a sleepy head.

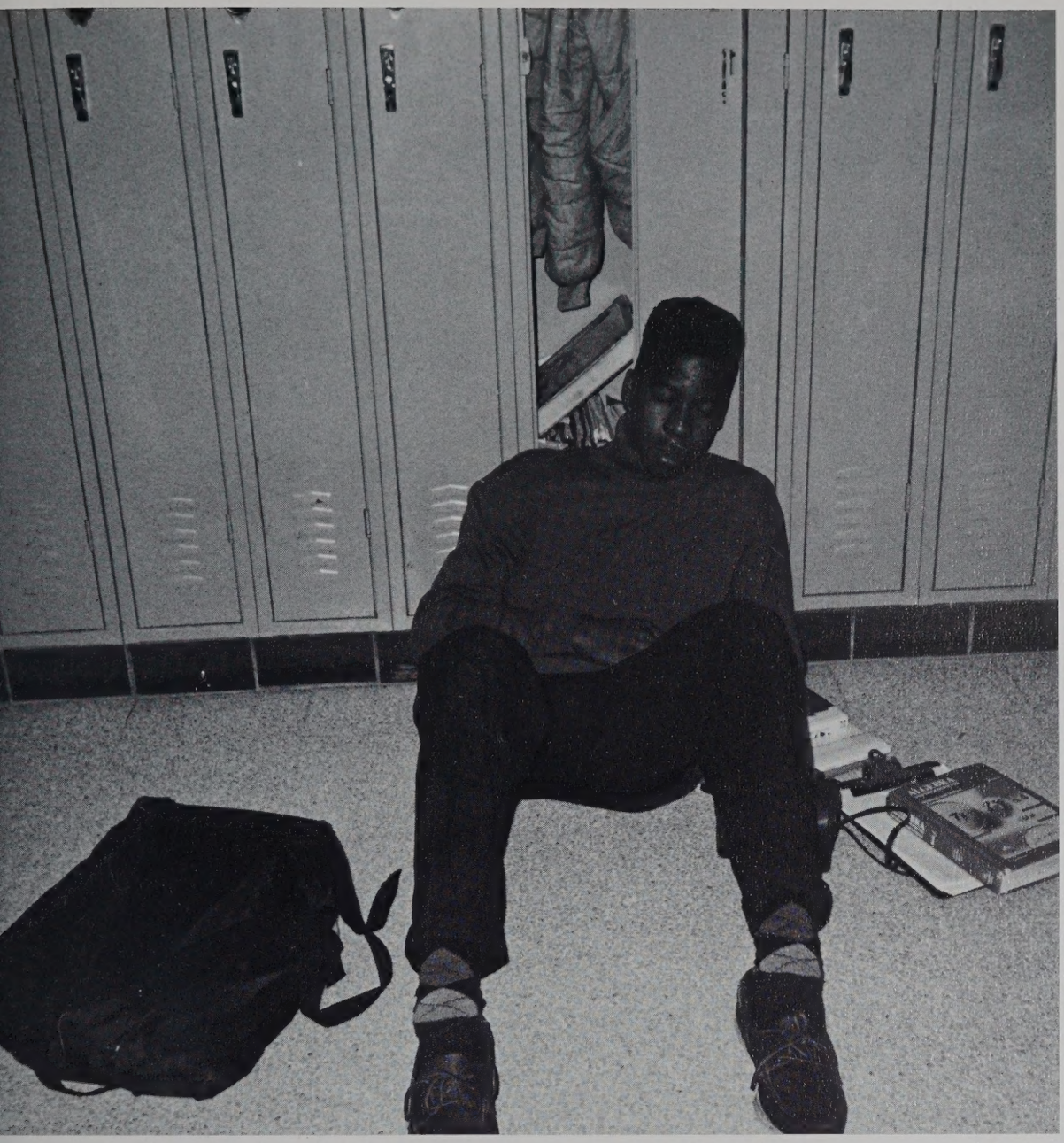


Angela Skaggs
Shelly Slagle
William Smith
Scott Snook
Patrick Sostmann
James Spalty
Kevin Spruill
Devona Squire

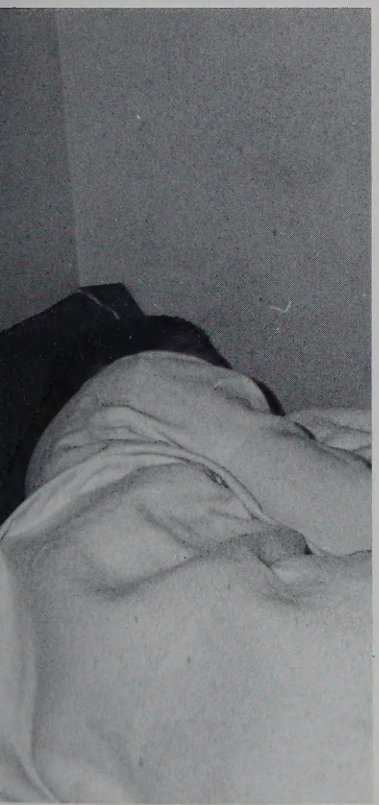
Harry Squire
Trey Stafford
Jennifer Stallings
Roert Steier
Matt Stewart
Suzanne Stiles
Lamonte Still
Jeff Stine

Paul Stirling
Mike Stivers
Marie Streeter
James Sumnick
George Talten
Ron Tesnow
Lynn Theriault
Robert Thompson

Mark Tietjen
Rachel Tipping
Sean Tluchak
Donald Totty
Barbara Tsipliareles
Vickie Tsui
Geoff Turner
Pat Twomey



Taking a break from his studies, Rio Maynard snoozes by his locker.



Catching a few extra minutes before waking up, Chris McCallum isn't anxious about the new school day ahead of him.

After going through another hectic morning, Jennifer Nazar rushes to finish brushing her teeth.

I Am Somebody
Falcon Pride

The roar of the crowd at pep rallies sometimes overwhelmed the senses. The whole school joined in with the shouting and cheering. This spirit-filled intensity and vitality encouraged our teams to win. "School spirit is important because it unifies the students and keeps teams going," said Ming Lee after a pep rally. Kelly Hood, a member of the field hockey team, added, "When there is a large crowd at home games their cheering really raises the level of play and psyches us up."

No one will ever forget Coach Prince's "I am somebody!" speech nor the Spirit Week Olympics. Both got the whole school on their feet laughing and clapping and yelling. Mr. David Rhodes summed it up best when he said, "School spirit is possibly the most important thing a school can have. Students who go to a spirited school remember their high school years better than others." Because of the juniors' underlying spirit, they certainly remembered their high school years fondly. **GO FALCONS!**

Juniors cheer for the fall sports teams as their class officers hold their flag up.

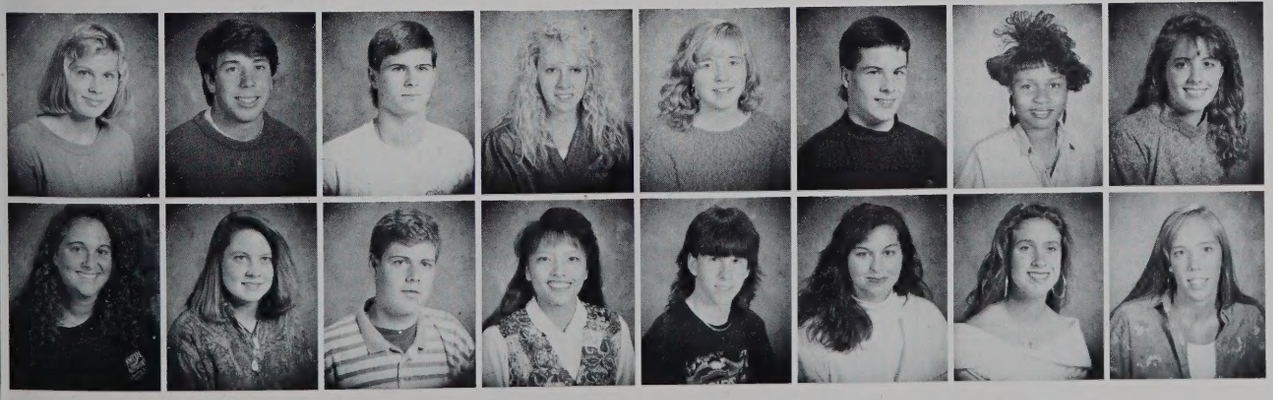
The football team does a victory cheer at the Homecoming pep rally.

Ken Vanhoy
Taylor Vann
Rhonda Vaugham
Margo Villers
Tuan Vu
Emily Walker
Kelly Walker
Rebecca Wahab

Wayne Warnick
Sara Weiss
Kal Whatley
Brandy Wheeler
Stephanie Wheeler
Richard Whitney
Eric Wideman
Roslyn Willis

At the Homecoming pep rally, Brian Jennings shows his school spirit.

Trying to scare off the opposing team, Ranjeev Guliani shows his true colors.



Amy Winston
Clay Wise
Micah Wisecarver
Flo Womack
Christine Wood
Ryan Wood
Tomekia Wood
Leah Word

Erin Wotherspoon
Lydia Wright
Jeremy Wright
Emily Wu
Bryan Zenarolla
Lynne Zengilowski
Beth Zondorak
Debbie Zook

Sophomores . . .
Another Word for Spirit

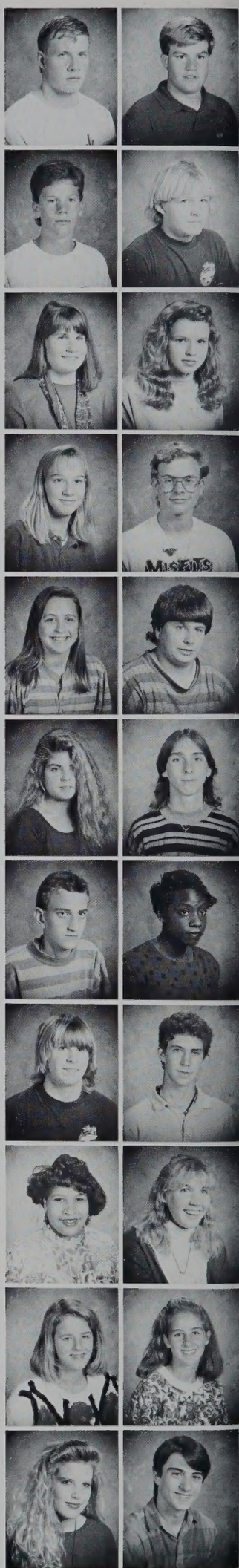
Sophomores were the cure for the deadly disease, school boredom. Enthusiastic and very spirited, the sophomores won second place in the Spirit Week contests. Sophomores were represented in the competition by Carrie Rhoads, Matt Pruett, John Jones, Vanessa Barnes, Jenny Allen, Lew Crenshaw, Clay Reske and Kelly Clarke.

"Rise to the Challenge of the 90's, Finish the Decade with Success," was the theme for the sophomores' float. The float, covered with paper flowers, showed students dressed for success. Tom Landon and Allison Watson, the float Chairpersons, had an unlimited amount of help on the float, including the class officers.

By Christmas, fundraising had already begun for next year's Ring Dance. Selling Christmas candy, cookies, boxes, and tins, the sophomores hoped they would raise just enough money to have the greatest Ring Dance ever. President Carrie Rhoads said, "It was a great class and we've worked together well. I think we accomplished a lot."

Showing the different steps to success, Carrie Rhoads, Matt Pruett, Stephanie Vest, Tom Landon, Allison Smith, Brett Hale, Allison Watson and Lew Crenshaw wish to end the decade with pride.

Always having fun, sophomore class officers President Carrie Rhoads, Vice-President Matt Pruett, Treasurer Jenny Allen, and Secretary Stephanie Vest ham it up.



Lester Achatz
Tom Acker
Jennifer Allen
Kathryn Allen
Richard Allen
Brittany Anderson
Sarah Anderson
Matt Anderton
Shanen Andrews
Jennifer Antonaccio

Eric Arnemann
Neil Arrington
Traci Askew
April Atkinson
Tammy Autry
Lisa Avery
David Ayres
Dawn Bailey
Wendy Ballard
Brandon Bangert

Kathy Barba
Vanessa Barnes
Elizabeth Bartels
Penny Basham
Christine Bates
Heather Baum
Wendy Baylor
Elissa Beebee
Troy Beebee
John Beliveau

Anne Berling
Mike Berube
Michelle Blagen
Michael Blakney
Shawn Blount
Jason Borden
Amy Borton
Sarah Boulden
Shawn Bowdoin
Brian Boylan

Allison Bozeman
Paul Bradford
Tamara Brandler
Dennis Brannegan
Jason Brashear
Brad Bray
Aaron Brennan
Tim Brewer
David Brock
Paul Brockwell

Jessica Brooks
James Brown
Mark Brown
Nicole Brown
Weslee Bruehl
Kelly Bruton
Brandy Buckley
Jenny Bullard
Kelly Burch
Damond Burns

Tim Butler
Angelita Campbell
Kimberly Cannon
Joseph Canon
Brooke Casselman
Ti Cersley
Poppy Chamberlain
Sara Chandler
Amy Chen
Helen Chen

Jason Cherry
Danny Cheshire
Micheline Chiaiese
Ginger Cho
Deanna Chojnacki
Erika Christian
Joe Clark
Kelly Clark
Megan Clohessey
Brian Cobb

Dorine Connor
Ashley Conover
Mike Convin
Kris Cooney
Mike Copeland
Heather Corolewski
Justin Coureas
Eddie Cox
Justin Creed
Lew Crenshaw

Lyn Crooks
Christen Cummings
Rachel Cuthrell
Joe D'Aquisto
Paul Daignault
Glen Danzig
Nicole Davenport
Alicia Davis
Jeff Davis
Nakia Davis

Tiffany Davis
Ted Delidakis
Mark Demorest
Leslie Detchemendy
David Dierstein
Helen Digonis
Melissa Dingle
Madelyn Dorsey
Erin Doudera
Donald Dozier

Bryan Drew
Jennifer Drexler
Dan Drummond
Christine Duncan
Tommy Duncan
Mike Dunn
Brad Dunsmore
Kevin Earl
Joe Edwards
Scott Eggleston

Chip Ellis
Tobi Ellis
Bobby Erney
Bryce Evans
Cliff Evans
Jennifer Exon
Steven Farris
Ryan Featherman
Michael Feldman
Lee Field

Dawn Filkins
Grant Fisher
Claire Fisher
Ray Fisher
Chris Florence
Joriel Foltz
Jason Ford
Nick Ford
Jason Foresman
Claire Fox

Travis Fox
William Fox
Rick Francolino
Marisa Franzitta
E.J. Frech
Brian French
Brock Frey
Janie Fridley
Josh Frohlich
Lani Garner

Dutcher Garrett
Kristen Gaskins
Idine Ghoreishian
Kimberly Gianfagna
Renee Giger
Dan Gillespie
Steve Gnilka
Angela Goffigan
Kerry Grant
Jason Gray

Helen Grekusis
Hope Griffith
Mandie Grimstead
Randy Grinstead
Jeanine Gunther
Allan Hadfield
John Hagan
Brett Hale
Heather Hale
Amy Hall

Buddy Hall
Lee Hall
Jennifer Hammer
Bryan Hancock
Michael Hancock
Tony Harrison
Catherine Hart
Joe Hart
Chris Hayes
Ryan Hayes

Renee Heathman
Tyler Helm
Bryan Henry
Bao Ho
Yanetta Holcombe
Tom Holden
Lindy Holmes
Sarah Hogan
Jason Horton
Robin Horton

Kerry Houlihan
Richie Howell
Christie Huey
Brenda Huffstutler
Amy Hunt
Panya Hunter
Tim Hutchens
Sara Hutchinson
James Iman
Brian Imler

Kenny Jackson
Mark Jacobus
Brian James
Chris Johnson
Edward Johnson
Malcolm Johnson
Nate Johnson
Jason Joliff
John Jones
Lenise Jones

Neda Kalantar
Loren Kaplan
David Keegan
Johnathan Keller
Heather Kellihan
Chad Kennedy
Joseph Kennedy
Chad Kent
Tanya Keyser
Allen Khalif

New Faces
Have You Seen Them?

As you walked down the hall this year you may have noticed some new faces. Such sophomores included Elizabeth Bartels, better known as Betsy. She formerly attended Radford High School in Honolulu, Hawaii. She's a fifteen-year old sophomore who wasn't used to having lockers, wearing shoes to school, or having an air conditioner. However, according to Betsy, "One thing Cox definitely had in common with Radford was the school spirit." She continued to play tennis, play the piano, and swim. After her first year among us, Betsy really liked the people and the selection in courses, a variety she didn't have in her old school.

Tobi Ellis was also among the group of new sophomores. Tobi's previous school was Vines High School in Plano, Texas. At the beginning of the year, this Texan was vivacious and ready to tackle a new school and city. She loved the beach and weather in Virginia Beach. Tobi said that her previous school was harder and had only six bells a day, but she liked the people at Cox and their spirit. By the way, Tobi said her English Teacher last year was Mrs. Cox . . . was that an omen?

Alicia Davis was a Californian from Bonita Vista Junior High School located outside of San Diego. Alicia was involved in volleyball, softball, and the Key Club this year. She said that California's schools have much more peer pressure, but a very relaxed environment. For a girl who made the transition from one coast to the other, she commented that it wasn't as bad as she thought it would be.

Amid softball teammates, Alicia Davis sits by the bay in Bonita Vista, California.

Surrounded by her friends from Texas, Tobi Ellis plays miniature golf at the Big Tex.

It Drives Me Nuts!
Pet Peeves of the Sophomores

Everyone has experienced those annoyances that catch you off guard. There is just no way to avoid them. Here are some pet peeves of the Sophomore class that drive people nuts.

"When teachers wake me up from my nap." — Ryan Hayes

"When people stop right in front of you when you are running late for class." — Anne Berling

"When someone puts a piece of gum under your desk and you lift your knee and you get it all over you." — Nick Ford

"When people stop in the middle of the hall or change directions and run into you." — Kim Scott

"I hate it when people with stuffed up noses sit behind you." — Anna Taylor

"When someone is on the phone forever and you want to make a 30-second phone call and they won't get off." — Allison Bozeman

"I hate it when the bus is late." – Brandy Buckley

"When people chew gum or wa up paper or drop books or let doo slam or leave a pocketbook's shoul der strap in an aisle . . . "

Sound familiar? Has this hap pened to you? With all these annoy ing distractions, how can one surviv in this school of 2,000 people? W are going to just have to live.

Any day now!?! Allison Bozeman tries to overcome her impatience while waiting for the telephone.

Brandy Buckley, Kim Gianfagna, and Kathy Barba wait for the bus patiently and hope they will get their licenses soon.

Robb Kidd
Mary King
Amanda Klima
Matt Kreger
Michelle Laird
David Lamoureux
Tom Landon
Mike Lane

Joe Lang
Rekettia Laster
Anita Lee
Bobby Lee
Sydney Lee
Justin Levinson
Shannon Limbaugh
Melanie Litchfield

Tiffany Litz
Kelly Loudermilk
John Love
Rick Lumetta
Michele Lynch
Jason Lytle
Bobby Maciewski
Carol MacIver

Angela Madigan
Rob Mahini
Mike Mailand
Dexter Mallory
Tara Malo
Donell Malone
Jennifer Margolius
Crystal Marquess

David Martin
James Martin
Milton Matter
Kevin Maurer
Gene McCallister
Vicki McCloskey
Staci McCoy
Kelly McDonald

Bobby McLane
Jim McMahon
Dennis McNamara
Wes Melvin
Athena Meredith
Chad Merritt
Paul Michels
Chris Miele

Justin Miller
Ryan Miller
Snowe Miller
Penelope Mills-Greenwood
John Mireles
Sean Mirus
Chris Moody
Bryan Moore

Chris Moore
Erika Moore
Tamara Moore
Angela Morales
Shawn Morlock
Tom Morris
Katie Morrisette
Amy Morrissey

Meghan Moser
Kathleen Mosman
Matthew Murphy
Ryan Murray
Katy Nethery
James Newby
Stephanie Night
Joann Nixon

Keith Norman
Nate Norris
Patrick O'Brien
Tokumbo Odumgba
Brandi Olson
Scott Orcutt
Chris Osinkosy
Seth Palat

Amy Palmer
Debbie Parksey
Amy Parsons
Heather Parsons
Hollie Parsons
Terra Pasarosa
Beth Patton
Stephanie Pedersen

Matthew Pelton
Mache Penner
Jay Pierce
Robin Pitts
Cynthia Pivin
Scott Plocar
Mitchell Powell
Greg Power

Justin Powers
Danny Price
Debi Proud
Matt Pruett
Jennifer Quinn
Josh Quinter
Jason Raper
Libby Rasnick

Arteen Rassool
Matt Ray
Joe Redfield
Alfred Reed
Clay Reske
Carrie Rhoads
Leona Ripley
Kevin Rhue

Tami Rice
Amanda Riley
Chris Robbins
Amy Roberts
George Robertson
Dana Robinson
Daniel Robinson
Kimberly Rodriquez

Volunteers
The Most Rewarding Job

John Fitzgerald Kennedy stated in his inaugural address in 1961, "And so, my fellow Americans, ask not what your country can do for you; ask what you can do for your country." This is a statement that has been followed by sophomore volunteers. These students performed many services ranging from school to the SPCA.

Joann Nixon, a local volunteer, worked with the Hermitage Elementary students in the library. She told stories, talked with the students, and sometimes helped them with their problems. She believed that with helping the students, she could help them become more confident with their future goals in life. "Anything you do to give up your time for others is always helpful," Joann added, "I guess it makes you more aware of what's going on with the children today."

If you had ever been to the Virginia Marine Science Museum you would have seen another sophomore volunteer, Kim Gianfagna, working at the Touch-Tank. Kim answered questions, and told the people about the different marine life in the Chesapeake Bay. "It was hard to get up on Saturday mornings to go to work, but it was worth it because I know I helped the public better understand the beach. Tourists come to Virginia Beach and buy cups with flamingos and palm trees on them. The Marine Science Museum shows the real life we have here in Virginia Beach," Kim explained. Kim gained great experience in speaking and public relations, as well as wonderful opportunities to explore oceanography on boat trips.

Most people are familiar with the Society for the Prevention of Cruelty to Animals as a place to pick up a lost dog or buy a new pet. They do not really understand what goes on behind the scenes. Jennifer Quinn and Hope Griffith know exactly, since they were volunteers for the SPCA. "The animals really need someone to care for them. I don't think people realize that the animals there are no different from the animals elsewhere," Hope Griffith mentioned. Jennifer and Hope cleaned out the cages, walked the dogs, and washed and played with the puppies. "I love working with animals, but when I leave them I feel as though I have let them down because I did not take them home with me," Jennifer stated.

Volunteering is very rewarding. Each of the sophomore volunteers, in some way, followed the statement by John F. Kennedy. And each of them was fulfilled in a different way.

Each of them was fulfilled in a different way. Whether they served the public or animals, their selflessness was a reward in itself.

Jennifer Quinn, an S.P.C.A. volunteer, enjoys spending her time with the lonely animals at the center.

Henry Rollins
Chris Roser
Lisa Rowe
Brandon Royal

Karen Russo
Isa Saleem
Hersha Samtani
Carla Sattenfield

Nick Savage
Josh Schaffer
Kimberly Scott
Dennis Seay

Cherene Sellers
Joseph Seyael
Sonny Shacklock
Dave Shockley

Greg Shuman
Mary Siggins
Emily Sineath
Chip Slade

Jennifer Smalls
Allison Smith
Brian Smith
Chris Smith

On Saturday mornings, Kim Gianfagna explains the Touch Tank to the visitors at the Virginia Marine Science Museum.

Volunteering at the S.P.C.A., Hope Griffith plays with two puppies. She volunteered her time once a week.

Lee Smith
Talerra Smith
James Snyder
Leonardo Sonero
Rick Spears
Josh Speckhart

Chris Sperry
Amanda Spruill
Darcy Stables
Geroge Staehle
Craig Starling
Kenneth Stealing

Jodi Stedman
Catherine Steele
Brian Steelman
Genny Steier
James Stephenson
Heather Stevens

Josh Stivers
Michelle Straker
Paul Strauss
Melanie Sturgill
Brad Sullivan
Jason Swindell

Eric Symons
Mark Tamlin
David Tanielu
Anna Taylor
Nick Tempest
David Terrell

Watch Out!
Here Come the Student Drivers

"Turn right at the next corner . . . turn left . . . another left . . . STOP!"

These were familiar commands heard by students as they took behind the wheel. It was the next step after the classroom course of drivers' education. For a few lucky sophomores behind the wheel and the classroom course were taken concurrently, which decreased the time they had to wait until they got their licenses.

The students had their opportunity to take the road courses during lunch or after school. The driving instructors were extremely critical in the road exercises until the students mastered their driving skills. They had to park in both perpendicular and parallel parking places, signal, drive in reverse, and endure the obstacles in their way until they passed the course.

They also had a fair amount of time driving on the road to get some real life driving situations. They cruised through residential areas as well as through busy streets such as Great Neck Road.

No matter how good or bad a driver a student was, drivers' education was a new experience that everyone went through.

Mike Feldman practices different maneuvers in the drivers education range.

Chris Sperry tries to move about the driving range with ease.

Alex Thomas
Bob Thomas
Kristina Thomas
Linda Thomas
Tim Thomas
Allison Thompson
Julian Thompson
Eman Thouroughgood

Michelle Tighe
Summer Tighe
Erika Tompanis
Scott Toupin
Doro Trail
Lars Travis
Aaron Turner
Mary Urfer

Maren Valerio
C.J. Vance
David Vann
Lodie Vedar
Stephanie Vest
Eric Voliva
Dennis Vrem
Amy Waldron

Mitchell Wallace
John Walton
Allison Watson
Rachel Ward
Mike Warner
Peter Weed
Darnell Weeks
Christopher West

Adjusting her mirror Claire Fox prepares to back out of a parking space.

R.J. Wheaton
James Whitaker
Jessi Whitaker
Angie White
Amy Whitmore
Colleen Wieboldt
Corey Wilkerson
Cleopatra Wilkins

Michael Wilkins
Caroline Williams
Lee Williams
Todd Williams
Brian Wilson
Shelia Wilson
Kevin Wingert
Brian Winston

Allison Wise
Elizabeth Wolf
John Wolfrod
Jason Woodlief
Shannon Woodruff
Ellen Woodson
Brandi Workman
Michael Workman

Joe Wright
Kristen Wright
Sanderious Wright
Donna Yeaw
Hawa Yousuf
Joann Yun
Muhamad Zakariva

Caroine Zalles
Melissa Zarn
Mohammed Zerhouni

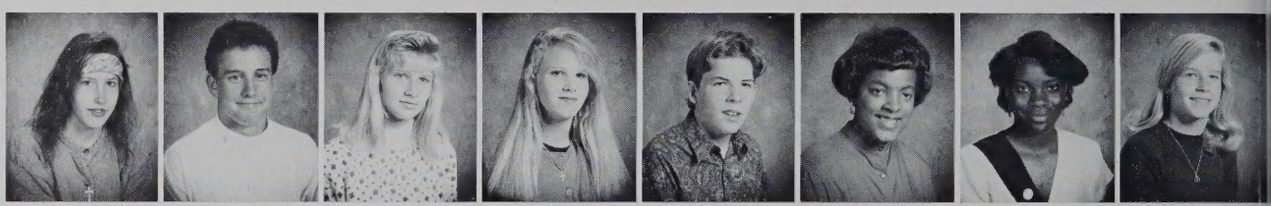
Making It to the Top
Decade's First Class

As freshmen walked into school the first day, they were immediately surrounded by unknown faces and a maze of hallways. Some of these students seemed to be more confident. These were the leaders. At election time freshmen looked toward these people to run for class office. Three Megs came on the scene and proved to their class that indeed "Megs can do anything."

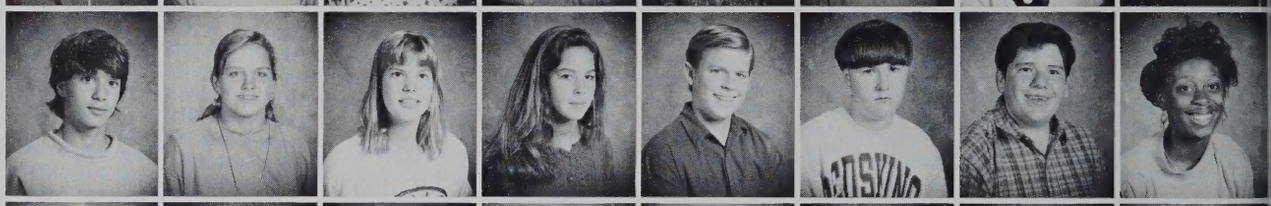
Ms. Laura Godfrey and Mrs. Sarah Winters-Horn took on the responsibility of being freshmen sponsors and guided them through projects, including class T-shirts and the Angel Tree. President Meghan Dewey stated, "My goal was to make the Class of '94 the best it could possibly be."

Freshmen officers, Vice-President Steven Kimener, Treasurer Megan Davis, Secretary Meg Mazach, and President Meghan Dewey gear up for a good year.

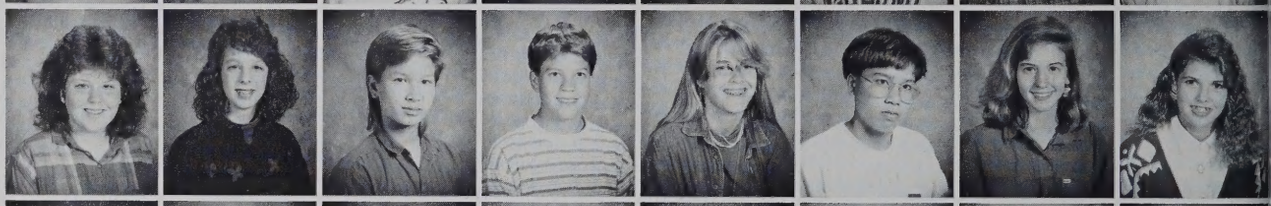
April Adams
Dan Albert
Tanya Allard
Ashley Allen
Jeremy Allen
Lamisha Allen
Cassandra Alston
Kristen Anderson



Rich Anderson
Elizabeth Ankeney
Tory Armstrong
Heather Atkinson
Gregg Austin
Chris Ayers
Richard Babb
Mary Backus



Elisha Bagenstose
Ashley Baggett
Albritt Baldwin
Philip Balvocius
Aagje Barbe
Alvin Barnuevo
Dianne Bartol
E'lisha Bell



Kristin Bilenky
Angela Blankenship
Jake Blanton
Jodi Blaylock
Christy Blue
Jason Bond
Angela Boulden
Amy Bourne

Ike Bowdin
Jay Boydos
Kristie Brandis
Erin Brady
Donna Braun
Heather Briach
Dianne Brightley
Joshua Brown

Antonio Burke
Michele Burke
Kari Burns
Tanisha Burrus
Lara Call
Lisa Call
Darryl Campell
Will Cannon

Kinsalynn Carpenter
Tobi Carraway
David Casper
Tara Caylor
Darby Chang
Brandie Chatelain
Brian Chatelain
Dan Clark

Jason Clark
Brian Clifton
Betty Cochran
Brad Cody
Donald Coleman
Scott Coleman
David Collar
Corey Conklin

David Conner
Jean Convin
Jason Cooper
Jennifer Cornell
Tricia Corraro
Ralph Cosby
Dannielle Cox
Steve Craig

Geary Crist
Dan Crossan
Brent Crowell
Jeremy Crown
Peter Cummings
David D'Acquisto
Michael Dalton
Shannon Dalzell

Jeannette Danaher
Chris Dana
Brian Daniel
Alison Daniels
Marne Dantone
Danielle Davis
Megan Davis
Ryan Davis

Sara Davis
Todd Davis
Eddie Deanes
Brad Dearing
Taylor Delhomme
John Dellinger
Michelle Demorest
Justin Dennis

Marcia DeRousse
Meghan Dewey
Mary Dickieson
Dan Dickerson
Mina Digonis
Donna Dingle
Patricia Doniewski
Erin Doyle

Ralph Drain
Jennifer Duff
Deana Dunwody
Christin Durhan
Amanda Easter
Brad Edgerton
Kristin Edmundson
Don Edwards

Jennifer Edwards
Angela Ellerman
Chris Ellis
Operi Erickson
Karen Espino
Joey Evans
Andrew Faircloth
Danny Farley

Chad Fawcett
Drew Felty
Whitney Fentuess
Francine Filkins
Amy Fink
David Flanagan
Christian Fletcher
Kendal Flohre

Shannon Forbes
Craig Foster
Gavin Fox
Greg Francolino
Amy French
Lee Gallaher
Blanca Garcia
Marisa Garvie

Donald Gattshall
Ben Gelnett
Rick Gibeault
Justin Gibson
Amy Gimpelson
Derek Glaser
Jason Gomez
Jaime Goodman

Chad Goodnoh
Kathlin Gordon
Brian Grandelli
Lance Graham
Tiffany Gratton
Lauren Green
Jay Green
David Greiber

Hope Grimes
Claire Gunter
Josh Haggerty
Patricia Hall
Missy Hall
Shane Hambrick
Andrea Hamann
Patrick Hancock

Donny Hankins
Jennifer Hanlin
Judy Hansen
Shyra Harman
William Hart
Kimberly Hayes
Christina Hayne
Erik Hazelwood

Brian Hechinger
Carrie Hedgeus
Meegan Heidt
Bryan Henderson
Al Hermann
Carrie Hermanson
Caroline Herron
Ryan Highfill

Aaron Hill
Michelle Hill
Susannah Hill
Any Hoephner
Mitzi Holcomb
Chasidy Holland
Cheryl Hollenzer
Karel Horn

Leonette Horsemanko
Tyler Horton
Galvin Hsiu
Corey Hudgins
Jennie Hwang
Awan Imran
Robert Ingram
Elaine Inman

Rise to the Challenge
Of a Successful Future

Excited cheers and yells could be heard from the stands as the Class of '94's float rolled around the track. The chairmen, Corrie Mallery and Amy Fink, supervised construction on a small flatbed late several afternoons at Amy French's house. The Class of '94 rode bikes to Farm Fresh, Art Mart, and Burger King for food and supplies. Pink Floyd's "Learning To Fly" played in the background to represent the freshmen's changes from the junior high's Eagles, Bluefish, and Gulls to Falcons. "Rising To The Challenge Of A Successful Future" was the theme of the freshmen class float, illustrated by a link between education and careers. At the top of stairs was a graduate representing the climax of high school and college education. Five occupations were portrayed; a reporter, an artist, a fireman, a military officer, and a doctor all posed in uniforms on the float. The freshmen began their high school years recognizing the value of education to their future success.

Freshmen Amy Fink, Wendy Roberts, Elaine Inman, Meg Mazach, Steven Kimener, Kim Ward, Amy French, and Corrie Mallory represent future occupations on their class' Homecoming float.

Jessie James
Michael Janda
Robert Jansen
Kristen Jeege
Anne Jenkins
Adolf Jerabek
Mike Jereb
Jason Jester

Lynn Johnson
Matt Johnson
Josh Johnston
Meredith Kellam
Nicole Kenney
Tom Kern
Chang Kim
Dolly Kim

Steve Kimener
Meredith Klahr
Brian Kokoska
Jimmy Koon
Cindy Kramer
Jason Kramer
Carrie Krop
Sarah Krop

Aaron Kruzicki
Justine LaBarbara
Joseph Landeros
Courtney Lane
Joel Lane
Morton Lagvik
Sarah Lavier
Cara Lazzari

Montsho Leak
Eric Ledder
Chuck Legros
Robert Leone
Aaron Liles
Christine Linolle
Kristine Loboree
Michael Logan

James Lohry
Jason Long
Bridget Look
Maria Lopez
Samantha Lowell
Anne Lowery
Neal Ludington
Chris Lukic

James Lundy
Terry Lyon
Nicole Lyons
Corrie Mallery
Chris Marsh
Wendell Marshall
Jonas Marston
Kelly Marvin

Jocelyn Maturo
Meg Mazach
Margaret McBride
Steve McCanna
Jennifer McClosky
J.T. McDonald
Kelly McDonald
Vondre McDonald

Brent Mchattie
Sean McIlrath
Wes McIntyre
Andy McLean
David McLain
Teyka McKenzie
Jeremy McWhithey
Heather Mennie

Kris Meyerhoffer
Hector Meza
Breonna Miller
Ashley Modi
Sandro Montagna
Scott Moon
April Moore
Robert Moore

Whitney Moore
Jason Morales
Robert Morgan
David Moya
Megan Murphy
Sean Murphey
Ellen Murray
Chris Narron

Lockers
What's really in there?

"35 . . . 25 . . . 8. No! That's not it! It's 25 . . . 35 . . . 8." Click. "Now, where's my English notebook?" You went through this every day as you hunted through your locker for next bell's textbook. Many freshmen were forced to share lockers, and that made double the mess and confusion. One freshman, Kim Ward, stored her friend's and her clothes in her locker downstairs. Others decorated theirs with pictures of their boyfriends, girlfriends, or favorite bands. On birthdays some people got a surprise of balloons, banners, and confetti waiting for them as they arrived at school. Adding to the chaos, freshmen also had to remember their gym locker combinations, which are easily confused with their hall locker combination. By the middle of the year, almost everyone has them down pat, until Christmas break comes around making us forget them all ove again.

As the day begins, the class of '94 get ready for first bell. Meghan Dewey Charlene Whitney, and Sarah Krop confirm that they'll meet again for lunch.

Cori Neaveill
Kimberly Newell
Nike Newell

Clay Nobles
Andy Nolan
Kevin Nutwell

Jared O'Boyle
Sylvia Odell
John Ogden

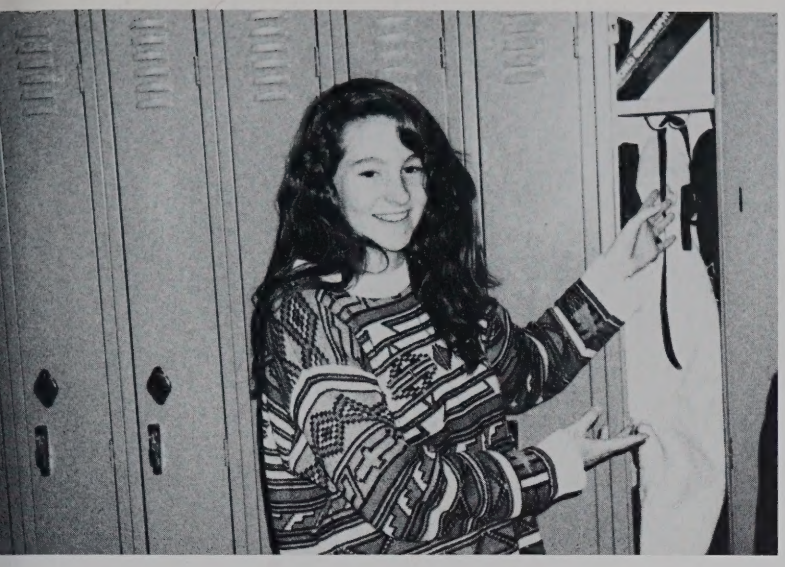
Daniel Ogletree
Jeremy Ogletree
Luis Orande

Charise O'Shell
Lisa Osinkosky
Theresa Oubre

Gabe Owen
Heather Padgett
Megan Parker

Sandra Parker
John Paulson
Robin Paulson

Brian Pergrossi
Leigh Perry
Heather Peterson



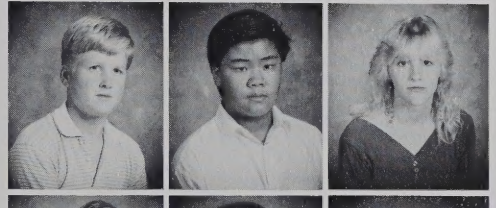
As piles of clothes come tumbling out, Kim Ward presents her locker.

Organized people, Megan Davis and Patricia Doniewski keep their locker neat and orderly.

Mike Petrozzo
Jennifer Petykowski
Lisa Phillips

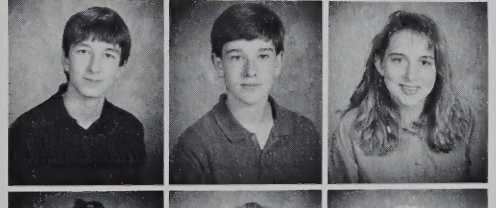
Robert Pickrell
Justyn Pieper
Michael Plemmons

Melissa Porter
Melani Price
Kathryn Psimas

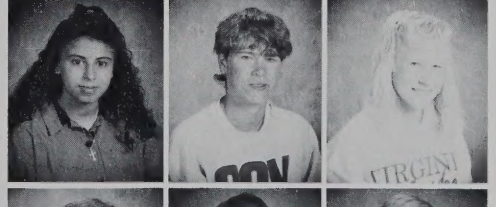


Jason Quinter
Lee Ramon
Lori Ranard

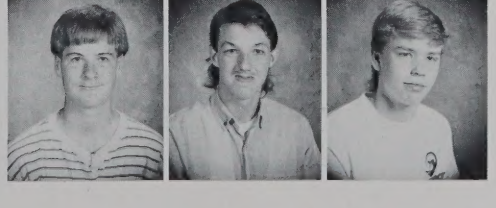
Tilla Rahaim
Susan Ratliff
Annette Rauh



Michael Rawlings
Eugene Reagen
Angela Redmon



Veronica Regins
Britton Reid
Margaret Reid



Allan Reinagel
Jason Reiter
Kevin Reynolds

In fourth bell lunch, freshmen chat about the day's events.

Dressed in her Raggedy Ann outfit, Amy Fink poses on the freshmen float.

Working busily on their float, Elaine Inman, Meghan Dewey, and Kristen Andersen draw a falcon.

Freshmen Sarah Lavier and Meghan Dewey are happy to represent their class on the Homecoming Court.

Freshmen
A Day in the Life

Mrs. Curtis's English class listens attentively as their fellow students, Amanda Easter, Erin Brady, and Karen Espina teach them about limericks.

As Brian walks toward his locker in the morning, he is suddenly surrounded by tall people and older faces zooming down on him saying "Found the elevator yet? . . . Look at the little Freshman!" He smiles and nods, trying to appear friendly. He grabs his gym suit out and heads toward the locker room, ready for running a granny lap or more. Somehow, he makes it through the school day and as he says good-bye to his friends, he heads for his bus. Being a freshman is not the easiest thing, and as a freshman Clay Nobles says, "it's a dirty job but somebody has to do it." Jennie Hwang sums it up by saying, "Make the most of it . . . it's the last time you'll be at the bottom for a while. It's not that bad."

Amanda Richardson
Anna Rille
Richard Rampau
Donald Roberts
Wendy Roberts
Jamie Robertson
John Robertson
Jaime Robinson

LaShonde Robinson
Jose Rodriguez
Christina Ross
Sherin Rassool
Adam Rothschild
Michele Roullet
Daniel Rouse
Bobbie Jo Ruby

Janet Sabin
Divinia Sampson
Katina Sanders
Elka Scordalakes
Khadijha Scruggs
Gary Searfoss
John Sellers
Monica Shay

Wendy Shearer
Naomi Shedlock
Stephanie Sheffy
Tim Shockley
Patrick Simmons
Michelle Sizow
Mary Smith
Natalie Sobota

Mark Soderberg
Scott Sokolowski
Sean Soloman
Joe Soroka
Gwen Span
Laura Stams
Nick Stanley
Brad Stebbins

Cristin Stebbins
Steve Sterner
Jerri Stewart
Michael Stine
Christa Stollings
Rodney Stolz
Patricia Strain
Jason Stratman

Martin Strickland
Jon Sucher
Vegard Sveen
Mike Tamayo
Jevongela Tate
Matthew Tate
Michelle Terlizzi
Scott Tesnow

Oops!!
Freshmen Share Their Most Embarrassing Moments

Have you ever fallen down the stairs, tripped over a trashcan, or had your stomach growl in the middle of a test? Those are just a few of the many embarrassing moments that happen everyday. Freshmen also had to go through the mortification of asking teachers for directions, and unfolding their maps in the middle of the hall. One freshmen Meghan Dewey, accidentally threw her retainer away with her lunch trash one day, and had to search through the trashcan to retrieve it. Sarah Lavier mistakenly walked into the wrong room, and Corey Conklin and Lance Graham strolled into the girls bathroom instead of the guys. Everybody's had one moment like this, and while they are happening, we feel we will never live through them, but somehow we survive to tell the story.

Red in the face, Kinsalynn Carpenter picks up the trash can she just knocked over.

Eric Thomas
Mark Thomas
Rita Thomason
Brian Thorpe
Bobby Thumel
Allen Thurston
Maura Tipping
George Titsus

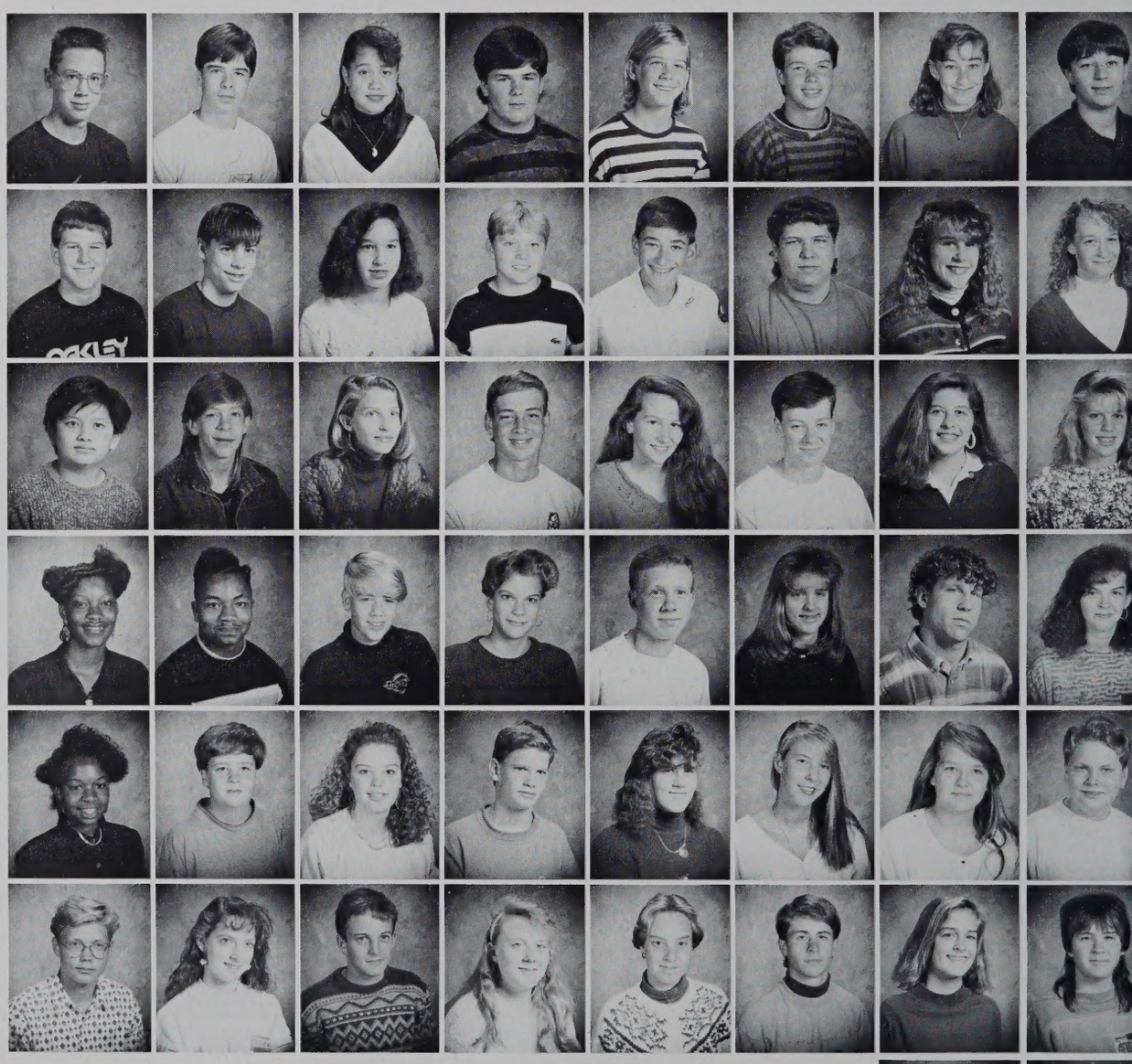
David Todd
Ryan Tompanis
Christina Treece
James Trosper
Mike Trujillo
Scott Turpin
Jeannie Tuttle
Alicia Veigel

George Vu
Jon Wagner
Joanna Walsh
Andy Ward
Kim Ward
Ronnie Warden
Jennifer Warren
Jessica Warren

Shanna Warren
Andre Washington
Graham Watkins
Jennifer Watts
Danny Weast
Torie Weeks
Todd Weiler
Michelle Weisner

Lacresha West
Matt West
Elizabeth White
Jason White
Susan White
Charlene Whitney
Crystal Whorton
Robert Wickboldt

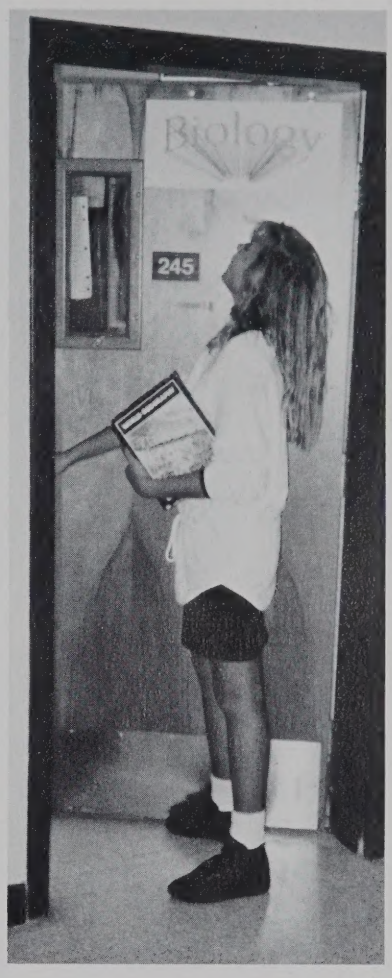
Derek Wideman
Jennifer Wilkins
Adam Wilson
Katie Williams
Rebecca Williams
Hunter Wisecarver
Julie Word
Michelle Wright



April Young
Chris Young

As the entire cafeteria looks on, Meghan Dewey searches through the trash can for her retainer.

Ready for World Geography, Sarah LaVier accidentally enters the biology room.

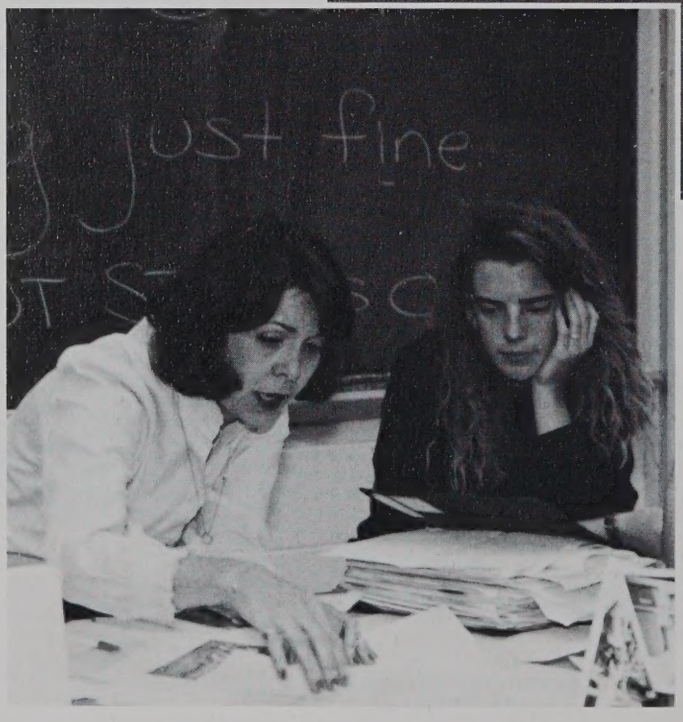


Recovering from her fall, Kelly McDonald gathers her books up from the stairs.

Mistaking it for the girls' bathroom, Lynn Johnson and Maria Lopez walk into the guys'.

After the spring inductions of the Foreign Language Honor Society, Mrs. Lorraine Bennett, Mrs. Margaret Beckner, and Mr. Larry Becker celebrate.

As the yearbook sponsor, Mrs. Ginny James devotes much time after school helping the staff.



FACULTY

The Head Falcons
Safely Under The Wings

As her voice carried through the chool on the loud speaker, you rec-gnized your principal, Miss Emilie illey. As you did your geometry roblems, she and the assistant rincipals were busy making sure hat things ran smoothly. They were he ones who made the rules we ved by and enforced them. Miss illey was especially loyal after her arlier experience here as a teacher, oach, and assistant principal. She oached state champion field ockey teams, on which Miss Jancy Fowlkes was a player. Our assistant principals, Mr. Bruce Biehl, Mr. Mike Porter, and Mr. Clifford Lewis, were also deeply involved and demonstrated their school spirit by attending many sports events and school functions. Their leadership through an arduous self-study, conducted according to the prescription of the Southern Association of Colleges and Schools and the Virginia Department of Education, was invaluable. Much of our school's success was due to these people, our Head Falcons.

Busy making sure our school runs smoothly, Miss Emilie Tilley works industriously.

Our school is in good hands with Principal Emilie Tilley and Assistant Principals Mike Porter, Clifford Lewis, and Bruce Biehl.

The Flip Side
Our Teachers' Family Lives

Between cooking dinner and running her youngest son to soccer practice, a math teacher graded a few papers and then stuffed them into her briefcase for second bell tomorrow. As she served dinner that night, she told her husband and three kids about her basketball student's account of last week's game. So go the lives of many teachers as they prepare for the next day's lessons.

Whether it's a four year old dog or five kids, many teachers had family news that they were glad to share with us. For instance, Mr. Gary Hartranft has an identical twin brother and treats his dog like a son. Mrs. Jeannie Detamore-DeDominick got married last September. Some teachers have families within the school, such as the Jenkins and the Hartranfts. Mrs. Virginia Gardner's second daughter in as many years was married in November. Glenn LaFerriere had a second child about Christmastime. Mrs. Dorian Newell's daughter is happy at Cornell. Teachers usually reveal an open personality and genuinely care about their children at home as well as their students in school.

At Mr. Koeppen's daughter Mary Frances' wedding, her sister Elizabeth congratulates her.

Willis Alexander — Architectural Drawing; Metals
Kay Anderson — English 12
Kathleen Angle — English 12; Journalism
Linda Baisch — Special Education
Lois Baker — Algebra 1,2
Judy Bandy — English 10H,10
Larry Becker — German 3,4,5,AP
Margaret Beckner — French 3,4,5

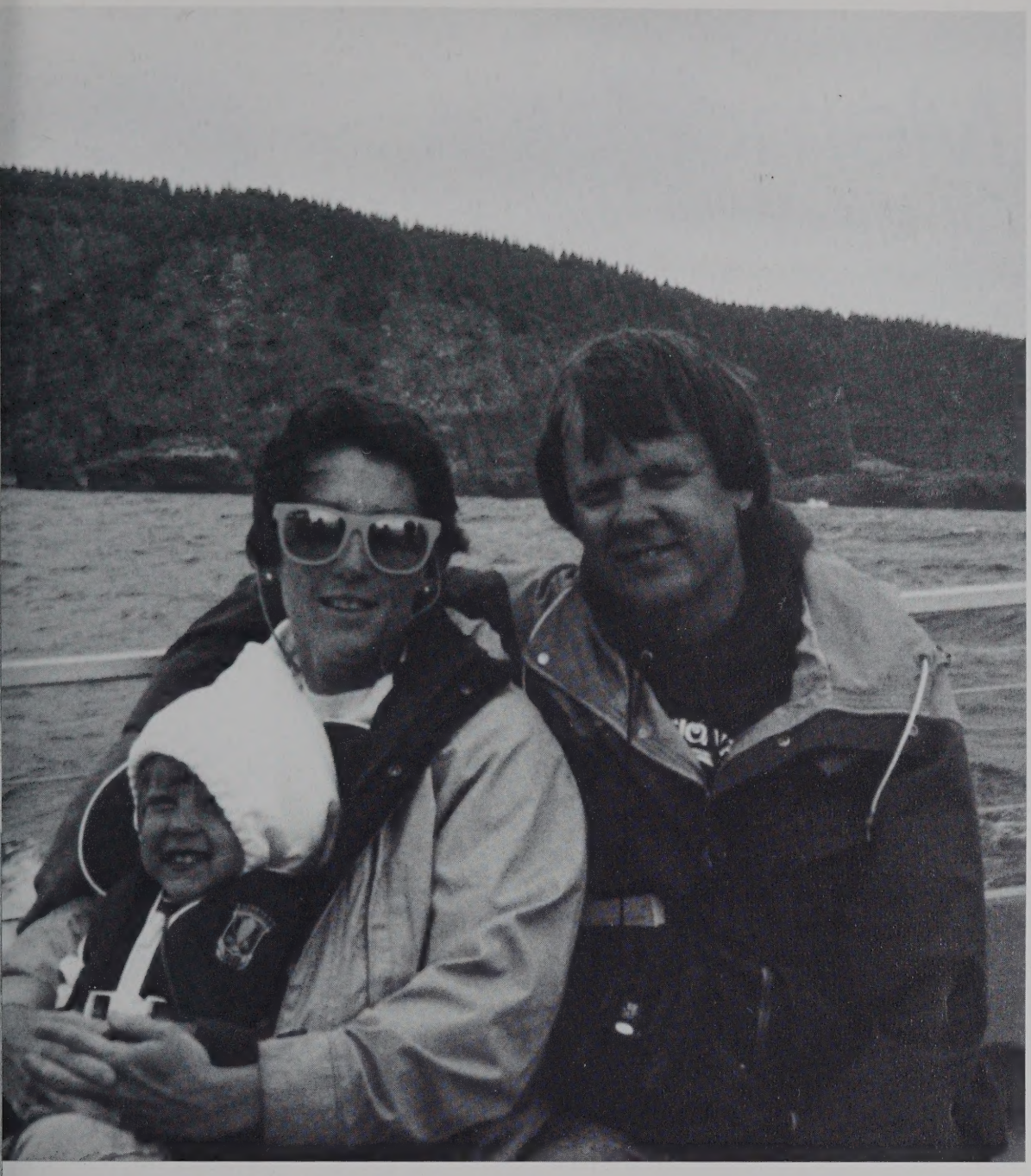
Lorraine Bennett — Latin 1,2,3,4,AP
Bruce Biehl — Assistant Principal
Joyce Berlando — Secretary
William Boyll — Music Appreciation; Madrigals
Mary Ann Bray — Secretary
Alan Brown — Practical Geometry; Algebraic Foundations
Cheryl Brumfield — Guidance
Jacqueline Butler — Typing 1,2; Shorthand

Lynne Carson — Environmental Science
Mitzy Cromwell — Typing 1,2; Business Law
Pam Cummings — English 11H
Daphne Curtis — English 9H,10
Linda Davis — Guidance
Mary Darden — Librarian
Gerri Deihl — Guidance Secretary
Latonya Ferguson — Communication Skills

Amelia Fermil — U.S. History; World Geography
Thomas Fisher — Chemistry; AP Chemistry
Nancy Fowlkes — Health/P.E. 10
Sue Frost — Art 1,3,AP
Connie Gallacher — Art 1,2
Virginia Gardner — World Geography; U.S. History
James Garrett — Drama, English H12
Edward Garvie — Spanish 2,3

Paulette Geligne — French 1,2
Laura Godfrey — U.S. History; World History
William Gutermuth — Biology
Al Habit — ISS
Becky Hammond — English 9
Bridget Hampson — Math Analysis; Probability; AP Computer
Judith Harris — English 9,9B
Theresa Harris — Special Education

Gary Hartranft — Health/P.E. 9
Melody Hartranft — Health/P.E. 9
Anne Haworth — English 11,10B
Mike Head — U.S. History
Pam Hodgkiss — Library
Stuart Holland — Health/P.E. 10,11,12
Leon Hoots — Physics
Laura Houtwed — Secretary



Standing bashfully, Rachael LaFerriere gives her cutest smile.

Looking out for whales and birds, Karen and Terry Jenkins cruise across the water in Bay Bulls, Newfoundland.

Mary Hopkins — Algebraic Foundations; Algebra 1
Allen Hurley — Math Applications; Geometry
Kim Hux — Home Economics
Mary Hutcheson — Algebra 1,2
Mary Hyman — English 10H,10

Jean Ingold — Reading
John Ingram — Health/P.E. 9
Joanne Jackson — Algebraic Foundations; Algebra 2
Virginia James — Government; International Relations
Ken Janosko — Photography; Wood Technical 2

Karen Jenkins — Government
Shaula Jenkins — English 12B,12
Terry Jenkins — Marketing
Donna Keen — Special Education
Arthur Koeppen — Biology

Tommy LaBarbera — Sociology; Psychology
Glenn LaFerriere — Geometry
Marsha Lant — Guidance Counselor
Gary Leagen — Government
Clifford Lewis — Assistant Principal

Memories . . .
Of the Way We Were

Remember all those Friday night football games? And remember the Homecoming Dance? Those events will someday be faded memories treasured forever. Some of the teachers shared memorable experiences with us. Mrs. Connie Gallacher looked back to 1970. Her girls' school was near St. John's High School, an all-boys school, and she was selected for their Homecoming Court. Diane Sergeant went on a white-water rafting trip. Jean Ingold was a basketball player and later was elected to the May Court. Melody Hartranft fondly remembered cheering for Cox and gymnastics with Nancy Fowlkes as her coach. She continued gymnastics at James Madison University, where her picture was published on a college brochure. High School years can be the best of your life, and our faculty illustrated this with their memories of the way they were.

An enthusiastic cheerleader for Cox High School, Melody Hartranft performs perfect russians.

In a county school in Burlington, teenage Jean Ingold reigns as queen for the May Court.

Waking up to the smell of coffee in 1974, Mrs. Ginny James enjoys the weekend on a sailboat.

Before the Queen is announced, Mrs. Connie Gallacher and others on a Homecoming Court eagerly await the decision.

Barbara Malla — Secretary
Jean Manuel — Librarian
Heidi Marks — Guidance Counselor
Jeanette Martino — AP Biology; Earth Science
Elizabeth McBride — Nurse
Harriet McCallister — Home Economics
Karin McElvein — Chemistry
Theresa McNamara — Bookkeeper

Frances McNaughton — Teacher's Assistant
Gary Miller — World Geography
Bonnie Malloy — Fashion Merchandising
D.G. Moncol — Business; Typing 1
Debora Mosher — Oceanography
Jim Mullarney-Yano — English 10
Lawrence Meyers — Special Education
Martha Nielson — Guidance Counselor

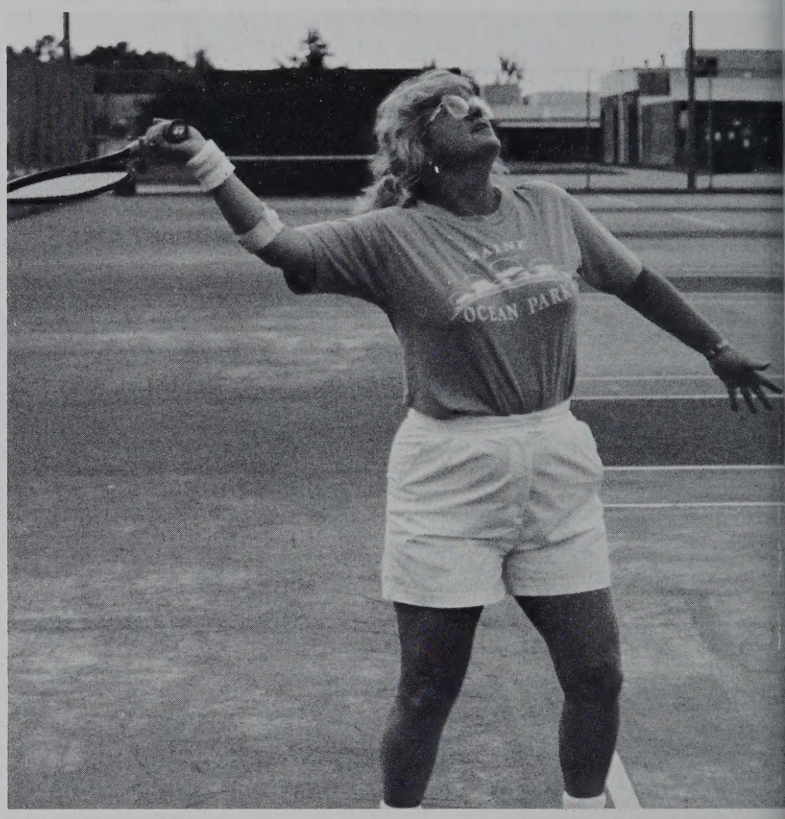
Dorian Newill — English 9H,10
Jennifer Nopper — Marketing
Roberta Owens — Guidance Counselor
Jennie Lou Pangle — World Geography; World History
Pamela Pearsall — German 1,2
Art Pittmann — Band; Music Appreciation
Michael Porter — Assistant Principal
Jim Prince — Health/P.E. 10

Yolanda Reavis — Earth Science; Contemporary Science
David Rhodes — Student Activities Coordinator
Gail Riffle — Word Processing
Pat Robertson — Basic Math 1,2; General Math 9
Robert Rode — Biology
Katherine Ann Samford — English 11
Terri Sawyer — Health/P.E. 10
Dianne Sergeant — Algebra 1; Math Applications

Separate Lives
Life Outside of High School

Most students couldn't imagine teachers out of their classrooms. But amazingly enough, they led separate lives and had special interests. Many tried to keep themselves in shape. Marketing teacher Jennifer Nopper enjoyed shopping, aerobics and skiing. Making jewelry and running kept Melody Hartranft busy until she got to school. In fact, teachers also did some of the same summer and after-school activities as we enjoyed, including going to the beach. Yes, going to the beach. Reading, beaching, and tennis were some favorites of Lorraine Bennett's. An unusual hobby was SCUBA diving which interested Gary Hartranft along with running and yard work. Our teachers enjoyed a great variety of sports and hobbies.

Stopping to enjoy the scenery, Jason Schatti, Mrs. Debora Mosher, and Geoff Akins anticipate white-water rafting on the New River.



Preparing for a powerful serve, Mrs. Karin McElvein stretches to deliver an ace.

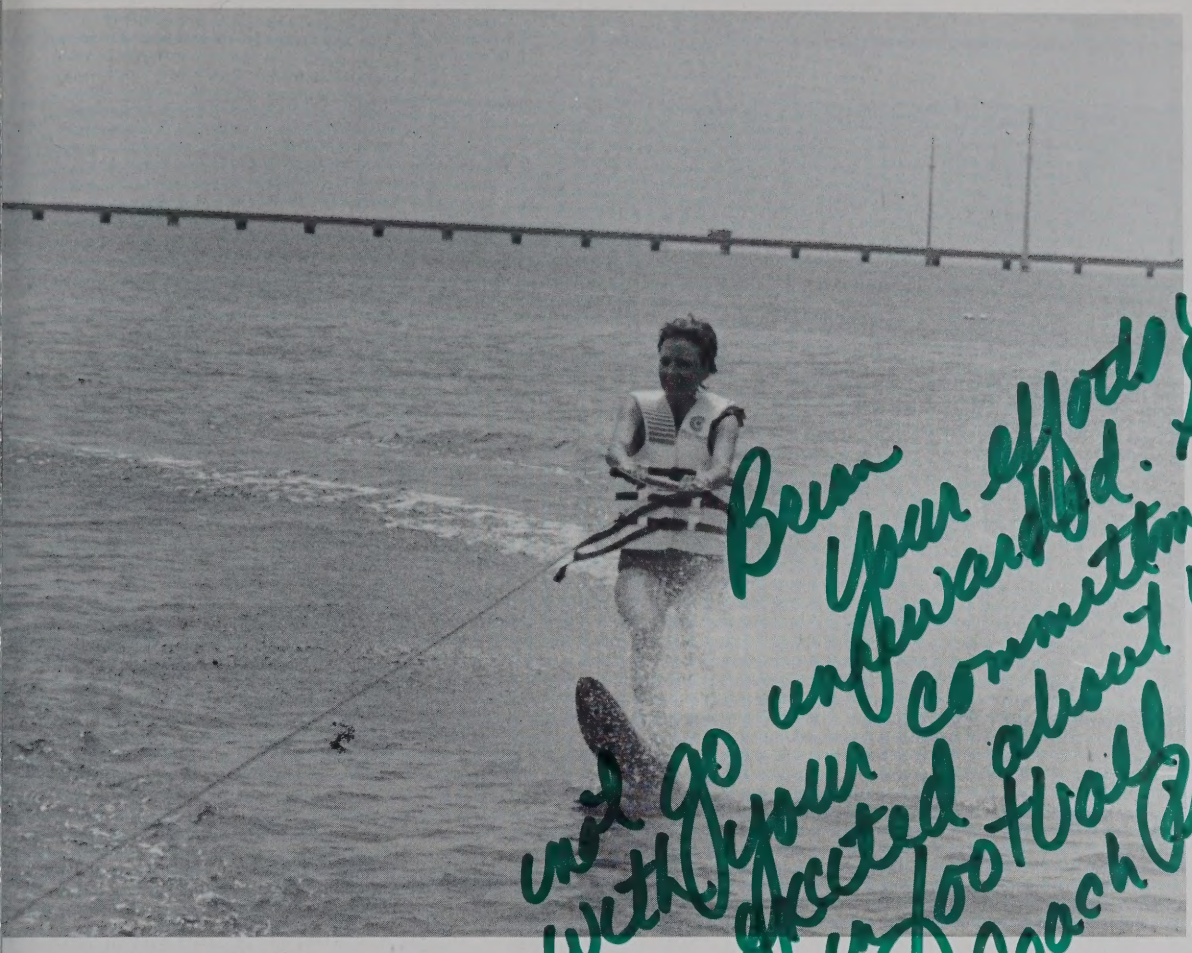
Karen Shelburne — Spanish 1,2
Jeff Shoaf — Geometry; Trigonometry
Sylvester Smith — Government
Thomas Smith — Algebra 1; Geometry
James Snodgrass — English 12

Sandy Sperry — Special Education
Bruce Stewart — Earth Science
Ronald Stulz — Earth Science
Emilie Tilley — Principal
Roland Thornton — Technology

Joel Trammel — U.S. History; AP History
Jane Tugman — Office Technology; Typing 1,2
Sally Uris — Teacher's Assistant
Neola Waller — Math Analysis; Calculus
Earl Waters — Spanish 2,3

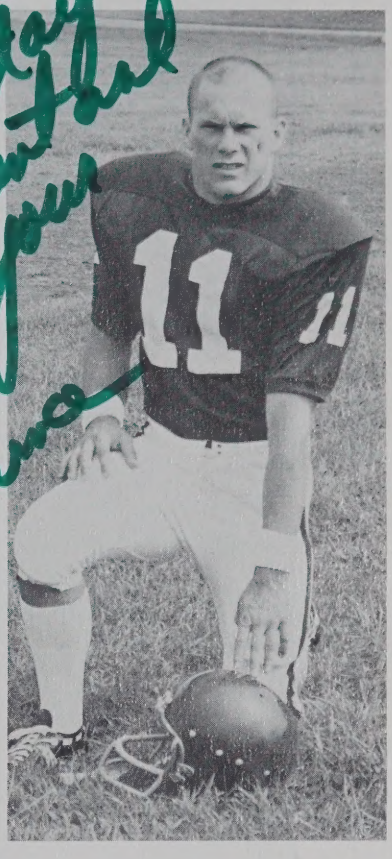
Peggy Washington — Typing 1,2
Timothy Webb — Technology
Stephen White — English 11
Rixey Wilcher — Earth Science; Oceanography
Ann Wild — Algebra 2/Trig.; General Math 9

Marilyn Wiley — Public Speaking; English 12H
Sarah Winters-Horn — Marketing
Betty Woodhouse — Art 1; AP Art History
Mary Worthington — English 11
Vera Wyche — World Geography



At Point Harbor near Duck, Mrs. Dianne Sergeant demonstrates her proficiency on a slalom ski.

Continuing his high school hobby, Coach Jim Prince still enjoys the game of football.



Been watching your efforts with unfeigned admiration. Stay with it. Your commitment and dedication will get you there.

Coach Bruce

Smiling proudly, Mr. Bruce Stewart, Mr. Terry Jenkins, and a friend present their catch of the day, three Citation black drums.

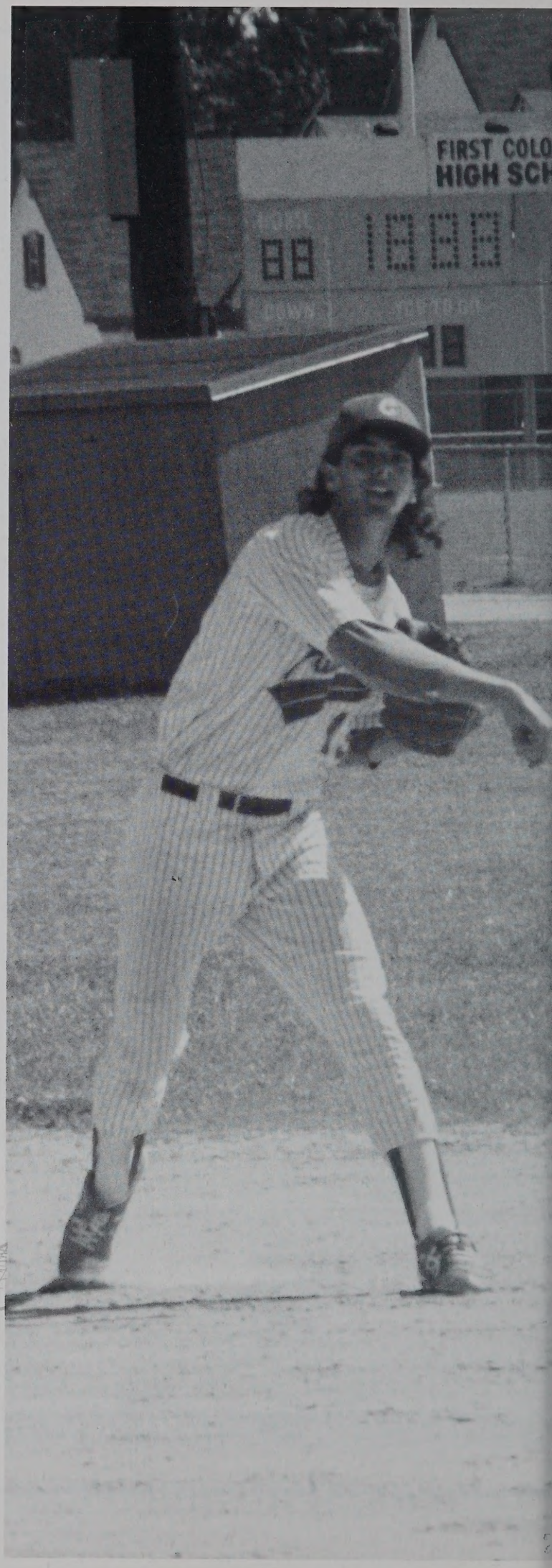
The football team fights for the ball in order to beat Kellam.

Preparing to execute the perfect pitch is senior Tina Sawyer.

MOMENTS OF *Glory*

Every touchdown . . . every goal . . . every homerun . . . these were the moments of glory. All of the sports teams had a taste of victory. Several teams went into the district and regional competitions, and many went as far as the state finals. Athletes pushed themselves beyond their limits to become a dominating force in the beach district. They performed their best as the enthusiastic fans gave overwhelming support. Every athlete experienced a moment of glory.

Team captain Ross Johnson prepares to steal the ball from his opponent.



SPRING SPORTS '90

Even before the 1990-1991 school year, athletes were experiencing moments of glory. The boys' soccer team excelled in the spring. They took their skill to the state finals where they dominated and emerged as the state champions! The boys' tennis team also went all the way taking second in the state and producing the individual state champion Sean White. The girls' soccer, girls' and boys' track, softball, and baseball teams also showed their winning spirit in each of their games. The athletes' work paid off at the end of the year when Cox High School was awarded the Central Fidelity Cup. Only one school in Virginia receives the award each year, thus proving that Cox really was the best.

An exceptional member of the baseball team, Chris Shea was voted Most Valuable Player.

Junior Kelly Hood prepares to slam the ball downfield as teammate Heather Hoehlein backs her up.

Giving It All

Boys' Soccer Just Won't Quit

VIP

Todd Whalen

Once again the boys' soccer team had an excellent season, and their fancy footwork took them to the state championship to bring home the coveted trophy. Though many of the senior players missed prom because the tournament in Northern Virginia coincided, most felt that the trophy was a worthwhile substitute. This is the second year in a row in which the soccer team has brought home the state championship.

During the season the boys had many victories. They never lost a game, and tied once against Tabb 0 to 0. This team really had it all. Both offense and defense were strong. They had good sportsmanship and were very aggressive. They have proven that hard work and sweat really do pay off.

Yuichi Kushimoto goes one-on-one and beats the competition while Judd Epperly defends the goal.

BOYS' SOCCER

3	First Colonial	1
0	Tabb	0
6	Kellam	0
11	Maury	0
4	Green Run	0
9	Bayside	0
5	Kempsville	4
2	First Colonial	0
4	Salem	0
5	Kellam	0
9	Princess Anne	0

Total Record: 10-0-1

MVP: Todd Whalen

BOYS' SOCCER
First Row: Jeff Koziol, Garrett Cambell, Judd Epperly, John Friedsam, Jonathan Morris, Billy Lloyd, Kenneth George, Brent Bohlke; **Second Row:** Matt Evans, Brian Hamby, Chris Bernard, Yuichi Yushimoto, Jason Shedlock, Cliff Conover, Geoff Turner, Jay Drye, Rob Steele; **Back Row:** Rob Allen, Joe Frease, Jon Forget, Ross Jol son, Will Smith, Tracey Drye, To Whalen, Ed Moore, Eric Garner, Jim Sn grass (coach)

"Geez the competition is really breathing down my neck," Matt Evans thinks as he protects Jon Forget.

There's no room for the opposing player as Kenneth George, Ross Johnson, and Jon Forget squeeze out the competition.

Want to dance? Todd Whalen decides to clear the ball instead.

Greg Scovel grins as he finishes his last hurdle.

BOYS' TRACK
Front Row: Robert Sucher, Doug Hamm, Mike Kimener, Butch Caldwell, John Scovel, Matt Legg, Trevor Clark, Scott Fletcher, Brian Kimener, Chuck Bram, Voris Crooms, Chris Reed; **Back Row:** Kim Hunt (coach), Tim Webb (coach), John Dobson, Kevin Kroha, Carl Mackey, Jason Schick, Chris Hogan, Fred Bryson, Jon Gates, Geoff Howard, Michael Gurdzien, Christopher McCallum, Jamie Scumnick

BOYS' TRACK

72	Kempsville	69
51	Princess Anne	86
64	Kellam	75
45	Salem	105
70	First Colonial	75
51	Green Run	95
40	Bayside	111

Total Record: 1-6
MVP: Jason Shick

GIRLS' TRACK

59	Kempsville	73
77	Princess Anne	55
73	Kellam	58
68	Salem	63
59	First Colonial	73
63	Green Run	68
96	Bayside	36

Total Record: 3-4
MVP: Lori Phillips

Running the last stretch Matt Legg gives his all.

Christin Brown clears the hurdles.

Running the Extra Mile
Makes A Difference

ncentrating on the finish line, Gretchen
man paces herself until the end.

VIP BOY
Jason Schick

VIP GIRL
Lori Phillips

Logging mile upon mile upon mile . . . Though the Outdoor Track Team may not have set records, they "showed lots of character and poise in competing with more experienced teams" said Coach Tim Webb. They went through trying times, but their sense of sportsmanship and refusal to give up pushed them to practice everyday, striving for victory.

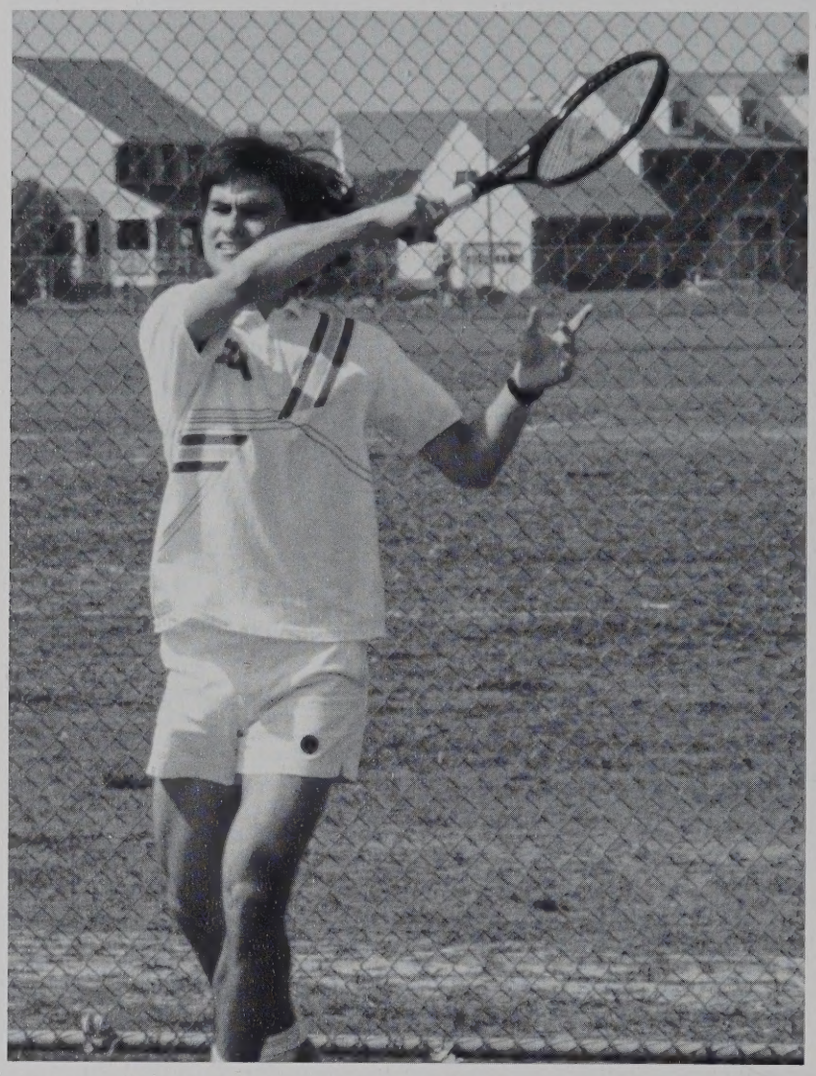
"I was very impressed with the number of wins they got under their belts," said Coach Glen Barr about his girls' track team. He was particularly pleased when the two-mile relay team went undefeated in district competition. Winning second at Regionals, they went on to take seventh at State. This excellent relay team consisted of Jen Scofield, Lori Phillips, Karen Gurick, and Sarah Londeree. The first time Lori Phillips was ever timed for the mile, she broke the girls' record. Later she also set a record breaking time for the two-mile run.

Running daily, the individuals developed stamina, improved their times, and represented the school faithfully in successive meets.

Attempting to overtake his opponent, Voris Crooms leaps over the hurdle.

GIRLS' TRACK
Front Row: Charissa Walsh, Alana Mayer, Kriste Jordan, Maren Valerio, Erin Doudera, Shelly Haskett, Adriene Robertson, Maggie Cho, Ann Norman, Lori Phillips; **Back Row:** Cherie Phillips, Colleen Brady, Leslie Toone, Kristin Rough, Amy Winston, Karen Gurick, Gretchen Bauman, Joanna Duckworth, Laverne Burris, Angelita Campbell, Tomika Washington

State champ Sean White lobs the ball over the net with his perfect forehand.



Practicing his backhand, Nick Psimas warms up before the Kempsville match.

BOYS' TENNIS

8	Salem	1
9	Green Run	0
9	Kellam	0
9	Great Bridge	0
8	First Colonial	1
7	Kempsville	2
8	Bayside	1
9	Princess Anne	0

Total Record: 8-0

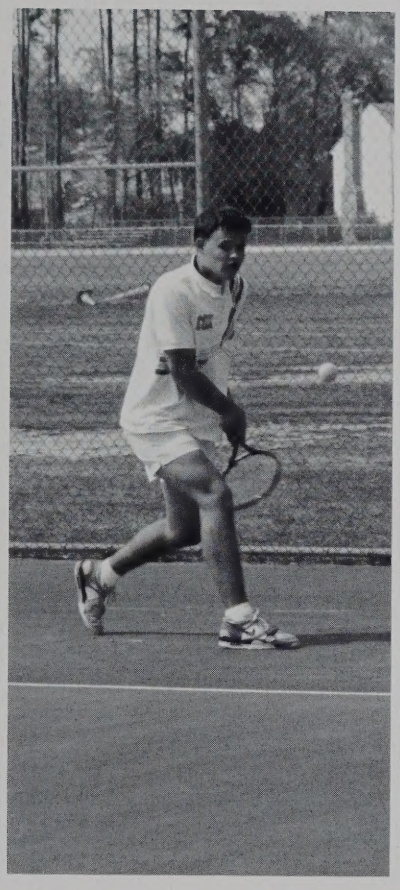
MVP: Sean White — State Champ

Reaching for the strength inside to return the volley is Brett Balyor.

Senior Scott Branum meditates for a moment before his final set.

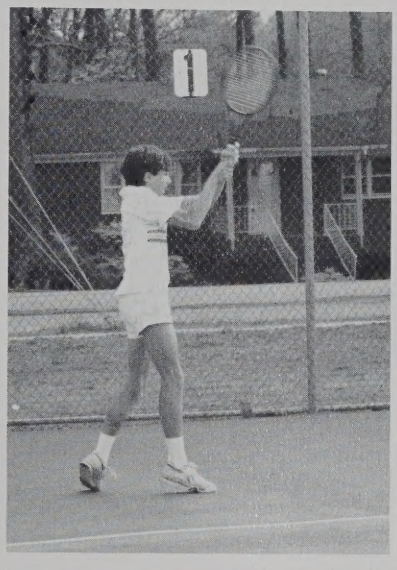
POWER PLAY

Boys' Tennis Team Tears Up The Courts



VIP
Sean White

Dru Tomlin uses his backhand to lob the ball over the net to his opposing player.



"The strongest team Cox has ever had!" This was a precise statement describing the tennis team. They made it to the state finals, but got bumped by a 4-5 loss to South Lakes. For the second year in a row Sean White won the State Singles Championship. "Sean White had his opponents seeing red," said Coach Leon Hoots. Scott Branum was also one of the top Seniors on the team. Seniors Brett Bayler and Chadwick Hartley won Most Valuable Players awards and these two Seniors also won the District Doubles Championship. The team's success was due to its depth and because there were no weak links. Coach Hoots summarized the season by calling Cox "one of the strongest teams to come from the beach."

Keeping a firm grip, David Monger hits the ball across the court.

BOYS' TENNIS
Front Row: Scott Branum, Tony DeCandia, Jonathan Hanwit, Brett Baylor, Bryan McDonald, David Monger, Eric Geshekter, Nick Psimas; **Back Row:** John Nagle, Dru Tomlin, Sean White, Ranjeev Guliani, Chadwick Hartley, Pat Convin, Paul Whitfield, Heath Fiore, Jimmy Lee, Leon Hoots (coach)

After stealing the ball from a strong First Colonial teammate, Kelly Hood passes it down the field to Heather Hale.

As she sizes up the situation, Esther Dabney and Brandy Wheeler try to get out of a tight spot.

Fancy Footwork
Leads Girls To Many Victories

Successful! That's the best word that describes the girls' soccer season by taking first place in the Kick-off Classic, which has never been done before by the Cox High School girls' soccer team. At the end of the tournament, Heather Hale and Brandy Wheeler were recognized for their outstanding performance by being chosen as part of the all-tournament team.

The girls continued their season by playing district games. During the season, teamwork brought the girls together, especially when they had to face tough teams. The girls brought the season to an end by receiving second place in the district.

Some team members were individually recognized for their outstanding soccer skills that they demonstrated throughout the season. For the second consecutive year Mary Dye and Esther Dabney made the All-Beach District team. The only sophomore to make the All-Beach District team was Brandy Wheeler. For her second year in a row, Tammy Trent made the second beach district team. Finally, honorable mention for the beach team went to freshman Heather Hale.

VIP
Esther Dabney

"I was very happy with the great sportsmanship and teamwork that the team possessed throughout the year," responded Brandy Wheeler, "It made my first year an unforgettable one."

With many anxious players awaiting a new year, the girls' soccer team looked forward to having another victorious season.

Amanda Klahr passes the ball to a teammate during one of Coach Terri Sawyer's strenuous practices.

Struggling for possession, Esther Dabney tries to maneuver a pass to Mary Dye.

"Ow!" Julie Shields thinks as she scores on a header which leads to victory.

GIRLS' SOCCER

2	First Colonial	3
11	Deep Creek	0
6	Kellam	0
2	Green Run	1
4	Bayside	0
2	Maury	4
0	Norfolk Academy	4
1	George Marshall	0
1	Kempsville	2
2	Salem	1
5	Princess Anne	1

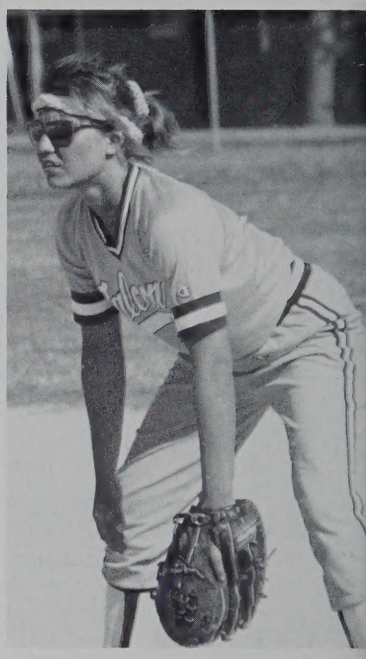
Total Record: 7-4
MVP: Esther Dabney

GIRLS' SOCCER
Front Row: Tiffani Board, Nikki Ethrenzeller, Julie Shields, Jennifer Venable, Linda Melvin, Terri Sawyer (coach); **Second Row:** Heather Hale, Esther Dabney, Kathy Cummings, Mary Dye, Tammy Trent, Kelly Burch; **Back Row:** Dina French, Lynn Ronan, Brandy Shade, Heather Hoehlien, Mandy Klahre, Kelly Conedera

Stealing Home
And Scoring Too!

"At times they played brilliantly!" said Coach Art Koeppen, finishing up his seven years of coaching softball. The girls' softball team's record was ten wins and eight losses. Their victories were characterized by teamwork, agility, and sportsmanship on the field. The team's losses were almost always close scores. Junior Kim Lipscomb received the award for Outstanding Infielder. Senior Nicole Call won the Outstanding Outfielder Award, and freshman Geanine Gunther earned Most Valuable Player. When asked about Coach Art Keoppen's retirement from the game, Kim Lipscomb's tribute was: "Thank you, Mr. Koeppen. We're looking forward to upholding your high standards and winning tradition."

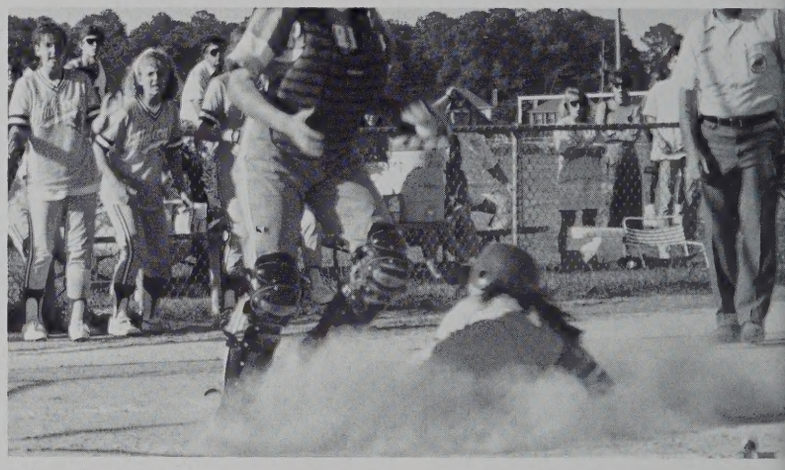
VIP
Jeanine Gunther



Senior first baseman Tanya Yates assumes a defensive stance.

During a game against Kempsville, Jeanine Gunther hits a ball that will surely give the outfielders a shock.

Tina Sawyer demonstrates good form as she delivers the next strike.



Scoring the winning run Lisa Pruitt slides into home as teammates Andrea Chamberlain and Becky Ross wait for the call.

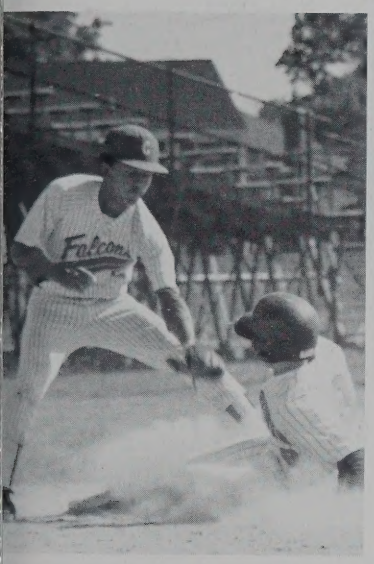
SOFTBALL

15	Norview	2
9	Green Run	5
7	Bayside	8
10	Indian River	2
5	Kempsville	4
6	Lake Taylor	4
7	Salem	9
4	Princess Anne	13
11	Indian River	10
17	First Colonial	12
6	Kellam	8
24	Green Run	6
13	Bayside	4
4	Kempsville	5
3	Salem	6
6	Princess Ann	10
12	First Colonial	11
5	Kellam	10

Total Record: 10-8
MVP: Jeanine Gunther

SOFTBALL
Front Row: Leigh Poore, Grace Garvin, Lisa Pruitt, Ashley Bolen, Tanya Yates, Tina Sawyer; **Back Row:** Jennifer Allen, Becky Ross, Nicole Call, Andrea Chamberlain, Jeanine Gunther, Kendra Ward, Art Koeppen (coach)

Diamond In The Rough
Shines with Practices



Second baseman Yokihito Ihoh tags the runner for the final out of the Green Run game.

Throwing another curve ball, Justin Danner tries to strike his Princess Anne opponent out.

VIP
Chris Shea

Positive attitude! was the slogan of the baseball team. It was a transitional season in respects to this John Ingram said, "It was a year for rebuilding." Coach Ingram took this novice team and worked on stress skills, sportsmanship, and self-discipline. The team practiced every afternoon, showing significant improvement. Their perseverance showed through when they won their final game.

The opposing First Colonial Patriots gaze at Larry Davis as he hits into the outfield.

BASEBALL

4	Manor	5
5	Green Run	3
1	Green Run	7
8	Bayside	7
4	Kempsville	6
2	Salem	8
6	Granby	4
7	Princes Anne	10
0	First Colonial	7
11	Kellam	6
2	Western Branch	5
0	Bayside	4
4	Kempsville	10
3	Salem	7
3	Princess Anne	14
5	First Colonial	12
5	Kellam	4

Total Record: 5-12
MVP: Chris Shea

ASEBALL
ont Row: Eric Silverio, Kelly Henderson, rry Davis, Rob Weeks, Yokihito Ihoh, rtis Price; **Second Row:** Mark Alphin, Justin Danner, Chuck Licktenham, Brett Matthews, Robby Porter, Jeff Creighton; **Back Row:** John Ingram (coach), Chris Shea, Brian Dexter, John Swanson, Steve Dagnault, Ryan Wood, Billy Kachuba, Troy Hines, Jim Porter (coach)

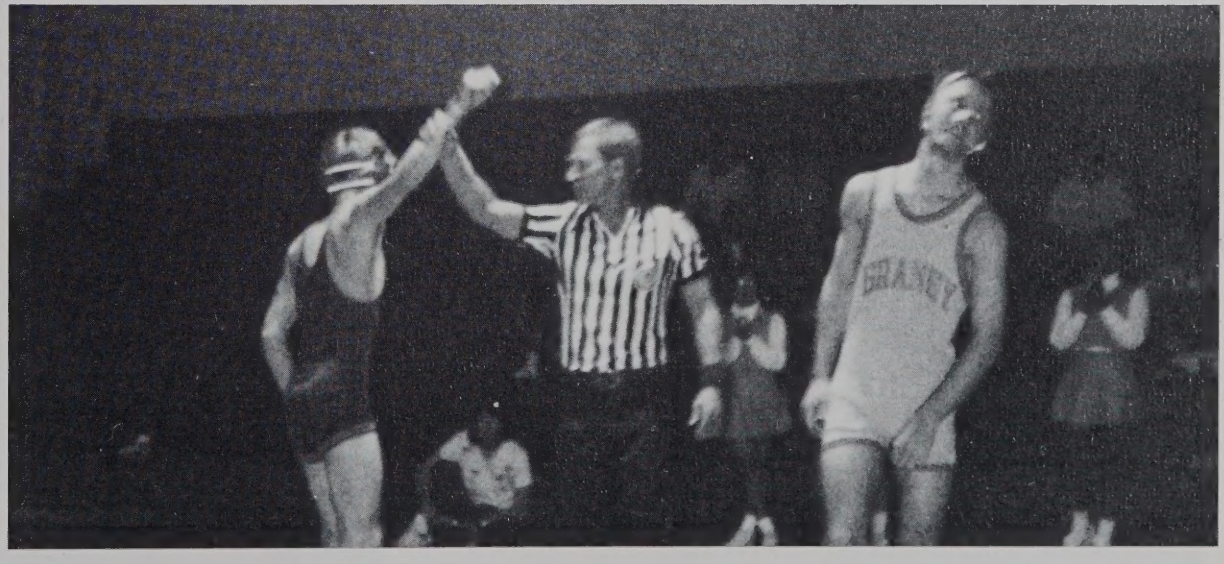
Jeanie Gunther executes a great hit downfield.

BMAN.
It was fun
listening to your
Stones in English.
I also enjoyed stealing
your french fries. Remember
one of these days I'm going
to steal your sneakers. See ya
next year.

Jenne

FALL / WINTER SPORTS '90-'91

The fall and winter sports had a truly glorious season. Starting the year right, the football team had its most successful season in eight years as they ended the season with a .500 record. Field hockey once again travelled to Northern Virginia for the State Championship. The girls' tennis team really played "great tennis" and proved it by also going to the State Championships. Girls' cross country dominated the district by placing sixth in the state. As winter arrived, wrestling, gymnastics, and basketball proved their power and all experienced moments of glory.



Concentrating on the ball, Cathy Cummings prepares to slam it across the net.

Senior Sloan Frey celebrates another wrestling victory.

Putting in everything she has, Leigh Goldberg attempts to score, while Tammy Trent assists and Leigh Pore waits for a rebound.

FIELD HOCKEY

2	Princess Anne	0
4	Kellam	0
2	First Colonial	0
5	Green Run	0
2	Salem	0
6	Bayside	0
2	Kempsville	1
1	Princess Anne	0
5	Kellam	0
2	First Colonial	0
6	Green Run	0
0	Salem	0
8	Bayside	0
1	Kempsville	2

TOTAL RECORD: 12-2-1

MVPs: Carolyn Hurwitz
Tammy Trent
Mary Dye

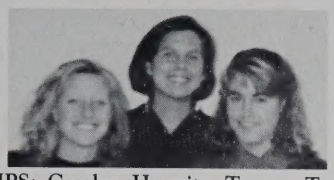
STATE CHAMPS!!

Taking the running start from a corner is Tasha Bangart.

"One moment in time"

State champs carry on the tradition

There was nothing astonishing bout the girls field hockey season. was not the first time that this werful team brought home a State ophy for all to envy. This was an pecially sweet victory, for Cox's me went down in history among irginia high schools as having the ly field hockey team to success- lly defend a state crown for two ars in a row. Not only did they ac- mplish this but they also won cond in Eastern Regionals. "They ve a new meaning to the word oud," said Nancy Fowlkes, the derlining force behind the mag- ficent players. Though there were any outstanding veteran players, there were also many excellent "new editions" to make the team whole. Christen Cummings, Kelly McDonald, Heather Hale, and Jeanine Gunther were the talented new players who hope to continue the proud Cox field hockey tradition through their senior years. Following in the tradition of senior players Ashley Bolen, Wendy Hebert, Carolyn Hurwitz, Tammy Trent, and Mary Dye. All the players, whether new, experienced, or veterans, spent many long summer days practicing and preparing for what they hoped would be a season up to Falcon standards. Once school started and the team was selected, they spent many more valuable hours after school and on weekends to hone the skills that would lead them to victory. Some took these skills even further by making the first and second Beach teams. These hard working players are Mary Dye, Leigh Goldberg, Carolyn Hurwitz, and Mary Dye who made it to the first Beach team. The players to make second Beach team are Ashley Bolen, Heather Hoehlein, and Kelly Hood. The field hockey team spoke softly and carried big sticks, using action, not words, to lead them to State and uphold the Cox winning field hockey traditions.



VIPS: Carolyn Hurwitz, Tammy Trent, and Mary Dye "Coach Nancy Fowlkes emphasizes that hockey is not an individual sport but a team sport."

Mary Dye, junior Olympian, scores the state title game winner on a penalty stroke.

eather Hale sweeps the ball away after com- eting a successful tackle while Kelly Hood is ady for the unexpected.

Heading towards the opponents goal Kelly Burch uses her reverse stick to obtain the ball.

FIELD HOCKEY
Front Row: Ashley Bolen, Carolyn Hurwitz, Wendy Hebert, Tammy Trent, Mary Dye; **Second Row:** Leigh Pore, Tasha Bangerk, Danielle DeCandia, Heather Hoehline, Kelly Hood, Leigh Goldberg; **Back Row:** Toni Lewis, Christen Cummings, Heather Hale, Jeannine Gunther, Kelli Burch, Kelly McDonald, Terri Lewis

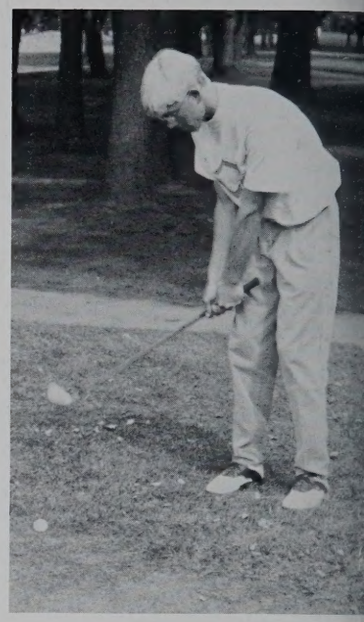
Up to Par

Cox makes golf look easy

To many people golf would seem like an easy sport, but the guys on the golf team know it takes a lot of dedication and strenuous practice. Practically everyday you could spot the golf team on the course of Broad Bay Point Greens. It is said that many of the players play golf 365 days of the year. This year almost all of the team was new. This made every player work extra hard to prove individually and as a team. These new players got their act together fast and blew everyone away with their talent and ability.

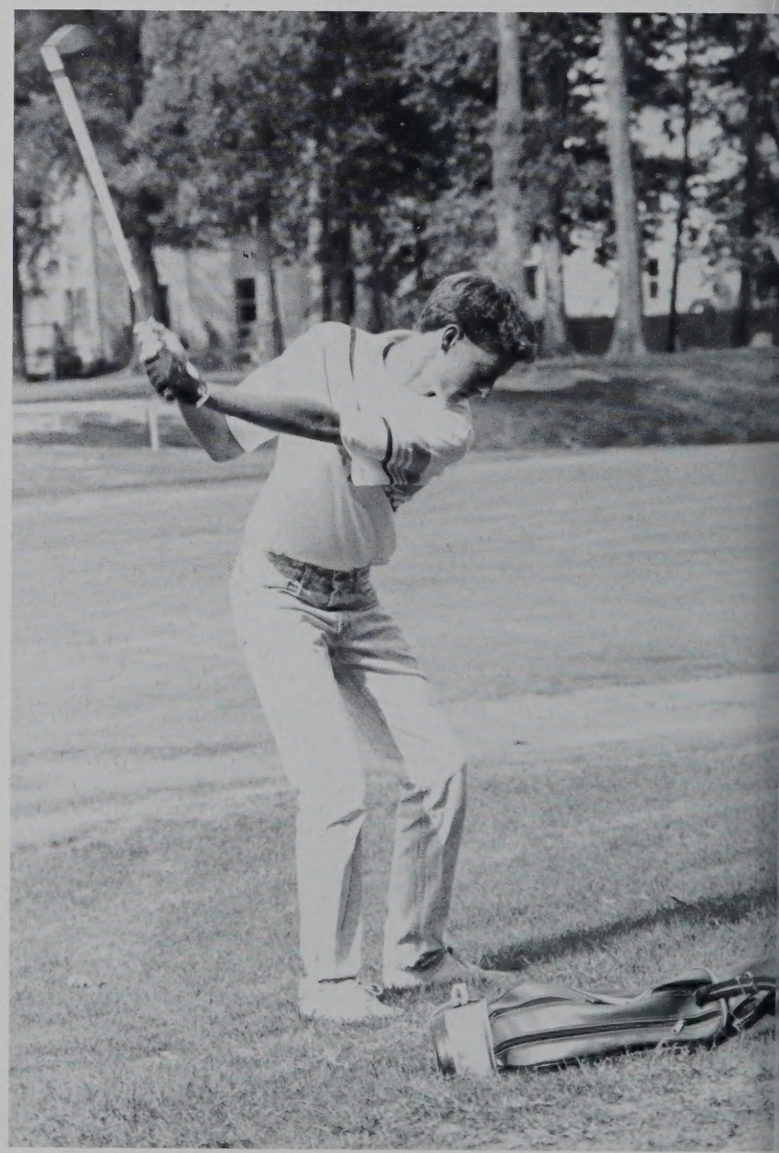
The team members that made the team such a success were the six starting players: Troy Ferris, Brian Winston, Ned Dickinson, Mike Dunn, Jeremy Beach, J.T. McDonald and Dustin O'Donnell. They were successful in winning District, second in Regionals and fifth in State. Singularly Troy Ferris showed his stuff by winning District and second in Regionals. Coach Tom Smith had only one thing to say to sum up this season's team "so far past my expectations."

VIP: Troy Ferris, "The more you practice, the better you get."

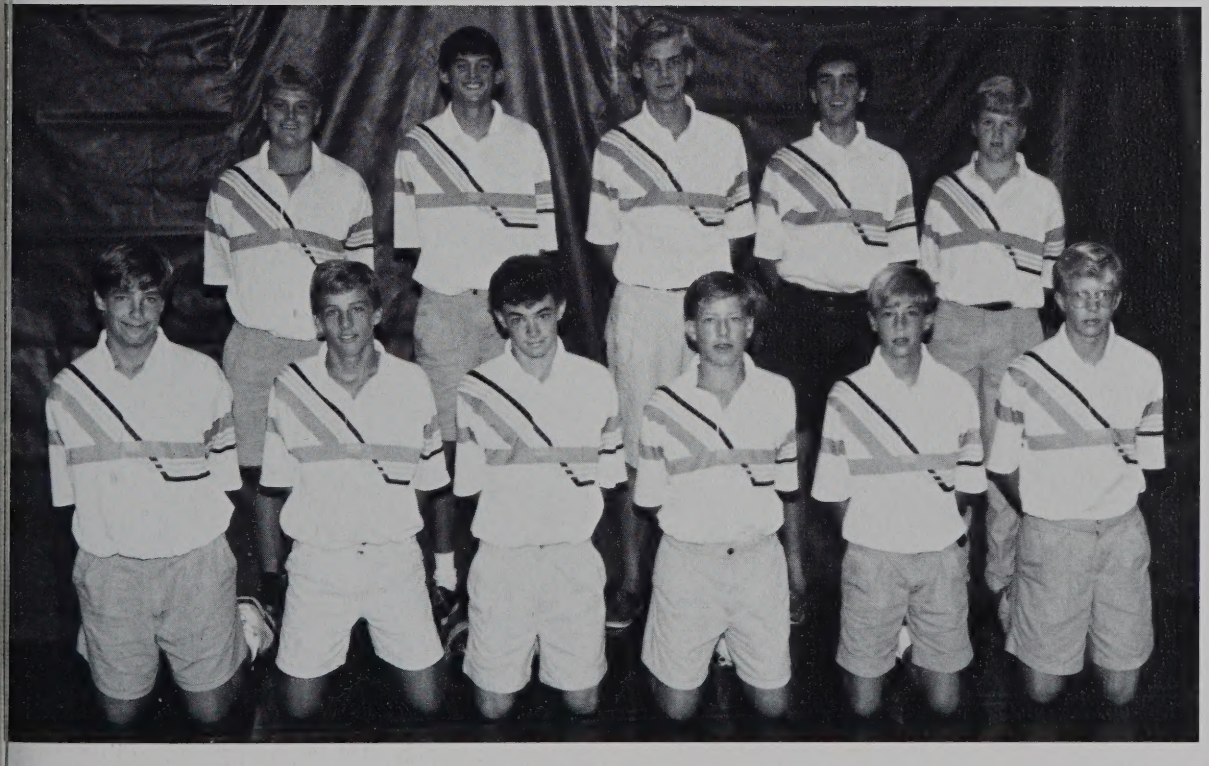


Using his powerful stroke, Brian Winston will get the exact par for this hole.

Teeing off at hole number one on the Broad Bay Point Greens course, Ned Dickerson hopes for a hole in one.



To start his game Mike Dunn uses his excellent stroke.



OLF
ront Row: Chris Florence, Peter Cummings, J.T. McDonald, Tom Landon, Mark Soderberg, Brian Winston; **Back Row:** Troy Ferris, Jeremy Beach, Patrick Sostmann, David Lamoureux, Jason Quinter.

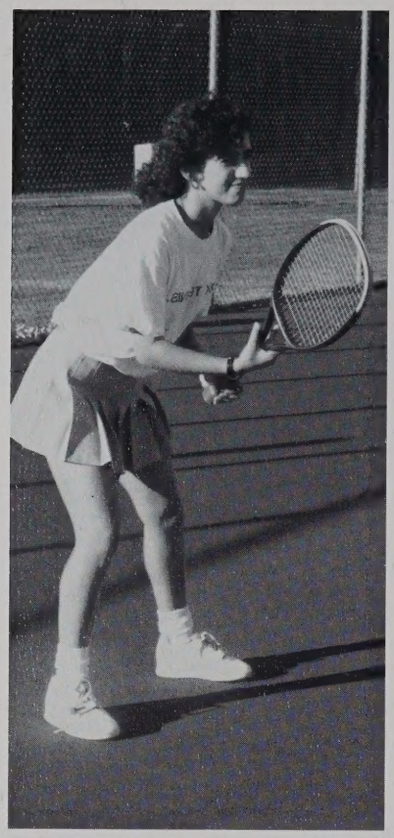
GOLF

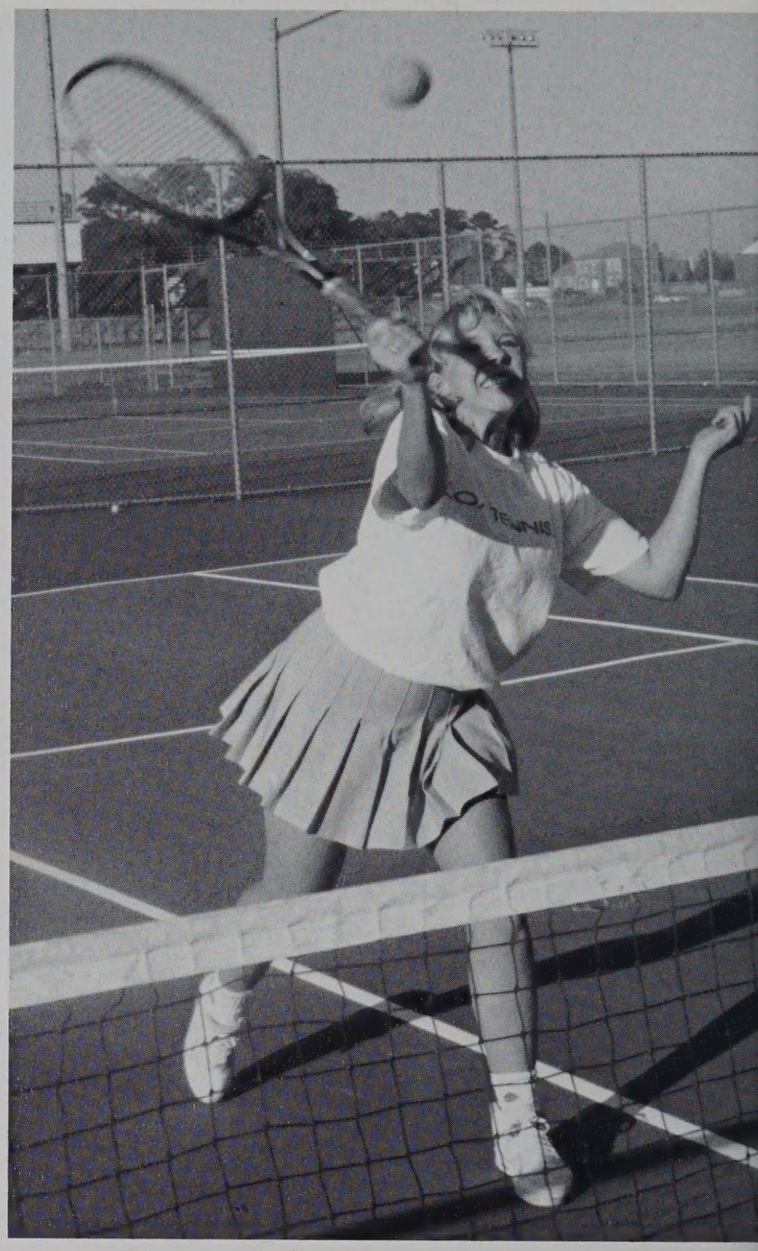
292	Western Branch	309
317	Layfayette	301
320	Churchland	330
319	Kempsville	306
317	Bayside	331
300	Green Run	383
307	Salem	315
307	First Colonial	306
317	Princess Anne	337
309	Kellam	339

TOTAL RECORD: 3-7
DISTRICT CHAMPS!!
MVP: Brian Winston

Studying the angle of the ball, Mike Dunn knows that if he gets it in the hole this might mean a win against Kempsville.

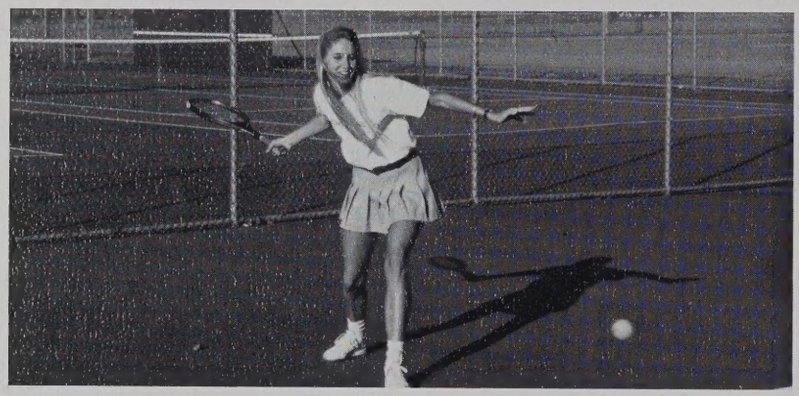
Hopefully, Dustin O'Donnell will meet his par with this stroke.





Awaiting the next serve, Yasi Ayat plans her strategy to make this a winning point.

Stretching back in order to lob the ball is senior Geneice Mathews.



GIRLS' TENNIS

8	Princess Anne	1
7	Salem	2
8	Green Run	1
9	Kellam	0
9	First Colonial	0
8	Kempsville	1
9	Bayside	0

TOTAL RECORD: 7-0

MVPs: Judith Koks
Angie White

GIRLS' TENNIS
Front Row: Katherine Psimas, Yasi Ayat, Megan Parker, Drew Delhomme, Cathy Cummings, Chris Cooney; **Back Row:** Heath Flohre (manager), Nicholas Psimas (manager), Claire Fox, Angie White, Christin Stebbins, Beth Zondroak, N Klantar, Geneice Mathews, Judith Ko Coach Glen LaFerriere

Taking It to Court

The Verdict Comes Out in Favor of Girls' Tennis

Serving, slamming, and volleying he ball across the net, the girls' ennis team worked up a sweat vithout losing their cool. The ennis team used powerful back- ıands, smoking forehands, and just bout any other move imaginable to lefeat their opponents.

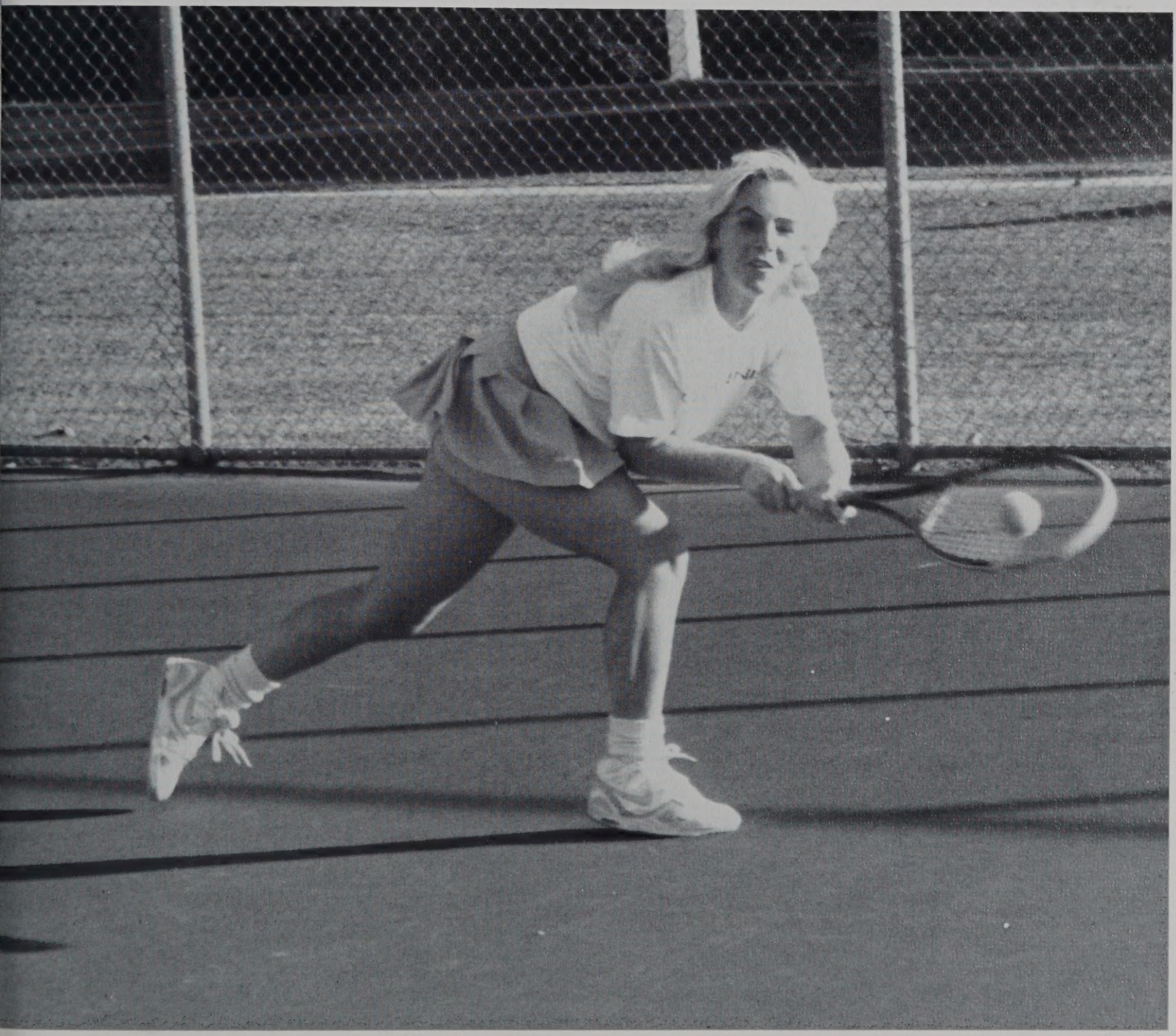
Much of the team's strength was in Angie White, the sophomore who was the number one player on the team, and in Judith Koks, an exchange student from the Netherlands who won the Beach District girls' individual tennis title. They weren't the only ones who played hardball in competition, however. As Coach Laferriere remarked, "This is the best girls' tennis team Cox has ever had." With such an abundance of talent, both old and new, no one doubted them.

The racquet-wielding girls served up a sixteen-wins, one-loss season, losing only to James Madison High School in the State Finals. Coach Laferriere suggested that perhaps more practice playing strong, champion teams would boost the girls' skills to the level needed to take a state championship. Until then it was back to court, and the verdict was that "Cox knew tennis."

VIPS: Angie White and Judith Koks "We came, we saw, we won!!"

Drew Delhomme returns a volley.

Cathy Cummings shows her backhand.



FOOTBALL

25	Western Branch	30
10	Granby	26
28	Kellam	22 (OT)
28	Gloucester	14
0	Green Run	14
0	Bayside	20
28	First Colonial	49
19	Salem	6
33	Princess Anne	28
28	Kempsville	14

TOTAL RECORD: 5-5

MVP: Lamonte Still

A Bayside Marlin gives up his hopes of scoring a touchdown as Rodney Johnson, John Soroka, and Ron Tesnow attack him from the side.

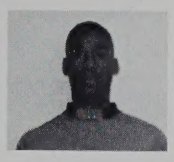
Cox players rush in to keep the other team from capturing the ball.

Touchdown

The Football Team finishes with an outstanding season

Sensational! Although there are any things that can be said about he football team's play this season, hat one word sums it up pretty well. Coach Prince's second football ason at Cox, he has turned around team that was once thought to fer little competition and trans-rmed it into a rising threat to other ams in the Beach District.

For Coach Prince's hard work to-ards building a team that is becom-g more and more powerful, he re-ived the "Football Coach of the ar" award from *the Beacon.* Not ly has Coach Prince instilled the sire to win in team members, he s also gathered a loyal following of ns at home and away games. hether it was Coach Prince's dis-pline, his spirit, or his belief that am somebody, I can achieve," at caused the winning season, he s been irreplaceable to the lcon's first .500 winning season in he years.

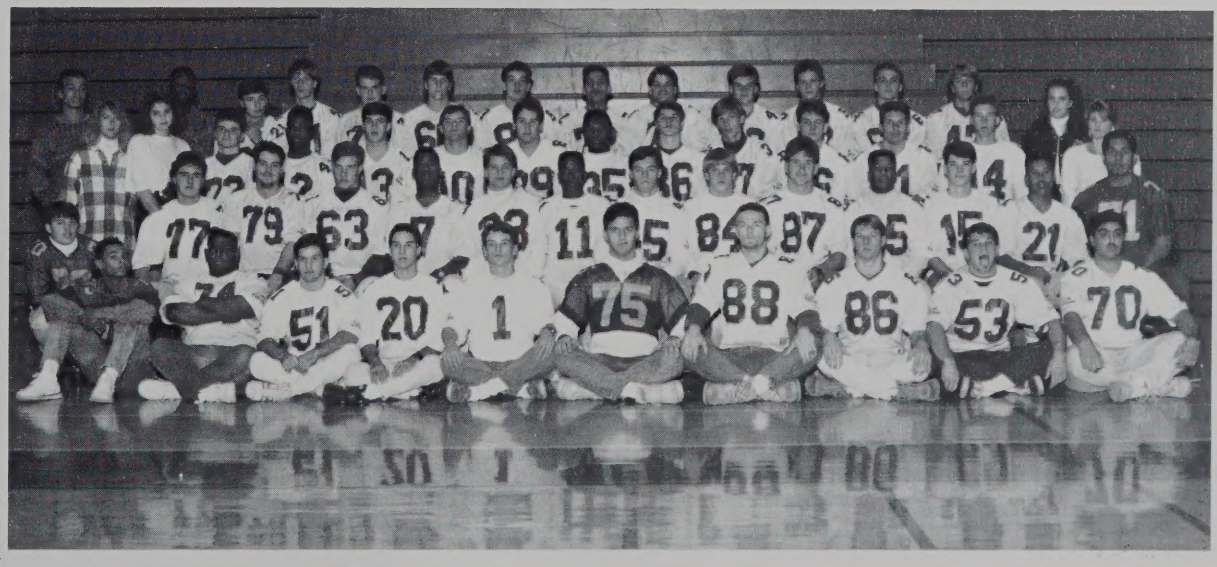


VIP: Lamonte Still "I hope to have a better year next year."

As Coach Prince and the "Bleacher Creatures" looked on, tackle Ted Klima, guard Nate Smith, and running back Lamonte Still earned spots on the first All-Beach Team. Brett Mathews, Carl Mackey and Kelcey Graves were chosen for the second All-Beach team. Still barely missed setting a rushing record. It was a sensational season.

"I got him around the knees, you get him around the waist," John Soroka shouts to Kelcey Graves, Rodney Johnson, Ron Tesnow, and Rico Singleton as he attempts to keep a Bayside Marlin from advancing with the ball.

u can run, but you can't hide when John oka is going for the tackle during the mecoming game.



FRONT ROW: D. Mitchell, T. Williams, J. Estes, K. Skinner, B. Mathews, T, Klima, C. Mackey, A. Grant, N. Smith, Z. Djalaly; **ROW 2:** J. McMahon, M. Cover, A. Turner, L. Achatz, L. Still, R. Pruitt, M. Squire, B. Dexter, C. Harrell, B. Bennett, K. Graves, I. Kibler, K. Watley, E. Tanielu; **ROW 3:** J. Antonaccio, C. Mayer, P. Wright, W. Smith, R. Tesnow, R. Ancle, D. Brains, J. Iman, R. Hayes, K. Mowmow, B. Steelman, H. O'Brien, C. Dorr; **LAST ROW:** A. Artis, D. Banks, B. Ballue, S. Eubanks, P. O'Brien, C. Moore, R. O'Connell, B. Bray, D. Tanielu, M. Murphy, T. Acker, C. O'Sinkowski, D. Ayres, B. Lee, J. Duckworth.

Fired Up
Cheerleaders Take It to the Limit

When it comes to helping a crowd get into the spirit of a football, basketball, or any Cox game, the Falcon Cheerleaders are the best for the job. The fourteen girls, who had more pep than the rest of the crowd combined, used their rousing chants and cheers to boost the fans' levels of support for our teams. Not only do the girls cheer, but they also collected scores at gymnastics meets, helped parents find class rooms at Open House, and sold candy bars and spirit ribbons to raise money.

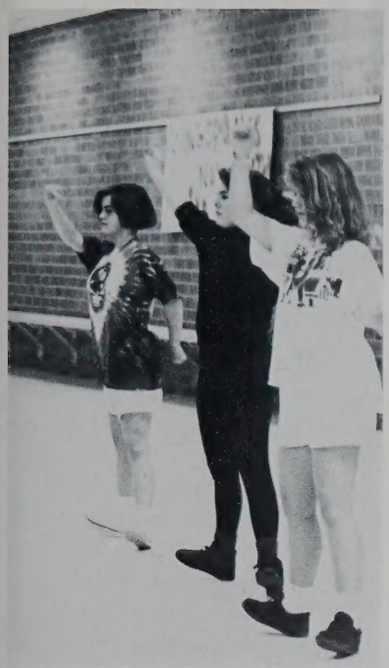
The squad began their preparation in the summer, attending an intense cheering camp at Old Dominion University where they perfected their jumps and other movements, and they learned how to act as a team. The cheering squad obviously did well there because they received the Safety Award, Spirit Award and Second place for the National Cheering Association at ODU. Furthermore, two of the cheerleaders, Kim Garrison and Terri Lewis were nominated for All-American cheering.

VIP: Nancy Pillow, "the key to success is the spirit we hold within us."

Taking a quick rest after their chant, Terri Lewis, Nancy Pillow, and Kim Garrison get ready for their next cheer.

FRONT ROW: Amy Hunt, Emily Roberts, Nancy Pillow, Naomi Shedlock; **ROW 2:** Nicole Davenport, Heather Kellihan, Terri Lewis, Claire Gunter, Kim Garrison; **LAST ROW:** Laverne Burrus, Jenny Bullard, Sara Weiss, Leah Word, Sydney Lee.

Casting a glance toward the team, co-captai Nancy Pillow starts a cheer.



Practicing after school are Liz Canfield, Traci O'Donnel, and Racheal Ward.

FRONT ROW: Liz Hark, Jenny Carley; **ROW 2:** Kelli Holloway, Julie Soderberg, Tricia O'Donnell; **ROW 3:** Liz Cantfield, Selina Perez, Kathleen Mosman, Hannah Meshorer, Snowe Miller, Lynn Johnson; **LAST ROW:** Lee Smith, Amy Bourne, Jennifer Sexton, Tiffany Davis, Lisa Rowe, Kenya Newell, Vanessa Farmer, Maria Lopez.

Preparing for the upcoming football game, Coquette Captains Liz Hark and Jen Carley teach Maria Lopez, Kathleen Mosman, Nikki Ferris, and Jennifer Sexton a new routine.

Leading the dance perfectly are Vanessa Farmer and Hannah Meshorer.

Express Yourself

Coquettes Show Their School Spirit

When halftime arrives at Cox football and basketball games, the crowd doesn't get up for refreshments like at other schools. Instead, they remain glued to their seats, anticipating the arrival of the Coquettes, Cox's very own dancing troupe. The twenty-four member group was selected through very competitive try-outs conducted last spring. As a dance team, they started preparing for the half-time routines during the summer, when they attend camp, and continue practicing three to five times a week after school during the fall and winter months.

Captains Jen Carley and Liz Hark led the dancers in routines choreographed by various team members. They performed at numerous other events such as at Old Dominion University basketball and soccer halftimes. They also pumped up the spirits of Cox students at assemblies and pep rallies.

VIP: Julie Soderberg "Being on the Coquette squad has taught me a lot about friendship and responsibility."

The Coquettes also took their sparkling steps to the streets when they performed at the Neptune Festival in the fall. There they were voted "Best Civilian Marching Unit."

The Cox Coquettes express themselves through their dances, using their talent to bring spirit and school pride to Cox.

Keeping In Stride With The Competition

Cross Country runs the path to victory

Boys' and girls' cross country laced up their running shoes and ran the path to victory this season, winning many competitions throughout the fall.

Boys' cross country, though a young team, finished the season with losses only to Princess Ann and Salem High School. The inexperienced team quickly developed into viable competition by setting their goals toward victory and practicing everyday on the terrain at Mt. Trashmore. The team, which was made up largely of sophomores and juniors, many of whom had never ran cross country before, "molded themselves into a team that was a contender for District Championships," stated Coach Tim Webb. They won fourth place at the district meet. Rob Sucher, the team's top runner, went on to compete at the state meet.

VIP: Robert Sucher "As the best track team ever, we can finally say we are number one at the Beach."

VIP: Sarah Londeree and Jennifer Scofield "Why do we run? Because it's fun to run!"

Girls' cross country ran the extra mile this season, becoming the district and regional champions, and going on to place sixth at the state meet. Coach Barr stated, "It was an outstanding, successful season though we fell short of our goals at state." Besides the regular season meets, the team participated in the UVA invitational in September, where they won second place, then ranked sixteenth in the nation. In October the goals ran away with the first place trophy at the William and Mary invitational Jen Scofeild and Sarah Londeree were chosen as the VIP's for the leadership they show when spurring the team on to victory. The girls finished the season ranked sixteenth in the nation, an honor no school has ever had.

While Karen Gurnck studies up the hill, Coach Glen Barr cheers her on.

Concentrating to achieve his personal record Robert Sucher keeps his cool during the last ten yards.

BOYS' CROSS COUNTRY

34	First Colonial	45
34	Kellam	51
17	Green Run	42
35	Princess Anne	21
40	Salem	26
34	Kempsville	41

TOTAL RECORD: 5-2
VIP: Robert Sucher

BOYS' CROSS COUNTRY
FRONT ROW: John Caldwell, Doug Hamm, Steve Santipalo, Brad Stebbins, Tim Thomas. **BACK ROW:** Jeff Howard, Steve Daignault, Robert Sucher, Josh Speckhart, Matt Legg, Ricky Lemeta, Coach Tim Webb.

Using her running techniques Amy Winston tackles a hill at mount Trashmore with ease.

GIRLS' CROSS COUNTRY
FRONT ROW: Kristen Rough, Sarah Londeree, Maggie Cho, Karen Gurick. **BACK ROW:** Laurie Philips, Mary Ann Ingram, Coach Glen Barr, Jen Scofield, Amy Winston.

GIRLS' CROSS COUNTRY

28	Salem/Bayside	25
15	Kempsville	50
15	Princess Anne/	50
	Green Run	50
15	First Colonial/	40
	Kellam	44

TOTAL RECORD: 6-1
VIPs: Jennifer Scofield
Sara Londoree

While a Kellam cheerleader rallies them on Bryan Jennings remains one step ahead of his competitor.

Right Balance
It All Adds Up

Many people think gymnastics is just tumbling and jumping, but the gymnasts proved otherwise. The dedicated girls began practicing before the season ever started at Gymstrada. The reason for such an inconvenience was the mysterious disappearance of the new parallel bars from their storage place.

The girls compiled an average of 102 points per meet, more than any previous gymnastics team. This was a big accomplishment for a young team, consisting of three juniors, three sophomores, and three freshmen. The tri-captains, Ann Ballard, Samantha Arnette, and Tricia Hendershot, provided leaderships.

The team placed third in the district. Sophomore Allison Wise placed in the District Tournament on floor, vault, and bars and sprang her way to 6th place at Regionals with her vault routine. This feat took her to tenth place at State.

Many years of training paid off,

VIP: Allison Wise "If you fall, always get up and try it again."

and when all was over, Coach Melody Hartranft double-locked the team's equipment.

Keeping toes pointed and reaching high, Tricia Hendershot makes her beam routine look simple.

Using grace and emotion, Darcy Stables finishes a dramatic floor routine with 9.0. She was quoted as saying, "Our toughest competitors this year were injury and sickness. Despite these obstacles, we finished our season with a terrific record. The most important thing is to keep smiling and give it your best shot."

Sam Arnette, under the watchful eye of Coach Mel Hartranft, executes her vault with great form.

Pushing herself to the limit, Allison Wise performs a perfect vault routine that will take her to Regionals.

GYMNASTICS
FRONT ROW: Darcy Stables; **SECOND ROW:** Jennifer Edwards, Liz Wolfe, Allison Wise; **THIRD ROW:** Corey Mallory, Annette Raule; **BACK ROW:** Tricia Hendershot, Ann Ballard, Samantha Arnette

GYMNASTICS

94.55	Green Run	92.5
94.3	Kellam	92
92.1	Salem	99.05
99.9	Princess Anne	95.25
100.75	Kempsville	104.9
98	First Colonial	101.4
99.35	Bayside	97.3

TOTAL RECORD: 4-3
MVP: Allison Wise

Throwing with all his strength, Brian Steelman does his best to help defeat Kellam.

Hard practice and dedication has improved Captain Brett Matthews' time in the big meet against First Colonial.

BOYS' INDOOR TRACK

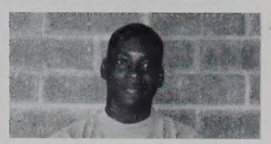
46	Salem	118
46	Bayside	43
46	Princess Anne	28
58	Kempsville	63
74	Green Run	48
88	First Colonial	34
66	Kellam	56

TOTAL RECORD: 5-2
VIP: Donnell Malone

BOYS' INDOOR TRACK
Front Row: San Wright, John Ahart, Leone Robert, Jon Caldwell, Steve Daignault, Brad Stebbens, Matt Legg, Robert Jansen, Ryan Hayes, Brett Matthews. **Second Row:** Kaseem Faulks, Sandros Smith, Jamie Summick, Jason Peters, Kelly Henderson, Robert Sucher, David Ayers, Jason Dun, Greg Scovil, Doug Hamm, Richard Percifull, Drew Felty, Ray Ayres, David Berrios. **Last Row:** Chris Reid, Gene McCallister, Brian Steelman, Josh Speckar, Gavin Fox, Da Drummond, Ryan Wood, Matt Conrac Scott Flecher, Josh Stivers, Richard Collie Chris McCallum, Robert Ingram, Coac Tim Webb.

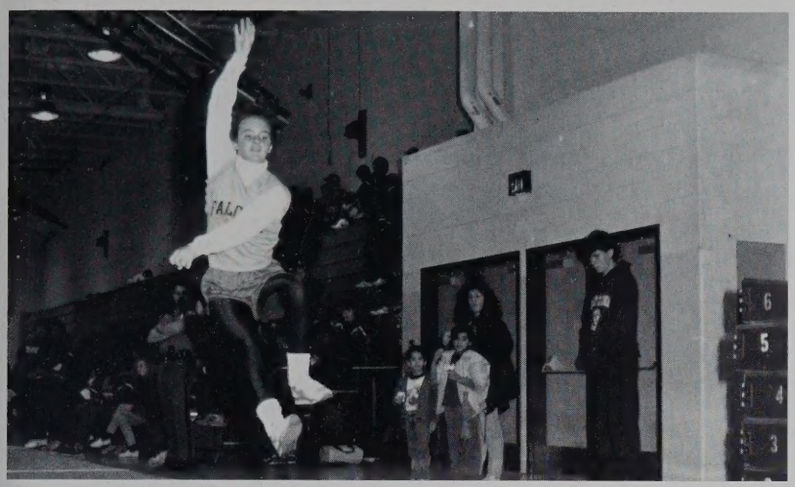
Weather: Cold
Track: Hot

VIP'S: Karen Gurick and Lori Philips "You run and you run and you never stop." (The Call)



VIP: Donnell Malone "The 90's are ours in track and field."

Springing forward for a record jump, Donnell Malone makes leaping twenty-one feet look easy.

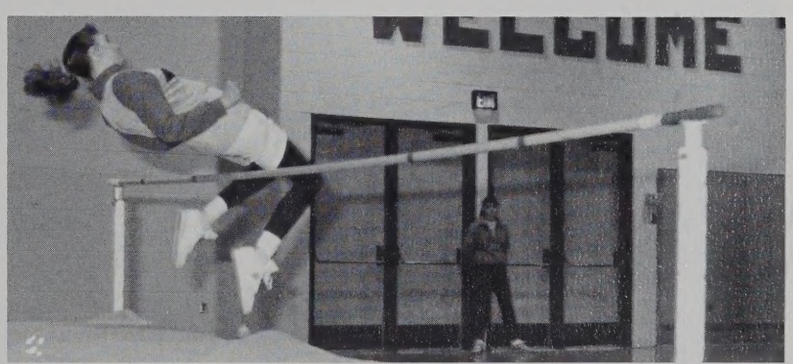


Doing very well in her first year in track, Kelly McDonald creates a move to carry her further in the long jump.

Dropping temperatures definitely did not stop the track team; instead they tracked indoors and tallied up a winning season. The boys' track team achieved a 5-2 season, led by Donnell Malone who scored points in ten different events throughout the season and competed in seven events at the state tournament. Coach Tim Webb said of this gifted individual, "He can truly do it all!" Like the boys, the girls' team had an outstanding season, finishing with six victories and only one loss. They continued their winning tradition by sending seven girls — Brandy Wheeler, Sara Londeree, Amy Winston, Jenny Petykouski, Lori Phillips, Karen Gurick, and Jen Scofield — to State, a greater number than any other school. Returning junior team member Richard Collier stated about the team's performance, "This is the best season we've had in a long time!"

Always in the lead, Karen Gurick, Lori Phillips, and Sarah Londoree dominate the race.

Attacking the bar, Gretchen Bauman flies through the air with the greatest of ease.



GIRLS' INDOOR TRACK
FRONT ROW: Erin Doudera, Claire Fisher, Megan Murphy, Summer Tighe, Maren Valerio, Karen Gurick, Lori Phillips, Amy Winston, Catherine Hart; **Second Row:** Donna Braun, Angelita Campbell, Kelly McDonald, Christin Brown, Deena Dunnwoody, Cherie Phillips, Alice Cottle, Sarah Londeree, Jennifer Antinacio, Jennifer Smalls, Kristen Anderson; **Back Row:** Katie Nethery, Kristin Rough, Heather Hale, Brandy Wheeler, Jennifer Petykowski, Joann Schenk, Joanne Duckworth, Gretchen Baumann, Lauren Maturo, Felicia Resh, Coach Glenn Barr, Wendy Harris

GIRLS' INDOOR TRACK

74	First Colonial	40
69.5	Salem	94.5
69.5	Bayside	35
69.5	Princess Anne	14
80	Kellam	34
88	Green Run	21
84	Kempsville	20

TOTAL RECORD: 6-1
VIPs: Lori Phillips
Karen Gurick

Pin or Die
Words to Live By

Since 1965, the wrestling team has had a 301-34-3 record, with their 300th win taking place during the '90-'91 season. Therefore, "Pride, Tradition, Dedication" was not just a phrase; they were the three words the wrestlers lived by. The team won all seven of its district matches and suffered two losses by one point each to Great Bridge and to Western Branch. In January the wrestlers competed in the Virginia Duals where they were named the most successful team. The wrestlers practiced six days a week with Coaches Gary Hartranft, Billy Gutermuth, and "Doc" Conkwright in "the Room." They won the District Tournament championship and qualified all thirteen starters for Regionals. Sophomore Matt Pruett summed up the wrestling program and the season by saying, "Every practice we pushed each other through. Everybody on the team gave 100%. It's a tradition."

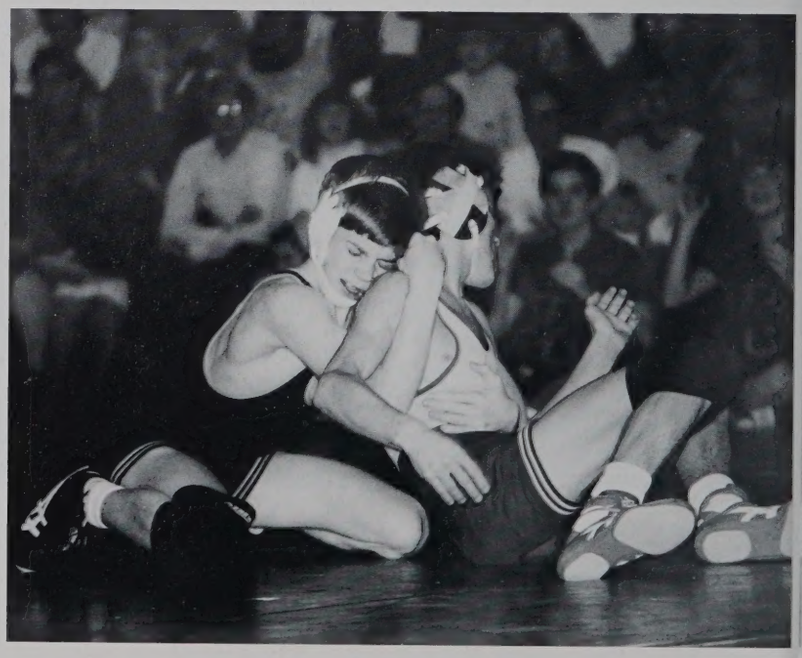
"No Mercy" might be on Clay Wise's mind as he uses all his strength to pull a weak Kempsville opponent closer to the floor.

WRESTLING

72	Salem	0
36	Kellam	15
39	Princess Anne	18
39	First Colonial	15
22	Great Bridge	23
43	Green Run	9
57	Bayside	5
36	Kempsville	11

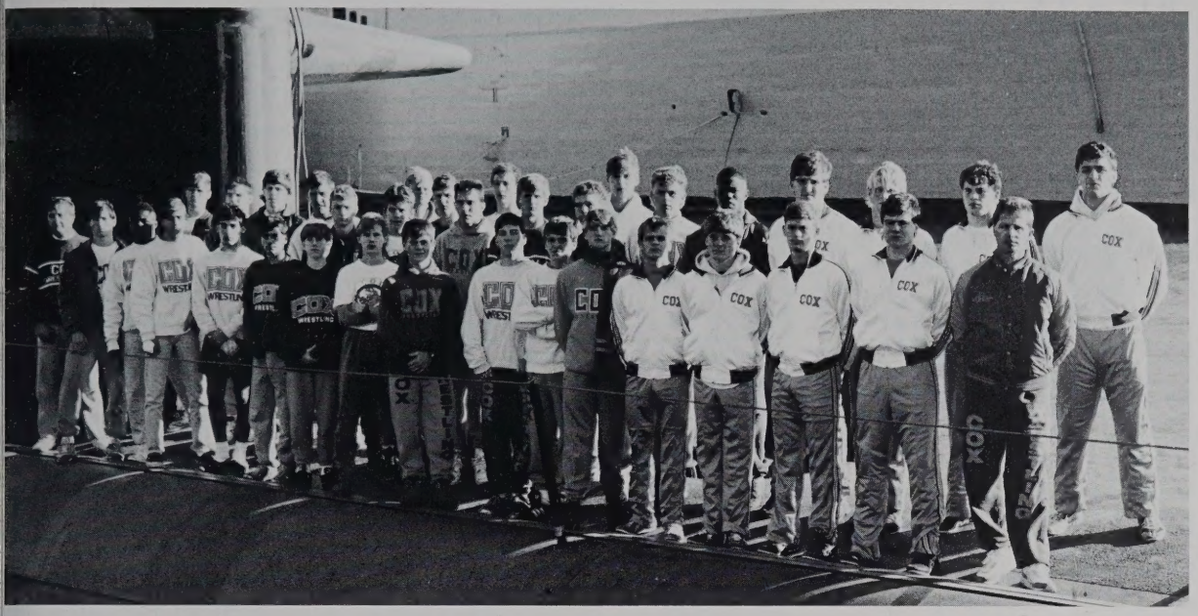
TOTAL RECORD: 7-1
MVPs: Brian Bennett
Chad McPhatter

Preparing to twist his Great Bridge foe into a human pretzel, Alan Jones goes for the pin.



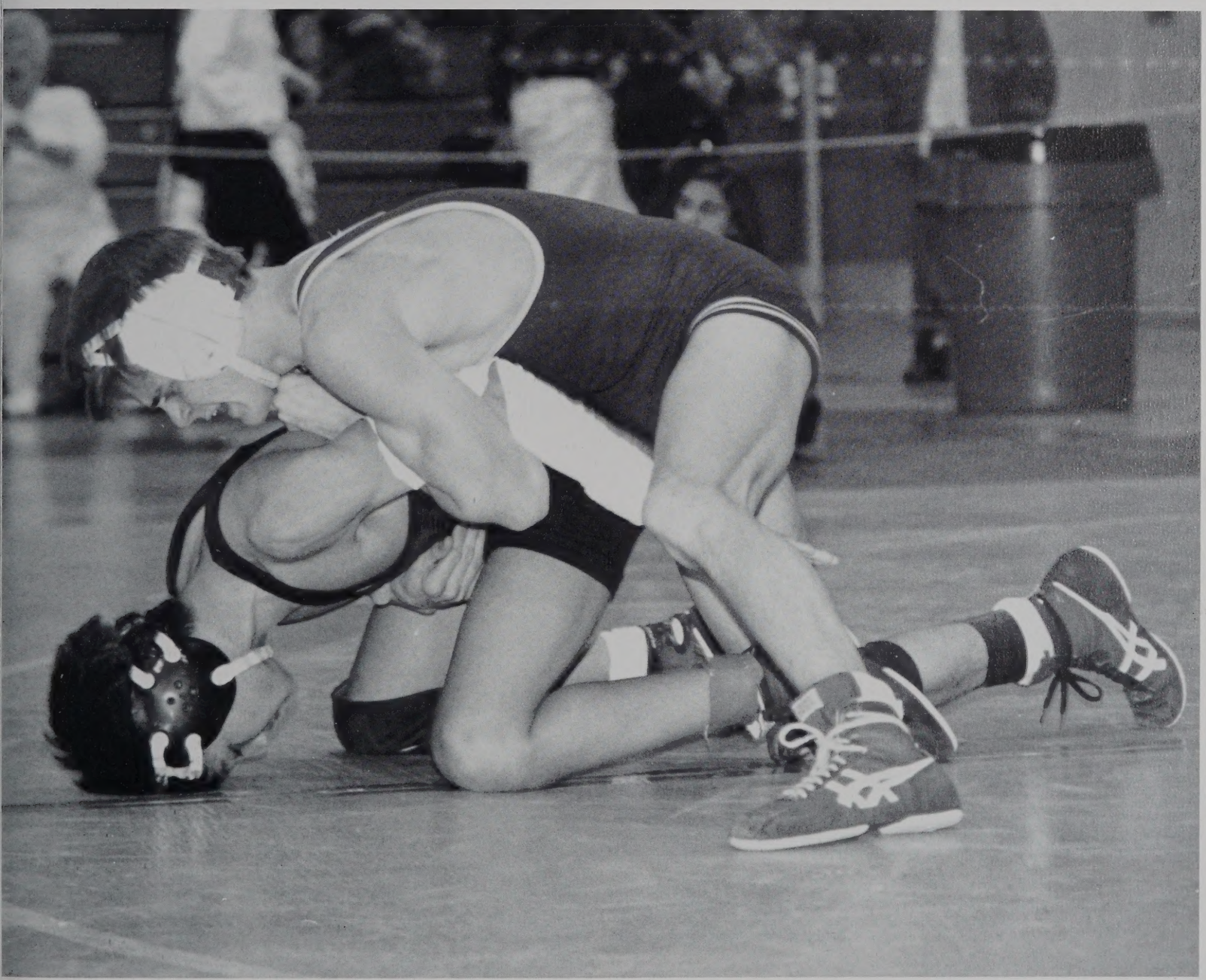
Gritting his teeth as he concentrates, Jason Foresman strains to outmaneuver his Kempsville opponent.

WRESTLING
FRONT ROW: Coach Bill Gutermuth, Chad McPhatter, Damon Burns, Ryan Dunphy, Eric Rivera, John Cistola, Jason Forseman, Travis Fox, Matt Pruett, Clay Wise, Clay Reske, Chad Kent, Chris Richards, Sloan Frey, Howard Pickerell, Johnny Soroka, Coach Gary Hartranft; **BACK ROW:** Micah Wisecarver, Josh Whitacker, Lee Moore, Chad Edwards, Chad Kennedy, Tim Thomas, Jay Pearce, Jimmy Iman, Dennis Seay, Sean Brady, Bobby Sereno, Chip Collier, Lew Crenshaw, Jason Raper, San Wright, Brian Bennett, Alan Jones, Nate Smith, Ted Klima.



VIP's: **Chad McPhatter** and **Brian Bennett:** "In our Cox Falcon singlets, we stood real tall, fighting for our lives and to be on the Wall."

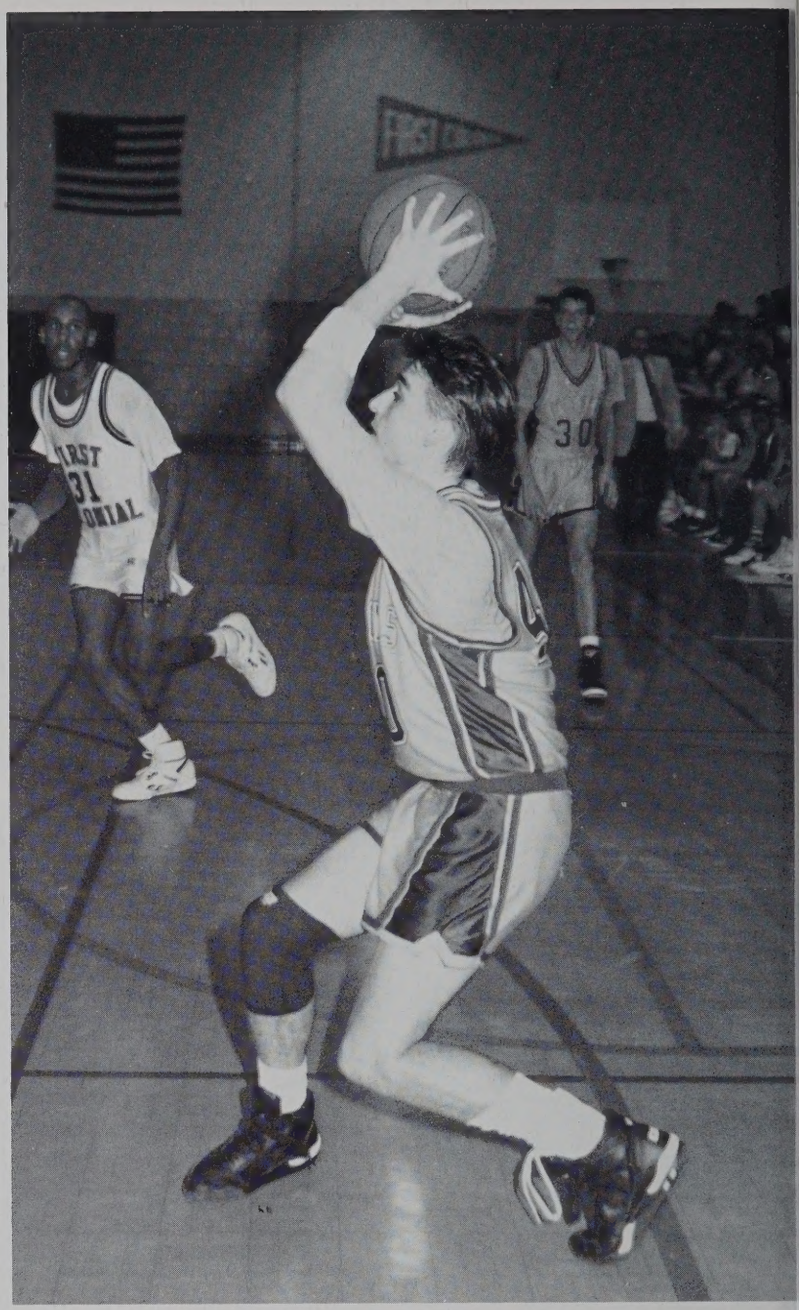
Using a fearsome attitude and an even more powerful grip, Chris Richards brings his adversary to his knees.



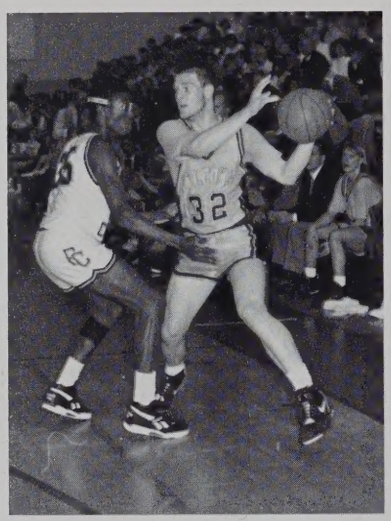
Foul Play
Taking it to Court

The boys' basketball squad epitomized the concept of "team." Lacking any starters from the previous winter, it opened the season with a bang and finished it with a strong third place in the Beach District. Seniors Troy Hines and Jeff Reichert led the team as co-captains and VIP's. There were many others who made a big contribution. Lee Wilburn, the leading scorer, and Brian Jennings each shot twenty-two "three pointers," and Lamonte Still led in assists and steals. Coach Mike Head was very impressed with the boys' outstanding dedication and work, stating, "the team was characterized by unselfish play and it possessed a tremendous work ethic." They continually pleased the large crowds who came to support them by shooting for the stars and by winning fourteen of their twenty games. The boys' basketball team definitely won this season's court battle.

VIP'S: Jeff Reichert and Troy Hines "With two consecutive winning seasons, I think people are realizing that Cox basketball has turned itself around and is heading in the right direction."



Aware of the 5-second rule, senior Lee Wilburn, a top scorer, prepares to fire the ball.



Having kept the ball inbounds, senior Carl Mackey looks for an open teammate for a crucial pass in the First Colonial game.

BOYS' BASKETBALL

66	Great Bridge	69
45	First Colonial	43
64	Salem	74
52	Kellam	49
57	Princess Anne	52
53	Kempsville	47
61	Bayside	78
61	Green Run	51
53	Salem	83
45	First Colonial	43
50	Kellam	48
59	Princess Anne	45
67	Kempsville	62
43	Green Run	45

TOTAL RECORD: 9-5
MVPs: Troy Hines
Jeff Reichert

BOYS' BASKETBALL
FRONT ROW: Mike Stivers, Ron Tesnow, Kenny Jackson, Randy Pintac, Wes Bruehl; **MIDDLE ROW:** Lamonte Still, Lee Wilburn, Troy Hines, Coach Mike Head, Carl Mackey, Jeff Reichert, Terry Miller; **BACK ROW:** Coach Steve Gedro, Matt Gunther, Brian Jennings, David Dirstein, Joe Hart, Temuchin Hodges, Emanuel Thoroughgood Lee Ratcliffe, Mike Raney

Making The Mark
Through the Hoop

The girls' basketball team made their mark by placing second in the District and going into post-season play. Their game against Kempsville was one of the most exciting. After losing in overtime to the district leader, Karen Scheffler observed, "We played good defense, but our shots weren't falling at all." Scheffler was one of the six seniors making their final court appearances, along with Christy Barnwell, Esther Dabney, Ashley Bolen, Kim Lipscomb, and Wendy Hebert. Those seniors contributed to make the team a "well-balanced" one, according to Coach Stuart Holland.

Two seniors who stand extra tall are Wendy Hebert and Kim Lipscomb. Both of these ladies were on the list of Top Ten Scorers for the Beach District, placing third and sixth, respectively. It was no surprise that they won All-Beach recognition.

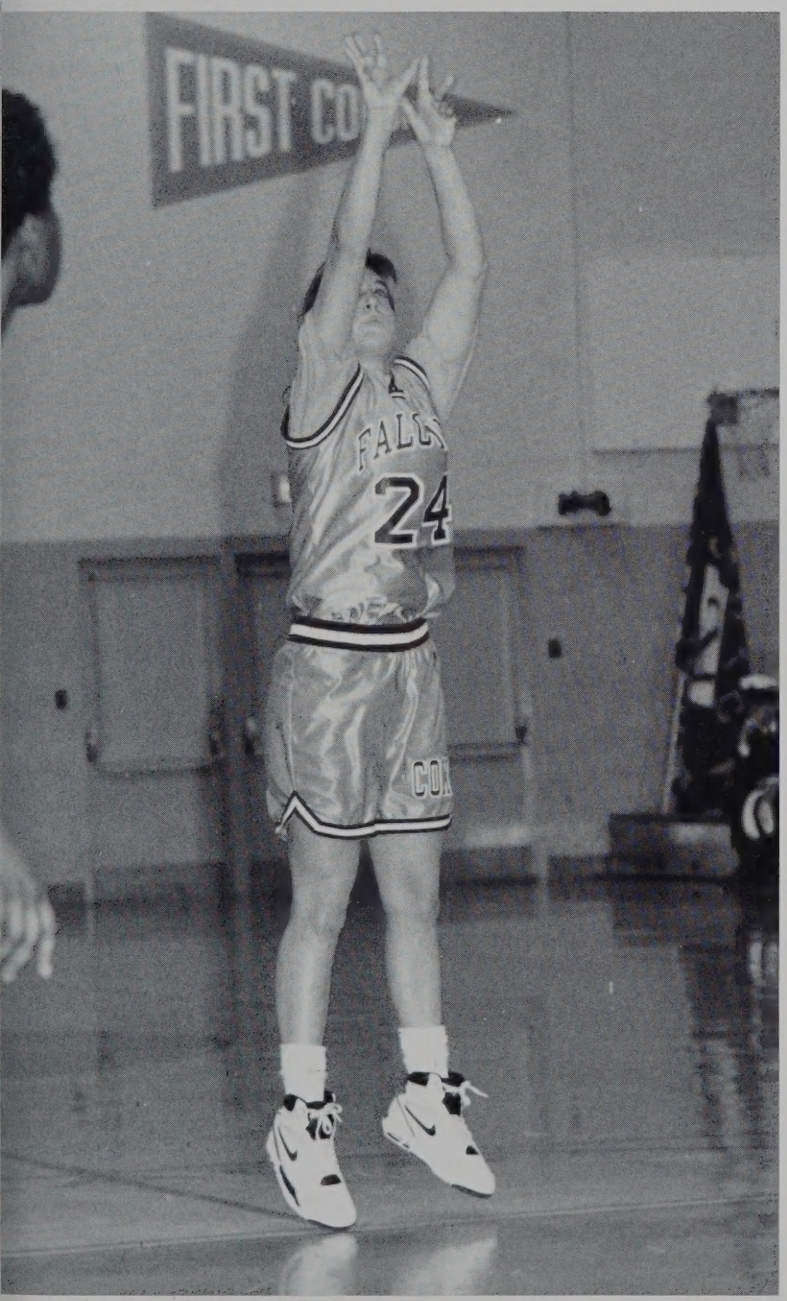
Early in the season, Wendy Hebert was interested in attracting the attention of scouts for a college scholarship. She worried, "If I don't do well this year, I probably won't be able to go to college next year." By the end of the season, she had several firm offers from which to choose.

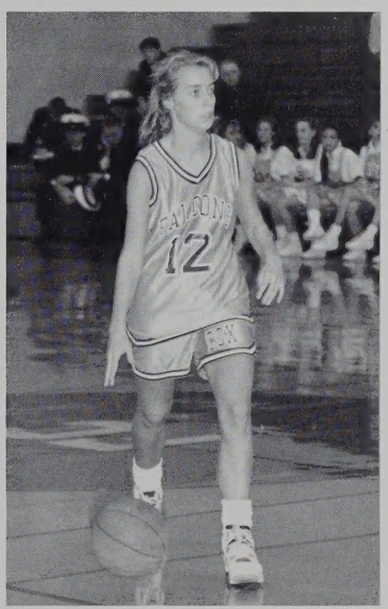
Coach Holland and his assistant Michele Kitchin, a Falcon basketball alumna, were proud of their team.

Shooting with all her strength, Kim Lipscomb aims for a two-pointer against First Colonial.

While dribbling the ball toward her opponent's basket, Esther Dabney plans her next move.

VIP'S: Wendy Hebert and Kim Lipscomb "We can't slam dunk, but we can win. Go Lady Falcons!"



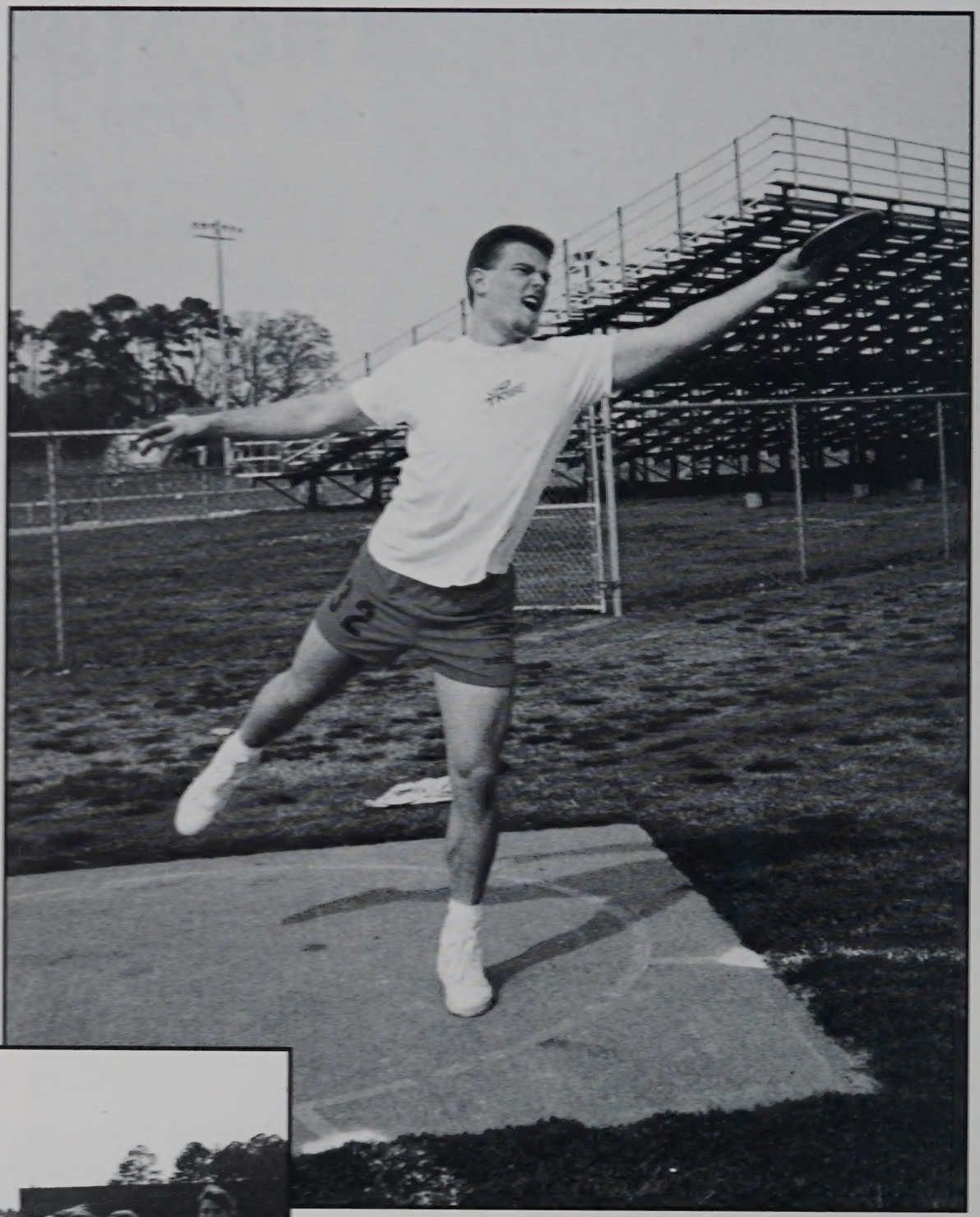


GIRLS' BASKETBALL

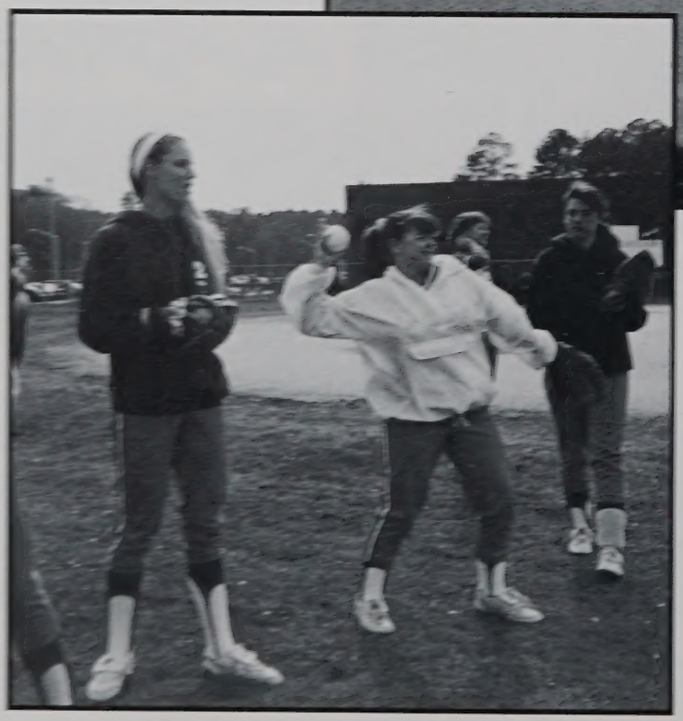
41	Great Bridge	47
49	Kempsville	62
59	First Colonial	46
58	Salem	58
62	Kellam	25
60	Princess Anne	33
51	Kempsville	48
62	Bayside	37
50	Green Run	35
52	Salem	38
47	First Colonial	37
63	Kellam	32
68	Princess Anne	29
49	Kempsville	38
53	Green Run	36
67	Bayside	33

TOTAL RECORD: 11-5
MVPs: Kim Lipscomb
Wendy Hebert

GIRLS' BASKETBALL
FRONT ROW: Kelly Hood, Donna Yeaw, Ashley Bolen, Kim Lipscomb, Suzanne Odum; **BACK ROW:** Esther Dabney, Christy Barnwell, Wendy Hebert, Karen Scheffler, Tanya Dudo, Anne Berling, Danielle Decandia



Trying to get a good distance, Carl Mackey practices his discus throwing form.



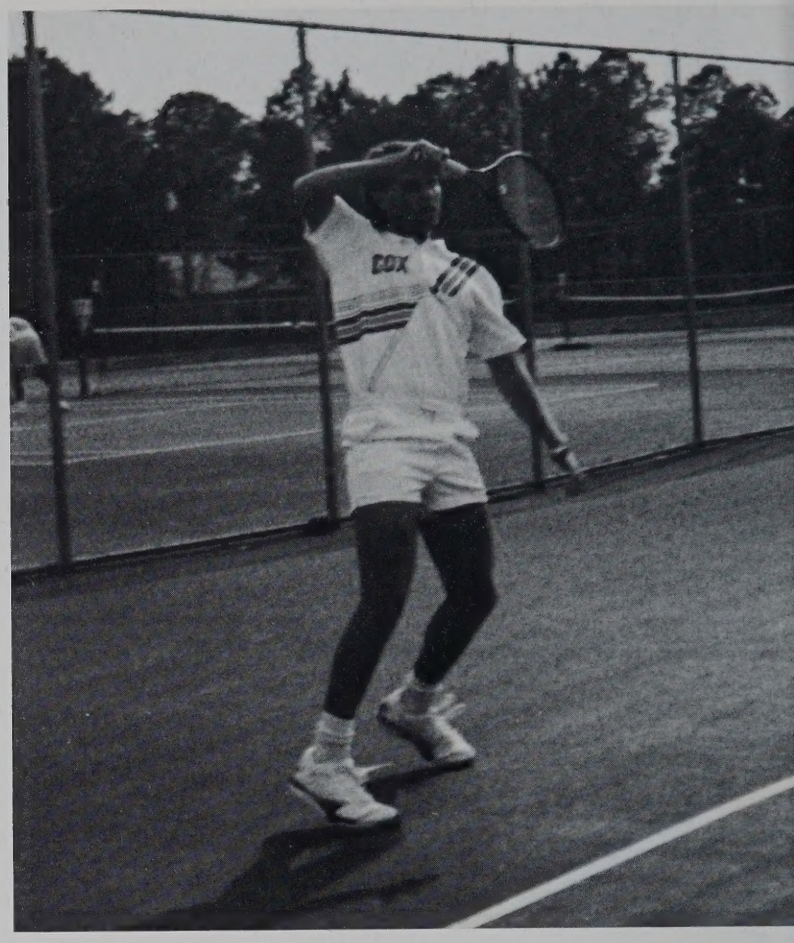
Softball team members Geneice Mathews, Ashley Bolen, and Andrea Chamberlain warm up before the Kempsville game.

SPRING SPORTS 1991

GIRLS' SOCCER
First Row: Wendy Rohlfs, Esther Dabney, Tammy Trent, Cathy Cummings, Mary Dye, Traci Stanford; **Second Row:** Mandy Klahr, Heather Hoehlein, Dina Frech, Brandy Wheeler, Kelly Hood, Tasha Bangert, Lynn Ronan, Lori Phillips; **Back Row:** Amy Hall, Meegan Heidt, Ashley Conover, Heather Hale, Kelly McDonald, Vanessa Barnes, Christen Cummings, Terri Sawyer (coach).

BOYS' SOCCER
Front Row: Jud Epperly, Nick Tempest, Eric Wideman, Jonathan Morris, Troy Hines, Paul Brockwell, Bobby Erney, Jason Shedlock; **Second Row:** Rob Steele, Chris Barnard, Brett Hale, Loren Kaplan, Matt Pelton, Peter Weed, Patrick White, Juan Valdes, Brian Hamby, Clay Riske; **Back Row:** Ken George, Brian Wilson, Yuichi Kusumoto, Geoff Turner, EJ Frech, Eric Garner, Paul Strauss, Rob Allen, Josh Quinter, Clif Conover, Greg Wise, Jim Snodgrass (coach)

At soccer practice, Jason Shedlock tries to steal the ball from Kenneth George. As co-captains they led the defending state champions to a victorious season.



Trying to cool off before the next serve, Eric Geshekter wipes his forehead. He went on to win the match and was the number one player on the team.

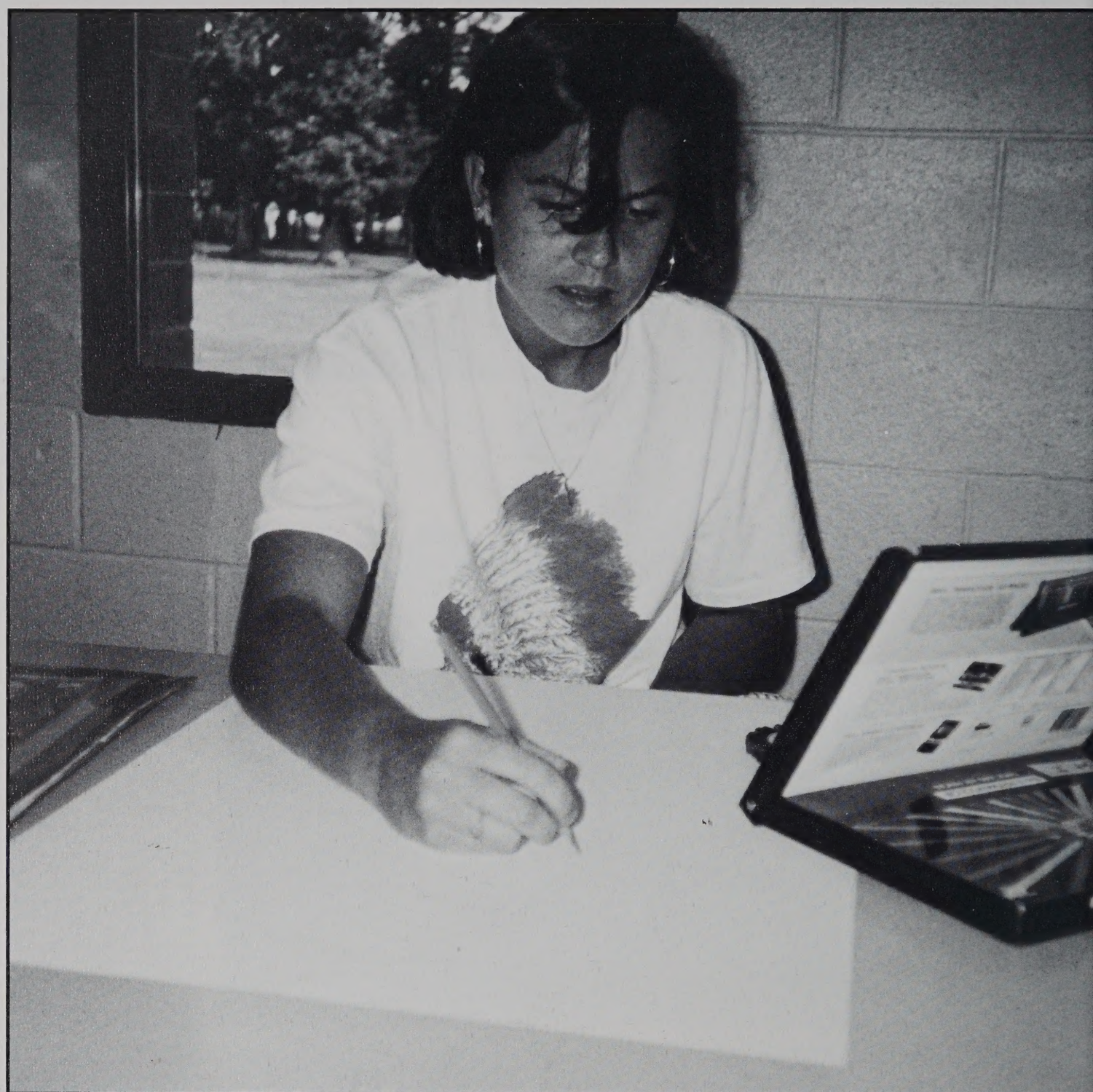
BOYS' TRACK
Front Row: Ray Ayers, Pat Artis, Rob Sucher, Jon Caldwell, Jason Dunn, Kimball Skinner, Carl Mackey, Jamie Sumnick, Jason Raper, Matt Legg, David Dierstein; **Second Row:** Damon Burns, Brett Matthews, Ed Johnson, Steve Kimener, Brian Steelman, Richard Collier, Greg Scovel, Joe Lang, Gene McCallister, Brian Kimener, Mike Kimener; **Third Row:** Wendy Harris, Kaseem Faulks, Steve Santapoala, David Ayers, Dan Drummond, Chad Kent, Tim Thomas, Jay Pierice, Chip Slade, Matt Cooper, Robert Wheaton, Robert Jansen; **Back Row:** Richard Percefull, Matt Conrad, Joe Wright, Andrew Felty, Enrico Singleton, Josh Stivers, Sam Stines, Tyler Horton, Chad Edwards, Tim Webb (coach)

GIRLS' TRACK
Front Row: Lori Phillips, Catherine Hart, Joann Nixon, Alice Cottle, Kristen Anderson, Sarah Londeree, Christin Brown, Karen Gurick, Amy Winston, Christina Ross, Andria Hamann; **Second Row:** Kim Rodriguez, Colleen Wiebolt, Kim Scott, Wendy Ballard, Helen Grekusis, Allison Wise, Mary Ann Ingham, Summer Tighe, Kristen Rough; **Back Row:** Gretchen Bauman, Jennifer Petykowski, Jennifer Small, Heather Hale, Erin Doudera, Joanna Duckworth, Terra Pascarosa, Kelly McDonald, Darcy Stables, Ann Ballard, Amy Hunt, Glenn Barr (coach)

BOYS' TENNIS
Front Row: Chris Myers, Justin Coureas, Eric Geshekter, Jonathan Hanwit, David Monger, Andrew Brothers, Rob Barnuevo, Mike Feldman; **Back Row:** Leon Hoots (coach), Jim Mathers, Trey Davis, Arteen Rassool, Patrick Sostmann, Ranjeev Guliani, Heath Flohre, Nick Psimas, Jean Convindassamy

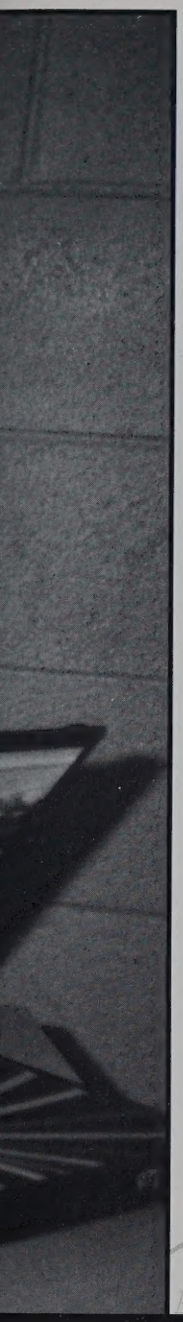
SOFTBALL
Front Row: Andrea Chamberlain, Sarah Weiss, Jeanne Gunther, Kim Lipscomb, Ashley Bolen, Tina Sawyers; Second Row: Lisa Pruitt, Becky Ross, Jennifer Allen, Jessica Davis, Kendra Ward, Christy Barnwell; **Back Row:** Kelly Walker (mgr), Cori Martain, Alicia Davis, Tiffany Litz, Kelly Clark, Geneice Mathews, Anne Berling, Donna Yeaw, Steve Gedro (Coach)

BASEBALL
Front Row: Ryan Wood, Robby Porter, Kelly Henderson, Chuck Lichtenhan, Richie Howell, Chad Kennedy, Shawn Morlock; **Second Row:** Joanne Schenk (mgr), Geoff Creighton, Jason Raper, Wes Melvin, John Wolford, David Dierstein, Joe Hart; **Back Row:** John Ingram (coach), Brandon Kessinger, Billy Kachuba, Chris Moore, Chris Shea, Jonny Soroka, Eric Silverio, Gary James, Jimmy Porter (coach)



Creating another ma
terpiece, Tammy Trent pu
the finishing touches on h
drawing for AP Art.

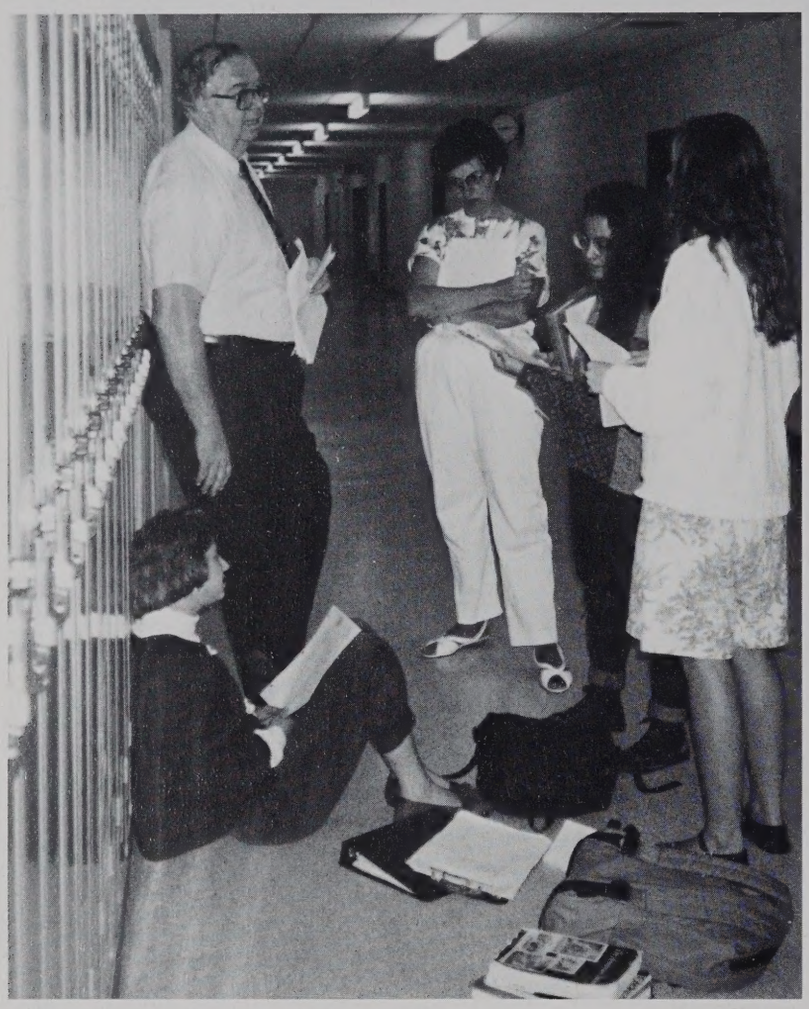
At the spring inductions, R
Ayres and Charles Bram a
honored with their acce
tance into the Latin Hon
Society.



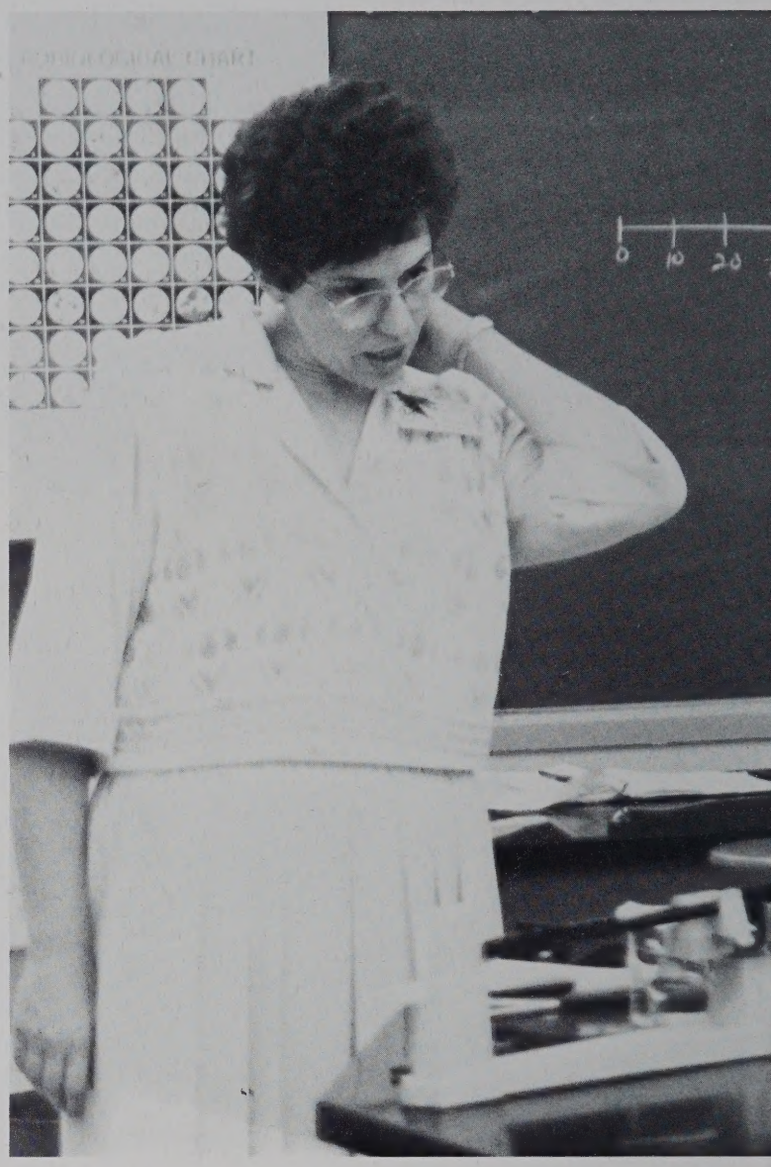
SEEING THE *Glory*

Falcons were seeing the glory as they strived to succeed. For the first year, French, German, and Latin students who excelled were honored in foreign language honor societies. Students in advanced placement courses were rewarded when they earned college credit for their scores on the AP exam. More Cox students than ever before attended Governor's Magnet School and all students found that the glory was found within.

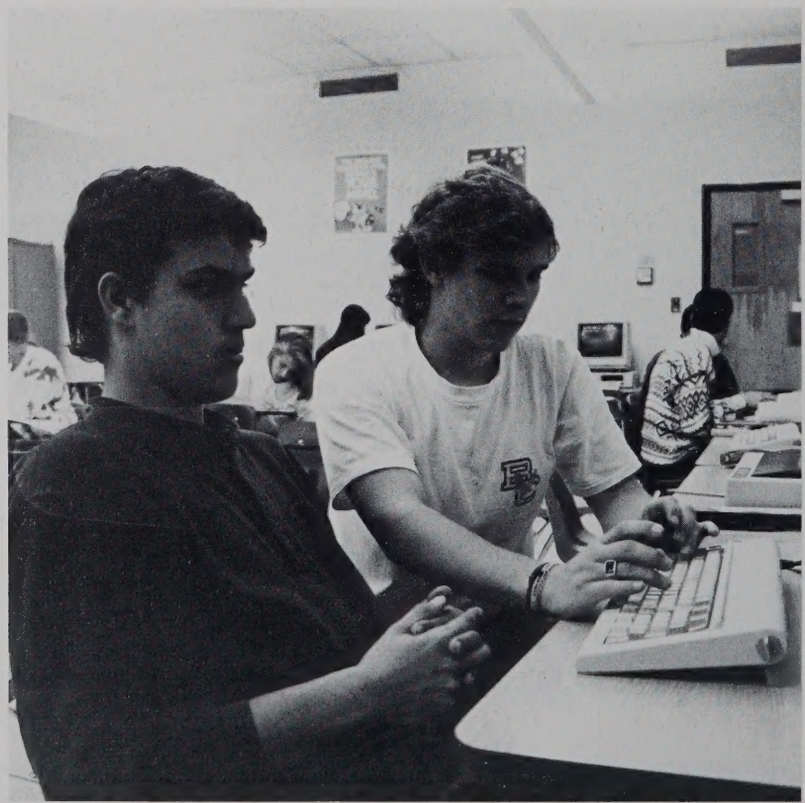
Out of class, teachers Mr. Trammel and Ms. Martino, with students Kelly Conendera, Melissa Mack, and Amy Cooper gather to discuss an AP History Assignment.

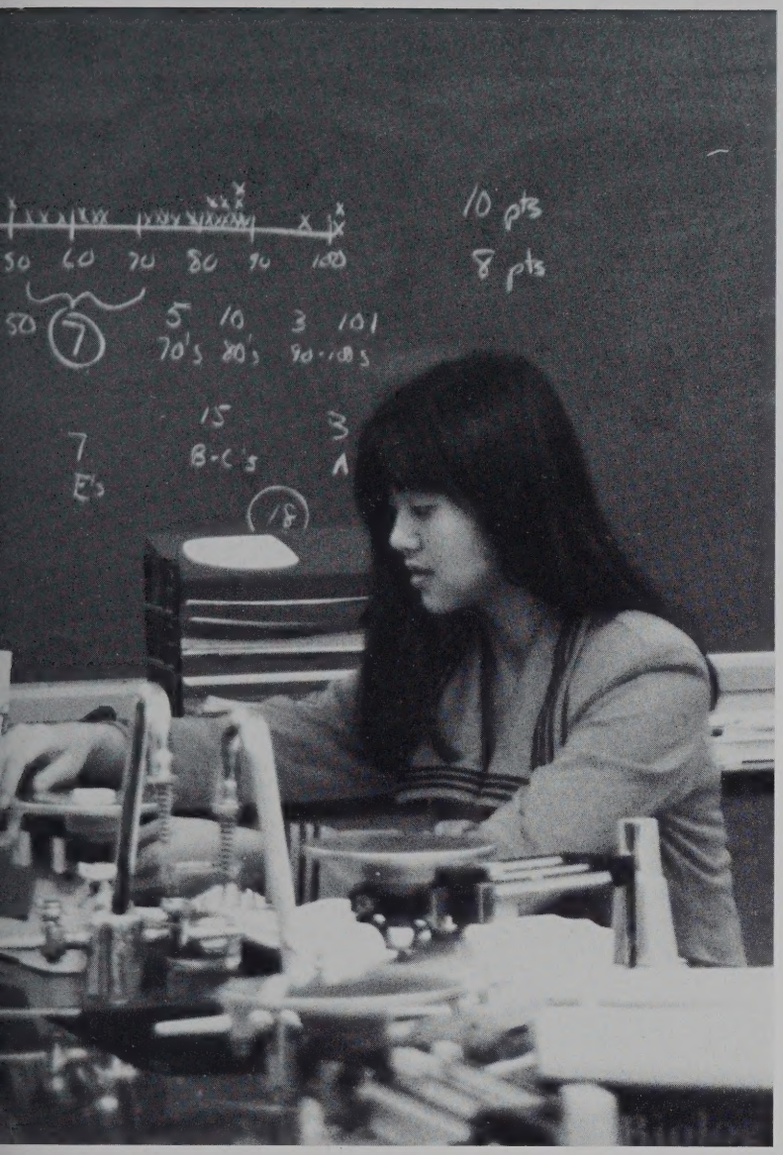


With guidance from Ms. Martino, Anny Lee attempts to use the balance accurately, during an AP Biology lab.



In AP Computer Science, John Schweitzer and Karl Majer intensely concentrate in order to solve a problem.

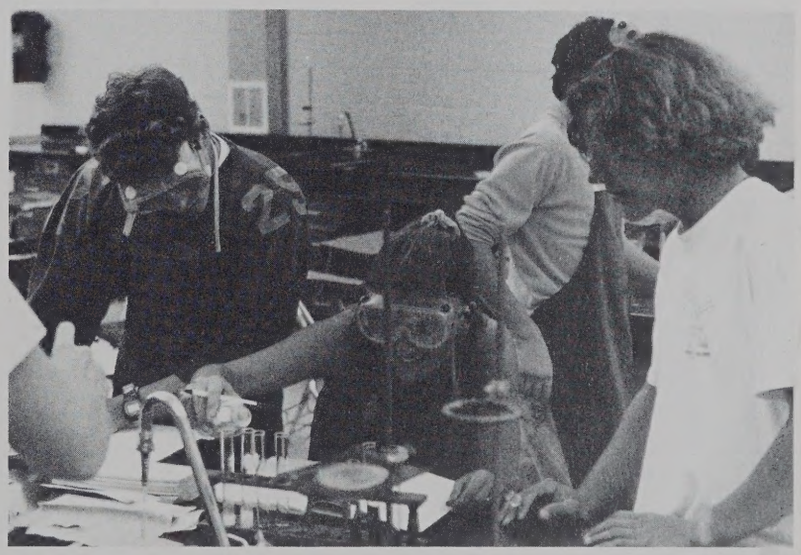




Enquiring Minds Want to Know

Advanced Placement Classes

The term "AP," which referred to "advanced placement" courses had great academic prestige. These courses were based on a college curriculum and enabled students to receive college credit if they were successful on the standardized final exams. These were given in May and scores were reported in July. The exams were scored from one to five; most prestigious colleges only accepted scores of four or five. Not all AP students chose to take the final exam, but those who were successful agreed that having a head start on college was worth the discipline and restricted social life. The advanced placement courses — English 12, Computer Science, Calculus AB and the more advanced level BC, U.S. History, Latin, German, Chemistry, Biology, and Art History added intellectual challenge to the curriculum as well as a taste of what lies ahead for college-bound students.



During AP Art, Melissa Horsemanko adds refining details to her art work using charcoal.

During an AP Chemistry lab, Brett Matthews and Ryan Carr watch cautiously as Marisa Vrooman carefully pours in the chemical.

That Smarts!
Activities For the Academically Inclined

What does it mean to be a member of the National Honor Society? It is considered to be the most prestigious academic honor that a high school student can achieve. Members are chosen based on four criteria: leadership, service, character, and scholarship. Students must demonstrate outstanding qualities in all four areas. Those chosen for membership in the National Honor Society must achieve a high grade point average in academically challenging classes. It has become increasingly difficult to be selected due to the competitiveness of students striving for this honor. Inductions for new members were held twice a year, during the fall and spring.

Another academically prestigious student organization is the Foreign Language Honor Society. French, German, and Latin students who met rigorous National Honor Society guidelines were chosen for membership in the spring. Not only must students earn excellent foreign language grades but they must perform exceptionally in all classes. The other National Honor Society criteria of leadership, service, and character also weigh heavily on the determination of membership. An impressive ceremony was held to honor members in the spring.

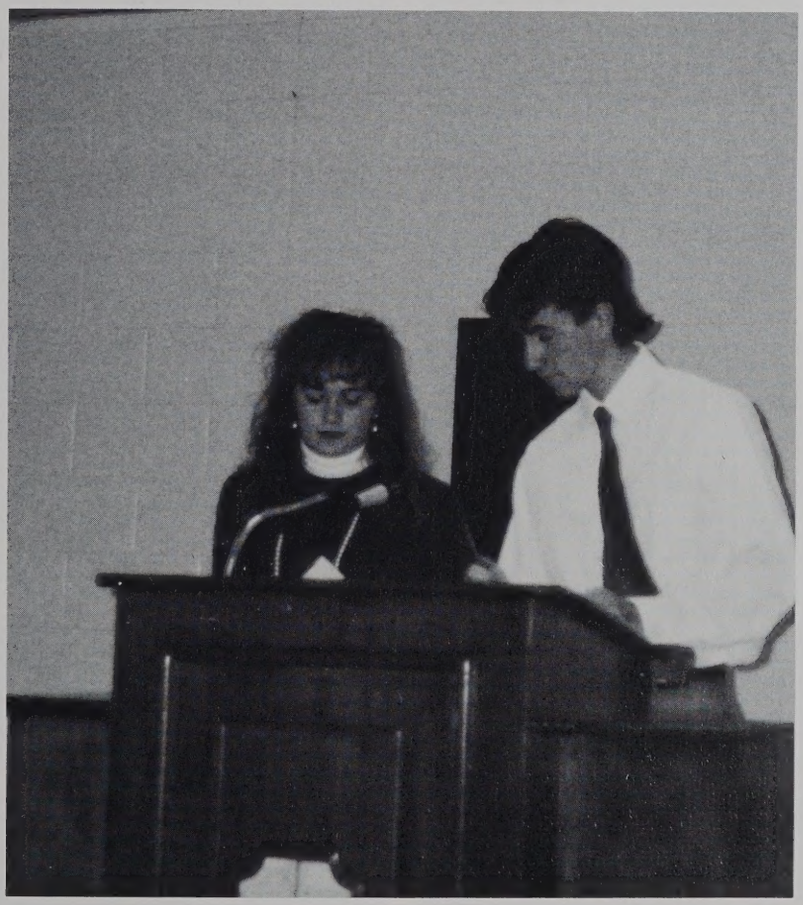
The Cox Academic Team is a group of students who excel in "Jeopardy-like" competitions against other Tidewater high school teams. To qualify for membership, students must demonstrate their expertise and speed in answering questions from a wide variety of subjects.

Students from Cox who participated in "It's Academic" were Margo Villers, Don Michaels, Monica McFerrin, and Charles O'Dell.

Proud of her academic achievement, Charley Curtsinger smiles broadly after being inducted into the Foreign Language Honor Society.

Honored to have been accepted into the National Honor Society, Anny Lee and Melanie Imo participate in the induction ceremonies.

As a members of the Academic Team, Don Michels, Margo Villers, and Charles O'Dell compete against other schools on local television.



As officers of the National Honor Society, Sarah Gilbert and Heath Flohre get organized for the induction ceremony.

An active member of the National Honor Society, Yasi Ayat helps to prepare for the new members.

A Star is Born
Governor's Magnet School

Remember dreaming as a young child about growing up to be a famous musician, actor, artist, or dancer? Several students were pursuing these dreams daily at one or more locations in the area: Norfolk State University, Old Dominion University Rehearsal Hall, The Tidewater Ballet, and The Young Women's Christian Association.

The Governor's Magnet School was a Fine Arts School that allowed talented students an intensive study in dance, theater, music, or visual arts. Some exceptional students simultaneously studied three disciplines, based on successful auditions the previous year.

More students attended the Governor's Magnet School this year than ever before. After taking academic classes, the students departed to study an additional three hours in their specialty area. These students were in school for a total of eight and a half hours a day, and then devoted extra hours during the weekends. They received grades in both schools. Performances were scheduled every two months, often presented for civic organizations or to benefit a charity.

Although these students had to work exceptionally hard, when asked how they liked attending the Governor's Magnet School, the replies were enthusiastic. They were proud to be accepted and enjoyed the opportunities afforded. Individuality was stressed so there was great satisfaction in sharing unique talents. Many of the students expected to make a career of their major in the Governor's School.

The following students shared their perspectives on the programs:

"Governor's Magnet School, I feel, is a new dimension of producing talent."

— James Davis, performing arts

"Governor's School is tremendous! I have grown and matured from the training."

— Lynn Zengilowski, performing arts

"I love Governor's Magnet School! It's the best move I've ever made. I've made new friends, and I'm gaining a great education."

— Erick Larson, performing arts

"Governor's School turns you into a different person; you become more open-minded and down-to-earth."

— Lee Hunter Williams, theater

"Ditto, Jim Quinn."

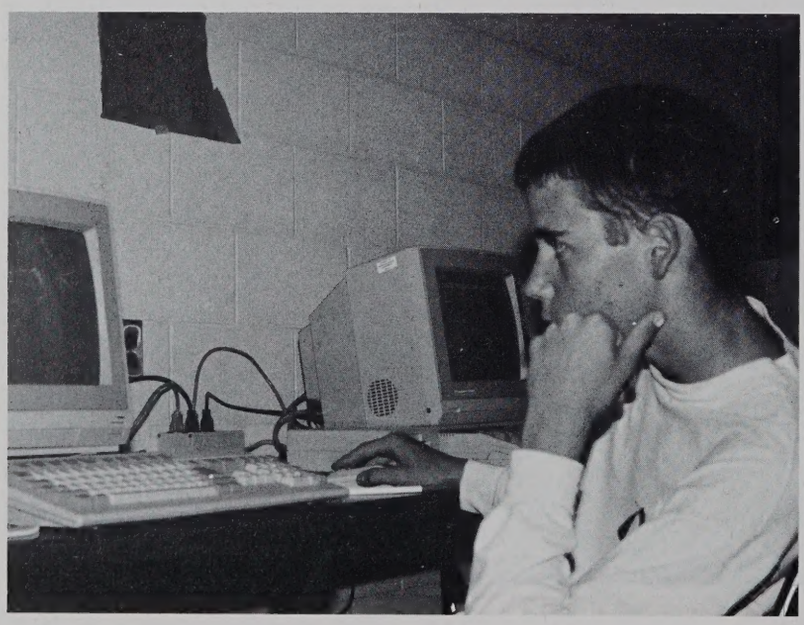
— Scott Orcutt, performing arts

"Freedom, respect, and creativity. That's what Magnet School is all about."

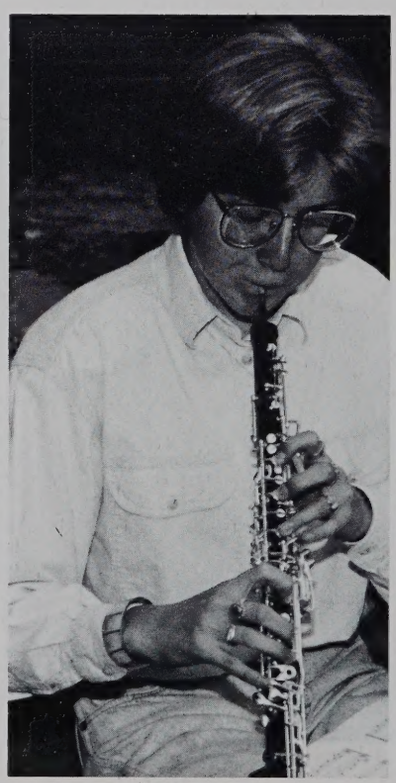
— Helen Digonia, theater

"I think Governor's Magnet School was a great experience for me. I have always enjoyed acting, and being accepted into Governors' School is a great place to learn more about theater and acting."

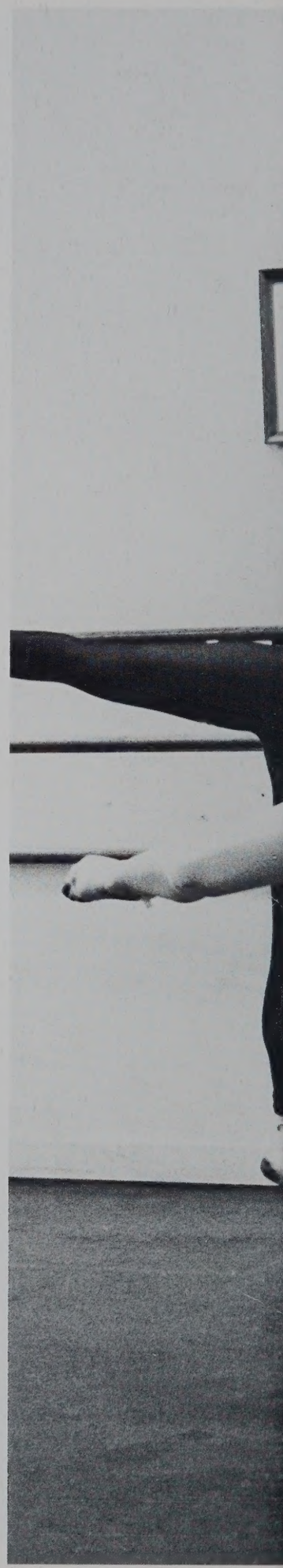
— Steve Craig, theater



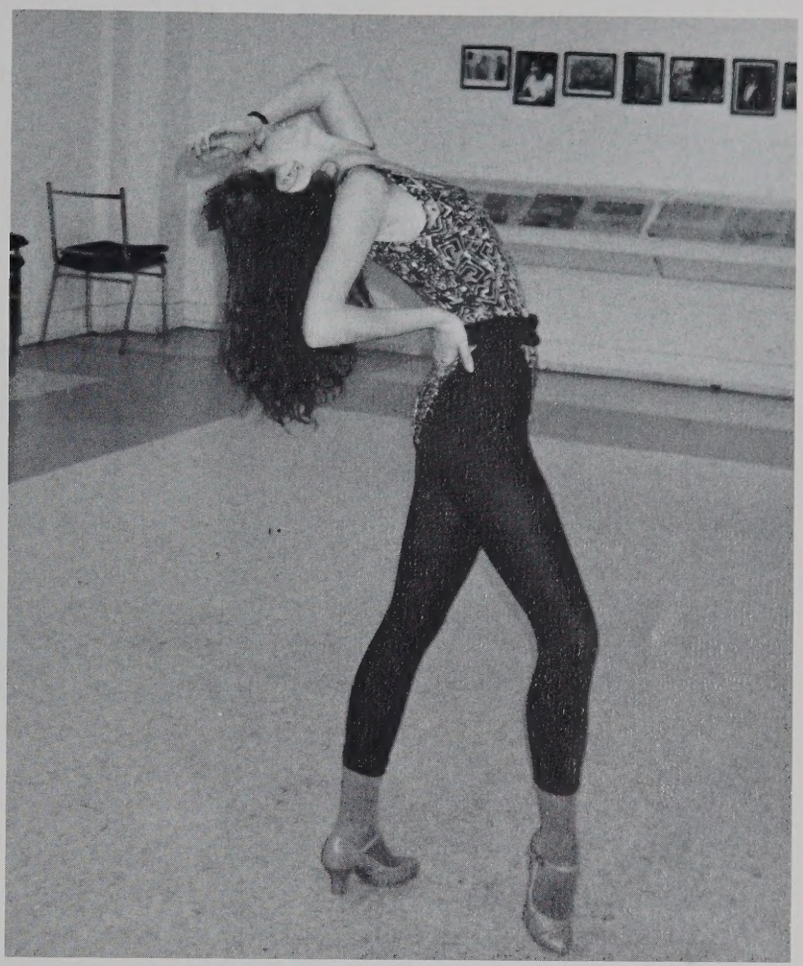
According to Jim Quinn, Visual Arts major, the key is "being creative and unique."

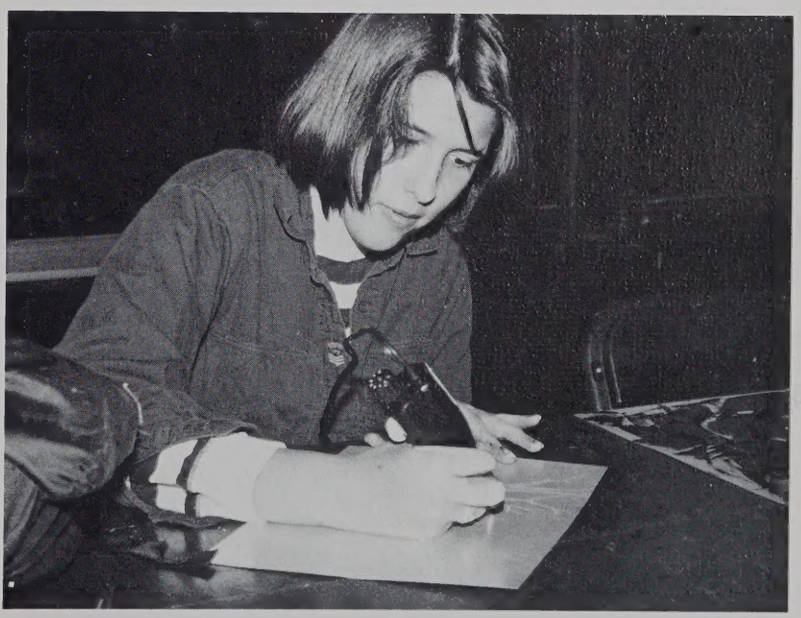


"Governor's School has taught me what I need to know to improve my playing." Mary Urfer, oboe major.



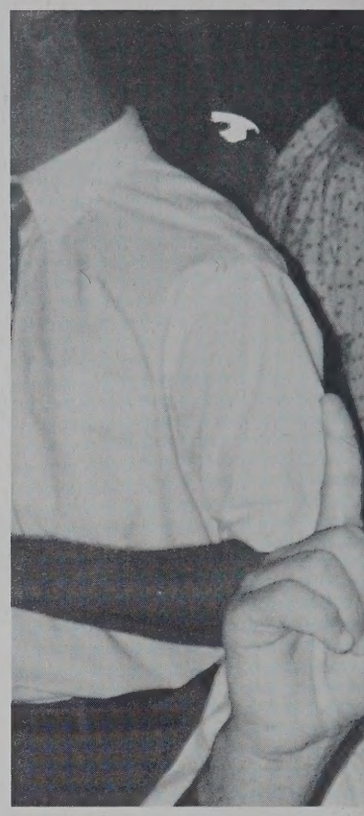
"I love the Magnet School, and I look forward to it each day. It has really made me more open-minded." — Jennifer Wilkings, performing arts.





Modern dance major Genny Steier, ballet major Susan Fraser, and ballet major Iske Barbe practice at the bar.

"Governor's School is a unique experience. It gives you a taste of college life." — Jennifer Balisle, visual arts major.



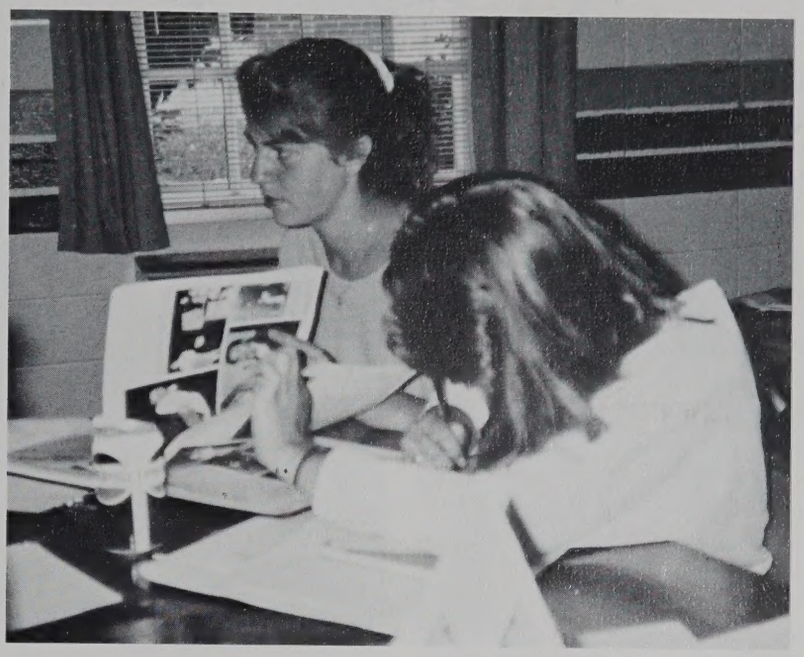
Having fun at Leadership Workshop are Carolyn Hurwitz, Sean Caffery, and Spencer Miller.

Yearbook staff editors Julie Inman, Diane Cheshire, Mark Rudolf, Stacey Buckley, Kathy Barba, Beth Inman, Kim Gianfagna, and Mrs. Ginny James take a break from their hectic schedule at a workshop.

At the French Academy, Margo Villers performs a groovy dance.

Matt Pruitt and Carrie Rhodes enjoy themselves at a banquet at Leadership Workshop designed for Executive Council and class officers.

Yearbook editors Julie Inman and Diane Cheshire design creative layouts for their theme packet at a yearbook workshop in Lynchburg.



Workshops
Extra Effort

Workshops were held during the summer for the purpose of developing the talent and skills of students involved in various school activities.

Leadership workshop was held at Virginia Wesleyan College during the summer. Students learned leadership skills, conducted skits and held spirit competitions.

A publications workshop was held at Virginia Wesleyan College, attended by newspaper, yearbook, and literary magazine staff members. This workshop taught students how to plan and produce their publications. A yearbook workshop was held at Lynchburg College; yearbook editors made decisions about the yearbook theme and cover.

The Drama Workshop was conducted at Princess High School. Throughout the summer, rehearsals were held to produce the culminating activity, "A Midsummer Night's Dream."

Can you see yourself as the mayor, governor, or a member of the House of Representatives? Several seniors had such opportunities at Boys and Girls State.

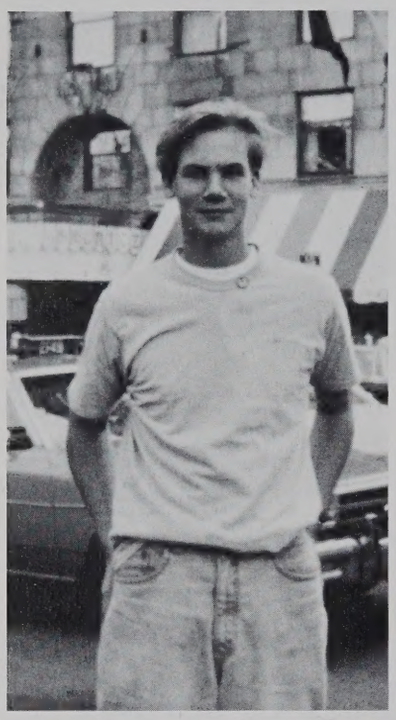
Over the summer, seniors Spencer Miller, Sam Eubanks, Heath Flohre, Brett Mathews, Christin Brown, and Reena Talrija spent a week at Longwood College where they studied the government on state and local levels.

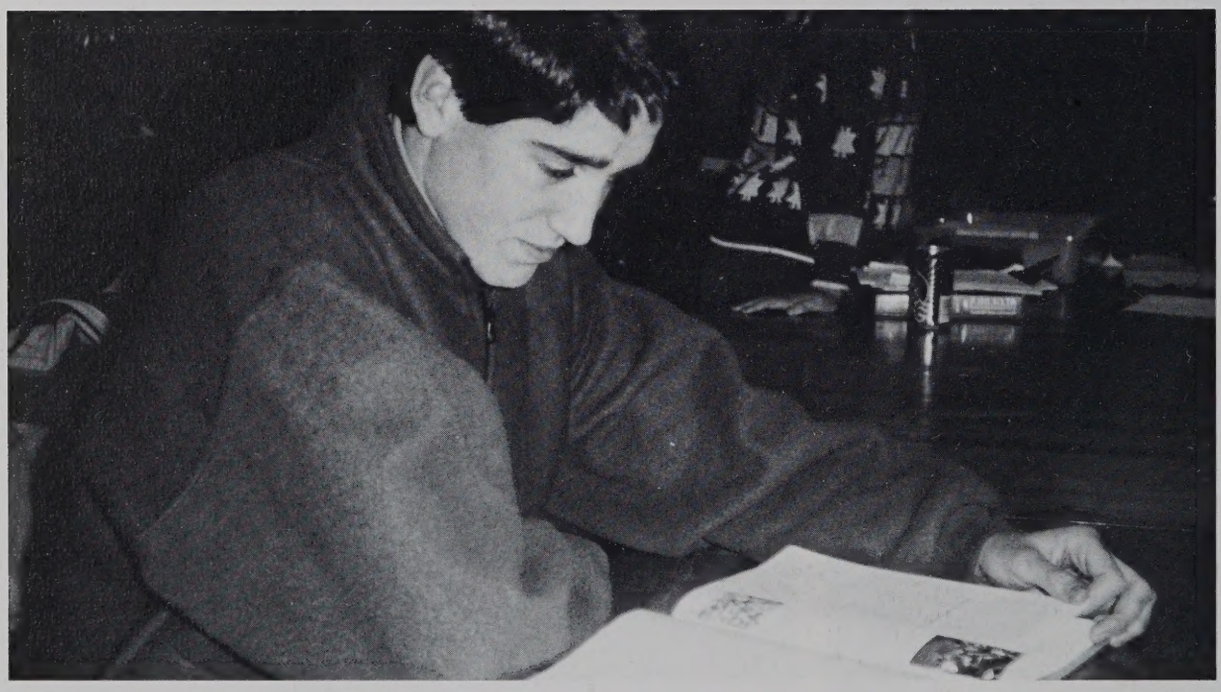
During this workshop a mock election was held to select a mayor, governor, councilmen, members of the Supreme Court, and members of the Senate and House of Representatives. They then had an inaugural parade to honor the new officials. They also participated in debates and sports involving students from other schools.

"Boys State helped to increase my overall knowledge of the political system in which we partake everyday." Spencer Miller said.

"Wish your eligibility would never run out" tennis coach LaFerriere seems to say to his outstanding player, Judith Koks of Holland.

Do they have yellow taxis in Belgium? With other exchange students, Patrick Sostmann saw those trademarks of the Big Apple.





Juan Valdes is pleased that his host "sister" Senorita Epperly will be teaching in his native Spain next year.

Coming to America
Foreign Exchange Students

Foreign Exchange students involved in the exchange program were Judith Koks from the Netherlands, Jose Ganzalez from Spain, Patrick Sostmann who is German, but lived in Belgium, and Juan Valdes from Spain. The students lived with host families in Virginia Beach. They stated that the schools here are bigger, offer more classes, but are also stricter. In their European schools, they didn't need a pass for the bathroom, they just went. All of the exchange students lived in mediun-sized cities and liked European schools better. "In Europe, you learn to think for yourself; teachers do not let you discuss what you think here," said Patrick Sostmann. "Host homes are okay, but it was weird when they said make yourself at home and get anything you want to eat," said Judith Koks. In Europe, most women are housewives, but here they all work. "In Europe you talk with the families more and they are closer, but here everyone is more individualistic," said Juan Valdes. The Student Foreign Exchange program provides an opportunity for students to better understand the people and culture of other countries. The exchange students gain the benefits of directly experiencing life in the United States.

Standing in front of our nation's Capitol is foreign exchange student Jose Gonzalez who also toured the FBI headquarters in Washington, D.C.

Visiting Cox from countries abroad are Juan Valdes, Patrick Sostmann, Jose Gonzalez, and Judith Koks.

The marching band repr
sented Cox in the Neptu
Festival Parade. The Virgi
Stars had a very successf
year, winning several awar
at competitions.

Helping out the French Club
the Neptune Festival, Jen
fer Pleacher works on the
sand sculpture that repr
sented Merlin.

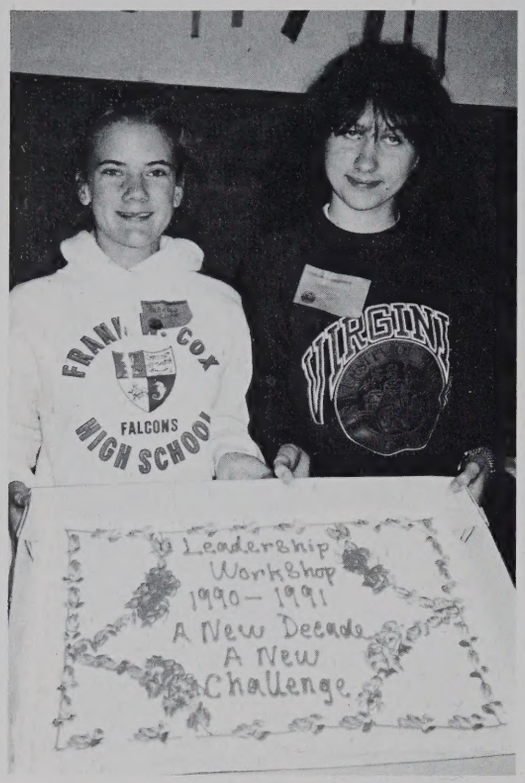
SOUNDING

Glory

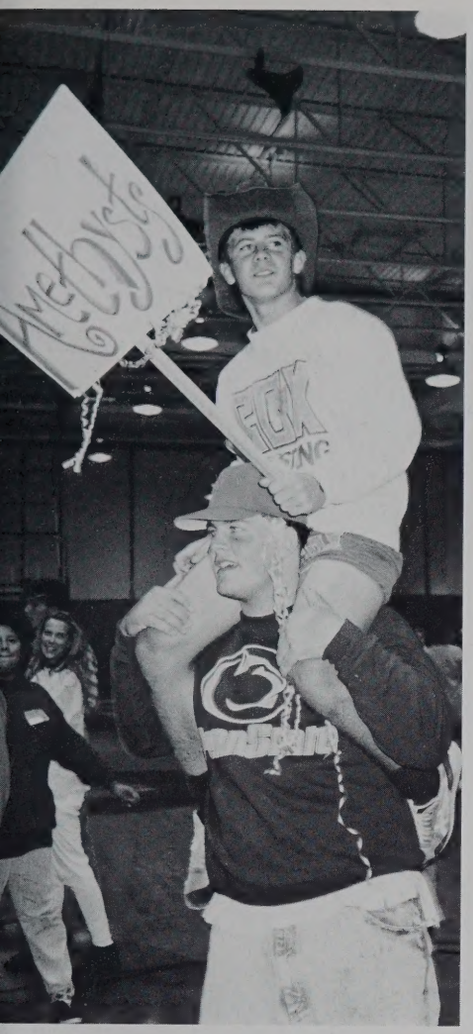
Clubs provided a sounding glory with their participation in school and community. Many clubs, including the brand new Octagon Club, provided aid for the American troops in Saudi Arabia by collecting supplies and writing letters to soldiers. The French Club was one of the few clubs who represented Cox in the Neptune Festival Sandcastle Classic, and the band, the Virginia Stars, won several awards in the Neptune Festival Band Competition. The many other clubs at Cox provided an outlet for students' interests outside of school, and allowed students to give Cox a sounding glory.

Ideas are exchanged at an Executive Council meeting where Falcon Fest is being discussed.

Rebecca Clark and Melanie Imo show the cake decorated to celebrate "A new decade, a new challenge."



SCA president Carolyn Hurwitz shows her spirit on "green and gold" day.



A New Decade, A New Challenge

Executive Council, ICC, and SCA

Executive Council, Inter-Club Council, and Student Cooperative Association represented the specific divisions of our student government. Their theme, "A new decade, a new challenge," was a familiar refrain.

Executive Council was sponsored by Ms. Nancy Fowlkes. She and a group of forty who served as committee chairmen met in the evening twice a month. They led events such as Homecoming, student exchanges, dances, and Falcon Fest.

The Inter-Club Council (ICC), which is composed of the vice-presidents of the various clubs, was the group which approved or rejected project proposals. Sean Caffrey and Carrie Rhoads served as the chairman and secretary to assure that the bimonthly meetings went smoothly.

"He who is firm in will, moulds the world to himself."

— Goethe

The Student Cooperative Association (SCA) was composed of one hundred twenty members, each elected by a homeroom. Their purpose was to channel information of upcoming events back to their classes. Homerooms were also encouraged to supply ideas and offer feedback.

Executive Council, ICC, and SCA planned and organized projects for the student body. They led the students through a variety of meaningful events.

Attending Leadership Workshop in October, Matt Pruett and Dan Clark of the "Amethysts" group show off their team spirit.

At an SCA meeting, representatives discuss the upcoming United Way fund drive and used contact sheets to share news with homerooms.

The "Topaz" group at Leadership Workshop meet with their leader Christin Brown to prepare for the competition with the other groups.

Future Leaders in the Making

TARS, Junior Statesman, Forensics, Young Democrats

"I will study and get ready and perhaps my chance will come."

— Lincoln

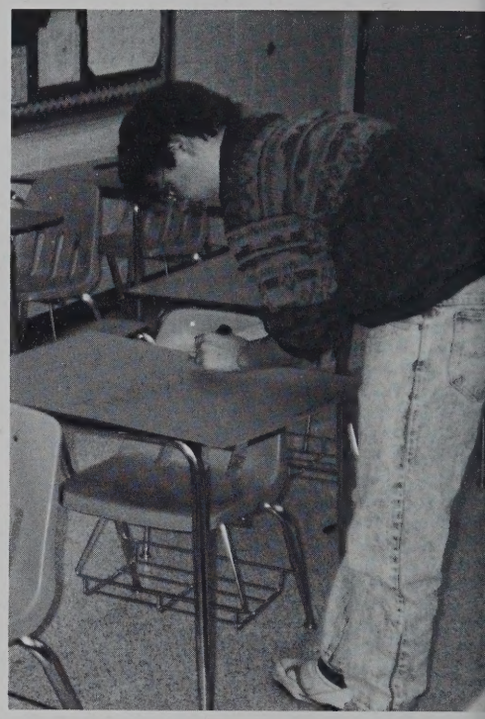
TARS, a group of Republicans, worked to help students understand politics and have a greater understanding and awareness of the role of government decision-making in our lives. Some of the activities included speakers attending city committee, and sponsoring three homecoming cars and the annual trip to Washington D.C.

Junior Statesman, co-sponsored by Sylvester Smith, Karen Jenkins, and Gary Leagan gave students first hand knowledge and hands-on experience in governing. Members were able to learn about politics on a non-partisan level. The club took a trip to Washington D.C., and participated in a model congress. They also supported Operation Desert Shield by raising money for mail postage.

Forensics was led by Marilyn Wiley. The team participated in many reading and speaking competitions. The team members learned reading, interpreting, and speaking skills which are of great value in college and beyond.

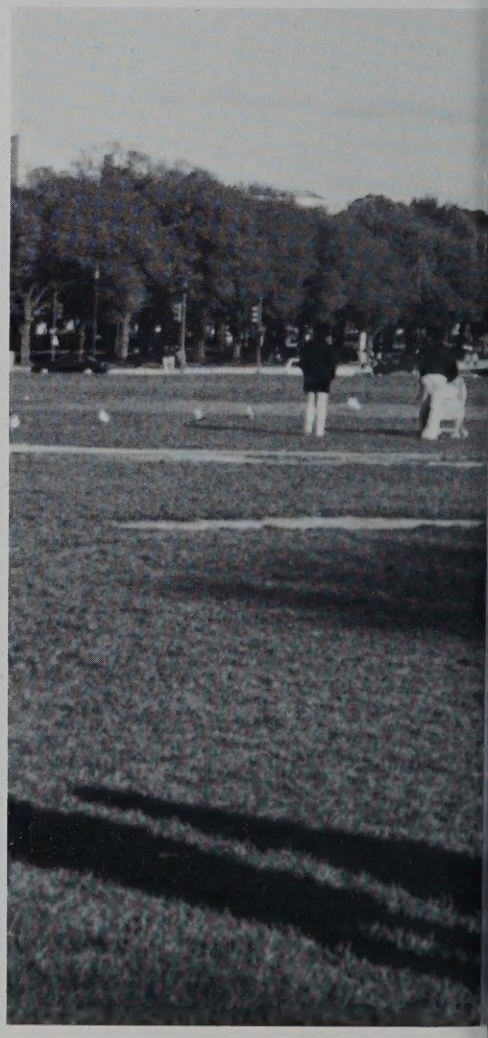
The Young Democrats' third year proved to be an important vehicle for expressing the Democratic views and programs. Members were concerned with issues and the election process. They had a "Get Involved Day" when students would write letters to government officials.

TARS, Junior Statesman, Forensics, and Young Democrats were instrumental in teaching students to be leaders and help the governmental process at all levels of public service.



Charles Odell works on a poster for an upcoming project in Young Democrats. Participation in Club Orientation Night is designed to explain that the club is open to ninth-graders also.

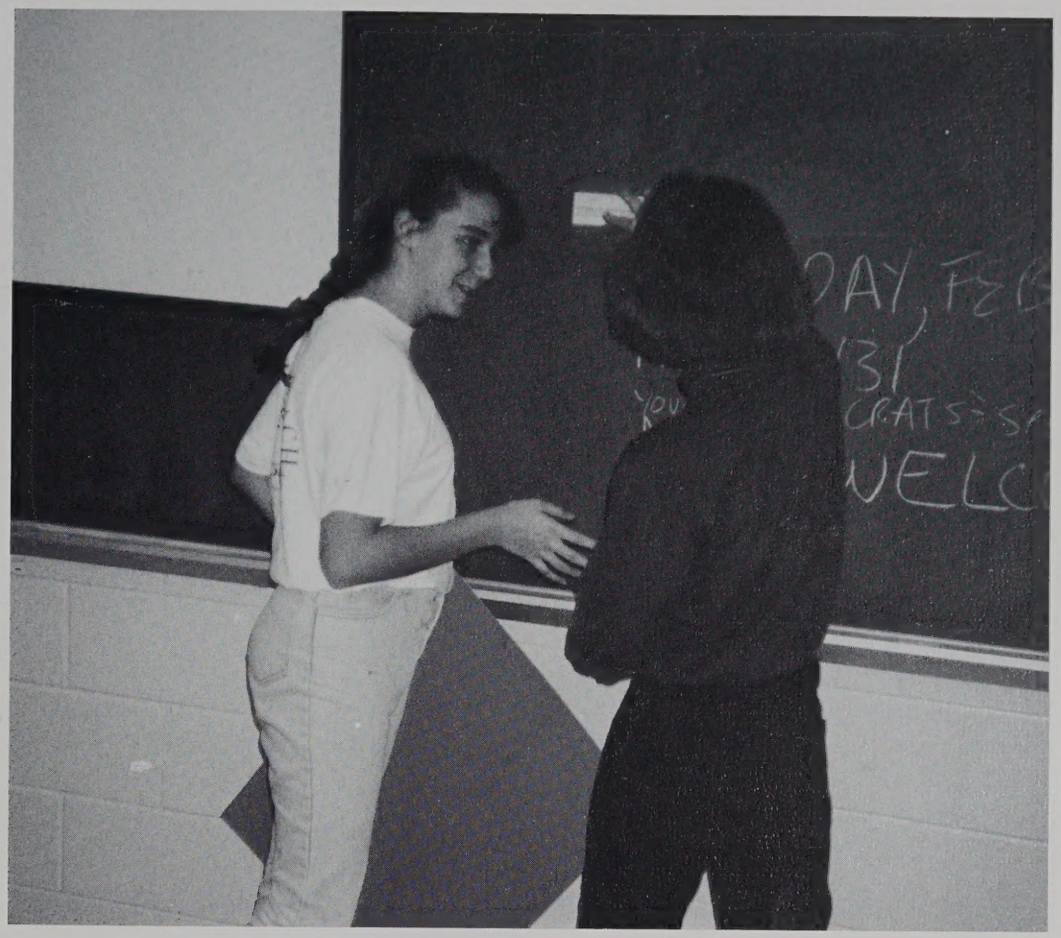
After a Kuwaiti breifing, the TARS group is led away by Kathleen Trotter, Robert Steele, and Doug Hamm.



During the Jr. Statesman trip to Washington D.C., the sponsors, Sylvester Smith and Gary Leagan find time to enjoy the view.

Juan Valdez, a Spanish foreign exchange student, learned about foreign relations while at the Kuwaiti headquarters in Washington D.C.

Young Democrats Meredith Kellam and Amy Cooper discuss the planned projects and prepare for them.



Ginny James stands by the representative for Kuwait who conducted a briefing for the TARS group during their visit to Washington D.C.

Brainstorming
Debate, MUN, and Odyssey of the Mind

"I will roar, that it will do any man's heart good to hear me."

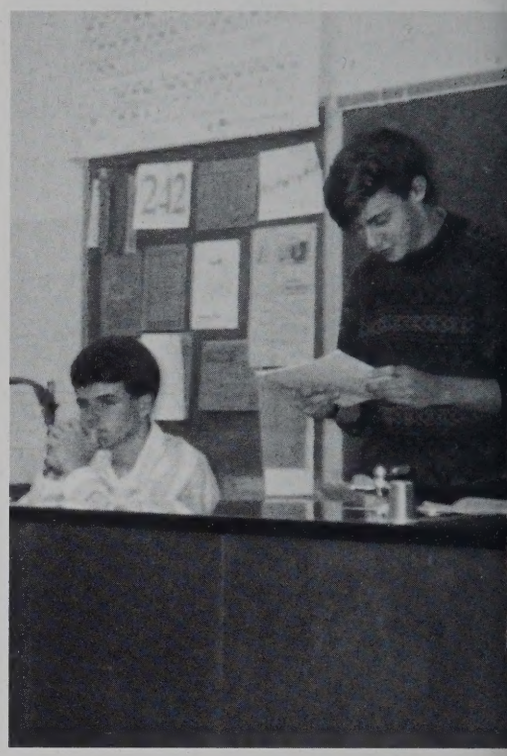
— Anonymous

Debate, Model United Nations Society, and Odyssey of the Mind provided a chance for intelligent students to show their speaking ability and their ideas.

Debate, sponsored by Mr. Tom Fisher and co-captained by Donald Michels, Jason Gordon, and Amy Cooper, went to many tournaments. Among the tournaments attended were local Tidewater tournaments, the Wake Forest Early Bird tournament, the Beach Invitational tournament, and a Richmond tournament.

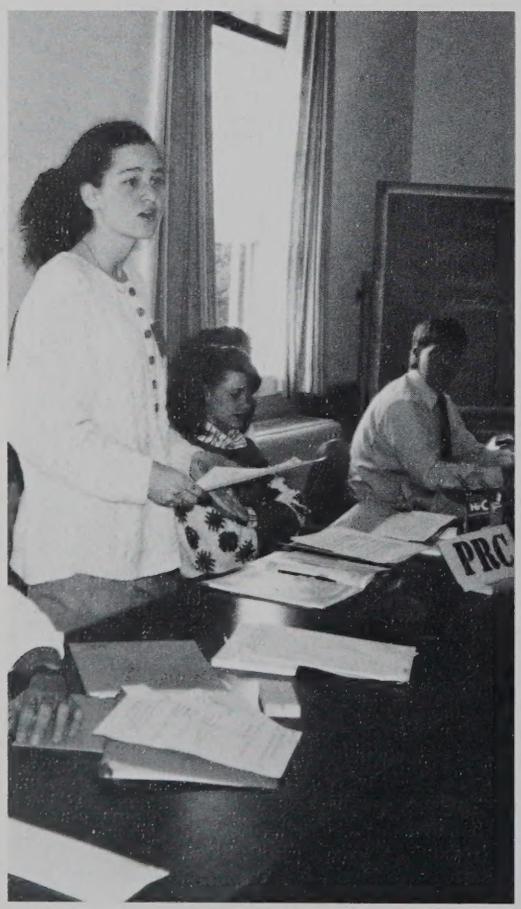
Model United Nations Society was sponsored by Mrs. Ginny James and Mr. Sylvester Smith. The Model United Nations Society had a successful year and attended more conferences then ever before. These included William and Mary, University of Virginia, and Old Dominion University conferences. Members also held various fundraisers such as donut sales to pay for the conferences.

Odyssey of the Mind was sponsored by Mr. Wilcher who had the assistance of parent Mrs. Lane. The team consisted of twelve members with an interest in higher-level problem solving. In March, the team went to the regional competition and then went on to the state competition. After faring well in those, the team went to the world finals in early June.

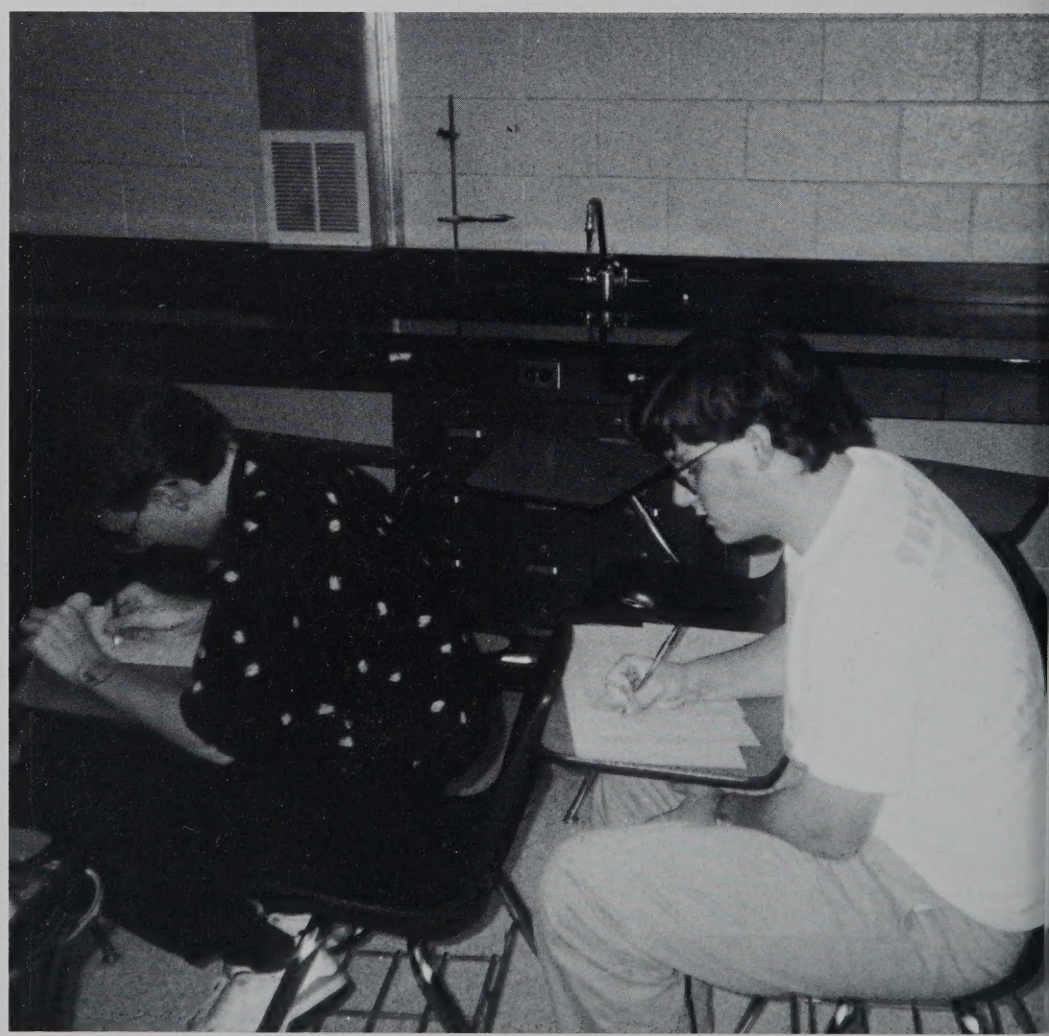


As Troy Bebee reads his affirmative case, Charlie Meyers follows it closely.

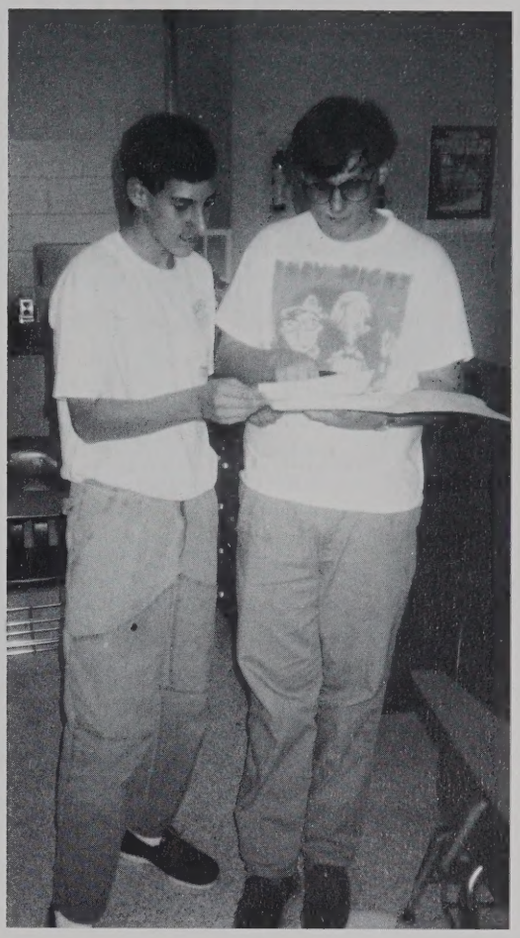
At the Model UN conference at UVA, Emily Levenson represents the People's Republic of China.

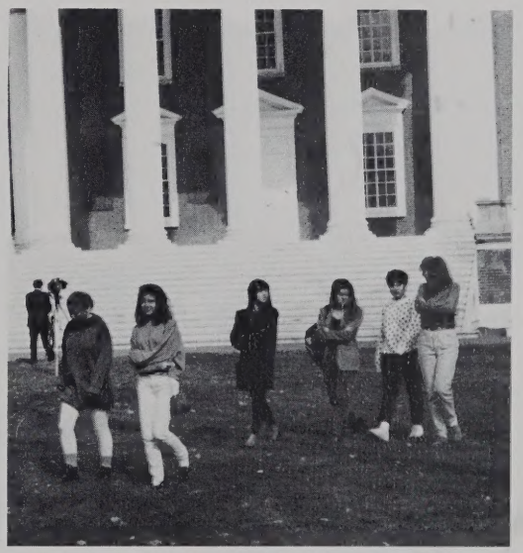


Listening closely, Jason Gordon and Don Michels take notes on the speech being read.



During a debate meeting Paul Michels and Don Michels discuss the good and bad points of their evidence for the cases.





Members of MUN explore the campus at UVA before going on to their competition.

Discussing their strategy with the committee chairman at the William and Mary conference, Lisa Bray and Jessica Davis prepare their resolution concerning population control in China.

Rising to the Challenge
DECA, FBLA, TSA, and FHA

"Working today for a successful tomorrow."

— Mrs. Sarah Winters-Horn

Distributive Education Clubs of America (DECA), Future Business Leaders of America (FBLA), Technology Education Students of America (TSA), and Future Homemakers of America (FHA) worked towards a better understanding of future occupations and interests.

DECA, sponsored by Mr. T. Jenkins, Mrs. Sarah Horn, Mrs. J. Nopper, and Mrs. B. Molloy, gave students an opportunity to learn about jobs and professions while having fun. President Cecilia Wingfield, Vice President Keith Garrison, and Secretary/Treasurer Chuck Lichtenhan developed many new activities such as a banana split party in which they created a monster 25 foot banana split. They also took part in "Adopt-a-Family" for Thanksgiving, Job Shadowing at the Radisson Hotel, a Christmas party, a social and community project and much more.

FBLA was sponsored by Miss Debora Moncol. She and officers Erin Truxel, Mark Mulroy, April Hoffman, Joel Brashear and Yasi Ayat provided such great activities such as a canned food drive, and a "Penny-Pitch for Joy Fund." They competed in the Regional Competition and attended the Norfolk State Leadership Convention.

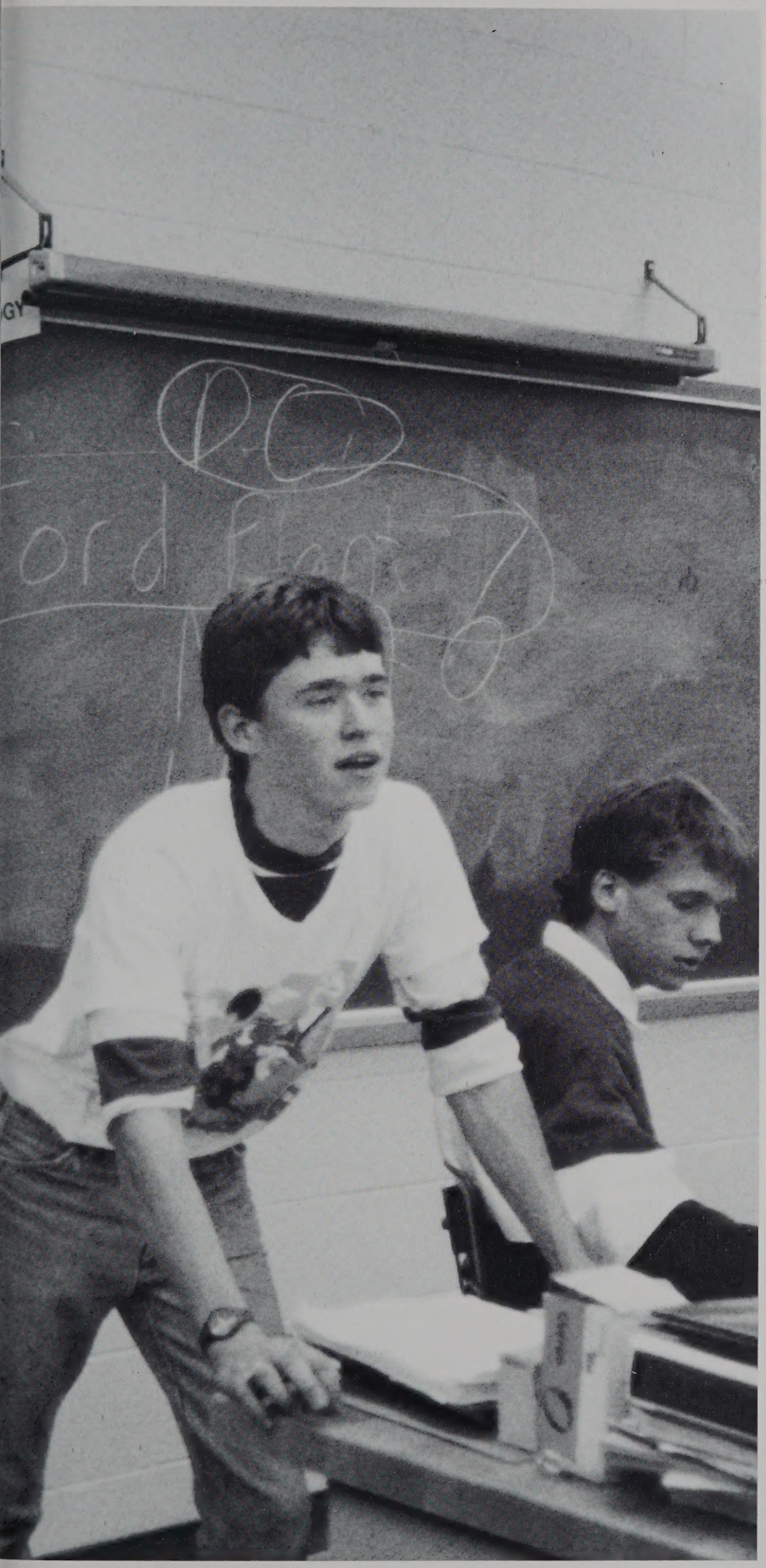
TSA was sponsored by Mr. Alexander and Mr. Janosko. They provided opportunities for students interested in technology to learn more about it and have fun in the process. Trips included a tour of the Ford plant and a Washington D.C. trip. TSA also attended the state TSA convention.

FHA's main focus was to educate students on how to create a positive home life. Members learned the basics of homemaking and the impact the traditional family structure has on society.

By working together, DECA, FBLA, TSA, and FHA gave their members the chance to experience life after high school. The members of these clubs were prepared for the real world, and they rose to the challenges that faced them.

Members of TSA listen to a lecturer from the Ford plant.

DECA members, Steve Kimener, Megan Davis, and Meghan Denley discuss the upcoming fashion show.

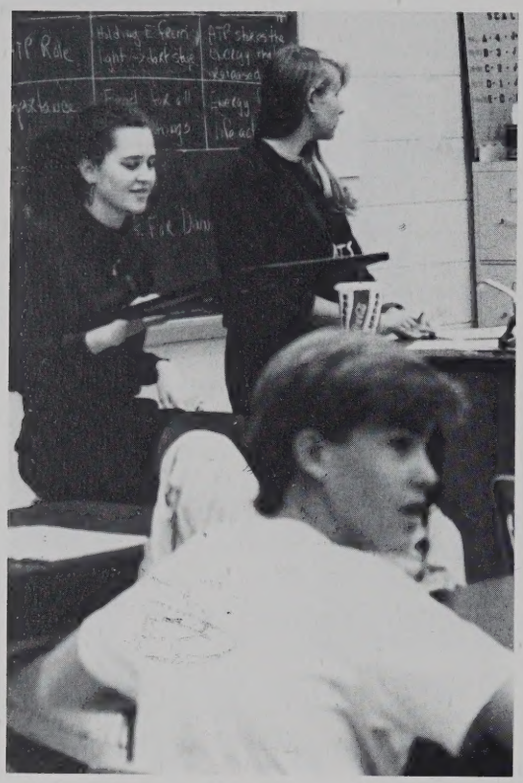


Mrs. Sarah Horn explains the upcoming fundraiser to the members of DECA.

TSA president Frank Ashbrook and Oliver Mullins hold a vote on the date of their Washington D.C. field trip.

Whistling a happy tune, Grant Fisher, Allan Hadfield, and Scott Eggleston plant a tree for the school.

Discussing upcoming projects, Emily Levenson and Aimee Rockefeller ask for volunteers for Science Week activities.



Miss Emilie Tilley and Aimee Rockefeller listen to a dedication of a newly planted tree in front of the school.

What a Wonderful World

Science and Ecology Club and Geography Club.

The Science and Ecology Club and the Geographic Society worked toward learning more about the environment, world events, and nature.

The Science and Ecology Club, under the leadership of Mrs. Lynn Carson, gave students an opportunity to become environmentally aware by taking part in such events as Science Week (highlighted by Earth Day), planting daffodils and trees, adopting a turtle, and recycling aluminum cans. The club's officers were President Aimee Rockefeller, Vice President Emily Levenson, Secretary Scott Eggleston, and Treasurer Alan Hadfield.

The Geographic Society, sponsored by Mrs. Karen Jenkins and Mr. Gary Miller, spent some of the money they'd earned by collecting Farm Fresh receipts. The members had a great trip to Illinois. Serving as officers were President Spencer Miller, Vice President Carolyn Hurwitz, Secretary Cathy Cummings, Treasurer Kristal Waller, and Reporter Karl Majors.

Members of the Science and Ecology Club and the Geographic Society learned to be more aware of nature and the world around them.

"He is not poor that has little, but he that deserves much."

Daniel

After an egg-dropping contest, Mrs. Lynn Carson and Emily Levenson find the egg.

Science and Ecology Club sponsored an egg-dropping contest at the beginning of the year.

Science and Ecology Club sponsor Mrs. Lynn Carson discusses an idea for the beautification of the school.

Healthy Habits for the Future

Running Club, CMA, and Volleyball Club

"If it wasn't for the optimist, the pessimist would never know how happy he wasn't."

— Anonymous

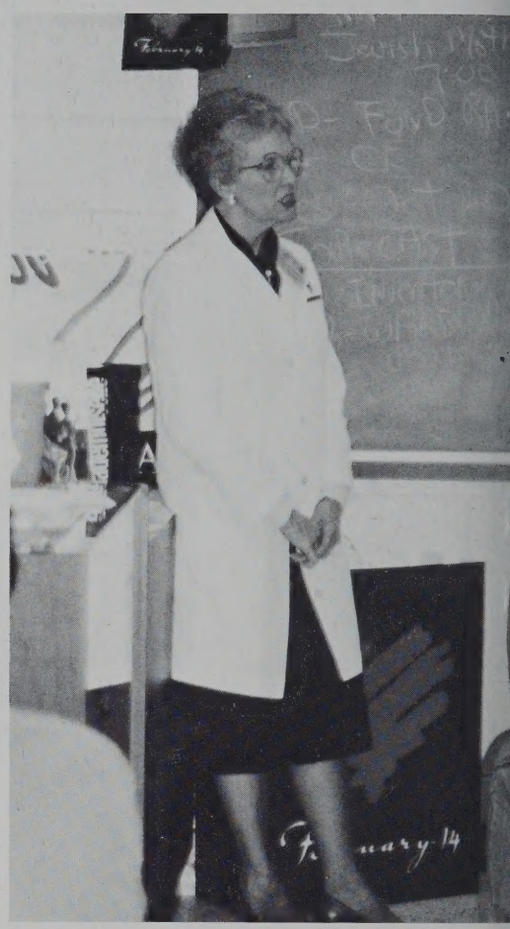
Interested students could tone up their endurance, learn more about medicine, or just have fun with the Running Club, the Cox Medical Association, and the Volleyball Club.

The Running Club provided an interesting social outlet for runners. Students who were interested in track, running and fitness could join in on the many activities such as attending a track meet at a junior high school and assisting with Special Olympics. The officers Sarah Londeree, president; Jennifer Scofield, vice-president; Karen Gurick, secretary; and Jonathan Caldwell, treasurer, worked along with other members towards making fitness fun.

The Cox Medical Association (CMA) offered students who were interested in a medical career the opportunity to examine their chosen occupation. The officers Wendy Dearing, president; Reena Talreja, vice-president; Yasi Ayat, secretary; Melanie Imo, treasurer; and Katie Netherly, reporter, took part in a huge variety of activities with the other members. Such activities included a pecan sale to raise money for a scholarship fund, visits to local hospitals, blood drives in November and in April, and helping out at the pediatric ward at Virginia Beach General Hospital during the holidays. Members also took part in the Cancer Society and the American Heart Association.

The Volleyball Club gave students a chance to improve their volleyball skills and to have fun. Run by sponsor Ms. Terri Sawyer and officers Todd Rutherford, president; Mike Workman, vice-president; and Elliot Tyson, secretary/treasurer, the club had many fun-filled days of volleyball. Weather permitting, members played on the beach, and the rest of the year they occupied the gym.

The Running Club, CMA, and the Volleyball Club were helpful to students active in the growing fitness craze and to these interested in medicine.



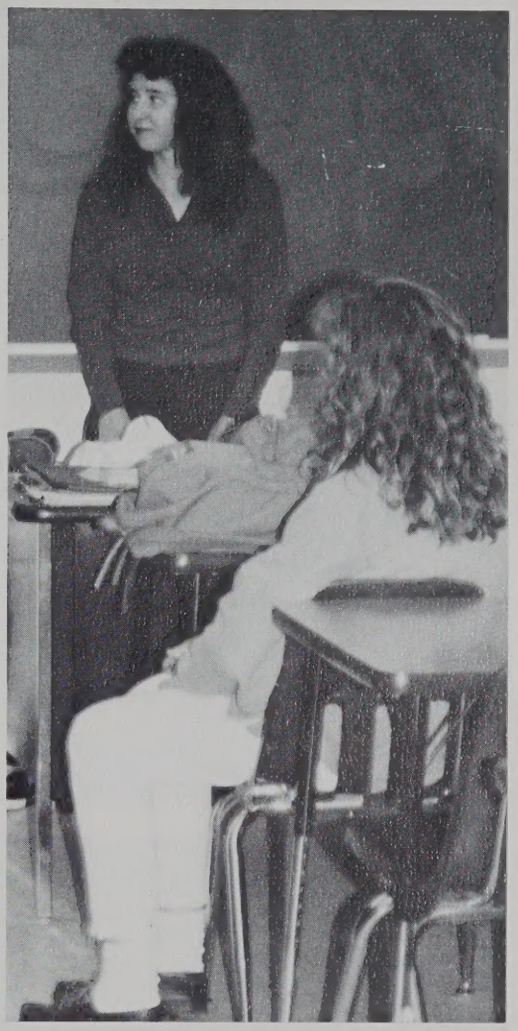
Mrs. Elizabeth McBride discusses nursing with the members of CMA.

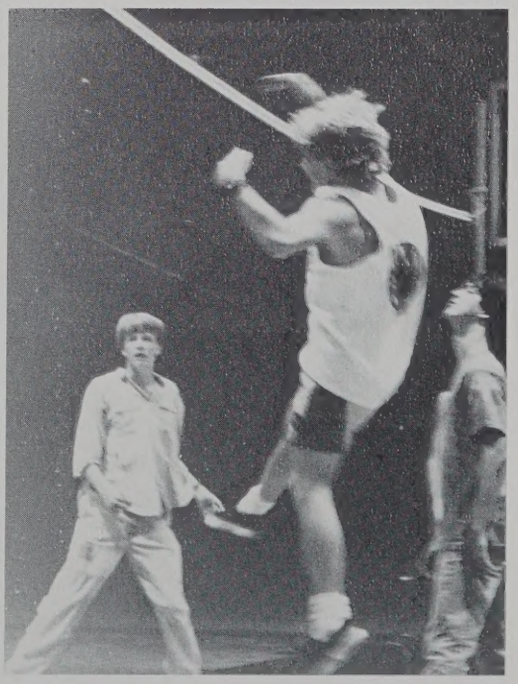
Leading the pack, John Sucher, Kevin Kroha, Doug Hamm, and Steve Dauhault run a "Granny Lap."

At Homecoming, Mrs. Elizabeth McBride pins a CMA mum on Katie Netherly.

The CMA officers, Wendy Dearing, Katie Netherly, Reena Talreja, and Yasi Ayat work hard over the summer cleaning the office plants.

During a CMA meeting, Wendy Dearing discusses an upcoming blood drive. The drives were held in November and in April.





Spike! Volleyball Club members including Elliot Tyson play hard in the gym after school.

Helping to Help Others
BCC, SACA, and CHROME

"One must care about a world one will not see."

— Bertrand Russell

Black Culture Club (BCC), Student's Against Cruelty to Animals (SACA), and CHROME helped students to help others.

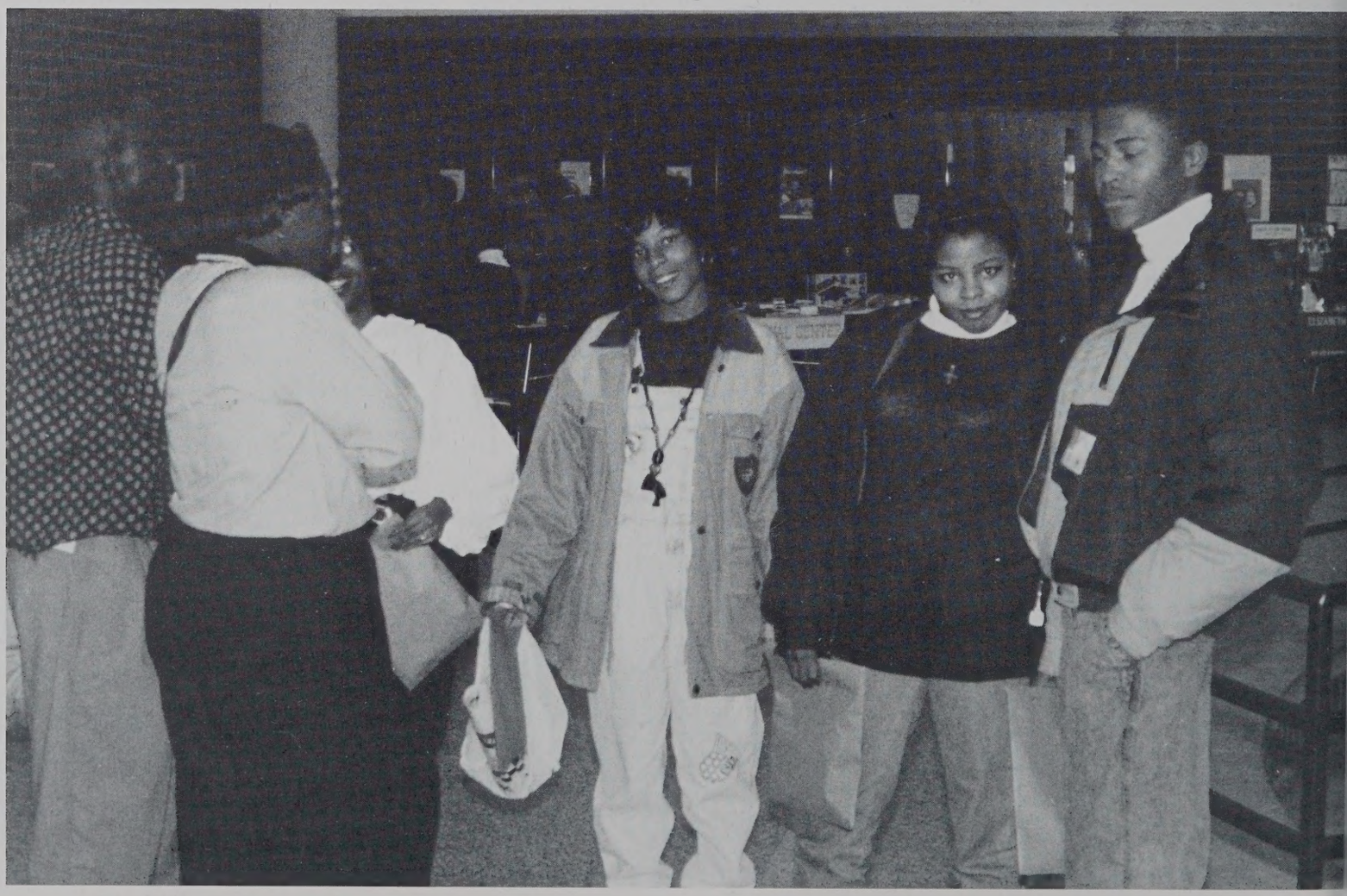
BCC, sponsored by Sylvester Smith, brought students together to discuss "issues of today." The club exposed members to the various aspects of black culture, black achievements, encouraged self-improvement, helped to instill pride, and cultivated racial tolerance. Members took part in the BCC conference, the BCC gospel choir, and had a Black History Movie of the Week. They have accomplished more this year than before because of more participation and higher membership.

The Black History Conference at Salem features Aaron Hill, Tamara Joyner, Lavinia Mills, Talera Smith, and Tymberlee Hill.

SACA was instrumental in educating students about ways to fight cruelty to animals. The club had a successful second year and had many activities such as the purchasing of a newspaper ad against the cruelty to animals. They adopted a whale, volunteered at the Virginia Beach SPCA, and worked towards raising conciousness in several areas such as animal rights and environmental awareness.

CHROME Club offered students, especially minorities and women, opportunities to learn more about engineering and science. CHROME created many scholarships and financial aid opportunities for its members. The club hosted various speakers, held luncheons, and offered summer internships. With the support of over twenty companies in the Tidewater Region, CHROME opened the door for many deserving students.

Officers in SACA, Kristal Waller, Erica Schlosser, and Jennifer Dean, discuss the adopt-a-whale plan at organizational meeting.



At a SACA meeting, members discuss the volunteer work at the Virginia Beach SPCA.

Lavinia Mills and Talera Smith wait for the next activity at the Black History Conference, the theme of which was "Together We Can Make It Happen."

Kenny Samtani expresses his approval of the speaker on engineering careers at Chrome's March meeting.

Keying Up for the Community
SADD, Happy Club, and Key Club

"There is nothing like putting the shine on another's face to put the shine on your own."

— W.C. Gannett

Students Against Drunk Driving (SADD), Happy Club, and Key Club reminded students of their responsibility to themselves and to the community.

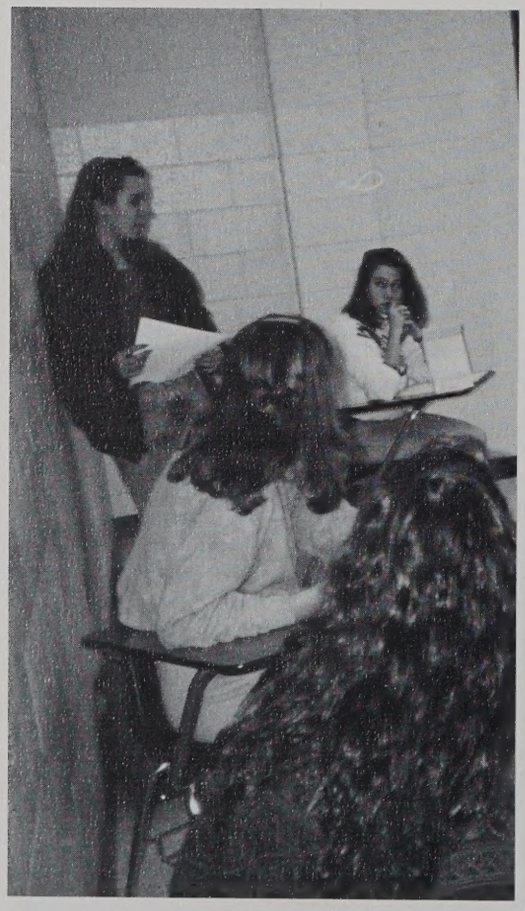
SADD members strived to promote sobriety and to teach other students not to drink and drive or ride with someone who has been drinking. The club's major projects came around Ring Dance and Prom when students were the most susceptible to these dangers. Members distributed pamphlets and put up posters to alert the students.

Happy Club, a subset of Operation Smile, gave students a unique opportunity to give up their free time to help others. Now in their third year, the club members were able to help the less fortunate. Members raised money to support Operation Smile through such activities as a penny pitch. They also held a band-aid drive and collected various other medical supplies.

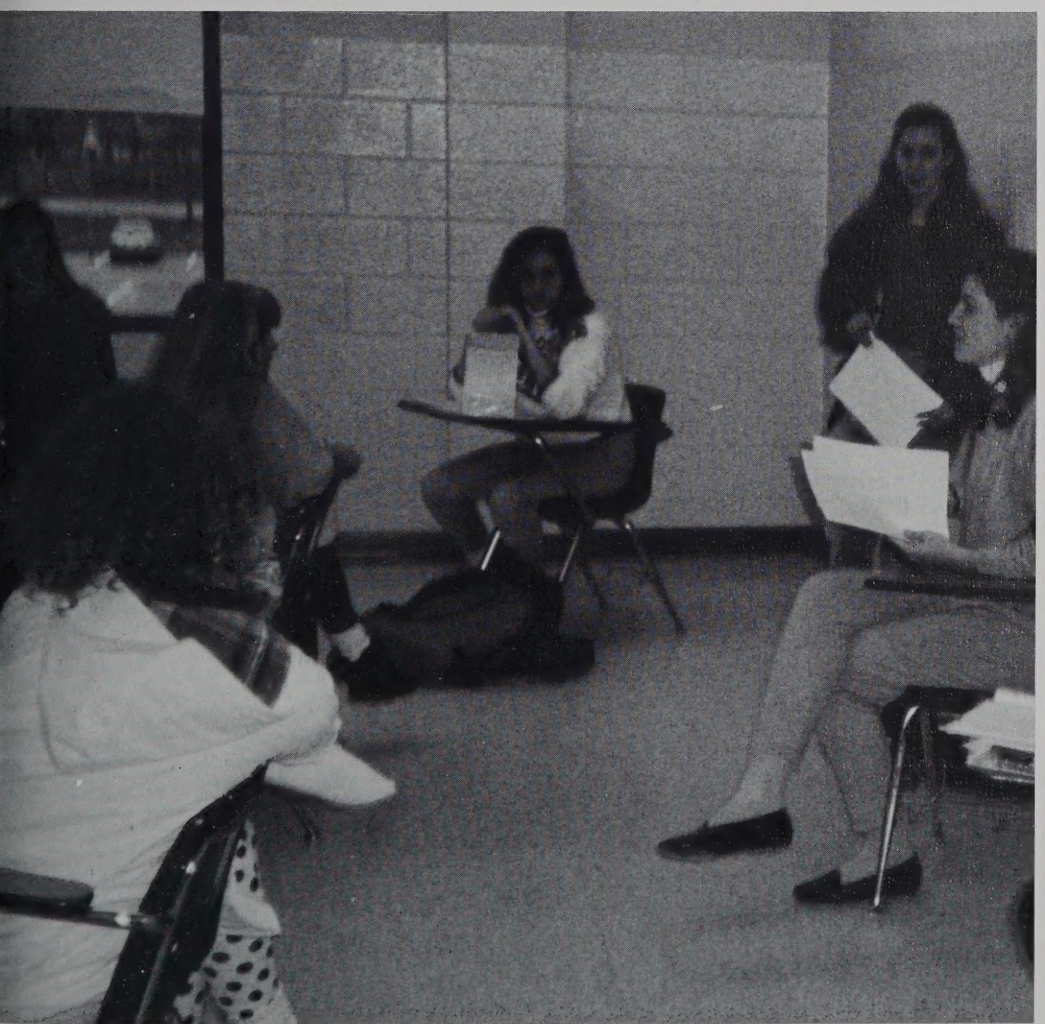
Key Club helped the school and community in various ways. Members took part in activities such as work with the Special Olympics swim and track teams, a Thanksgiving food drive, helping at the Neptune Festival, and participating in the Adopt-a-Family program at Christmas. The club also sponsored the eight annual Miss Cox Pageant to help raise funds for charities. The members of the club also helped out at the Sugar Plum Bakery and at shelters for the homeless. At the end of the year the club also gave away a scholarship to an outstanding club member.

Discussing the Miss Cox Pageant with the contestants, Diane Cheshire listens to ideas for the opening number. The pageant, "Some Enchanted Evening," was a success and some of the funds raised went to charities.

At a SADD meeting Esther Dabney and Cathy Cummings work on a holiday project.



Discussing projects for Ring Dance and Prom, Susan Lloyd suggests passing out more information packets on behalf of SADD.



Miss Cox Contestants Kelly Clark, Kerry Grant, and Stephanie Vest, and Key Club sponsor Mrs. Judy Bandy look over a selection of donated dresses.

Committee chairmen Julie Inman and Diane Cheshire discuss their ideas for Key Club service projects.

Broadway Bound Stars

Thespians, Madrigals, and Fine Arts Clu

"A person is as broad or narrow as his interests and experiences."

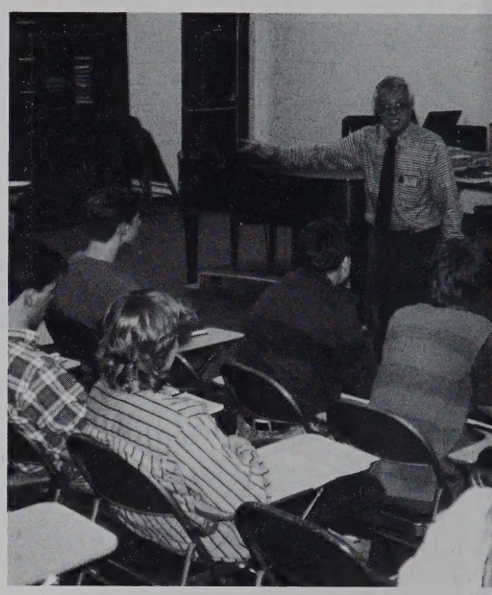
— Art Koeppen

The Thespians, Madrigals, and Fine Arts Club gave many students a unique opportunity to experience different aspects of our culture and others as well.

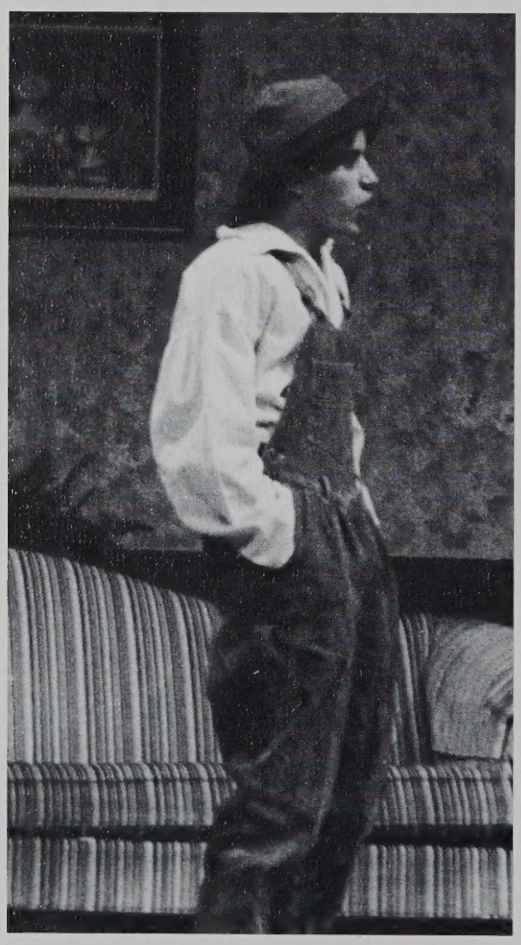
The Thespians, sponsored by James Garrett, put on many performances such as the Fall and Spring plays and Storybook Theater in December. They also took part in the one act play competition among all the Beach schools.

The Madrigals were led by William Boyll and they too had a good year. They performed at PTA open house, church concerts, and a Christmas concert as well as many others.

The Fine Arts Club, led by sponsor Art Koeppen and officers Yasi Ayat and Reena Talreja had an extremely successful year. They attended such performances as the Virginia symphony, Virginia Opera productions, various ballets including the Richmond and Miami Ballets, live theater and a trip to the Chrysler Museum. Their goal was to reach more students and try to convince them to try something different from their usual entertainment. The club opened new horizons in music, dance, theater, art and other experiences that would not be tried without such a club.

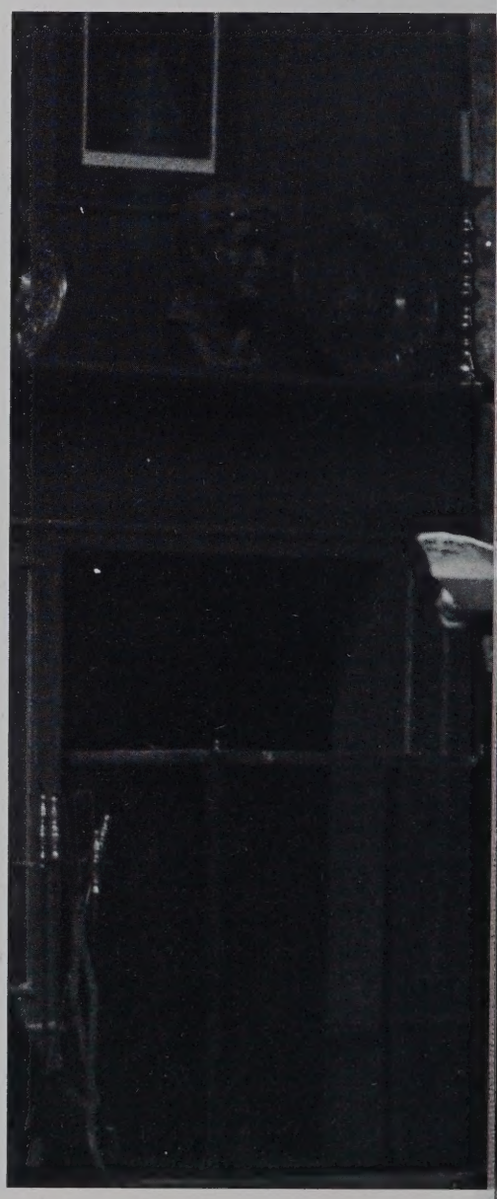


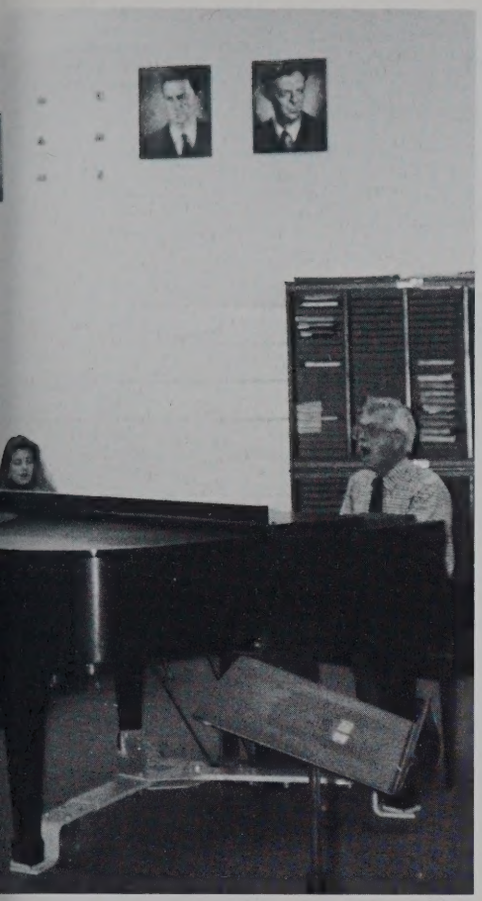
William Boyll, sponsor of the Madrigals coaches them before the Christmas Concert.



As Giles in "Tons of Money," George Staehle exists in a state of confusion.

Playing the role of Sprules in "Tons of Money," Jon Ahart serves tea.





Mr. Boyll opens wide to get out the low note for the madrigals.

The Madrigals warm up before a practice and then concentrate to learn the "Hallelujah Chorus."

Posing as George Maitland, Dave Shockley tries to trick Louise, Ceci Corley.

As Liz Wolf reads a will, Todd Rutherford and Ceci Corley stare in amazement at the large sum that they are going to inherit.

The Beat Goes On

Band, Color Guard, and Orchestra Keep the Beat

"A smooth sea never made a skillful mariner; neither do uninterrupted prosperity and success qualify men for usefulness and happiness."

— Anonymous

The band, directed by Mr. Art Pittman, had a successful year and won numerous awards. At Bayside High School, the band captured awards for best music and march, for being Class "A," and for the best general effect. In Menchville, they received the honor of being labeled Class "A" again. They were involved with the Christmas concert, home football games, the District Band Festival, and other concerts.

The color guard visually enhanced the band's performance. Led by junior Timberlee Hill, the flag team received several awards for their performances at Bayside and at Menchville.

The orchestra, in its second year, was sponsored by Ms. Jeannie Detamore-DeDominick and led by officers Joanne Yun, Melissa Zarn, and Ryan Featherer. They performed around Hampton Roads and participated in holiday concerts at school.

The band, color guard, and orchestra kept the beat as they added a musical touch to the school.

The band also participated in a program extending beyond the school. Individual band members housed their band counterparts who visited from our Sister City in Moss, Norway. Christmas fruit sales were designed to help send some of our band to Norway.

Led onto the field by Jeff Gordon, the band incites spirit in the crowd.

During the Neptune Festival parade, the band proudly marches down the street.

Concentrating on the notes to the song, Melissa Porter plays the xylophone while the color guard waves their flags with pride.

Counting the beats, Amanda Richardson prepares to play "Louie, Louie" at Homecoming.

Marching in formation, the band and flag team perform a lively song.

Band director Angi Wool leads the band in a spirited song to excite the fans.

Bridging the Gap
The Foreign Language Clubs Work Together

"The language of friendship is not words, but meanings. It is an intelligence above language."

— Anonymous

The Spanish Club was off to a great start with one of their first activities which was to sponsor a poor Mexican child. Other activities included a Homecoming car, a candy sale, and a Christmas project for the needy.

The French Club was very active as well. They participated in the Neptune Festival Sand Castle Classic, sold singing telegrams, and participated in the Adopt-a-Family program. At Christmas the club had "Secret St. Nicks" and held a Christmas party.

Latin Club was very busy with its many activities. Mrs. Lorraine Bennett, who only became the sponsor the previous year, led club members to have a fun and exciting year with the highlight being attendance at the annual Latin Convention in Richmond. Members also celebrated the various Roman holidays.

Mr. Larry Becker and Miss Pam Pearsall, the German Club sponsors, assured the club's cultural success. The members of the club continued their tradition of holding a "Deutsche Kiiche," German kitchen, every month. In these sessions, students had the opportunity to learn how to make different German dishes and learn about the culture.

The Russian Club continued its success. With the various changes in the Russian government, members were very excited. They had more guest speakers than ever to come and discuss the past, present, and future of the country.

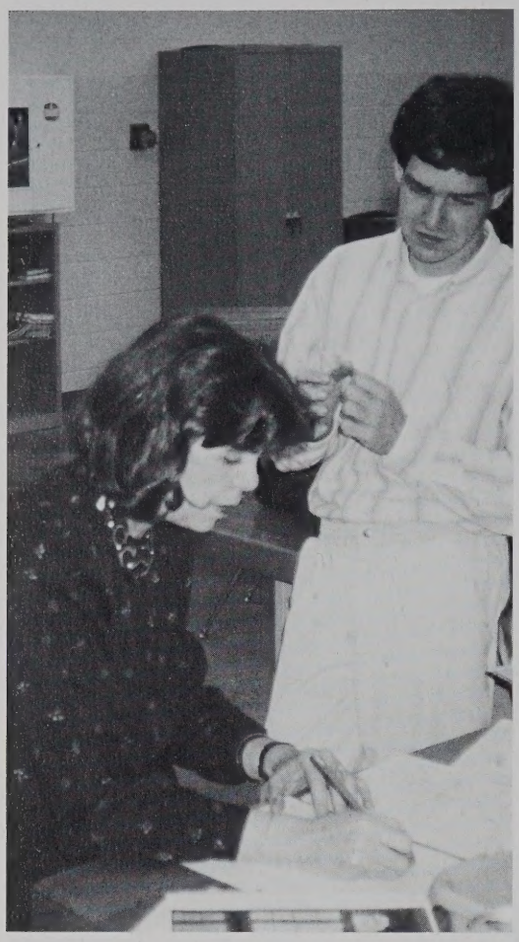
Missed! Spanish Club member Cathy Whitt tries to pin the nose on the pumpkin.

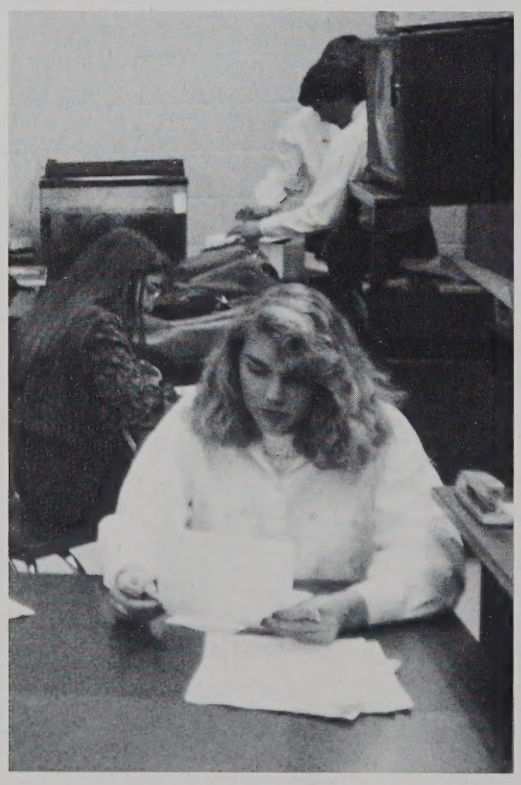
At the Halloween party sponsored by all of the foreign languages, Kim Gainfagna attempts to pop a balloon in a relay.

French Club members Julie Inman, Meg Millikin, and Dina Frech create a sand sculpture of Merlin at the Neptune Festival Sand Castle Classic.

At a Spanish Club meeting members discuss their final project.

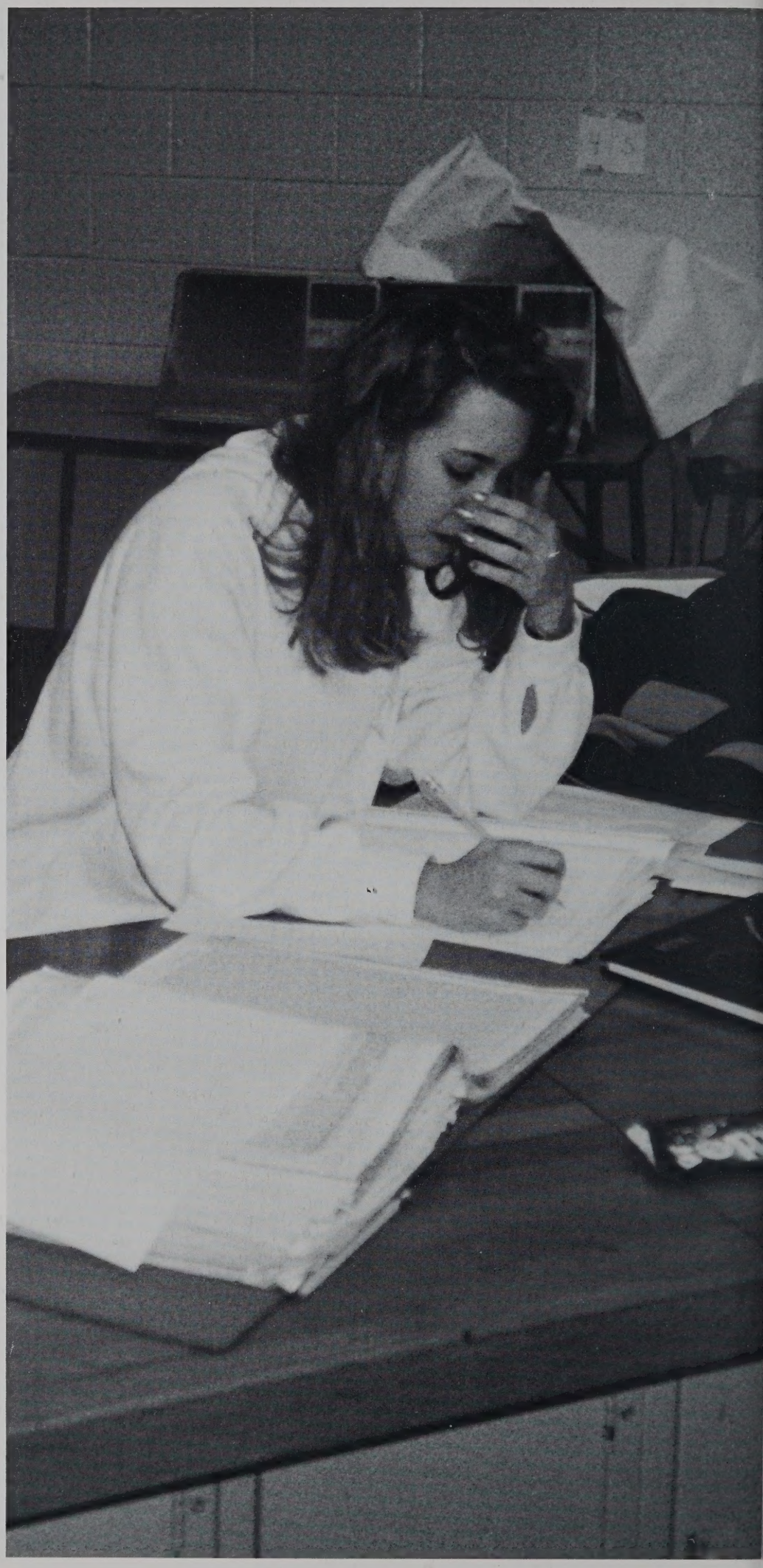
Mrs. Ginny James and Chris McCallum work out a problem on a deadline day.



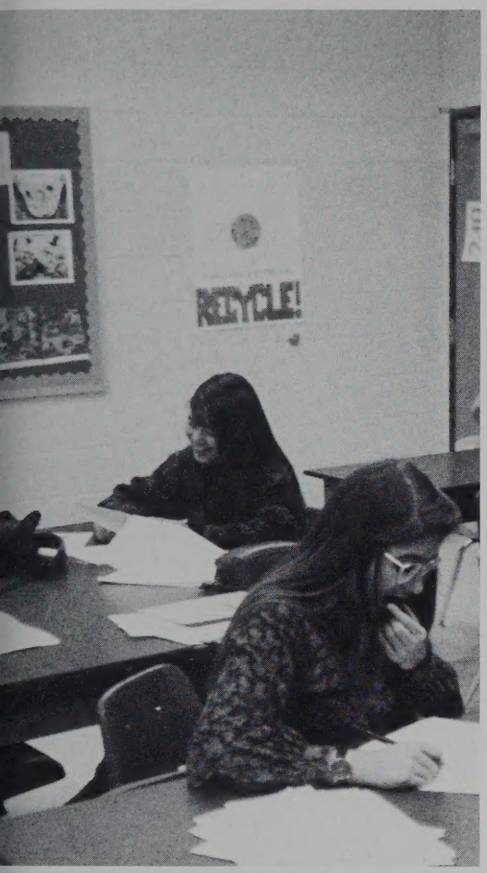


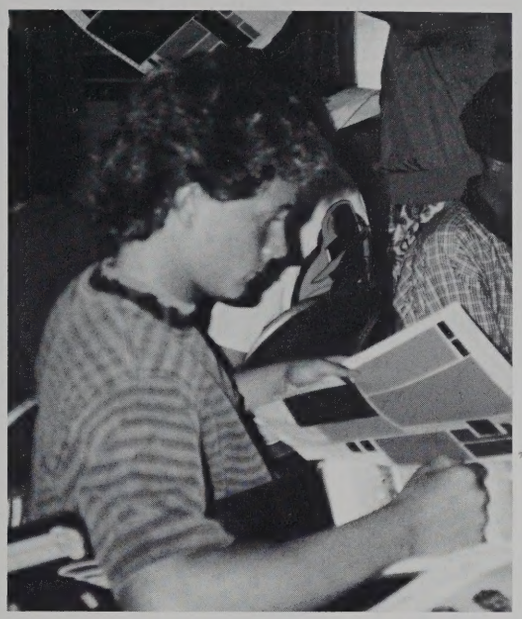
Emily Norman, co-editor of *Wingspan*, proofreads a piece of literature for the magazine.

HELP! Diane Cheshire, co-editor-in-chief of the *Talon*, tries hard to make sense of the deadline.



Stop The Press
Wingspan, Falcon Press, and Talon





Adding a plus column and a quote box, Mark Rudolph creates a layout for his homework at yearbook workshop.

Maggie Cho and Xanthia Samaropolous work diligently on selecting the best student's literature and drawing layouts for their next *Wingspan* deadline.

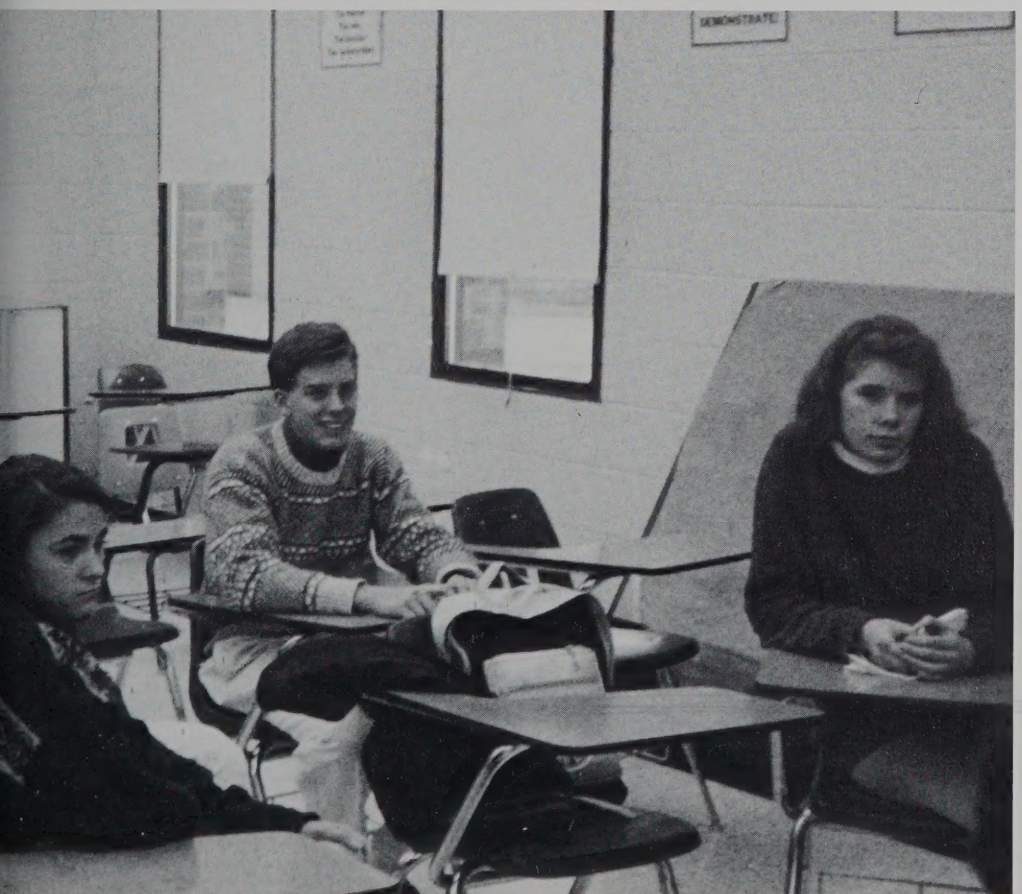
"Memory is the cabinet of imagination, the treasury of reason, the registry of conscience, and the council chambre of thought."

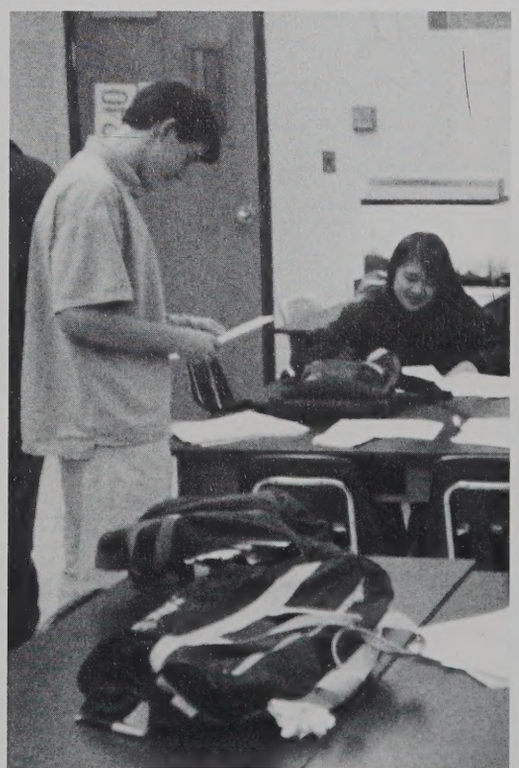
— Basil

Wingspan, sponsored by Lynn Carson, worked hard to produce an outstanding literary magazine. The staff was smaller than in previous years but worked much harder according to Sarah Gilbert who was co-editor along with Emily Norman. She says that to be published is rewarding enough for the staff but it is also rewarding to let others read their work.

Falcon Press, led by Lois Baker and Jennifer Nopper, produced four issues of the *Falcon Press* that told students what was going on in the school and entertained them as well. Amy McCoy was editor.

The *Talon* yearbook staff, sponsored by Ginny James was a success. Under the leadership of Co-Editors-in-Chief Diane Cheshire and Julie Inman, the staff worked hard to create a great yearbook. Several staff members attended workshops over the summer at Lynchburg College and Virginia Weslyan College.





Brock Fry works on an assignment in the *Wingspan* room.

Falcon Press members Toni Lewis, Robert Sucher, and Amy McCoy discuss layout ideas.

Brian,
you and Matt have been a real treat to have in Math. If it wasn't for y'all I would probably be pretty bored. Hope you have a wonderful summer. ~~and maybe see you~~
Marie

At the talent show, Haissa Badawi sings with his ban Mayhem. Mayhem cou often be seen at various h spots around town.

Often seen taping variou school activities, the vide yearbook photographe covers the Homecoming p rally.

ADDED

Glory

Community support gives added glory to Cox. A new tradition was begun with the video yearbook. As usual, the Neptune Festival was a big event in September, and Julie Soderberg proudly represented Cox as a Neptune Festival Princess. Laborfest was a successful, and peaceful event. Our partners in the Adopt-a-School program lent support for all of the school functions during the year. The community was an important factor in Cox's success, and with its added glory, it was a great year.

SENIOR STATS

Jon Ahart: Drama 9,10,11,12; SADD 9,10; English Team 10; NJHS 9

Ginger Anderson: SCA Treasurer 12; Homecoming Princess 12; Executive Council 11; Fashion Show 11; Key Club 11; French Club 9

James Anderson: FHA 9,10; FFA 10,11; DECA 12; Happy Club 12

Yasaman Ayat: Tennis Team 9,10,11,12 (co-captain); Fine Arts Club 9,10,11,12 (Vice-President, President); CMA 9,10,11,12 (Secretary, Vice President); NHS 10,11,12 (Secretary); Executive Council 11,12; Happy Club 10,11,12 (Secretary Vice-President); Model U.N. 11,12; FBLA 10,11,12 (Reporter, Vice-President); National French Honor Society 11,12; Junior Statesmen 11,12

Ray Ayres: NHS 11,12; District Choir 11,12; Spring Musical 11 (Lead); Latin Honor Society 11; Latin Club 11; Indoor Track 12 (Captain); Class Treasurer 12; Madrigals 12; Thespian Club 12; Running Club 12; Concert Choir 11; Model UN 11

Michael Bailey: Madrigals 9,10,11,12; Track 10; Running Club 10; Volleyball Club 10,11,12; Regional Chorus 9; District Chorus 10,11,12; Math Tutoring Program 11,12; Happy Club 12; NHS Fall Volleyball Tournament 12; Operation Smile Bowl-a-thon 12

Billy Baldwin: Football 11,12; SCA 12

Diana Banks: Coquettes 9,10,11; Key Club 12; Newspaper 12; REACH 9; SADD 9; Senior Class Committee Chair 12; Spanish Club 10 (Homecoming Chair)

Christy Barnwell: Falcon Press 10,11 (Sports Editor, Editor); Basketball 10,11,12; NHS 11,12; Junior Statesmen 12; French Club 12

Kyle Bartol: TARS 10,11,12 (President, Secretary); Junior Statesmen 11,12 (President); Model UN 11,12 (Vice-President); Executive Council 12; German Club 9,10,11,12; NHS 11,12; SACA 12

Brian Bennett: Wrestling 10,11,12 (co-captain); Football 12 (co-captain)

Peter Bergstrom: Geography Club 10; Industrial Arts Club 11; Wingspan 11,12 (Photo Editor)

Stephen Blackmer: Concert Band 9,10; Marching Band 9,10; TSA 12; VICA 11,12

Ashley Bolen: SCA Representative 10,12; Field Hockey 9 (Captain) 10,11,12; Basketball 9,10,11,12 (Captain); Softball 9 (Captain), 10,11,12; Junior Statesmen 12

Lisa Bray: Key Club 9,10,12; French club 9,10; Debate 10; Coquettes 11; Model UN 12; Thespians 11; NHS 12

Christin Brown: GN Cheerleading 9; Cox Cheerleading 10,11; GN Gymnastics 9; Cox Gymnastics 10; Outdoor Track 10,11; Indoor Track 12; Executive Council 12; NHS 11,12; Key Club 11,12; Yearbook Senior Section Editor 12; French National Honor Society 11,12

Jeffrey Burke: JV Basketball (Mt. Olive HS) 10; German Club 11,12; FBLA 12

Jennifer Carley: Coquettes 10,11,12 (Captain, Lieutenant); German Club 9,10,11 (Vice-President); Junior Statesmen 12; Fashion Show 12; Miss Cox 11,12 (Choreographer); Key Club 9; REACH 9; FHA 12; Young Life 12

Danielle Carson: French Club 9,10; DECA 11; Basketball 9; Field Hockey 9; Homecoming Court 9,12

Ann Catlett: GN Cheerleader 9; Coquette 11

Andrea Chamberlain: Softball 9,10,11,12; Spanish Club 9,10

Laura Check: Spanish Club 10,11; SACA 11; DECA 11,12

Diane Cheshire: Yearbook 9,10 (Clubs Editor), 11 (Clubs Editor), 12 (Editor-in-Chief); Key Club 9,10,11 (Vice-President), 12 (Vice-President); Thespians 11,12; Miss Cox Pageant Chair 11,12; NHS 12; NJHS 9; SADD 9; REACH 10; French Club 10,11

Angela Childers: DECA 12

Rebecca Clark: Key Club 9,10,11,12; Thespians 11,12 (Treasurer); Executive Council 12; FBLA 10; Yearbook 10,11; Junior Statesmen 12

Amanda Conner: NHS 12; National German Honor Society 12; Key Club 11,12; German Club 10,11,12; Yearbook 10

Ceci Corley: Thespians 10,11 (Historian), 12 (Secretary); Fall Play 10,11,12; One Act Play 11,12; Spring Musical 10,11,12 (Director); Latin Club 10,11

Michael Cover: Football 9,11,12; Wrestling 9,10

Meg Cralle: Key Club 9,10,11 (President), 12; Executive Council 11,12; French Club 9,10,11,12; NHS 12; Model UN 12 (Treasurer); Fine Arts Club 12 (Secretary); Academic Team 12

Cherie Crouch: Fine Arts Club 10,11; Spanish Club 10,11; Happy Club 12; French Club 9; GN Gymnastics 9; GN Cheerleading 9; Indoor Track 10; SACA 12

Cathy Cummings: Tennis 9,10,11,12 (Captain); Soccer 10,11,12; Indoor Track 9,10; SCA Representative 10,11; Executive Council 11,12; SADD 10,11,12 (President); Junior Class Second Vice-President; Senior Class Second Vice-President; Geography Club 11,12 (Secretary); Model UN 11,12; French Club 9,10; Junior Statesmen 12; Powder Puff 11 (Captain); Spanish Club 11

Stephen Daignault: Baseball 10,11; Indoor Track 11,12; Cross Country 12 (Captain); Outdoor Track 12; Running Club 12

Wendy Dearing: Key Club 9; Yearbook 9,10,11 (Section Editor); Old Donation 9,11; CMA 10,11,12 (President); Governors School for Art 10; FBLA 12; Neptune Festival Art Show 12 (First Place)

Sepehr Djalaly: Football 9,12; DECA 11,12

Becky Donato: Key Club 9,10,11; Junior Statesmen 12; French Club 10,11; Fine Arts Club 10; SADD 10; SACA 10,11,12; Spanish Club 11; Model UN 12; FBLA 12; FHA 12; Happy Club 12

Jana Dorn: Governor's Magnet School for the Arts 11,12; Madrigals 10

Michele Dutcher: FHA 12

Mary Dye: Field Hockey 9,10,11,12 (MVP, Co-Captain); Soccer 9,10,11,12; NHS 11,12; Basketball 9,10; National Latin Honor Society 11, Student Athletic Trainer 11

Sam Eubanks: Sophomore Class Treasurer; Executive Council 11,12; Boy's State 11

Chris Faison: Wrestling 9,10,11; SCA Representative 9,10,11; FBLA 12

Amanda Fawcett: Spanish Honor Society 12 (Secretary); Latin Honor Society 12; SACA 11; SADD 11; Spanish Club 10,11,12; Latin Club 11; Signing Choir 10

Jennifer Fay: CMA 10,11,12; FBLA 10,11, 12 (Secretary)

Nikkol Ferris: Young Life 9,10,11,12; Field Hockey 10,11; Gymnastics 10; Cheerleading 10,11; Coquettes 12; Junior Statesmen 11,12; FHA 12; Oceanography Club 12

Bryan Finger: SACA 11

Heath Flohre: Girls' Tennis Manager 10,11,12; Boys' Tennis Team 9,10,11,12 (Captain); Class Homecoming Chair 10,11,12; Senior Class Prom Chair; NHS 10,11,12 (Vice-President); ODC Art 9, 10,12

Vanessa Fox: Senior Class Graduation Chair; NHS 12; Academic Team 12; Model UN 11,2; Junior Statesmen 11; Tennis Club 10,11; Chrome 11; TARS 10,11

Audra Foxwell: Concert Chorus 9; Madrigals 12; Regional and District Chorus 10,11,12

Jim Frangenburg: Jazz Band 9,10,11,12 (lead trumpet); Marching Band 9,10,11,12 (Section Leader, Drum Major, Soloist); Spring Musical 10,11,12; Concert Band 9,10,11,12 (Section Leader, Drum Major); Youth Symphony 11,12 (Principle Trumpet)

Susan Frasher: Dance 9,10,11,12; Governor's Magnet School 12; Latin Club 9,10,11; Library Club 9; National Latin Honor Society 11; Who's Who Among American High School Students 11

Sloan Frey: Wrestling 9,10,11,12 (Captain); SCA Representative 11,12; Spanish Club 9; FBLA 12

Eric Garner: Soccer 10,11,12

Catherine Gaut: German Club 9,10,11; FBLA 10,11,12

Bryan Genzler: Spanish Club 9,10; Junior Statesmen 12; Newspaper 10; Ski Club 12

Sarah Gilbert: Wingspan 9,10,11,12 (Co-Editor); NHS 10,11,12 (President); Cross-Country/Track 9,10,11; Debate 10,11 (Lincoln-Douglas Captain); CMA 10,11,12; Key Club 11,12

Stephanie Griffin: Thespians 9,10 (Secretary), 11,12 (Treasurer); SCA Representative 10; SCA Secretary 11; SCA Second Vice-President 12; NHS 10,11,12; Forensics 10,11,12; Spring Musical 9,10,11,12; Fall Play 10,11,12 (Director); One Act Play 11,12; Coquettes 10; REACH 9,10 (Treasurer); Fashion Show 12; Governor's School for Theatre 10; Winspan 9; ICC 10,12; Miss Cox Contestant 10,12; Morning Announcements 12; young Life 9,10,11,12; Campaigners 9,11

Jason Grochowski: Football 9,10,11; Wrestling 10,11

Paula Gunter: SCA Representative 11,12; Junior Statesmen 12 (Promotion Committee); DECA 11,12; Girls' Soccer 9

Kristen Hall: Newspaper 12; Forensics 12; FHA 12

Shawnette Harris: SCA Representative 12, FBLA 12

Wendy Harris: Spanish Club 9,10,11, (Secretary); Spanish National Honor Socie 12 (President); Key Club 9,10; Junior Stat men 12; Running Club 11,12

Kristie Hartley: DECA 12

Heather Haws: German Club 9,10; SAC 11 (Secretary); Model UN 12; FBLA 11,

Wendy Hebert: Field Hockey 10,11,1 Basketball 10,11,12; SCA Representati 12; GN Field Hockey 9; GN Basketball GN Softball 9

Wes Highfill: ODAC 9,10,11,12 (Te Captain); NHS 12; Executive Council French Club 11; French National Hor Society 12; Key Club 10

Amy Hobart: SADD 10,11,12; Latin Cl 9; Key Club 10,11; German Club 11,12 (S retary); NHS 12

April Hoffman: FBLA 10,11,12 (Secretar Technology Club 11; SCA 12; Softball

Iona Hough: Oceanography Club 12 (Pr ident); Latin Club 9,10; SADD 9,10, FHA 12

Tim Howard: Freshman Class Preside SCA Representatie 10,12

Carolyn Hurwitz: SCA President 12; Fi Hockey 10,11,12; SCA Representative Junior Class Treasurer; NHS 11,12; Ge raphy Club 10,11 (Treasurer), 1 CHROME Club 11 (Treasurer); Softball Cox Self-Study (Philosophy and Goals)

Melanie Imo: Junior Statesmen 11,12 (S retary); CMA 10,11,12 (Treasurer); Exe tive Council 12; NHS 12; Colorguard Spanish Club 9,10,11,12; Key Cl 9,10,11,12; Band 9; Yearbook 10; Span Honor Society 12 (Historian); Forensics

Elizabeth Inman: Yearbook 9 (Freshm Editor), 10 (Academics Editor), 11 (A demics Editor), 12 (Senior Editor and As tant Editor); Key Club 9,10,11 (Class Rep sentative), 12; SCA Executive Council REACH 9 (Treasurer) 10 (President); F Arts Club 9

Jennifer Jarman: Basketball 9,10; FHA (V Tech) 11,12; FHA (Cox) 12

Scarlett Jingst: SADD 11; Happy Club (Secretary); Key Club 11,12; SCA Repres tative 12; Latin Club 11,12; Yearbook 1

Chris Johnson: Outdoor Track 10; Span Club 10,11; DECA 12

Vita Jones: FBLA 12; Office Helper 12

Heather Kennedy: Cheerleading 10, Field Hockey 9, Fashion Show 9,10,11, Homecoming Court 9,11; Spanish C 11,12; Coquettes 12; Junior Statesmen SCA 10,11; Basketball 9; Young Life 11,12

Tammy Kerns: Senior Class Chairperson FHA/HERO (Vo-Tech) 11; German For sics 11; IFSEA Competition 11,12; Pr ciency in Culinary Arts Competition 11, Guidance Office Helper 11; Teach Student Volleyball 10

Brandon Kessinger: French Club 9; DE 10;

Judith Koks: Tennis 9,10,11,12; Basket 9,10

Jeff Kole: German Club 9,10; DECA SCA Representative 9,10,11

Deanna Lane: FBLA 10,11,12

e Lavier: SCA Representative 9,10,12; ch Club 9; Yearbook 12 (Student Life or)

thael Lawrence: French Club 9,10; D 10; FHA 11; Football 11

ıy Lee: Yearbook 10,11; Executive ncil 12; Key Club 10,11,12; NHS 12; or Statesmen 12 (Treasurer); Model UN Spanish Honor Society 12 (Vice-ident); Forensics 12; Spanish Academy ernor's School 11

ly Levenson: Spanish Club 9,10 (Vice-ident), 11 (President); Key Club 9,10, 2; Science/Ecology Club 10 (Secretary), Treasurer), 12 (Vice-President); Execu- Council 11; Senior Class Fundraising ir; NHS 12; Powder Puff 11; ICC 10,12; A 10,11,12; REACH 11,12; Russian 10,11

iberly Lipscomb: Basketball 9,10,11 otain), 12 (Captain); Softball 9,10,11 otain), 12; NHS 11,12; SCA Represen- ve 11,12; Health/P.E. Curriculum Ad- ry Committee 12; Key Club 10,11

ı Lohry: Wrestling 9,10

ley London: Junior Class Vice President; ion Show 10,11,12; Miss Cox Contes- 11 (Miss Congeniality); Nominee for ernor's Magnet School for Visual Art 11; ed and Talented Program for Art 11,12; uettes 10; Junior Statesmen 12 (Histo-); SCA Representative 10,11; Executive ncil 11; ICC 11

non Look: Jazz Band 9,10; Marching d 9,10

bara Lunn: Tennis 10; SCA Represen- ve 10; FHA 9,11 (Vice-President), 12; A 12; FEA 9; NHS 12

iberly MacIver: Spanish Club 9,10; CA 12

l Mackey: Football 9,10,11,12 (MVP); ketball 9,10,11,12 (Captain); Track 0,11,12 (Captain); Mr. Cox Pageant ntestant; Powder Puff Coach 11

ert Marshall: TARS 12; Latin Club 0,11,12; BCC 12; Wingspan 10; Key b 9; Junior Achievement 10; Video Club Computer Club 12

an Martin: Yearbook 9,10,11; Key Club French Club 9

neice Mathews: Marching Band 9; Ger- n Club 9,10,11,12; Tennis Team 11,12; Fine Arts Club 10, Debate 10

y McCoy: Newspaper 10,11,12 (Business nager, Editor-in-Chief); Basketball 9,11; in Club 12

ristina McMannes: Wrestling Kestrels 9; A 10,11; Happy Club 12

n Michels: Debate 9,10,11,12 (Co- ptain); Odyssey of the Mind 11,12; Aca- nic Team 10,11,12 (Captain); NHS 12; NGHS 11,12; German Club 9,10, 12 (Treasurer); Model UN 12

encer Miller: Senior Class President; ior Class President; Geography Club 10,11,12 (Vice-President, President); DD 11,12 (Treasurer); Boys' State 12; deo Yearbook Editor 12; Leadership Work- p 12; Football 9,10; Executive Council ,12; Powder Puff Coach 11

ic Modlin: Wrestling 9,10; Wingspan 10; anish Club 10; Oceanography Club 11; CA 12

ark Mulroy: FBLA 11,12 (Vice- sident); Volleyball Club 12; FHA 12

elissa Neidrauer: Yearbook 12; Spanish ub 9,10,11; Geography Club 9,10,11,12; LA 11

Emily Norman: Wingspan 9,10,11 (Layout Editor), 12 (Co-Editor); Key Club 9,10, 11,12; French Club 10,11; Signing Choir 10,11; Madrigals 10,11,12

Susan O'Brian: French Club 9,10; SACA 11,12; FBKA 12; SCA 11

Chris O'Donnell: Spanish Club 9,10,11 (Vice-President), 12 (Second Vice-President); Yearbook 10; CMA 12

Misty Palmer: Spanish Club 9,10; Russian Club 11,12

Jean Pascual: Sophomore Class President; Junior class Ring Dance Chair; Senior Class Prom Chair; Freshman Class Second Vice-President; SCA ICC Secretary 11; Executive Council 12; Cheerleading 11; Key Club 9,10,11,12 (Treasurer); CMA 9,10,11,12; Happy Club 10,12; Fine Arts Club 12 (Treasurer); Model UN 12; Marching and Concert Band 9

Mark Pascual: Spanish Club 9,10,12; SACA 12; Winter Soccer 11; CMA 11,12; Happy Club 12; Key Club 9; Volleyball Club 12; GN Soccer 9; Junior Statesmen 12; Model Un 12; TARS 11,12; SCA Representative 12

Jennifer Paske: Basketball Manager 9; Soccer 9,10 (Captain); FBLA 9; SADD 12; Happy Club 12; FHA 12 (Historian)

Selina Perez: Color Guard 10; Coquettes 11,12

Chad Phillips: Cross Country 12; Indoor Track 10; Outdoor Track 10

Howard Pickrell: Wrestling 9,10,11,12

Nancy Pillow: Cheerleading 9 (Captain), 10,11,12 (Captain); SCA Representative 9,10; ICC; Executive Council 11,12; Key Club 10,11,12 (Director of Miss Cox Pageant); Thespians 11,12; Video Yearbook 12 (Promotion of Sales); SADD 11,12; Soccer 9 (Captain)

James Pohl: Marching Band 9,10 (Drum Captain), 11 (Drum Captain), 12; Young Life 10,11; Octagon Club 12 (Vice-President); Spanish Club 12

Lisa Pruitt: Cheerleading 9; Softball 9,10,11,12; SCA Chaplin 9; Wingspan 10; Indoor Track 11; Powder Puff 11

Laura Quinn: Key Club 11,12; Spanish Club 11; Spanish Honor Society 10; Octagon Club 10

Jennifer Rawlings: Junior Statesmen 11,12 (Vice-President); ICC 12; NHS 12; Social Studies Curriculum Committee 12

Jeff Reichart: Basketball 9,10,11,12 (Captain); Executive Council 11; SCA Representative 10,12; Young Life 9,10,11,12; Mr. Cox Pageant 10; Dating Game 10,12

Chris Richards: Senior Class Reporter; Executive Council 12; Varsity Wrestling Team 10,11,12 (Captain); SCA Leadership Workshop 12

Emily Roberts: NHS 11,12 (Committee Chair); French National Honor Society 11,12; Cheerleading 10,11,12 (Captain); Coquettes 9,10 (Lieutenant); Executive Council 11,12; SCA Representative 9,10; Key Club 10,11; Fashion Show 11,12 (Choreographer and Model); French Club 10,11; Latin Club 9 (Historian); Fine Arts Club 9,10

Aimee Rockefeller: Science and Ecology Club 9,10,11 (Vice-President), 12 (President); Russian Club 10-11 (President), 12 (Secretary); Key Club 10,11,12; Executive Council 12; Fine Arts Club 10,11; Newspaper 11; Wingspan 10; Junior Statesmen 10; Latin Club 9

Mark Rudolf: Key Club 9; German Club 9,10; SADD 10,11; Yearbook 9 (Freshman Editor), 10 (Sophomore Editor), 11 (People Editor), 12 (Student Life Editor)

Todd Rutherford: Thespians 9,11,12 (Vice-President); Executive Council 11,12; SCA Representative 9; Latin Club 10,11,12; Volleyball Club 10,11,12 (President); Indoor Track 10; Outdoor Track 10; Young Life 9,10,11; Forensics 12; Senior Board Committee Chair; Yearbook 11,12 (Photography Editor); Morning Announcements 12; Running Club 10

Xanthia Samaropoulos: Wingspan 11,12 (Art Editor); CMA 11,12; French Club 9,10,11; Key Club 10,11,12; NHS 12

Sashin Sardot: Governor's Magnet School 9,10,11; Video Club 9; SCA Representative 9; Thespians 10,11; DECA 12

Ridgeley Schantz: NHS 12; Russian Club 10,11 (Vice-President); Wingspan 12 (Asst. Art Editor); French NHS 12; Fine Arts Club 10,11,12; Key Club 10,11; French Club 9,10,11; French Tutor 10,11; CMA 10,11

Erica-Carol Schlosser: SACA 11,12 (President); TARS 9,10 (Secretary); Octagon Club 12 (Board of Directors); ICC 12

Jennifer Scofield: Cross Country, 9,10,11 (Captain), 12 (Captain); Indoor Track 9,10,11 (Captain), 12; Outdoor Track 9,10 (Captain), 11 (Captain), 12; German Club; Running Club 10,11,12 (Vice-President)

Nicole Sebastian: Junior Achievement 10 (Secretary); FBLA 12

Christopher Shea: Baseball 10,11,12; Spanish Club 11,12; Latin Club 11; Wingspan 10

Jason Shedlock: Soccer 10,11,12 (Captain); Spanish Club 9,10,11,12 (President); CMA 12; Junior Statesmen 12; SACA 12

Karen Anne Scheffler: SADD 9,10,11; French Club 9,10,11,12; Basketball 9,10,11,12; (Captain); French Honor Society 9,10

Lori Sike: Color Guard 10

Kimball Skinner: Football 11,12; Indoor Track 12; Outdoor Track 12; Spanish Club 10,11,12; Junior Statesmen 12; Model UN 12; FBLA 12; FHA 12; Volleyball Club 9

Colleen Smith: FHA 9,10,12; Happy Club 12

Donnell Smith: Spanish Club 9,10; Library Helper 9,10,12; Science Club 9

Traci Stanford: NJROTC 10,11 (Platoon Commander), 12 (Public Affairs Officer); Female Drill Team 11,12 (Commander); Drill Team 10,11,12; Soccer 9,10 (Captain); FBLA 12; FHA 12; SCA Representative 12; SADD 9,10; Marching Band 9; Spanish Club 10

Adam Sutton: SCA Representative 9,10; Science Club 9,10; Spanish Club 9,10,11

Reena Talreja: Happy Club 10,11,12 (President); Wingspan 9,10,11 (Editor); CMA 10,11,12 (Vice-President); Fine Arts Club 10,11,12 (Vice-President); NHS 10,11,12 (Treasurer); Model UN 11,12; SCA Reporter 12; Junior Statesmen 10,11,12; Executive Council 11,12; FBLA 10; French NHS 11,12; Gifted and Talented 9,10,11,12

Edwin Tanielu: Football 11,12

Monica Thomas: Academic Team 12; Latin Club 9,10 (Vice-President), 11; Madrigals 12; Wingspan 12

William Thomas: Spanish Club 9,10,11,12; Yearbook Staff 10,11; Fine Arts Club 10,11; Oceanography Club 12; SCA Representative 9; Ecology Club 10,11; Junior Achievement 11,12

Blake Thompson: Freshman Class Treasurer; SCA Representative 9,10,11,12; Spanish Club 9,10,11

Maureen Thompson: Spanish Club 10,11,12 (Historian) Key Club 10,11,12; Fine Arts Club 12; NJHS 9

Aimee Thorpe: Marching Band 9,10,11; Concert Band 9,10,11; FBLA 11

Petra Travis: NHS 10,11,12; Basketball 9; Cheerleader 10; Cross Country 10; Key Club 11; Drama Team 9,10; Japanese Club 9,10; Spanish Club 11,12; REACH 11,12 (Secretary and Vice-President); Junior Statesmen 12

Erin Truxell: FBLA 10,11,12; Spanish Club 9,10,11,12; SACA 11,12; SCA 11,12; SADD 9,10; Key Club 10

Mike Valerio: Wrestling 9; Latin Club 9,10; SCA Representative 11; Oceanography Club 12

Missy Verrault: Coquettes 10,11; Miss Cox Contestant/Choreographer 11; FBLA 12; COE 12

Ken Visbeek: Geography Club 10,11,12

Kristal Waller: Geography Club 10,11,12 (Secretary, Treasurer); SACA 11,12 (Secretary, Treasurer); Octagon Club 12; SADD 12; FHA 12; Science and Ecology Club 12; DECA 11

Christina Walsh: SADD 10; Junior Achievement 10,12 (Vice-President); Key Club 11,12; FBLA 12; Spanish Club 9,10; NHS 12; Junior Statesmen 12; SCA Alternate 10; Fashion Show 12; Powder Puff 11; Young Life 9,10,11; Campaigners 11

Kendra Ward: Softball 10,11,12; SCA Representative 12; Oceanography Club 12 (Secretary); SADD 11,12; German Club 11,12; Volleyball Club 10,11

Kristy Weiler: Key Club 10,11 (Secretary), 12 (Secretary); Yearbook Staff 11,12; Model UN 12; Junior Statesmen 12; REACH 9,10; Wingspan 9

Ken Whitaker: DECA 10,11,12; Distributive Education 9,10; SCA Representative 9,12; FHA 12

Catherine Whitt: Spanish Club 9,10 (Historian), 11 (Treasurer), 12 (Treasurer); CMA 10,11,12; Key Club 9,10,11,12; Junior Statesmen 12; SACA 11,12

Lee Wilburn: Football 9; Basketball 9,10,12

Aubra Wilson: SCA Secretary 12; Executive Council 11,12; SCA Representative 11; SCA Leadership Workshop 12; COE Program 12; FBLA 9,10 (Secretary), 11 (President), 12; BCC 11 (Vice-President), 12; Fine Arts Club 11 (Reporter/Historian), 12; Oceanography Club 12 (Secretary); Safe School Committee 12

Cecilia Wingfield: DECA 12 (President); SCA Representative 9,10,11,12; French Club 9,10; SACA 11; Science Club 11; Talent Show 12

Angela Wool: Band 9 (Section Leader), 10 (Section Leader), 11 (Section Leader), 12 (Drum Major); SCA 9; Newspaper 9; VBJH Basketball 9; Student Athletic Trainer 10,11; Powder Puff 11; Geography Club 10 (President)

Christopher Workman: Wingspan 9; SADD 11,12; Key Club 11; Oceanography Club 12 (Treasurer); Russian Club 10,11

Michael Yoder: Wrestling 11; Football 12

Sean Gregory
Determination is the key to success. Believe in yourself and be happy. God bless you. We love you,
Mom, Dad, and Brooke

Britta,
Congratulations! We are so proud of you!
Love,
Laura and Mom

Congratulations Jen, Beth, Emily, Elisa, Steph, Kristy, Christin. You'll always be our "babies" and we're so proud of you all!
Love, Miz S. and Miz I.

Amy,
You did it! Congratulations! You have so much to offer we know you'll do well no matter what you choose. We love you,
Mom and Glen

"Congratulations"
Tom & Bill

To Tom:
Set your hopes high and reach for a star.
Love and good luck,
Dad, Mom, and John

Heather,
We are proud of you. You are a wonderful daughter and sister. We love you,
Mom, Dad, Maura, and J.B.

Nancy,
You have been the light in our lives and the gentle wind beneath our wings.
We love you!
Mother and Dad

Well done Emily! You have succeeded at Cox and now the future is yours: Go for it! We will miss you from across the pond.
Love,
Dad, Mom, Wendy, and Amanda

Iona AKA Jona Ho
You have reached "one" of life's significant milestones with "unquestionable" honors.
We believe that you will continue to excel in life's challenges.
Simply put . . .
Darn Good Job!
With love, Ray and Mama XXX

Dear Chris,
Congratulations! We are so proud of you. Our loss is Tech's gain. We will miss you.
Love,
Mom, Dad, and Michael

Chrissy,
Congratulations!
Good luck and best wishes!
With lots of love,
Mom and Jamie

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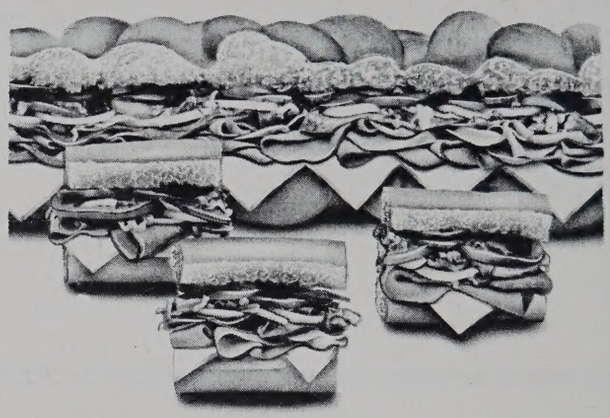

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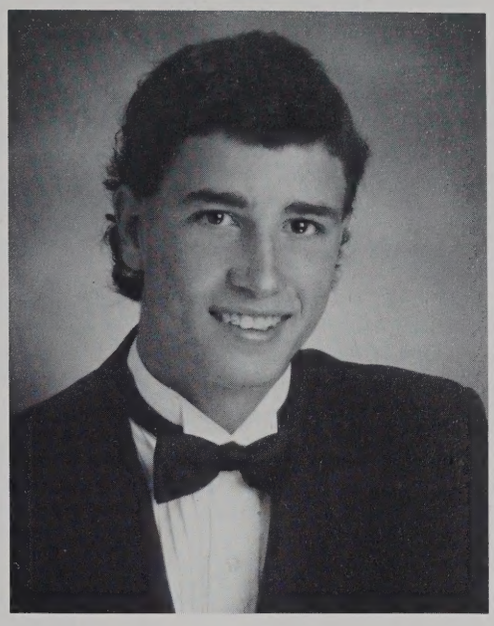
"MEMORY"

You gave the poem the words to speak.
You were the sun to warm my days.
You put us in each other's hands.
You gave me love before I asked.

I feel my heart will surely break.
I've taken all that I can take.
You were the light for me to see.
You were the sky to cover me.

Oh, in my memory, I can still see the eyes.
In my memory, I can still feel your touch.
I remember the talking with you, the stories I could tell.
In my memory, I remember you still!

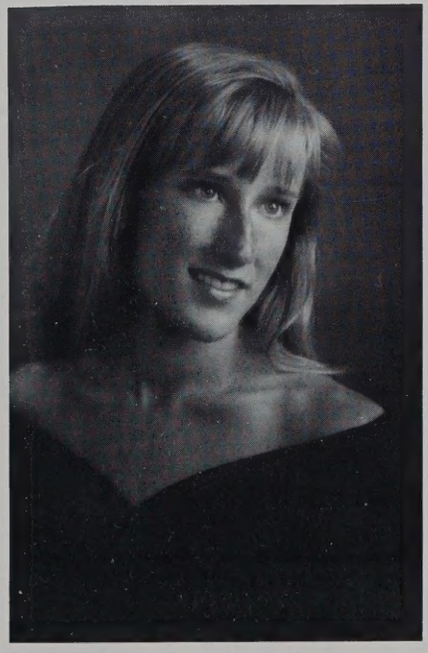
THE CALL



IN MY MEMORY

- *a poem for Jen at 1 year*
- *a rose from Waterside*
- *The Call, Billy Joel*
- *Dunkin Doughnuts*
- *dresses and tuxes*
- *the beach*
- *a diesel car*
- *the Naro*
- *stealing signs*
- *Seashore*
- *in your arms*
- *Loving me, loving you.*

In loving memory... Love, Jennifer



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Mom,
It's been hard not living with you any more. I miss coming home and having you there. I miss you yelling at me cause my makeup is everywhere. I miss getting ready to go out somewhere special with you right there helping. I guess I just miss you! Thanks for your support, love, and understanding.

I love you!
Missy

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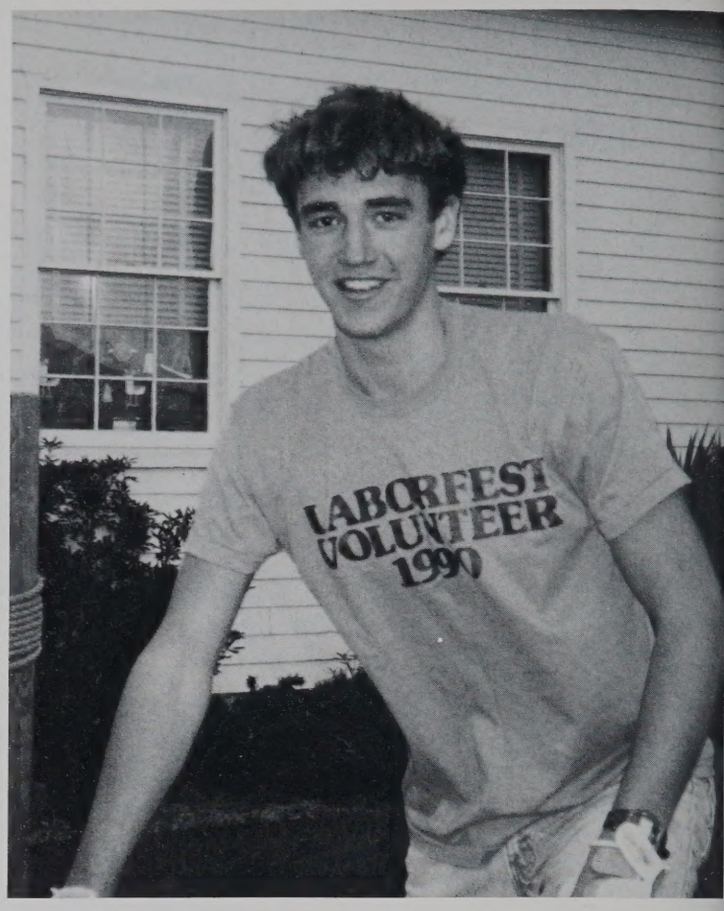

During the successful and quiet Laborfest weekend, John James pauses by the Old Coast Guard Station.

A Message to Students

Agony claws my mind. I am a statistic. When I first got here, I felt very much alone. I was overwhelmed by grief and I expected to find sympathy.

I found no sympathy. I saw only thousands of others whose bodies were as mangled as mine. I was given a number and placed in a category. The category was called "Traffic Fatalities."

The day I died was an ordinary school day. How I wish I had taken the bus! But I was too cool for the bus. I remember how I wheedled the car out of Mom. "Special favor," I pleaded. "All the kids drive." When the 2:50 p.m. bell rang, I threw my books in the locker. Free until tomorrow morning! I ran to the parking lot, excited at the thought of driving and being my own boss.

It doesn't matter how the accident happened. I was goofing off — going too fast, taking crazy chances. But I was enjoying my freedom and having fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I heard a crash and felt a terrific jolt. Glass and steel flew everywhere. My whole body seemed to be turning inside out. I heard myself scream.

Suddenly, I awakened. It was very quiet. A police officer was standing over me. I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything. Hey, don't pull that sheet over my head. I can't be dead. I'm only 17. I've got a date tonight. I'm supposed to have a wonderful life ahead of me. I haven't lived yet. I can't be dead.

Later I was placed in a drawer. My folks came to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked very old. He told the man in charge, "Yes, he's our son."

The funeral was weird. I saw all my relatives and friends walk toward the casket. They looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked by.

Please somebody — wake me up! Get me out of here. I can't bear to see Mom and Dad in such pain. My grandparents are so weak from grief they can barely walk. My brother and sister are like zombies. They move like robots. In a daze. Everybody. No one can believe this. I can't believe it either.

Please don't bury me! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please don't put me in the ground! I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance. Please, God, I'm only 17.

(Reprinted from The Virginian Pilot and the Ledger Star; Saturday, September 8, 1990; Ann Landers.)

VIRGINIA BEACH ORTHOPAEDIC ASSOCIATES

Robert W. Waddell, M.D.
John L. Dobson, M.D.
Thomas S. Meade, Jr., M.D.
John A. Williamson, M.D.

Colin W. Hamilton, M.D.
Peter C. Jacobson, M.D.
Patrick W. O'Connell, M.D.
G. Raymond Payne, III, M.D.

Kevin P. Schrack, Physical Therapist
Wayne Gatewood, Certified Athletic Trainer
Tim McDonald, Physical Therapist/Athletic Trainer
Nancy Funk, Athletic Trainer

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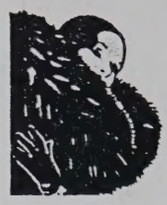

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Neptune Princess Julie Soderberg

Chosen through an essay and interview, Julie Soderberg became one of six Neptune Princesses. Escorted by Tritons who are business leaders of the City, Julie attended two Grand Balls, other social functions, and a benefit tennis match for the handicapped with Mr. Wayne McLeskey, Julie felt "it was an honor to act as an ambassador for the City."

Brian - Hey! Well Latin has been fun but you made it funny. You really have made me laugh, even though I've had to do most of it on the inside since Mr. such a goody-goody. Oh, well! Vale! Love Therese Needane 496-0493 help Daelene

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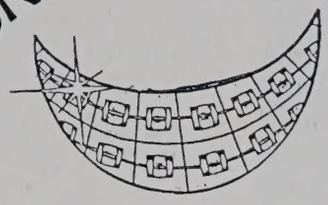

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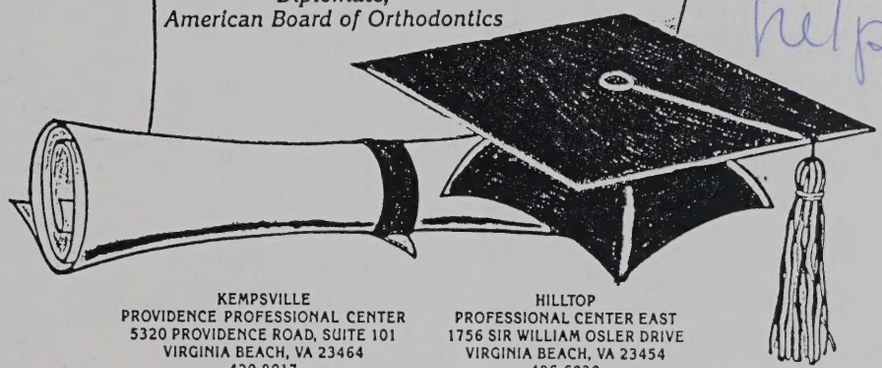

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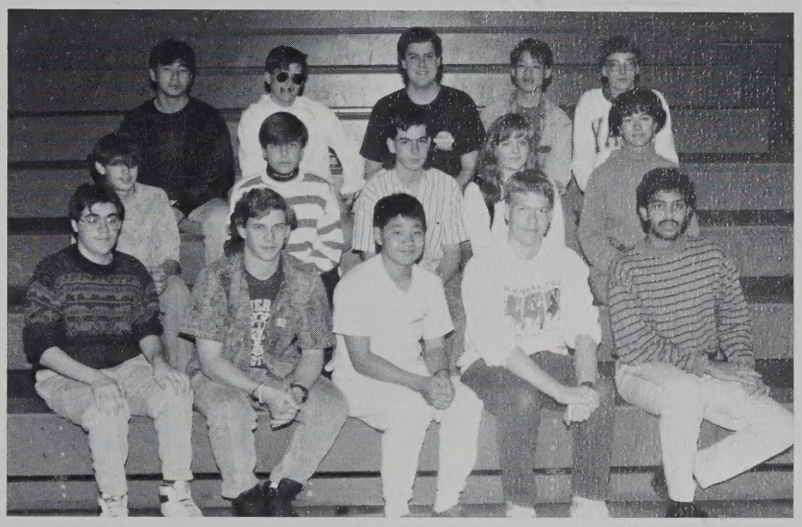

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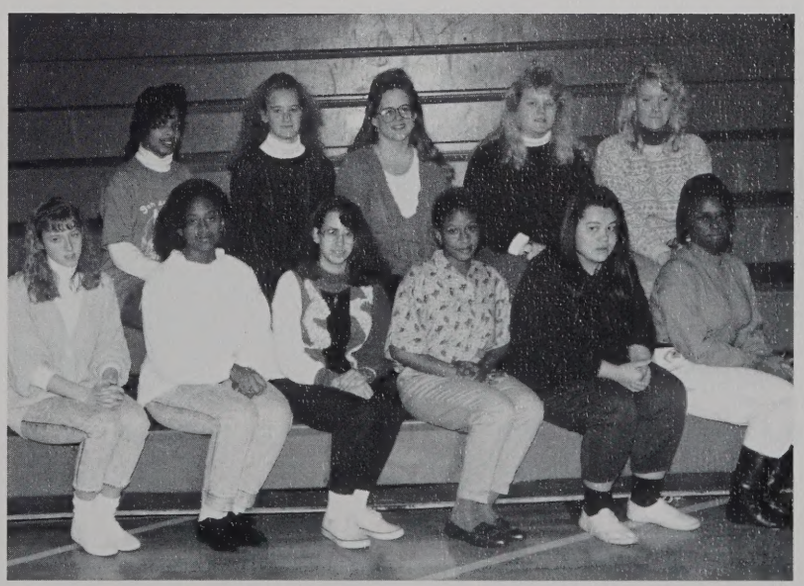

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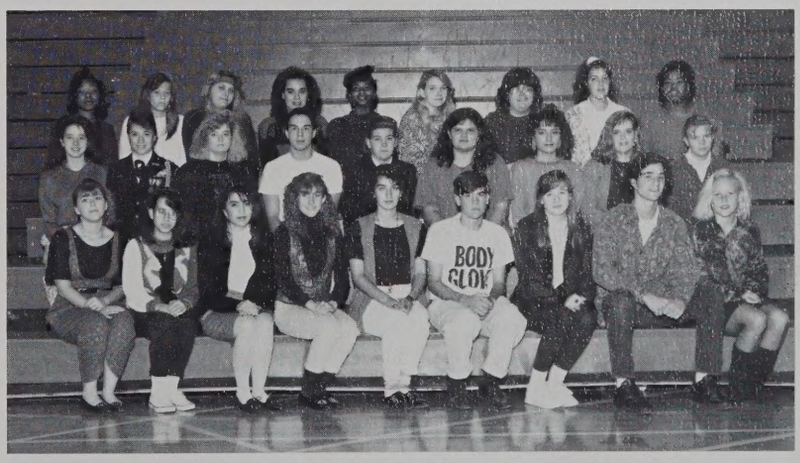
FRENCH CLUB (Picture 2) — Front Row: Courtney Lane, Katy Nethery, Neola Kalantar, Christin Stebins, Carin Davis, Margaret McBride, Catherine Hart, Liz White; **Second Row:** Nick Tempest, Meg Crallé, Amy Laderberg, Elle MacEachern, Dana Robinson, Heather Hale; **Third Row:** Hope Griffith, Amy Parsons, Tuan Vu, Lynn Ronan, Karin Hazelwood, Margo Villers, Grant Fischer; **Back Row:** E.J. French, Lew Crenshaw, Mike Miller, Kare Scheffler, Christy Barnwell

FRENCH HONOR SOCIETY — Front Row: Katy Nethery, Sarah Gilbert, Maggie Cho, Leigh Goldberg, Yasi Ayat, Carrie Rhoads; **Second Row:** Dana Robinson, Emily Roberts, Margo Villers, Tiffany Ricardo, Reena Talreja, Christin Brown; **Back Row:** E.J. Frech, Ridgely Schantz, Wes Highfill, Amy Laderberg, Allison Smith



FUTURE BUSINESS LEADERS OF AMERICA — Front Row: Christin Krauchak, Cindy Carpenter, Selina Perez, Nicole Sebastian, Yasi Ayat (Reporter), Joel Brashear (Treasurer), April Hoffman (Secretary), Mark Mulroy (Vice President), Erin Truxell (President); **Second Row:** Wendy Dearing, Traci Stanford, Angie Childers, Kimball Skinner, Robin Sherman, Peyten Simpson, Cathy Patinotis, Kristy Kuykendall, Kelly Walker; **Back Row:** Vita Jones, Catherine Gaut, Deanna Lane, Robin Pouliot, Aubra Wilson, Shawnette Harris, Jenny Fay, Jennifer Drexler, Traci Askew

FUTURE BUSINESS LEADERS OF AMERICA (Picture 2) — Front Row: Emily Wu, Nikki Bardell, Sherri Wilson, Susan O'Brian, Becky Donato, Tanya Keyser, Christine Wood, Missy Verrault, Heather Haws; **Second Row:** Tisha Figgs, Kenny Samtani, Sean Stanley, , Sloan Frey, Bryan Genzler, Liz White, Ronda Knudsen, Jenny Kurek; **Back Row:** Danny Barton, Tamara Mathews, Aaron Lineberger, Jennifer Quinn, Hope Griffith, Anne Berling, Tonya Burke, Chris Barton, Amy Raynard

FUTURE HOMEMAKERS OF AMERICA — Front Row: Kimberly Kaellecik, Jennifer Drexler, Michelle Laird, Lynn Johnson, Lee Hall, Amy Ranard (Secretary), Jen Paske (Historian), Sarelle Lamagna (Vice President), Jennifer Bull (President); **Second Row:** Dorothy Rivers, Marie Streelter, Jennifer Jarmon, Jim Anderson, Kristen Hall, Lisa Serl, Elisa Laird, Kristal Waller, Veronica Miele, Rachel Smith; **Third Row:** Mike Miller, Kimball Skinner, James Estes, Michele Dutcher, Brandi-Lynn Bewitt, Barbara Reinagel, Jen Carley, Becky Donato; **Back Row:** Donald Tott, Stephanie Bradley, Bryan Genzler, , , , Mark Mulroy

GEOGRAPHY CLUB — Spencer Miller (President), Cathy Cummings (Secretary), Melissa Neidraur, Kristal Waller (Treasurer)

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GERMAN CLUB — Front Row: Melissa Fuller, Kelly McDonald, Adrienne Robertson, Jeffrey Burke, Sean Mirus, Brian Boylan, Drew Delhomme, Jennifer Faircloth (Historian), Doug Hamm (Treasurer), Amy Hobart (Secretary), Sarelle Lamagna (President); **Second Row:** Angela Morales, Vicki Tsui, Joanne Yun, Jennifer Bull, Tobi Ellis, Beth Patton, Kimberly Hayes, Angela Ellerman, Christine Wood, Charise O'Shell, Diane Bartol, Trish Hendershot; **Back Row:** Herr Becker, Kendra Ward, Elizabeth Bartels, Kevin Kroha, Ming Lee, John Robertson, Shawn Morlock, Wes Melvin, Brad Sullivan, Rachel Tipping

GERMAN CLUB (Picture 2) — Front Row: Heath Flohre, Geneice Mathews, Chip Ellis, Clif Conover, Amanda Connor, Jennie Hwang, John Schweltzer, Jen Nazar; **Second Row:** Tommy Morris, Keith Norman, Paul Michels, Idine Ghoreishian, Joe Edwards, Brock Frey, Milton Matter, Troy Bebee; **Back Row:** Patrick Sostmann, Andrew Kellam, Kevin Foster, Happy O'Brien, Pete Cole, Anne Berling, Jennifer Quinn, Chris West

GERMAN HONOR SOCIETY — Front Row: Debbie Parksey, Kim Scott, Beth Patton, Brian Boylan, Christi Huey, Claire Fox; **Second Row:** Kevin Kroha, Rachel Tipping, Kelly Hood, Vickie Tsui, Jennifer Nazar, Herr Becker; **Back Row:** Nonie Bailey, Happy O'Brien, Geneice Mathews, Idine Ghoreishian, Heath Flohre, Amanda Conner, Jeanie Gunther

GOVERNORS MAGNET SCHOOL — Front Row: Genny Steier, Lynne Zengilowski, Jana Dorn, Jennifer Williams, Susan Frasher, Mary Urfer, Helen Digonis; **Back Row:** Jim Quinn, Eric Larson, Scott Orcutt, Jennifer Balisle, Isre Barbe, Lee Williams

HAPPY CLUB — Front Row: Brandy Buckley, Stacy Buckley, Carrie Rhoads, Jenny Iman, Summer Tighe, Marisa Vrooman, , Yasi Ayat (Vice President), Reena Talreja (President), Mrs. Mosher (Sponsor); **Second Row:** Nikki Bardell, Katy Nethery, George Staehle, Claire Fox, Kelly McDonald, Mina Casey, Caroline Herron, Erin Doyle, Anna Taylor; **Back Row:** Ray Pascual, Joanne Schenk, Shannon Woodruff, Brandi Olson, Jen Paske, Maggie Cho, Kim Scott, Stacy Emanuel, Marisa Franzitta

HAPPY CLUB (Picture 2) — Front Row: Jennifer Donnovan, Megan Donnovan, Sarah Donnovan, Emily Wu, Rachel Hills, Hersha Samtani, Leigh Mull, Jean Pascual; **Second Row:** Ashley Conover, Debbie Parksey, Erin Brown, Ann Ballard, Greg Francolms, Sette Palat, Staci McCoy, Erin Doudera, Joanne Nixon; **Back Row:** Andrew Kellam, Allison Watson, Gunnilla Maria, Kerry Houlihon, Ronda Knudsen, Anne Berling, Ryan Dumphey, Ned Dickenson

HELPERS — Front Row: Drew Delhomme, Jennifer Margolius, Traci Stanford, Wendy Dearing, Melissa Fuller, Jason Stratman, Lee Hall, Jim Anderson; **Back Row:** Nikkol Ferris, Liz Hark, Wendy Roberts, Jason Gamez, Amanda Conner, Taylor Vann, Amanda Klima, Sean Stanley,

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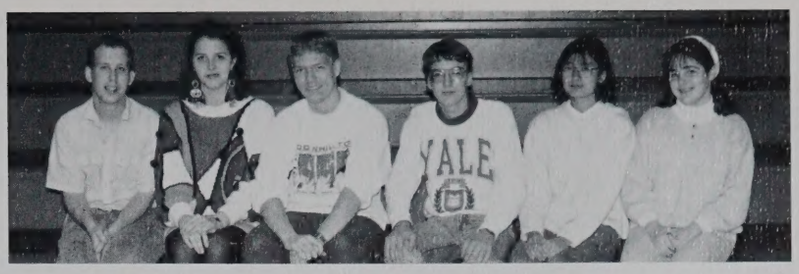

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YEARBOOK (Picture 2) — Front Row: Ming Lee, Tiffany Ricardo Justyn Peiper, David McLain, Libby Rasnick, Kelly McDonald, Marissa Franzitta; **Second Row:** Hope Griffith, Chris Sperry, Tuan Vu, Karin Hazelwood, Kenny Samtani, Michelle Kuczmanski, Elizabeth Bartels; **Back Row:** Trey Stafford, Stephen Hall, Oliver Mullins, , Michael Feld man, Jennifer Quinn

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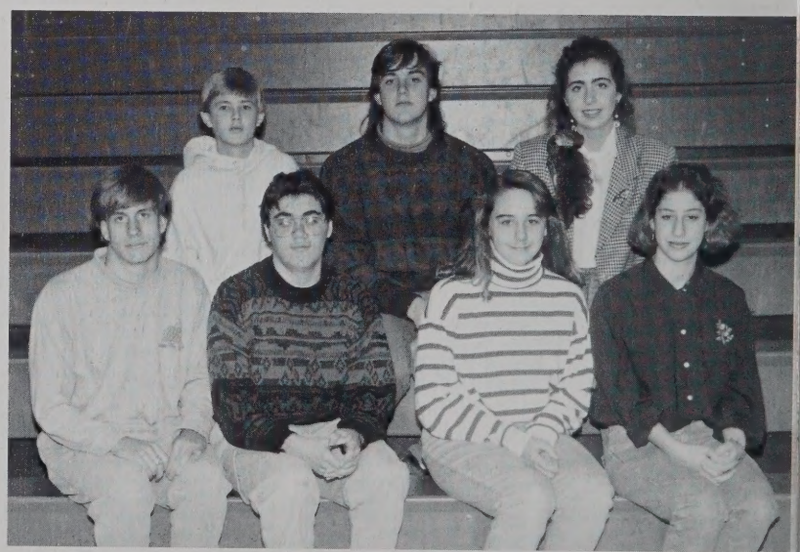

YOUNG DEMOCRATS — Front Row: Jason Shedlock, Charles Odell Meredith Kellam (Secretary), Amy Cooper (President); **Back Row:** Bryar McDonald (Treasurer), Andrew Kellam (Vice President), Ashley Londor

War In The Gulf

Victory for the Allies

The Virginian-Pilot

FRIDAY
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U.N. to Iraq: Leave Kuwait or else

Time's up; now the world waits

Ground war begins

Liberation of Kuwait enters 'final phase'

Iraqis surrender in droves

Bush declares victory!

Allies begin cease-fire – with conditions

Iraqis ran, but could not hide

Coming home! With POWs come joy

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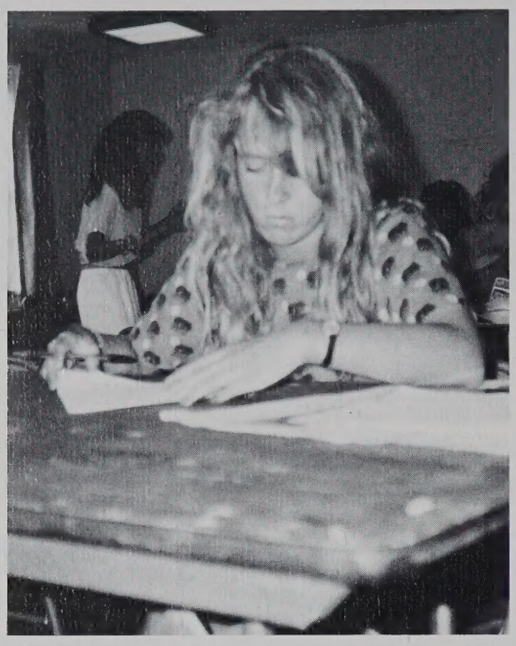
More layouts?!? Stacey Buckley designs the layouts for the sports section at the Lynchburg workshop.



Thanks from Julie

The year is finally over, and I can't believe I've committed myself to another year of being yearbook editor! It was a stressful job, but amazingly enough I enjoyed it (well, most of the time). I'd like to say thank you to all those who helped create this yearbook. So a great big THANK YOU!! goes to:

— The entire yearbook staff. We obviously couldn't have done it without you, and although I may have gotten a little **too** angry or joked you a lot (Kim, Danny!!), I really love you all! Extra thanks to Todd Rutherford for making me laugh.

— Bethie and Lanie. My two best friends and favorite sisters in the whole world. I love you guys!!

— Sarah, and Stephie. Thanks for being true friends this year and putting up with all of my moods. I really couldn't have done it without you. Steph, I'll miss you so much next year. — I love you!!.

— Diane and Momma Ginny. You two are the most important, and I'm finding it difficult to put all I want to say into words. Thanks for putting up with all my moods and frustrations. We've been through a lot, but it is a comfort to know that WE ARE GOD!! Never forget our lessons, all-day yearbook sessions, and most importantly — Todd's house!! I will miss you and I love you! Momma Ginny — Thanks for worrying over me and being my second mom. You made me laugh (sometimes unintentionally), and I'm looking forward to next year!

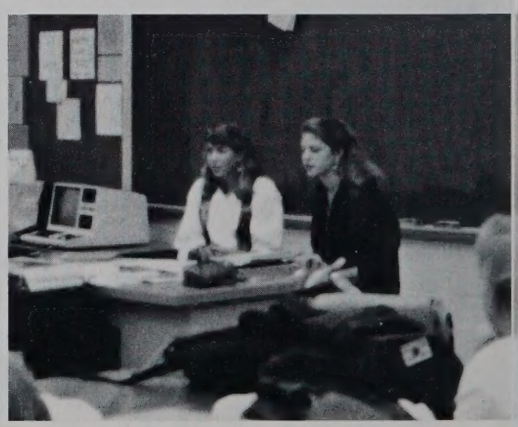
Well, that's it — See ya next year!

At the workshop at Lynchburg College, Julie Inman and Diane Cheshire stay up late to finish up their theme packet.

The 1991 Talon, volume 30, was published by Jostens Publishing Company in Winston-Salem, North Carolina. Mr. Alex Blackwell was the publisher's representative. The press run was 1350 copies. The cover was done in green with mission grain texture and contrasting gold lettering. The majority of the type used in the book was Goudy Roman. The body copy was 10-point type, the captions 8-point type, and the kickers 12-point type. Most senior portraits, underclass, and faculty pictures were taken by Max-Ward-Delmar and Vacarro Studios of Chesapeake, Virginia.

Before school starts, the editors, Kim Gianfagna, Diane Cheshire, Julie Inman, Mark Rudolf, Stacey Buckley, and Kathy Barba, discuss theme ideas with Mrs. Ginny James, their fearless leader.

At the first meeting, editors Diane Cheshire and Julie Inman go over the lesson for the year: "Don't miss your deadlines!" Their warning wasn't always heeded.



Thanks from Diane

There are so many people that I would like to thank that I don't know where to begin. I wish that I could mention everybody who helped us by name. Unfortunately, my space is limited, so I'll try to be as brief as possible. (Yeah, right!) Anyway, thank you very, very, very much to:

— the entire yearbook staff for all of your hard work and for giving up various holidays and long weekends. Special thanks to the great Christin for helping us out of a difficult situation.

— Bethie for all of your extra work. Without your help we would be up the proverbial creek without a paddle. See you at UVA!

— Emily for being such a great friend. Thank you for being my sounding board (you poor girl). I'll miss you next year, Chiquita.

— Ceci, Stephannie, Todd, and the drama nuts for being great. Ceci, you're a cheeky monkey! Thanks, Steph, for all of the English help. Todd, thanks for keeping things light, for providing a house, etc.

— Momma Ginny for always being there. Thank you for taking such good care of us and for making us laugh. (Tee hee!) Sorry we made you stay after so late and so often.

— Julie for everything. What can I say? We are not **just** God; "WE ARE THE YEARBOOK EDITORS!" Thank you for putting up with my incessant stress attacks. You have become one of my best friends. Today's lesson? How about, "It's finally over?" Come up to see me often! I'll never forget any of it.

Thank you all! I'll miss you. Good luck!

Looking at negatives of the Homecoming, Julie and Elaine Inman find some interesting pictures.

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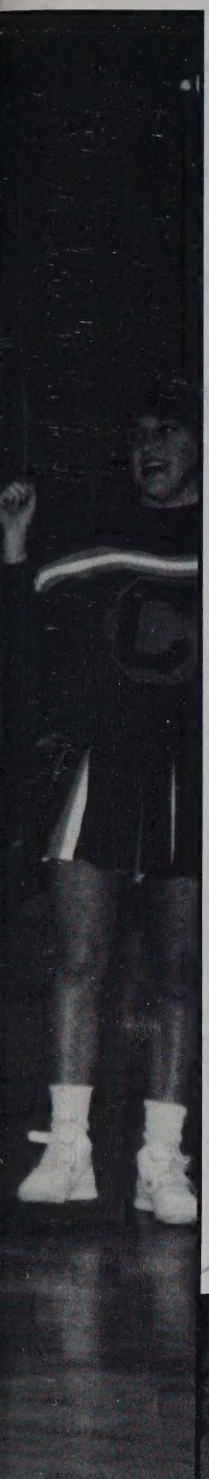
Staff	Oliver Mullins

Hoping that by hiding the work will go away, Kim Gianfagna listens to Kathy Barba's description of their assignment at a workshop.

BRIAN- hi there! I'm glad I got to know you this year - you're a sweetie! Latin & Behind the wheel was a pke! But fun! Thanks for helping me with Latin! Hopefully we'll have classes together next year! maybe !!! See ya over the summer. KIT (4602091) Have a COOL SMC. c/ya, Kathleen

Seniors Billy Baldwin, Stephanie Bradley, Christy Leeder, Julie Soderberg, and Mike Lawrence lead the class in an enthusiastic cheer at the pep rally preceding the Great Bridge wrestling match.

The Falcon fans give a loud cheer for the winter sports teams. All of the sports teams had enormously successful seasons.

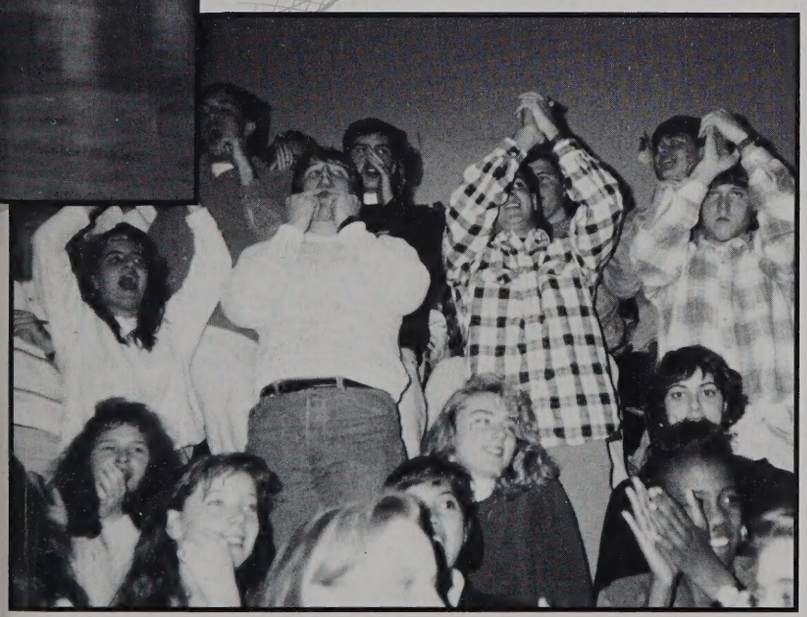


Brian-
Well, you have been a real life saver in this class & thank god you'll be there again next year! Don't ask me how we got thru this class! We were trying to cheat on Mrs. Bennet's quizes! That was physical simple but no matter how much i cheated -- i always got a failing grade! Well at least you'll be in AP with me, right? You better serve me!! Boring Summer! Have a great some pasta for next year, okay!

REMEMBERING THE Glory

981.37B

♡ ALLISON



"It was the best of times, it was the worst of times." Charles Dickens' famous line could very well be about this year. The best of times were times of spirit. For the first time in eight years, the football team had a winning season. The field hockey team took the state championship for the second year in a row, and all of our teams prospered. The worst of times was a time of war. Many of our parents and loved ones were shipped out to the Middle East, and we all watched out for them with pride that exemplified Cox's spirit. Through it all, however, we came out remembering the glory of it all.

A Psalm of Life

Tell me not, in mournful numbers,
  Life is but an empty dream! —
For the soul is dead that slumbers,
  And things are not what they seem.
Life is real! Life is Earnest!
  And the grave is not its goal;
Dust thou art, to dust returnest,
  Was not spoken of the soul.
Not enjoyment, and not sorrow,
  Is our destined end or way;
But to act, that each tomorrow
  Find us farther than today.
Art is long, and Time is fleeting,
  And our hearts, though stout and brave,
Still, like muffled drums, are beating
  Funeral marches to the grave.
In the world's broad field of battle,
  In the bivouac of life,
Be not like dumb, driven cattle!
  Be a hero in the strive!
Trust no Future, howe'er pleasant!
  Let the dead Past bury its dead!
Act, — act in the living Present!
  Heart within, and God o'erhead.
Lives of great men all remind us
  We can make our lives sublime,
And, departing, leave behind us
  Footprints on the sands of time.
Footprints, that perhaps another,
  Sailing o'er life's solemn main,
A forlorn and shipwrecked brother,
  Seeing, shall take heart again.
Let us then be up and doing,
  With a heart for any fate;
Still achieving, still pursuing,
  Learn to labor and to wait.

— Longfellow

Brian ~~~

Brian -

I used to see you every day almost! What happened?! Well maybe those days will come again soon ☺ I missed you. ☺ I saw you walking down the hall the other day and I laughed because you were with your brother & I noticed how much talker you are - It just struck me as funny so I thought I'd tell you. Well maybe this summer we'll be around the same people. K&Y? ♥ you - Allison

BRIAN, (WUSS)
YOU ARE THE STUDLIEST FELLOW. TAKE IT EASY THIS SUMMER. TRY HARD TO FIGHT BACK ALL THE WOMEN THIS SUMMER. PLAY IT COOL
PAUL BRADWELL

(I GOTTA FINISH DOWN HERE.)
UM, OH, I FORGOT. OH, YEAH
THANKS FOR THE

BRIAN, YOU SUCK COX! WELL IM NOT GOING to miss you so im not going to say I am so im going to RIP YOU balls off DURING PRACTICE see ya later BRAIN

hissssss

David Tanielu

KEEPING...

BRIAN —

HOWDY! LATIN & DRAMA WERE ——— (I GUESS I'LL SEE YOU AGAIN IN BOTH NEXT YEAR.) (MAYBE SHE WILL HAVE DELIVERED BY THEN...?) SITTING IN FRONT OF YOU ALL YEAR WAS SUCH A THRILL - I HOPE IT WAS JUSTAS EXCITING FOR YOU. AND, THANKS TO YOU, I GOT A SHOWER EVERY DAY IN LATIN...

Brian
Hey honey so... who would've thought going to Hawaii and back would quit become [illegible] good friends [illegible] Thank you for [illegible] school and [illegible] Love you

BRIAN
HELLO BABY
IT HAS BEEN GREAT
FUN BEING BEQISTENED
IN YOUR PRESCENCE YOUR
FUNNY I SWEET & VERY SEXY
TOO BAD I'M NOT YOUR TYPE
I AM TOO MUCH FOR ONE GUY
IT'S A SHAME BUT I'LL GET
OVER IT. I HOPE TO SEE YOU
OUT & ABOUT THIS SUMMER IF NOT IT
WAS FUN. LOVE MELISA
IT WAS REAL :93"
BUT IT WASN'T
REAL FUN

Brian-
Hey! It was fun watching you eat spaghetti every day in Geometry and throwing you my pencils for you to sharpen. ☺ Oceanography has been a pretty fun class. You and Eric kept me laughing all bell (except when I was in a bad mood) Have fun this summer & call me - 481-2042

Erin

P.S. DACTYLS + SPONDEES RULE.

ADIEU.
SARA
the GREAT

Brian,
Hey buddy. Oceanography has been fun w/ya this year. Even though you and your brother were anxious as hell. Sticking your feet up on my desk, having paper fights from the back of the room. Maybe I'll see ya out & about sometime this summer.
Love ya, Phillip

BRIAN-
HEY- It's been real fun at the lockers - to bad you could only open your locker about 2 times - If you ever want someone to just stick pins in your back - just give me a call okay - I'll try not to get hit by a car, or bitten by a squirrel that has rabies, or don't get a job at Farm Fresh and get fired - aka plant watch too many Encyclopedia Brittanica commercials? well —

I'll probably see you next year or over the summer so I won't get sentimental -
Hope
Griffith

Generic Yearbook Entry #00286

Dear Brian
Name

Its been a great year in Math
N/A
class 2 class with MR./MRS.
Shoaf
Teacher. Hope to have ya in some of my classes in 11th grade.

Your Friend,
Salutation

R.H.O.D.S.
Nifty Abbreviation

Brownie
Name/Nickname

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